

CANADA

2017 Men's Artistic Gymnastics Carding Process

FOR THE PERIOD JULY 1, 2017 TO JUNE 30, 2018

version Nov 14, 2016



TABLE OF CONTENTS

1.0	General Information	2
2.0	Eligibility	3
3.0	Non Eligibility	4
4.0	Application and decision making Process	4
5.0	Prioritization and SELECTION Process	4
5.1	Cards for Senior athletes	4
5.2	Development cards for Junior athletes	5
5.3	INJURY CARD	5
5.4	Discretionary Cards (C1, SR or D Card)	5
6.0	Point System and criteria for Senior and Junior ranking lists	6
6.1	Objective Point System	6
6.1	Accumulation of Points	6
7.0	Injury Card	6
7.1	Conditions for Injury Card status	7
7.2	Extension of verification period	7
8. 0	Maximum number of years at the Senior (SR) card level	8
9.0	Athlete injured or ill at the time of nomination to Sport Canada	8
10.0	Allocation of a card that becomes available due to unforeseen circumstances	8
11.0	DE-CARDING	8
11.1	Conditions for de-carding process	9
12.0	Request for reconsideration or review and appeal	10
12.1	Reconsideration	10
12.2	Appeal	10
Schedu	ıle A – Senior Objective Point System 2016 Competitions	1
Schedu	lle A – Senior Objective Point System 2017 Competitions	2
Schedu	lle B – JUNIOR Objective Point SysteM Competitions in 2016	3
Schedu	lle B – JUNIOR Objective Point SysteM Competitions in 2017	4
Appen	dix 1 2017-18 Carding Application and Commitment Form - MAG	1

1.0 GENERAL INFORMATION

The goal of the Sport Canada Athlete Assistance Program (AAP) is to contribute toward improved Canadian performances at major international sporting events such as the Olympic/Paralympic Games and World Championships. To this end, the AAP identifies and provides funding directly to athletes who have already met, or demonstrate the potential to meet the Senior international criteria.



The Athlete Assistance Program has three (3) objectives:

- to financially support Canadian athletes identified by National Sport Organizations (NSOs) using criteria
 established by Sport Canada as performing at or having the greatest potential to achieve top 16 results at
 Olympic/Paralympic Games and World Championships;
- to assist Canada's carded athletes in preparing to engage in full- or part-time career activities; and
- to enable Canada's carded athletes to participate in year-round national training and competition regimes to further their athletic goals.

Under the AAP, Eligible Athletes have access to the following benefits:

- Living and training allowance
- Tuition and deferred tuition support
- Supplement supports
- More information on the AAP may be found at http://canada.pch.gc.ca/eng/1414514343755/1414514385181

The AAP has four levels of cards, which will provide a monthly living and training allowance as follows:

Card Type	Monthly Allowance	Annual Value
Senior International Card (SR1/SR2)	\$1,500	\$18,000
Senior National Card (SR)	\$1,500	\$18,000
First Year Senior National Card (C1)	\$900	\$10,800
Developmental "D" Card (Junior)	\$900	\$10,800

Sport Canada has allocated \$180,000.00 to Men's Artistic Gymnastics. Cards will be allocated as stated below for 2017-18. The decision for nominating athletes for the next carding cycle will take place following the 2017 Canadian Championships. Therefor the Carding cycle for the MAG program is being changed from May 1 to April 30 to July 1 to June 30. The nomination will be based on results obtained between June 15, 2016 and June 14, 2017.

The National Team Director (NTD) and Program Director – Artistic Gymnastics (PD-AG) are responsible for nominating athletes for Sport Canada's Athlete Assistance Program (AAP).

2.0 ELIGIBILITY

To be considered for carding, an athlete must:

- Be a Canadian Citizen or a permanent resident of Canada
- Be a member in good standing with Gymnastics Canada and their respective PTO
- Participate in both the 2017 Elite Canada (EC) and the 2017 Canadian Championships (CC) competitions
 or have received advance permission in writing from the MAG NTD or PD-AG to miss either of these
 events. In addition, if an athlete is granted permission to miss either EC or CC they must also receive
 written approval from the NTD or PD to receive AAP Carding points from another approved International
 event.
- Submit their Carding Application and Commitment form by Friday, June 16, 2017.
- Submit their individual training and competition plan to the National Team Director by June 31, 2017.
- To be eligible for a Senior card (SR/C1), an athlete must be age eligible to compete in the Senior category during the carding cycle (carding year).
- To be eligible for a D card an athlete must be FIG age eligible, have competed in the Junior category in 2017 and must have participated in a compulsory routine competition in the carding period.



 Meet the requirements of Sport Canada's AAP found at http://canada.pch.gc.ca/eng/1414514343755/1414514385181

3.0 NON ELIGIBILITY

A Senior athlete is <u>not</u> eligible for "carded athlete" status if he is training with and/or competing for an American University or is otherwise outside of Canada.

