

# MEMORANDUM

**To / À:** All MAG Program PTOs  
**From / De:** Jason Woodnick – Program Manager- MAG  
Eddie van Hoof – National Team Head Coach  
**Date:** August 28, 2018  
**Subject / Objet:** Compulsory and Screening Activities

This document serves as notice of the Elite 4/Junior compulsory video submission process as well as the Senior D score screening process for Canadian Championships/Elite Canada.

## Directives for Elite 4 & Juniors Compulsory Routine Video Submission

Coaches will submit to the NT Head Coach & PM-MAG one video for each athlete via Youtube Link. The video will include all compulsory routines as well as physical tests for each athlete. The videos will be evaluated by GCG appointed judges, and final scores used for qualification to Canadian Championships/Elite Canada.

Videos may be sent between **August 1, 2018 – January 31, 2019**. Videos received after January 31, 2019 will not be accepted. Final scores will be circulated by the end of February.

GCG still recommends that Provinces continue to host a screening competition for these categories, and coaches video their athletes' routines.

## Directives for Senior D-score Apparatus Qualification

Senior athletes may choose one of the following options to qualify for Canadian Championships/Elite Canada:

1. Senior athletes or coaches may submit to the NTHC & PM-MAG one video for each athlete via Youtube Link. The video will include optional routines only for the events that the athletes wish to qualify for. Videos will be reviewed by the NTHC and/or GCG appointed judges for approval. Athletes may be asked to improve upon their routines before being approved.

or;

2. Senior athletes may submit a judging sheet or results sheet from any competition within the stated timeline that verifies their achievement of the required D scores. These sheets must be from competitions including provincial competitions, trials, invitationals, FIG approved domestic or international competitions, and NCAA competitions. Test or mock competitions will not be accepted.

Videos and judging or results sheets may be sent in between **August 1, 2018 – April 30, 2019** for qualification to Canadian Championships and Elite Canada.

GCG still recommends that Provinces continue to host a screening competition for these categories, and coaches video their athletes' routines.

**CHART: Qualification to Elite Canada and Canadian Championships for Junior & Senior (Elite 4 for Easterns or Westerns and Elite Canada)**

In order to be eligible to compete on the first day of Canadian Championships (JR & SR) or compete their optional routines at Easterns or Westerns and Elite Canada (Elite 4), an athlete must meet one of the following standards for his category.

APPARATUS	ELITE 4 (for Easterns/Westerns & Elite Canada)	JUNIOR (for Canadian Championships/Elite Canada)		SENIOR (D score for Canadian Championships/Elite Canada)		
	Sept. 2, 2004 – Aug. 31, 2007	2004/2005	2002/2003	First Year 2001	Second Year 2000	Third Year and above 1999+
3 or less	N/A	N/A	N/A	4.4 per event	4.6 per event	4.8 per event
4 or 5 (min per event)	N/A	12.0 per event 18.0 for testing	12.0 per event 18.0 for testing	4.4 per event	4.6 per event	4.8 per event
6 (total) <b>No AA total for SR's</b>	64 (combined compulsory and physical testing)	80 (combined compulsory and physical testing)	84 (combined compulsory and physical testing)	4.4 per event	4.6 per event	4.8 per event

**\*\*\*Second Year (2000) Seniors require a 4.4 on Vault**

## Video Submission Guidelines

For video submission, coaches and/or athletes must ensure that videos show the athlete's entire body and are sent to the NTHC via Youtube link

- For video submissions, please ensure that athlete's name, category, and gym clubs are VISIBLY WRITTEN and provided before each routine or are clearly labeled on the videos
- It is the responsibility of the coach to ensure that videos are submitted correctly