4.0 APPLICATION AND DECISION MAKING PROCESS

Eligible athletes in Junior and Senior will need to complete and submit both the Carding Application (see Appendix 1) and Commitment form by **Friday**, **June 16**, **2017**.

The results from Domestic Events (Elite Canada and Canadian Championships) and GCG approved International competitions will be tracked for Canadian Junior and Senior gymnasts, and inputted into the Objective Points calculations. A draft of the calculations will be circulated approximately two weeks prior to the 2017 Canadian Championships. Athletes potentially under consideration for a Discretionary Card will be indicated at this time. Coaches may request that their athlete be reviewed as part of the Carding Application and Commitment Form.

Following the final review period (June 1 – June 14) the final version of the Objective Points Calculations will be sent out for review with a tentative proposed list of athlete nominations for Carding.

The Injury and Discretionary Card nominations will be overseen by the Carding Working Group (CWG) comprised of the National Team Director (NTD), the Program Director (PD-AG) and a MAG Program Committee appointed Judge or coach who is currently working with the National Team. NT coaches with athletes being considered for the AAP will not be eligible for inclusion on the Carding Working Group due to a conflict of interest, but they may be present to provide information to the Carding Working Group.

The CWG will review the eligible non-carded athletes as set out in Section 6. All nominations will be reported to the MAG program community for a review period of one (1) week, prior to being submitted to Sport Canada at the end of June.

All nominated athletes will be required to submit to Gymnastics Canada the Sport Canada AAP Application, the National Team Agreement and complete the online anti-doping courses before funding will be released.

5.0 PRIORITIZATION AND SELECTION PROCESS

5.1 CARDS FOR SENIOR ATHLETES

\$144,000 of the card quota will be available for athletes that meet the Senior carding criteria (SR1, SR2, SR, C1 and SR Injury). This quota will be allocated as follow:

- 1. Athletes eligible for SR1 and SR2 cards
- 2. Athletes who meet the Senior National Card criteria and have accumulated points set out in the Objective Points System for the Senior List as outlined in 6.0 SR and/or C1 cards will be allocated until the Quota under 6.1 has been reached for full-year AAP support.
- 3. No more than two (2) cards will be awarded to athletes who have accumulated their points on the same two or less apparatus.



5.2 DEVELOPMENT CARDS FOR JUNIOR ATHLETES

Development Cards are intended to support the developmental needs of younger athletes who clearly demonstrate the potential to achieve the Senior International card criteria but are not yet able to meet the Senior National Card criteria.

\$21,600 of the total card quota will be allocated to the top two(2) ranked athletes from the Junior Objective Points list for a Development card (D Card) as outlined in 7.0. The Junior Objective Points list includes all FIG Junior age eligible athletes (as defined above in section 2.0) who have earned points according to the objective point system described in section 7 and in Schedule B.

5.3 INJURY CARD

At the discretion of the Carding Working Group, up to \$18,000 may be allocated based on injury card status. A Senior carded athlete who at the end of the carding cycle has not achieved the standard required for renewal of carding status due to health-related reasons, may be nominated by the Carding Working Group for an injury card as set out in section 7.0.

5.4 DISCRETIONARY CARDS (C1, SR OR D CARD)

All remaining Quota funds will be allocated based on the Discretionary Card Process. Athletes who meet the Objective Points – Ranking Lists carding criteria but were not nominated for card under 5.1 or 5.2 above may be nominated for a Discretionary card pending the remaining available quota. The following priority will be considered for Discretionary cards:

- 1. Junior At the discretion of the Carding Selection Committee pending available funds for a D Card
- 2. Senior At the discretion of the Carding Selection Committee pending available funds for a SR card

Nominations will be based on the expert assessment of the Carding Working Group that the athlete has the potential to bring a significant contribution towards the achievement of the performance objectives of the Men's Program. The priority above does not guarantee that a D card will be allocated.

Only athletes who have returned the Carding Application and Commitment Form will be eligible for consideration as set out in Section 2.0.

Coaches who would like their athlete considered for discretionary cards may provide additional information with the attached application form as indicated therein.

Athletes will be assessed using the assessment tool in Schedule D of these criteria. The results of the assessments will be shared with the coaches of the athletes being reviewed.

The discretionary card is allocated based on criteria that are different than the criteria in effect for the Objective Points system for carding. An athlete may receive a discretionary card even if he is ranked lower than another athlete on the Objective Points Ranking List for carding.



6.0 POINT SYSTEM AND CRITERIA FOR SENIOR AND JUNIOR RANKING LISTS

6.1 OBJECTIVE POINT SYSTEM

As a country, Canada needs to focus on clean and consistent performances with routines that demonstrate international content. It is also important for athletes to have sufficient competition experience against countries with similar levels of performance. In order to encourage this focus throughout the program, the carding points have been established to reward:

- ii) Stable results as determined by competition scores
- iii) D Score values in competition, tied to appropriate E scores

Points can be accumulated from Domestic Competitions (Elite Canada and Canadian Championships) and specific International competitions.

International Competitions have been divided into two levels. There is a maximum number of B level competitions that may be used in the accumulation of points as noted below. The listed competitions will be reviewed annually.

Level A Competitions

- Olympic Games, World Championships, World Cup CII and Pan American Games,
- All days of competition will have the potential to contribute points
- Reserve athletes named to a Level A competition will be awarded points equal to the lowest points accumulated by any team member.

A MAXIMUM OF THREE LEVEL B COMPETITIONS MAY BE USED TO ACCUMULATE POINTS. In the case of an athlete having attended more than the maximum number of events, the competitions with the most overall points would be used.

Level B Competitions

- World Challenger Cups, Pacific Rim, Commonwealth Games
- Pan American Championships (JR/SR)
- UCIC 2017
- International competitions for assigned NT members that are listed in the MAG Program calendar.
- NCAA National Championships for NCAA NT athletes
- All days of competition will have the potential to contribute points

Additional competitions may be identified above by Gymnastics Canada and communicated to NT coaches and Sport Canada at least 2 months in advance of the competition.

6.1 ACCUMULATION OF POINTS

Points are awarded only for the respective carding cycle. An athlete has no points at the beginning of the period during which points are accumulated: June 15th to June 14th.

The Points will be determined based on the charts in Schedule A (Senior) and Schedule B (Junior).

7.0 INJURY CARD

Carding support will be set aside until October 1, 2017 for an athlete who is eligible under section 2.0 and has met the conditions outlined below. If they have not been met, the athlete(s) will no longer be eligible for



nomination for carding. It is the responsibility of the athlete and his coach to meet the conditions under 8.1 listed below even if there is no reminder sent by GCG.

7.1 CONDITIONS FOR INJURY CARD STATUS

The athlete may be nominated for carding if all the following conditions have been met:

- a) Was previously carded at a SR1 / SR2, SR, or C1 level in the most recent carding cycle;
- b) The injury or illness was supported by a medical report and a physician's documentation submitted to the Program Director no later than June 1, 2017. The documentation must state:
 - the date the injury was incurred;
 - the nature of the injury and whether or not this is an overuse or chronic injury;
 - that the athlete could not compete at the event or finish the competition.
 - the rehabilitation protocol, the amount of training the athlete can do in the next 12 weeks, the expected date for a) full recovery and b) return to full training.
 - the date that the certificate was issued.

GCG reserves the right to have the athlete examined by a physician appointed by GCG, at the expense of the athlete.

- c) The athlete did compete in at least one GCG assigned competition, Elite Canada or Canadian Championships within the carding period under review.
- d) The most recent competition results for the athlete (within one year) should demonstrate the athlete was competing at a level consistent with athletes already nominated for a card in this period which will be reviewed by the Carding Working Group.
- e) The Coach of the athlete has confirmed in writing to GCG that the gymnast should be reviewed under the injury card criteria and has submitted to the NTD the modified training program (content, skills and load) that the athlete will do in July, August and September.
- f) The Coach has submitted to the NTD by the 1st of October a report stating the progress made towards complete rehabilitation and indicating the training program that the athlete has followed since the previous report.
- g) The NTD/PD may require the athlete to take part in a test event four months after the injury to confirm that the athlete has returned to at least 60% of training (based on 21-28 hrs. per week as per NT Agreement) and is able to meet the minimum D score on at least 3 apparatus as set out in Schedule A.
- h) If the athlete has not been able to return to full training and competition within six (6) months of the carding cycle, the NTD and the PD will review the card with the possibility of extension or recommendation to withdraw the card being made to Sport Canada.

7.2 EXTENSION OF VERIFICATION PERIOD

If an athlete has not met all the conditions above by October 1, 2017 but has shown significant progress towards full recovery from the injury or illness as assessed by the NTD, he may be given up to January 1, 2018 to meet the conditions mentioned in b) 1) to 7). The decision and condition attached to the extension of the deadline will be made by the AG staff (NTD and PD).



8. 0 Maximum number of years at the Senior (SR) card level

An athlete is expected to improve each year to maintain a Senior card based on national criteria and eventually to achieve the international criteria. Therefore an athlete that has been carded at the Senior national levels (SR/C1) for five (5) or more years, must have demonstrated domestic and international results which clearly indicate an ability to place among the Top 16 in the World on one event, Top 24 on two events, or contribute on a minimum of four (4) apparatus to a Team score that would place Canada within the top 12 Teams at the 2018 World Championships.

An athlete must also show National and International competition results that clearly demonstrate an increase in both Start Value and Final Scores over their previous Start Values and Results on a majority of apparatus within the past season unless the athlete is already performing at a level that is consistent with the expected standards to reach a world championships final or support the team in reaching a team qualification. Athletes must compete a minimum of five (5) competitions, where at least one is an FIG approved International competition. All results will be tracked and evaluated.

In addition the NTD/APD must be of the opinion that the athlete has the potential to improve his scores and results to the level where they could clearly contribute to a Top 12 World Championship or Olympic Games team. The factors the NTD/APD will consider when formulating their expert opinion include but are not limited to;

- 1. Potential to be named to the 2016 Olympic Team
- 2. Number of years on the National Team
- 3. Commitment to the 2017-2020 quadrennial
- 4. Health and training environment of the athlete.

Therefore, an athlete that has reached this maximum number of years will be informed by Gymnastics Canada of the minimum standard that they must meet to be eligible for an additional year of AAP support.

9.0 ATHLETE INJURED OR ILL AT THE TIME OF NOMINATION TO SPORT CANADA

The nomination of an athlete who is injured or ill at the time of nomination and who did not notify the Program Director AG in writing within the appropriate timelines noted above may be withdrawn by GCG.

10.0 ALLOCATION OF A CARD THAT BECOMES AVAILABLE DUE TO UNFORESEEN CIRCUMSTANCES

If quota funding becomes available due to unforeseen circumstances a partial (min 4 months) or full card will be allocated to the next non-carded athlete according to the ranking of the athletes who have applied for a discretionary card in the category where the card becomes available. Carded athlete status and all related benefits, including monthly stipend, would most likely be available for less than a 12 month period.

A minimum of four months of carding support must be available in order for GCG to nominate a non-carded athlete.

11.0 DE-CARDING

The AG Program staff have the authority to verify, at any time during the carding cycle, that the athlete is or remains committed and meets most of the expectations below. The GCG Program staff will set the parameters for the verification in writing. The duration of the verification is at the discretion of the GCG Program staff. The



verification may lead to, among others, the athlete being de-carded. The decision to recommend to Sport Canada to de-card an athlete will be taken by the Working Group responsible for the allocation of the Senior discretionary cards.

A Senior or Junior athlete should meet the following expectations, unless ill or injured:

- train between 21 hours and 28 hours per week unless exempted by the AG Program staff;
- demonstrate on an ongoing basis the dedication, determination and commitment to hard work expected of a carded athlete:
- maintain a physical condition in accordance with the status of a carded athlete as determined by the MAG
 NT Director;
- be able to perform a vault and full exercises on each apparatus at a level similar or superior to the athlete ranked in 8th place in the Senior category (or 4th place if in the Junior category) at the immediately previous Elite Canada or Canadian Championships;
- compete at Elite Canada, the Canadian Championships, the trials or selection activity on at least three apparatus;
- improve his level/performances when compared to the previous Canadian Championships and Elite Canada which means, among other things, competing with new skills, higher D scores and higher E scores;
- compete at least three international competitions in the last twelve months and a minimum of one per six month period.

11.1 CONDITIONS FOR DE-CARDING PROCESS

The GCG Program staff may initiate the de-carding process under the following conditions:

- 11.1.1. There is a lack of commitment of the athlete to the National Team Training and Competition Program as indicated by, but not exclusively:
 - a) Failure of the athlete to meet most of the expectations stated above;
 - b) Absence of the athlete from National Team activities without the submission of verifiable documents with regard to injury and rehabilitation protocols, including:
 - i) required competitions
 - ii) training/monitoring activities (camps, joint training sessions, club visitations)
 - iii) selection activities
 - iv) inability to perform on all apparatus when expected;
 - Lack of availability of the athlete for verification of health and training status by the MAG Program staff or failure by the athlete to attend a technical verification on all four apparatus when prearranged with the MAG Program staff;
 - d) Failure by the athlete to follow the mutually agreed upon rehabilitation protocol in case of an injury;
 - e) Failure by the athlete to take part in the development of her individual training plan with his coach and the MAG Program staff;
 - f) Failure by the athlete to meet the expectations set in her plan or in the Athlete Agreement; in case of injury or illness, failure to meet the optimal expectations considering her injury or illness;



- g) Failure by the athlete to meet the terms and regulations as set in the Athlete Agreement.
- 11.1.2. The MAG Program staff has met with the athlete to set corrective steps, timelines for completion of these steps and parameters according to which the situation will be evaluated once the deadline(s) has arrived.
- 11.1.3. The athlete has failed to correct the situation as per the steps, timelines and evaluation parameters that have been set in 11.1.2.

12.0 REQUEST FOR RECONSIDERATION OR REVIEW AND APPEAL

12.1 RECONSIDERATION

An athlete who is in disagreement with a decision made in the application of the process may request reconsideration by the MAG Program Director who will refer the matter to the Working Group who made the initial decision. The request must be made no more than five working days from the day of circulation of the decision. It must include the rationale supporting the request and the alleged errors in the application of the process. The Working Group will then review the request and make a decision. The Program Director shall give written reasons for the decision to the athlete within ten working days from the receipt of the written request. In case of a further disagreement, the athlete may request a review or submit an appeal.

12.2 APPEAL

Appeals of Gymnastics Canada AAP nomination/re-nomination decision or of a Gymnastics Canada's recommendation to withdraw carding may be pursued only through the Gymnastics Canada's review process, which includes an application to the Sport Dispute Resolution Centre of Canada (SDRCC). Appeals of AAP Decision made under Section 5 (Application for and Approval of Cards) or Section 11 (Withdrawal of Carding Status) may be pursued through Section 13 of the AAP Policies, Procedures and Guidelines.

SCHEDULE A – SENIOR OBJECTIVE POINT SYSTEM 2016 COMPETITIONS

i) Competition scores at all 2016 Senior International Competitions (June 15 – Dec 31, 2016)

Floor	•	Pommo	el	Rings		Vault		P Bars		H Bar	
Must achieve	a min D	Must achi	eve a	Must achieve a	min D	Must achieve	a min D	Must achieve	a min	Must achieve	min D
score of	5.4	min D score	of 5.5	score of 5	score of 5.5 score of 5.2		D score of 5.5		score of 5	.6	
Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points
13.85-13.99	1	13.35-13.59	1	13.65-13.79	1	13.85-13.99	1	13.75-13.99	1	13.50-13.74	1
14.00-14.24	2	13.60-13.84	2	13.80-13.94	2	14.00-14.24	2	14.00-14.24	2	13.75-13.99	2
14.25-14.39	3	13.85-13.99	3	13.95-14.19	3	14.25-14.39	3	14.25-14.39	3	14.00-14.24	3
14.40-14.64	5	14.00-14.29	4	14.20-14.34	4	14.40-14.64	5	14.40-14.54	4	14.25-14.49	4
14.65-14.89	8	14.30-14.49	6	14.35-14.49	6	14.65-14.89	8	14.55-14.69	6	14.50-14.74	6
14.90-15.14	10	14.50-14.74	8	14.50-14.74	8	14.90-15.14	10	14.70-14.84	8	14.75-14.99	8
15.15-15.39	12	14.75-14.99	10	14.75-14.99	10	15.15-15.39	12	14.85-14.99	10	15.00-15.24	10
15.40+	15	15.00-15.24	12	15.00-15.24	12	15.40+	15	15.00-15.24	12	15.25-15.49	12
		15.25+	15	15.25+	15			15.25+	15	15.50+	15

For athletes competing two vaults Points may be awarded for the best final score of either vault.

ii) D Score values in all 2016 Senior International Competitions (June 15 – Dec 31, 2016)

Points will be awarded to athletes for completing a routine that demonstrates international content as determined by d score. D score points will only be earned for routines that have attained a minimum total score as indicated below.

Floor	r	Pomm	nel	Rings		Vault		P Bars		H Bar	
Must achiev		Must ach		Must achieve a min score of 13.80		Must achieve a min score of 14.00		Must achieve a min score of 14.00		Must achieve score of 13	
D Score	Points	D Score	Points	D Score	Points	D Score	Points	D Score	Points	D Score	Points
5.4 - 5.6	1	5.5	1	5.5	1	5.2	1	5.5 – 5.7	1	5.6 – 5.7	1
5.7-5.8	2	5.6 - 5.7	2	5.6 – 5.7	2	5.3 - 5.4	3	5.8 – 5.9	2	5.8 – 5.9	2
5.9 – 6.0	3	5.8 – 5.9	3	5.8 – 5.9	3	5.5	4	6.0 - 6.1	3	6.0 - 6.1	4
6.1 – 6.2	4	5.8 – 5.9	4	6.0 - 6.1	4	5.6 – 5.7	6	6.2 - 6.3	5	6.2 - 6.3	5
6.3 – 6.4	6	6.0 - 6.2	6	6.2 - 6.3	6	5.8 – 5.9	8	6.4 - 6.5	6	6.4 - 6.5	7
6.5 – 6.6	8	6.3 - 6.5	8	6.4 - 6.5	8	6.0 - 6.1	9	6.6 - 67	8	6.6 - 6.7	8
6.7 - 6.8	12	6.6 – 6.8	12	6.6 - 6.7	12	6.2 +	12	6.8 - 6.9	12	6.8 - 6.9	12
6.9 +	15	6.9 +	15	6.8+	15			7.0 +	15	7.0 +	15

For athletes competing two vaults Points may be awarded for the D score of both vaults as long as the minimum score has been achieved.

i) Competition scores at all International Competitions (Level A, B), Elite Canada (Day 1 and 2) and Canadian Championships (Day 1 and 2)

Floor	•	Pomm	el	Rings		Vault		P Bar	S	Н Ва	r		AA
Must achieve score of		Must achieve score of		Must achieve a score of 5		Must achieve score of		Must achieve score of		Must achieve a min D score of 5.0			
Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points
13.35-13.49	1	13.00-13.29	1	13.20-13.34	1	13.35-13.49	1	13.35-13.49	1	13.20-13.34	1	81.5	1
13.50-13.74	2	13.30-13.49	2	13.35-13.49	2	13.50-13.74	2	13.50-13.74	2	13.35-13.49	2	82.5	2
13.75-13.89	3	13.50-13.74	3	13.50-13.74	3	13.75-13.89	3	13.75-13.89	3	13.50-13.74	3	83.0	4
13.90-14.14	5	13.75-13.89	4	13.75-13.89	4	13.90-14.14	5	13.90-14.14	4	13.75-13.89	4	83.5	6
14.15-14.39	8	13.90-14.14	6	13.90-14.14	6	14.15-14.39	8	14.15-14.39	6	13.90-14.14	6	84+	8
14.40-14.64	10	14.15-14.39	8	14.15-14.39	8	14.40-14.64	10	14.40-14.64	8	14.15-14.39	8		
14.65-14.89	12	14.40-14.64	10	14.40-14.64	10	14.65-14.89	12	14.65-14.89	10	14.40-14.64	10		
14.90+	15	14.65-14.89	12	14.65-14.89	12	14.90+	15	14.90-15.09	12	14.65-14.89	12		
		14.90+	15	14.90+	15			15.10 +	15	14.90+	15		

For athletes competing two vaults Points may be awarded for the best final score of either vault.

ii) D Score values in competition

Points will be awarded to athletes for completing a routine that demonstrates international content as determined by d score. D score points will only be earned for routines that have attained a minimum total score as indicated below.

Floo	r	Pomn	nel	Rings		Vault	t	P Bar	s	H Bar	
Must achieved score of 2		Must ach		Must achieve a min score of 13.35		Must achiev score of 1		Must achieve a min score of 13. 50		Must achieve score of 13	-
D Score	Points	D Score	Points	D Score	Points	D Score	Points	D Score	Points	D Score	Points
5.0 - 5.1	1	5.0	1	5.0	1	4.8	1	5.0 – 5.2	1	5.0 -5.1	1
5.2-5.3	2	5.1 - 5.2	2	5.1 - 5.2	2		3	5.3 – 5.4	2	5.2 - 5.3	2
5.4 – 5.5	3	5.3 – 5.4	3	5.3 - 5.4	3	5.2	4	5.5 – 5.6	3	5.4 - 5.5	4
5.6 – 5.7	4	5.5 – 5.6	4	5.5 - 5.6	4	5.4	6	5.7 – 5.8	5	5.6 - 5.7	5
5.8 – 5.9	6	5.7 -5.8	6	5.7 - 5.8	6		8	5.9 – 6.0	6	5.8 – 5.9	7
6.0 - 6.1	8	5.9 -6.0	8	5.9 - 6.0	8	5.6	9	6.1 - 6.2	8	6.0 - 6.1	8
6.2 - 6.3	12	6.1 – 6.2	12	6.1 - 6.2	12		12	6.3 – 6.4	12	6.2 - 6.3	12
6.4 +	15	6.3 +	15	6.3+	15	6.0	15	6.5 +	15	6.4 +	15

For athletes competing two vaults Points may be awarded for the D score of both vaults as long as the minimum score has been achieved.

SCHEDULE B – JUNIOR OBJECTIVE POINT SYSTEM COMPETITIONS IN 2016

Competition scores for the 2016 Junior Compulsory Competition

Floor	i	Pommo	el	Rings		Vault		P Bars		H Bar	
Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points
12.90-13.04	1	12.40-12.59	1	12.40-12.59	1	13.00 -13.29	1	12.90-13.04	1	12.90-13.04	1
13.05-13.19	2	12.60-12.79	2	12.60-12.79	2	13.30-13.49	2	13.05-13.19	2	13.05-13.19	2
13.20-13.34	3	12.80-12.99	3	12.80-12.99	3	13.50-13.69	3	13.20-13.34	3	13.20-13.34	3
13.35-13.49	5	13.00-13.19	4	13.00-13.19	4	13.70-13.89	5	13.35-13.49	4	13.35-13.49	4
13.50-13.69	8	13.20-13.39	6	13.20-13.39	6	13.90 -14.09	8	13.50-13.69	6	13.50-13.69	6
13.70-13.89	10	13.40-13.59	8	13.40-13.59	8	14.10-14.29	10	13.70-13.89	8	13.70-13.89	8
13.90-14.09	12	13.60-13.79	10	13.60-13.79	10	14.30-14.49	12	13.90-14.09	10	13.90-14.09	10
14.10-14.29	15	13.80-13.99	12	13.80-13.99	12	14.5 +	15	14.10-14.29	12	14.10-14.29	12
14.30 +		14.0+	15	14.0+	15			14.30 +	15	14.30 +	15

Competition scores for the Junior for all 2016 International Competitions (June 15 – Dec 31, 2016)

Floor		Pomme	l	Rings		Vault		P Bars		H Bar	
Must achieve	a min D	Must achieve	e a min	Must achieve	a min						
score of	4.4	score of 4	1.4	score of 4.4		score of 4	4.4 D score of 4.4			D score of	4.4
Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points
12.85 -13.09	1	12.50- 12.74	1	12.50- 12.74	1	12.85 -13.09	1	12.85 -13.09	1	12.50- 12.74	1
13.10-13.29	2	12.75-12.94	2	12.75-12.94	2	13.10-13.29	2	13.10-13.29	2	12.75-12.94	2
13.30-13.49	3	12.95-13.19	3	12.95-13.19	3	13.30-13.49	3	13.30-13.49	3	12.95-13.19	3
13.50-13.69	5	13.20-13.39	4	13.20-13.39	4	13.50-13.69	5	13.50-13.69	4	13.20-13.39	4
13.70 -13.89	8	13.40-13.59	6	13.40-13.59	6	13.70 -13.89	8	13.70 -13.89	6	13.40-13.59	6
13.90-14.19	10	13.60-13.79	8	13.60-13.79	8	13.90-14.19	10	13.90-14.19	8	13.60-13.79	8
14.20-14.39	12	13.80-13.99	10	13.80-13.99	10	14.20-14.39	12	14.20-14.39	10	13.80-13.99	10
14.4 +	15	14.00-14.19	12	14.00-14.19	12	14.4 +	15	14.40 -14.59	12	14.00-14.19	12
		14.20 +	15	14.20 +	15			14.6+	15	14.20 +	15

For athletes competing two vaults Points may be awarded for the best final score of either vault.

Junior D Score values for all 2016 International Competitions (June 15 – Dec 31, 2016)

Points will be awarded to athletes for completing a routine that demonstrates international content as determined by d score. D score points will only be earned for routines that have attained a minimum total score as indicated below.

Floor	ſ	Pomm	nel	Rings		Vault		P Bars		H Bar	
Must achiev		Must ach		Must achieve					Must achieve		
score of 1	13.30	min score	DT 12.85	score of 12	score of 12.85 score of 13.30		score of 13.00		score of 12	2.60	
D Score	Points	D Score	Points	D Score	Points	D Score	Points	D Score	Points	D Score	Points
4.6 – 4.7	1	4.6 – 4.7	1	4.6 - 4.7	1		1	4.6 – 4.7	1	4.4- 4.5	1
4.8 - 4.9	2	4.8 - 4.9	2	4.8 - 4.9	2		3	4.8 - 4.9	2	4.6 – 4.7	2
5.0 - 5.1	3	5.0 - 5.1	3	5.0 - 5.1	3	4.8	4	5.0 - 5.1	3	4.8 - 4.9	4
5.2-5.3	4	5.2-5.3	4	5.2-5.3	4		6	5.2-5.3	5	5.0 - 5.1	5
5.4 – 5.5	6	5.4 – 5.5	8	5.4 – 5.5	6	5.2	8	5.4 – 5.5	6	5.2-5.3	7
5.6-5.7	8	5.6-5.7	8	5.6-5.7	8		9	5.6-5.7	8	5.4 -5.5	8
5.8 – 5.9	10	5.8 – 5.9	10	5.8 – 5.9	10	5.6	10	5.8 – 5.9	10	5.6-5.7	10
6.0 +	12	6.0 +	12	6.0 +	12	6.0	12	6.0 +	12	5.8 +	12

For athletes competing two vaults Points may be awarded for the D score of both vaults as long as the minimum score has been achieved.

SCHEDULE B – JUNIOR OBJECTIVE POINT SYSTEM COMPETITIONS IN 2017

Competition scores for the Junior (Day 1) category – 2017 Elite Canada and Canadian Championships and all 2017 International Competitions

Floor	•	Pomme	el	Rings		Vault		P Bars		H Bar	
Must achieve	a min D	Must achiev	e a min	Must achieve a	a min D	Must achieve	a min D	Must achieve	a min	Must achieve a	min D
score of	4.1	D score o	f 4.0	score of 4.0		score of 4.4		D score of 4.1		score of 4.0	
Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points
12.35-12.49	1	12.00-12.29	1	12.00-12.29	1	12.35-12.49	1	12.35-12.49	1	12.20-12.34	1
12.50-12.74	2	12.30-12.49	2	12.30-12.49	2	12.50-12.74	2	12.50-12.74	2	12.35-12.49	2
12.75-12.89	3	12.50-12.74	3	12.50-12.74	3	12.75-12.89	3	12.75-12.89	3	12.50-12.74	3
12.90-13.14	5	12.75-12.89	4	12.75-12.89	4	12.90-13.14	5	12.90-13.14	4	12.75-12.89	4
13.15-13.39	8	12.90-13.14	6	12.90-13.14	6	13.15-13.39	8	13.15-13.39	6	12.90-13.14	6
13.40-13.64	10	13.15-13.39	8	13.15-13.39	8	13.40-13.64	10	13.40-13.64	8	13.15-13.39	8
13.65-13.89	12	13.40-13.64	10	13.40-13.64	10	13.65-13.89	12	13.65-13.89	10	13.40-13.64	10
13.90+	15	13.65-13.89	12	13.65-13.89	12	13.90+	15	13.90-14.09	12	13.65-13.89	12
		13.90+	15	13.90+	15			14.1 +	15	13.90+	15

For athletes competing two vaults Points may be awarded for the best final score of either vault.

Junior (Day 1 and 2) D Score values in competition

Points will be awarded to athletes for completing a routine that demonstrates international content as determined by d score. D score points will only be earned for routines that have attained a minimum total score as indicated below.

Floo	r	Pomn	nel	Rings		Vault		P Bars		H Bar	
Must achiev		Must achie			Must achieve a min Must achiev			Must achieve a min score of 12.35		Must achieve	
score of	12.35	score of	12.00	score of 1	score of 12.00 score of 12.35		.2.35	score of .	12.35	score of 1	2.20
D Score	Points	D Score	Points	D Score	Points	D Score	Points	D Score	Points	D Score	Points
4.1 – 4.2	1	4.0 - 4.1	1	4.0 - 4.1	1	4.4	1	4.1 – 4.2	1	4.0 - 4.1	1
4.3 - 4.4	2	4.2 – 4.3	2	4.2 - 4.3	2		3	4.3 - 4.4	2	4.2 - 4.3	2
4.5 – 4.6	3	4.4 - 4.5	3	4.4 - 4.5	3	4.8	4	4.5 – 4.6	3	4.4 - 4.5	4
4.7 – 4.8	4	4.6 – 4.7	4	4.6 – 4.7	4		6	4.7 – 4.8	5	4.6 – 4.7	5
4.9 – 5.0	6	4.8 – 4.9	8	4.8 - 4.9	6	5.2	8	4.9 – 5.0	6	4.8 – 4.9	7
5.1 – 5.2	8	5.0 - 5.1	8	5.0 - 5.1	8		9	5.1 – 5.2	8	5.0 - 5.1	8
5.3 – 5.4	10	5.2-5.3	10	5.2-5.3	10	5.6	10	5.3 – 5.4	10	5.2-5.3	10
5.5 +	12	5.4 +	12	5.4 +	12	6.0	12	5.5 +	12	5.4 +	12

For athletes competing two vaults Points may be awarded for the D score of both vaults as long as the minimum score has been achieved.

APPENDIX 1 2017-18 CARDING APPLICATION AND COMMITMENT FORM - MAG

(if athlete is under 18 years old)

Athlete Information										
Name:										
Date of birth:	Phone:		Email:							
Current address:			-							
City:	Prov:		Postal Code:							
Club Information	I.									
Current Club:										
Club address:			Phone:							
City:	Prov:	Postal Code:								
Primary Coach:	I	Secondary Coach:								
Phone:		Phone:								
Email:		Email:								
Parent Information		Į.								
Mother:		Father:								
Email:		Email:								
Phone:		Phone:								
section 12 of the Carding Proces will not attend an educational ir (12) months; will not leave the National Team will take part in the training, mo Program;	le for carding within the next twelve f the Junior or Senior National Team mpionships unless ill or injured; such									
Signature of Athlete		Name in print	Date							
Signature of Parent		Name in print	Date							



COACH CONFIRMATION OF COMMITMENT

Ι,,	Coach of
Name of Coach - Print	Name of Club
confirm the commitment made by	
■ By checking this box I affirm that if my athlete, is nominated for AAP Name of Athlete - Print carding, I will submit an individual training and competition plan as required by Sport Canada.	
Signature of Head Coach	Date
The form must be emailed to the Program Director AG by June 16, 2017.	
FOR OFFICE USE:	Received on: