



GYM **nastics**
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CANADA

Women's Artistic Gymnastics Carding Process

FOR THE PERIOD AUG 1, 2016 TO JULY 31, 2017

*version January 31, 2017
Sport Canada Compliant*

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1.0 INTRODUCTION

The goal of the Sport Canada Athlete Assistance Program (AAP) is to contribute toward improved Canadian performances at major international sporting events such as the Olympic/Paralympic Games and World Championships. To this end, the AAP identifies and provides funding directly to athletes who have already placed, or demonstrate the potential to place in the top 16 in the world.

In the 2016-17 process a change was made in the carding cycle to begin August 1 to conclude July 31. Carding points are still earned in the period from July 1 to June 30, permitting a 1 month gap for the administration of the carding process.

The Athlete Assistance Program has three (3) objectives:

- to financially support Canadian athletes identified by National Sport Organizations (NSOs) using criteria established by Sport Canada as performing at or having the greatest potential to achieve top 16 results at Olympic/Paralympic Games and World Championships;
- to assist Canada’s carded athletes in preparing to engage in full- or part-time career activities; and
- to enable Canada’s carded athletes to participate in year-round national training and competition regimes to further their athletic goals.

Under the AAP, Eligible Athletes have access to the following benefits:

- Living and training allowance
- Tuition and deferred tuition support
- Supplemental support
- More information on the AAP may be found at <http://canada.pch.gc.ca/eng/1414514343755/1414514385181>

The AAP has four levels of cards, which will provide a monthly living and training allowance as follows:

Card Type	Monthly Allowance	Annual Value
Senior International Card (SR1/SR2)	\$1,500	\$18,000
Senior National Card (SR)	\$1,500	\$18,000
First Year Senior Card (C1)	\$900	\$10,800
Developmental Card (D)	\$900	\$10,800

The carding cycle for Women’s Artistic Gymnastics is from August 1, 2017 to July 31, 2018. The period during which an athlete may accumulate points for the Ranking List is from July 1, 2016 to June 30, 2017.

Sport Canada has allocated \$252,000.00 to Women’s Artistic Gymnastics. Prioritization and allocation of cards is described in Section 6.

2.0 ELIGIBILITY

To be considered for carding, an athlete must:

- Be a National High Performance Program member who meets the carding criteria,
- Be a member in good standing with Gymnastics Canada
- Participate in the Canadian Championships, unless excused by Gymnastics Canada for medical condition or personal emergency
- **Submit their Carding Application and Commitment form by June 17, 2017.**
- **Submit their individual training and competition plan to the National Team Director by July 31, 2017.**
- For the 2017-18 carding cycle be eligible for a Senior card (SR/C1), an athlete must meet the FIG age eligibility rules to compete in the Senior category during the carding cycle (carding year)
- To be eligible for a D card an athlete must be eligible to compete in the Junior or Novice category, but may change to the next high performance category in the carding year.
- Meet the requirements of Sport Canada's AAP found at <http://www.pch.gc.ca/eng/1267374509734>

3.0 NON ELIGIBILITY

A Senior athlete is not eligible for nomination for the APP status if she:

- a) is training with and competing for an American University, or
- b) has committed in writing to join an American University in the twelve month period after July 1, 2017

4.0 APPLICATION AND DECISION MAKING PROCESS

All eligible athletes in Novice, Junior and Senior will need to complete the Carding Application (see Appendix 1) and Commitment form and submit by **Friday, June 17, 2017**.

The results from Domestic Events (Elite Canada and Canadian Championships) and GCG approved International competitions will be tracked for Canadian High Performance gymnasts, and input into the Objective Points calculations. Following Canadian Championships, all received Carding applications will be reviewed by the NTD and PD and the data submitted will be verified against the summary data in the Objective Points calculations. A draft of the calculations will be circulated approximately two weeks prior to Canadian Championships. Athletes under consideration for Discretionary Card will be indicated at this time. Coaches may request their athlete to be reviewed as part of the Carding Application and Commitment Form.

Following the application review period (June 17-July 15) the final version of the Objective Points Calculations will be sent out for review with a tentative proposed list of nominations for Carding.

The Injury and Discretionary Card nominations will be overseen by the Carding Working Group (CWG) comprised of the National Team Director (NTD), the Program Director (PD-AG) and a WAG Program Committee appointed Judge or coach who is currently working with the National Team. NT coaches with athletes being considered for the AAP will not be eligible for inclusion on the Carding Working Group due to conflict of interest, but may be present to provide information to the Committee.

The CWG will review the applications of the eligible non-carded athletes as set out in Section 9. All nominations will be reported to the WAG program community for a week review prior to being submitted to Sport Canada in July.

All nominated athletes will be required to submit to Gymnastics Canada the Sport Canada AAP, the National Team Agreement and complete the online anti-doping courses before funding will be released.

5.0 DESCRIPTION OF CARDING CRITERIA

5.1 SENIOR INTERNATIONAL CRITERIA (SR1/SR2)

These criteria can meet only in events on the Olympic program based on the results achieved at the Olympic Games (OG) or the World Championships (WC). It includes a Qualification Competition (C-I), an All-Around Final (C-II) and Apparatus Finals (C-III) and a Team Final (C-IV).

The following criteria must be obtained for consideration:

- | | |
|------------------------|---|
| Team: | For athletes having competed on at least one apparatus during the Qualification (C-I) where the Team ranked in the Top 8 and top 1/2 of the field; or the Team Final (C-IV) with participation of 8 teams or; |
| Individual All-Around: | Athlete ranked in the top 8 and top ½ of the field in the All-Around Final (C-II) or; |
| Individual Apparatus: | Athlete ranked, on one apparatus, in the top 8 counting three entries per country and top ½ of the field after the Qualification (C-I) or; athlete competed in any Apparatus Final (participation of 8 athletes). |

Athletes who qualify for carding under the Senior International criteria are eligible for two years of AAP support, with the card for the first year referred to as a SR1 card and the card for the second year referred to as a SR2 card. An athlete who meets the international criteria described above will be funded as a SR1 card even if it is the first time she is carded.

5.2 SENIOR NATIONAL CRITERIA (SR/C1)

The criteria for Senior National cards have been designed to identify athletes who have the potential to achieve Senior International Card (SR1/SR2) criteria. Senior Cards based are awarded for one year and are called SR or C1 Cards. C1 carded athletes are funded at the Development Card level in the first year they meet the national criteria for a Senior Card, even if they have previously been carded at the Development (D) level, unless they compete at the World Championships/Olympic Games during the period in points were accumulated. If, however, the athlete has been carded at the SR1 or SR2 level before meeting the national criteria for the Senior Card, the athlete will be funded at the Senior Card (SR) level rather than at the Development Card level. For Senior Criteria (SR/C1) a gymnast must be eligible to compete in the senior category under FIG rules.

There are three ways to be eligible for nomination for a Senior national card:

- Through the Objective point system – Senior Ranking List (described in section 7 and schedule A);
- Injury Card status (see section 8);
- Discretionary card (see section 9).

5.3 DEVELOPMENT (D) CARDS

Development Cards are intended to support the developmental needs of younger athletes who are not yet age eligible to meet the Senior National Card criteria, but are performing in line with the targets set for international excellence.

There are two ways to be eligible for nomination for a D card:

- a) the Objective point system – Junior or Novice Ranking Lists (described in section 7 and schedule B-Junior and C-Novice)
- b) the discretionary carding process (see section 9)

6.0 PRIORITIZATION AND ALLOCATION OF SR/C1 AND D CARDS

6.1 CARDS FOR SENIOR ATHLETES

\$144,000 of the card quota will be available for athletes that meet the Senior carding criteria (SR1, SR2, SR, C1 and SR Injury). This quota will be allocated as follow:

1. Athletes eligible for SR1 and SR2 cards
2. Athletes who meet the Senior National Card criteria base on their position on the Senior Ranking List

If after the application of the senior international and senior national card criteria there is a left over quota (less than 4 months of carding available), it will be allocated under the Discretionary Card process in 9.0.

6.2 DEVELOPMENT CARDS FOR JUNIOR ATHLETES

\$54,000 of the total card quota will be allocated to the top 5 athletes that meet the Development card criteria for HP Junior athletes and ranked on the Junior Ranking List. The Junior Ranking list includes all eligible athletes who have earned points according to the objective point system described in section 7 and in Schedule B. This list will include FIG eligible gymnasts who have chosen to compete in the SR category domestically.

6.3 DEVELOPMENT CARDS FOR NOVICE ATHLETES

One Developmental card (\$10,800) of the total card quota will be allocated to the athlete that meets the Development card criteria for Novice athletes and is ranked first on the Novice Ranking List (see Section 7 and Schedule C).

6.4. INJURY CARD

At the discretion of the Carding Working Group, up to \$18,000 may be allocated based on injury card status as set out in 8.0

6.5 DISCRETIONARY CARD

7.0 POINT SYSTEM AND CRITERIA FOR SENIOR, JUNIOR AND NOVICE RANKING LISTS

7.1 OBJECTIVE POINT SYSTEM

As a country, Canada needs to focus on clean and consistent performances with routines that demonstrate international content. It is also important for athletes to have sufficient competition experience against countries with similar levels of performance. In order to encourage this focus throughout the program, the carding points have been established to reward:

- ii) Stable results as determined by competition scores

- iii) D Score values in competition, tied to appropriate E scores

Points can be accumulated from Domestic Competitions (Elite Canada and Canadian Championships) and specific International competitions. Domestic Competitions are more weighted than international. The points are fully outlined in Schedules A, B and C.

International Competitions have been divided into four levels for the purpose of attendance points. There is a maximum number of C and D level competitions that may be used in the accumulation of points as noted below. The listed competitions will be reviewed annually.

Level A Competitions

- Olympic Games, World Championships

Level B Competitions

- World Cup CII, World Cup CIII
- Pan American Games, Commonwealth Games, Pacific Rim

A MAXIMUM OF FOUR COMPETITIONS FROM LEVEL C AND D BELOW WILL BE USED TO ACCUMULATE POINTS. In the case of an athlete having attended more than the maximum number of events (C or D), the competitions with the most overall points would be used.

Level C Competitions

- World Challenger Cups
- Pan American Championships (JR/SR)
- International competitions for assigned NT members and designated a Level C by the NTD in the program Calendar (including Gymnix (JR/SR), Olympic Hopes)

Level D Competitions (Maximum of two Level D Competitions will be used for points)

- FIG approved International competitions or GCG approved international competitions with at least 3 countries participating under FIG JR or SR rules. Approval to attend and be considered for carding points from GCG must be received in advance of participating in the competition. This process is separate from approving a GCG sanction to attend.
- Maximum of two days will be used for earning points.

Additional competitions may be identified above by Gymnastics Canada and communicated to NT coaches and Sport Canada at least 2 months in advance of the competition.

7.2 ACCUMULATION OF POINTS

Points are awarded only for one carding cycle. An athlete has no points at the beginning of the period during which points are accumulated: July 1st to June 30th. Only athletes listed on the 2016 High Performance Senior, Junior or Novice list may earn points. Novices may only accumulate points at international meets in which they compete under FIG junior rules.

8.0 INJURY CARD

At the discretion of the Carding Working Group, up to \$18,000 may be allocated based on injury card status. A Senior carded athlete who at the end of the carding cycle has not achieved the standard required for

renewal of carding status due to health-related reasons, may be nominated by the Carding Working Group for an injury card. Carding support will be set aside for athletes who meet this criteria until October 1, 2016 to give the time to meet the conditions mentioned below. If they have not been met, the athlete(s) will no longer be eligible for nomination for carding. It is the responsibility of the athletes, her coaches and parents to meet the conditions under 8.1 below even if there is no reminder sent by GCG.

8.1 CONDITIONS FOR INJURY CARD STATUS

The athlete may be nominated for carding if all the following conditions have been met:

- a) Was previously carded at a SR1 / SR2, SR, or C1 level in the most recent carding cycle;
- b) **The injury or illness was supported by a typed (not handwritten) medical report and a physician's certificate submitted to the Program Director no later than June 17, 2016.** The documentation must state:
 - the date the injury was incurred;
 - the nature of the injury and whether or not this is an overuse or chronic injury;
 - that the athlete could not compete at the event or finish the competition.
 - the rehabilitation protocol, the amount of training the athlete can do in the next 12 weeks, the expected date for a) full recovery and b) return to full training.
 - the date the certificate is issued.

GCG reserves the right to have the athlete examined by a physician appointed by GCG, at the expense of the athlete.

- c) The athlete did compete in at least one GCG assigned competition, Elite Canada or Canadian Championships within the carding period under review.
- d) The most recent competition results for the athlete (within one year) should demonstrate the athlete was competing at a level consistent with athletes already nominated for a card in this period which will be reviewed by the Carding Working Group.
- e) The Head Coach of the athlete's club has confirmed in writing to GCG the gymnast should be reviewed under the injury card criteria and has submitted to the NTD the modified training program (content, skills and load) that the athlete will do in July, August and September by June 30, 2016.
- f) The Head Coach has submitted to the NTD by the 1st of August and of October a report stating the progress made towards complete rehabilitation and indicating the training program that the athlete has followed since the previous report.
- g) The athlete has been verified by the NTD or Program Director and by at least one Brevet judge appointed by the WAG Program Director at a time and a location set by the WAG Program staff. Such verification has occurred between July 1 and October 1, 2016. The club is responsible for the expense of the Brevet judge if any. A formal report from the verification will be submitted to the NTD.
- h) During the verification, the athlete has performed a vault of at least a 5.0 value and elements on each apparatus that meets 100% of the FIG Code of Points composition requirements. Such elements must be performed on equipment that meets the competition specifications in effect for Elite Canada and the Canadian Championships. The athlete may attempt each skill twice. The dismount has to be of minimum C value.

- i) The Head Coach and the athlete have provided written confirmation that the athlete has trained at least 24 hours a week for at least four weeks in a row prior to the verification.
- j) A typed medical report was submitted at the time of the verification. The report must provide information on the remaining rehabilitation protocol if any, the amount of training the athlete can do in the next eight weeks and the expected date a) for full recovery and b) return to full training. GCG reserves the right to have the athlete examined by a physician appointed by GCG, at the expense of the athlete.

8.2 EXTENSION OF VERIFICATION PERIOD

If an athlete has not met all the conditions above by October 1, 2016 but has shown significant progress towards full recovery from the injury or illness as assessed by the NTD, she may be given up to December 1, 2016 to meet the conditions mentioned in b) 1) to 7). The decision and condition attached to the extension of the deadline will be made by the WAG staff (NTD and PD).

8.3 LONG TERM CURTAILMENT OF TRAINING AND COMPETITION FOR HEALTH RELATED REASONS

The WAG Program staff may decide to nominate an athlete under the Long Term Curtailment of Training and Competition for Health Related Reasons policy of Sport Canada provided that the athlete:

- was carded in the immediately preceding cycle;
- has met conditions 1 and 2 stated under b) above;
- is either ranked in the top two on the Overall Senior list; or is the best ranked Second Year Athlete and is ranked in third place on the Overall Senior List; or is the best ranked First Year Athlete and is ranked in the third or four place on the Overall Senior list;
- has the potential to recover fully and be one of the top athletes in her category within 8 to 12 months.

9.0 DISCRETIONARY CARDS

Athletes who have met the eligibility criteria under 2.0 and are ranked on the Objective Points – Ranking Lists carding criteria but were not nominated for card under 6.0, 7.0 or 8.0 above may be nominated for a Discretionary card pending the remaining available quota. The following priority will be considered for 2017-18 Discretionary cards :

Senior	At the discretion of the Carding Selection Committee pending available funds
Junior	At the discretion of the Carding Selection Committee pending available funds
Novice	At the discretion of the Carding Selection Committee pending available funds

Nominations will be based on the expert assessment of the Carding Working Group that the athlete has the potential to bring a significant contribution towards the achievement of the performance objectives of the Women's program. Depending on the timing of the carding cycle in the Olympic quadrennial, the SWG will set out if the priority of remaining quota should go to Senior, Junior or Novice athletes.

Only athletes who have returned the Carding Application and Commitment Form will be eligible for consideration as set out in Section 2.0.

Coaches who would like their athlete considered for discretionary cards may provide additional information with the attached application form as indicated therein.

Athletes will be assessed using the assessment tool in Schedule D of these criteria. The results of the assessments will be shared with the coaches of the athletes being reviewed.

The discretionary card is allocated based on criteria that are different than the criteria in effect for the Objective Points system for carding. An athlete may receive a discretionary card even if she is ranked lower than another athlete on the Objective Points Ranking List for carding.

10.0 Maximum number of years at the Senior (SR) card level

An athlete is normally expected to improve each year to maintain a Senior Card based on Sport Canada's AAP Policies. In principle, athletes who have been on the High Performance Senior List for four (4) years or more must rank among the top 10 athletes on the list to be considered for nomination for the AAP. An athlete who has been carded for 4 or more years at the SR or C1 level, who has not achieved a SR1/SR2 level within the past 2 years will be reviewed by the Carding Working Group to determine if continued progress is demonstrated.

This is further defined as meaning that the athlete's D score and Final Scores are at a level such that her scores could contribute significantly to the team score at the Olympic Games/World Championships. There must also be National or International competition results that clearly show an increase in both D score and Final Scores over previous D score and Results on a majority of apparatus, unless the athlete is already performing at a level that is consistent with the expected standards to reach a world championships final or support the team in reaching a team final.

In addition the NTD/APD must be of the opinion that the athlete has the potential to improve her scores and results to the level where they could clearly contribute to a World Championship or Olympic Games team. The factors the NTD/APD will consider when formulating their expert opinion include but are not limited to; number of years on the National Team, health and training environment of the athlete

Therefore, an athlete that has reached this maximum number of years will be informed by Gymnastics Canada of the minimum standard she must meet to be eligible for an additional year of AAP support.

11.0 ATHLETE INJURED OR ILL AT THE TIME OF NOMINATION TO SPORT CANADA

The nomination of an athlete who is injured or ill at the time of nomination and who did not notify the Program Director AG in writing may be withdrawn by GCG.

The nomination of an athlete who is injured or ill at the time of nomination to Sport Canada will be delayed until October 1, 2016 to give her the time to meet the conditions mentioned in 8.1 and 8.2 with timelines adjusted by the Program Director AG according to the time of nomination. An extension may be granted as per article 8 c). If the conditions have not been met, the athlete will no longer be eligible for nomination for carding. It is the responsibility of the athletes, her coaches and parents to meet the conditions even if there is no reminder sent by GCG.

12.0 ALLOCATION OF A CARD THAT BECOMES AVAILABLE DUE TO UNFORESEEN CIRCUMSTANCES

The card will be allocated to the next non-carded athlete or partially carded according to the ranking of the athletes who have applied for a discretionary card in the category where the card becomes available. Carded

athlete status and all related benefits, including monthly stipend, would most likely be available for less than a 12 month period.

A minimum of four months of carding support must be available in order for GCG to nominate a non-carded athlete.

13.0 DE-CARDING

The WAG Program staff has the authority to verify, at any time during the carding cycle, that the athlete is or remains committed and meets most of the expectations below. The WAG Program staff will set the parameters for the verification in writing. The duration of the verification is at the discretion of the WAG Program staff. The verification may lead to, among others, the athlete being de-carded. The decision to recommend to Sport Canada to de-card an athlete will be taken by the Working Group responsible for the allocation of the Senior discretionary cards.

A Senior or Junior athlete should meet the following expectations, unless ill or injured:

- train between 24 hours and 30 hours per week unless exempted by the WAG Program staff;
- demonstrate on an ongoing basis the dedication, determination and commitment to hard work expected of a carded athlete;
- maintain a physical condition in accordance with the status of a carded athlete as determined by the WAG NT Director;
- be able to perform a vault and full exercises on each apparatus at a level similar or superior to the athlete ranked in 8th place in the Senior category (or 4th place if in the Junior category) at the immediately previous Elite Canada or Canadian Championships;
- compete at Elite Canada, the Canadian Championships, the trials or selection activity on at least three apparatus;
- improve her level/performances when compared to the previous Canadian Championships and Elite Canada which means, among other things, competing with new skills, higher D scores and higher E scores;
- compete at least three international competitions in the last twelve months and a minimum of one per six month period.

13.1 CONDITIONS FOR DE-CARDING PROCESS

The WAG Program staff may initiate the de-carding process under the following conditions:

13.1.1. There is a lack of commitment of the athlete to the High Performance and/or National Team Training and Competition Program as indicated by, but not exclusively:

- a) Failure of the athlete to meet most of the expectations stated above;
- b) Absence of the athlete from High Performance and/or National Team activities without the submission of verifiable documents with regard to injury and rehabilitation protocols, including:
 - i) required competitions
 - ii) training/monitoring activities (camps, joint training sessions, club visitations)
 - iii) selection activities
 - iv) inability to perform on all four apparatus when expected;
- c) Lack of availability of the athlete for verification of health and training status by the WAG Program staff or failure by the athlete to attend a technical verification on all four apparatus when pre-arranged with the WAG Program staff;

- d) Failure by the athlete to follow the mutually agreed upon rehabilitation protocol in case of an injury;
- e) Failure by the athlete to take part in the development of her individual training plan with her coaches and the WAG Program staff;
- f) Failure by the athlete to meet the expectations set in her plan or in the Athlete Agreement; in case of injury or illness, failure to meet the optimal expectations considering her injury or illness;
- g) Failure by the athlete to meet the terms and regulations as set in the Athlete Agreement.

13.1.2. The WAG Program staff has met with the athlete to set corrective steps, timelines for completion of these steps and parameters according to which the situation will be evaluated once the deadline(s) has arrived.

13.1.3. The athlete has failed to correct the situation as per the steps, timelines and evaluation parameters that have been set in 13.1.2.

14.0 REQUEST FOR RECONSIDERATION OR REVIEW AND APPEAL

14.1 RECONSIDERATION

An athlete who is in disagreement with a decision made in the application of the process may request reconsideration by the WAG Program Director who will refer the matter to the Working Group who made the initial decision. The request must be made no more than five working days from the day of circulation of the decision. It must include the rationale supporting the request and the alleged errors in the application of the process. The Working Group will then review the request and make a decision. The Program Director shall give written reasons for the decision to the athlete within ten working days from the receipt of the written request. In case of a further disagreement, the athlete may request a review or submit an appeal.

14.2 APPEAL

Appeals of Gymnastics Canada AAP nomination/re-nomination decision or of a Gymnastics Canada's recommendation to withdraw carding may be pursued only through the Gymnastics Canada's review process, which includes an application to the Sport Dispute Resolution Centre of Canada (SDRCC). Appeals of AAP Decision made under Section 6 ([Application for and Approval of Cards](#)) or Section 11 ([Withdrawal of Carding Status](#)) may be pursued through Section 13 of the AAP Policies, Procedures and Guidelines.

SCHEDULE A – SENIOR OBJECTIVE POINT SYSTEM

i) Attendance in major competitions

Level A	Level B	Level C	Level D
25 points for Competing 10 points for travelling reserve	15 points for Competing 5 points for travelling reserve	3 points for competing as part of team 1 point for competing as an individual	No attendance points

ii) Competition scores at all International Competitions (Level A-D) in 2016

Vault		Bars		Beam		Floor		AA	
Score	Points	Score	Points	Score	Points	Score	Points	Score	Points
14.00-14.24	1	13.10-13.24	1	13.10-13.24	1	13.10-13.24	1	52	1
14.25-14.49	2	13.25-13.49	2	13.25-13.49	2	13.25-13.49	2	53	2
14.50-14.74	3	13.50-13.74	4	13.50-13.74	3	13.50-13.74	3	54	4
14.75-14.99	5	13.75-13.99	6	13.75-13.99	4	13.75-13.99	4	55	6
15.00-15.24	8	14.00-14.24	9	14.00-14.24	6	14.00-14.24	6	56	8
15.25-15.49	12	14.25-14.49	12	14.25-14.49	8	14.25-14.49	8	57	10
15.5 +	15	14.50-14.74	15	14.50-14.74	10	14.50-14.74	10	58	12
		14.75-14.99	18	14.75-14.99	12	14.75-14.99	12	59	15
		15.00 +	20	15.00 +	15	15.00 +	15	60+	20

For athletes competing two vaults Points may be awarded for the best final score of either vault.

iii) Competition scores at 2017 Elite Canada and Canadian Championships (2017 Code of Points)

Vault		Bars		Beam		Floor		AA	
Score	Points								
13.50-13.74	1	12.80-12.99	1	12.60-12.74	1	12.60-12.74	1	51.50-52.49	1
13.75-13.99	2	13.00-13.24	2	12.75-12.99	2	12.75-12.99	2	52.50-53.49	2
14.00-14.24	3	13.25-13.49	4	13.00-13.24	3	13.00-13.24	3	53.50-53.99	4
14.25-14.49	5	13.50-13.74	6	13.25-13.49	4	13.25-13.49	4	54.00-54.99	6
14.50-14.74	8	13.75-13.99	9	13.50-13.74	6	13.50-13.74	6	55.00-55.99	8
14.75-14.99	12	14.00-14.24	12	13.75-13.99	8	13.75-13.99	8	56.00-56.99	10
15 +	15	14.25-14.49	15	14.00-14.24	10	14.00-14.24	10	57.00-57.99	12
		14.50-14.74	18	14.25-14.49	12	14.25-14.49	12	58.00-58.99	15
		14.75 +	20	14.50 +	15	14.50 +	15	59+	20

iv) D Score values in competitions in 2016

Points will be awarded to athletes for completing a routine that demonstrates international content as determined by d score. D score points will only be earned for routines that have attained a minimum total score as indicated below.

Vault		Bars		Beam		Floor	
Must achieve a minimum score of 14.0		Must achieve a minimum score of 13.1		Must achieve a minimum score of 13.1		Must achieve a minimum score of 13.1	
D Score	Points						
5.2	1	5.2 - 5.3	1	5.6 - 5.7	1	5.4	1
5.4	2	5.4 - 5.5	2	5.8 - 5.9	2	5.5	2
5.6	3	5.6 - 5.7	3	6.0 - 6.1	3	5.6 - 5.7	3
5.8	5	5.8 - 5.9	5	6.2 - 6.3	5	5.8 - 5.9	5
6.0	7	6.0 - 6.1	7	6.4 - 6.5	7	6.0 - 6.1	7
6.2 +	10	6.2 +	10	6.6 +	10	6.2 +	10

For athletes competing two vaults

Athletes may earn points for one vault. Points will be calculated in the way that gives the athlete the most points over the two vaults.

v) D Score values in competitions in 2017 (2017 Code of Points)

Vault		Bars		Beam		Floor	
Must achieve a minimum score of 13.5		Must achieve a minimum score of 12.8		Must achieve a minimum score of 12.6		Must achieve a minimum score of 12.6	
D Score	Points						
4.8	1	4.9 - 5.1	1	5.2 - 5.3	1	5.0-5.1	1
4.9	2	5.2 - 5.3	2	5.4 - 5.5	2	5.2	2
5.0	3	5.4 - 5.5	3	5.6 - 5.7	3	5.3 - 5.4	3
5.2	5	5.6 - 5.7	5	5.8 - 5.9	5	5.5 - 5.6	5
5.4-5.6	7	5.8 - 5.9	7	6.0 - 6.1	7	5.6 - 5.7	7
5.8 +	10	6.0 +	10	6.2 +	10	5.8 +	10

iv) Domestic Competitions

Elite Canada and Canadian Championships will have a greater weighting for carding points. Points will be factored as follows:

Elite Canada

Day 1 All Around Score = Points will be multiplied by 1.5

Canadian Championships

Day 1 All Around Score = Points will be multiplied by 2

SCHEDULE B – JUNIOR OBJECTIVE POINT SYSTEM

i) Attendance in major competitions

Level A	Level B	Level C	Level D
n/a	15 points for Competing 5 points for travelling reserve	3 points for competing as part of team 1 point for competing as an individual	No attendance points

ii) Competition scores at all 2016 International Competitions (Level A-D)

Vault		Bars		Beam		Floor		AA	
Score	Points	Score	Points	Score	Points	Score	Points	Score	Points
13.50-13.74	1	12.60-12.74	1	12.75-12.99	1	12.75-12.99	1	51	1
13.75-13.99	2	12.75-12.99	2	13.00-13.24	2	13.00-13.24	2	52	2
14.00-14.24	3	13.00-13.24	4	13.25-13.49	3	13.25-13.49	3	53	4
14.25-14.49	5	13.25-13.49	6	13.50-13.74	4	13.50-13.74	4	54	6
14.50-14.74	8	13.50-13.74	9	13.75-13.99	6	13.75-13.99	6	55	8
14.75-14.99	12	13.75-13.99	12	14.00-14.24	8	14.00-14.24	8	56	10
15.00-15.24	15	14.00-14.24	15	14.25-14.49	10	14.25-14.49	10	57	12
15.25-15.49		14.25-14.49	18	14.50-14.74	12	14.50-14.74	12	58	15
15.5 +		14.50+	20	14.75+	15	14.75+	15	59+	20

For athletes competing two vaults Points may be awarded for the best final score of either vault.

iii) D Score values in 2016 international competition

Points will be awarded to athletes for completing a routine that demonstrates international content as determined by d score. D score points will only be earned for routines that have attained a minimum total score as indicated below.

Vault		Bars		Beam		Floor	
Must achieve a minimum score of 13.5		Must achieve a minimum score of 12.6		Must achieve a minimum score of 12.6		Must achieve a minimum score of 12.6	
D Score	Points						
4.6 - 5.0	1	4.8 - 4.9	1	4.8 - 4.9	1	4.8 - 4.9	1
5.0 - 5.1	2						
5.2 - 5.3	3						
5.4 - 5.5	5						
5.6 - 5.7	7						
5.8 +	10						

For athletes competing two vaults

Athletes may earn points for one vault. Points will be calculated in the way that gives the athlete the most points over the two vaults.

iv) Competition scores at all 2017 International Competitions (Level A-D), 2017 Elite Canada and 2016/7 Canadian Championships

Vault		Bars		Beam		Floor		AA	
Score	Points								
13.00-13.24	1	12.25-12.49	1	12.50-12.59	1	12.50-12.59	1	49.5-50.49	1
13.25-13.49	2	12.50-12.59	2	12.60-12.74	2	12.60-12.74	2	50.50-51.49	2
13.50-13.74	3	12.60-12.74	4	12.75-12.99	3	12.75-12.99	3	51.50-52.49	4
13.75-13.99	5	12.75-12.99	6	13.00-13.24	4	13.00-13.24	4	52.50-53.49	6
14.00-14.24	8	13.00-13.24	9	13.25-13.49	6	13.25-13.49	6	53.50-54.49	8
14.25-14.49	12	13.25-13.49	12	13.50-13.74	8	13.50-13.74	8	54.50-55.49	10
14.50+	15	13.50-13.74	15	13.75-13.99	10	13.75-13.99	10	55.50-56.49	12
		13.75-13.99	18	14.00-14.24	12	14.00-14.24	12	56.50-57.49	15
		14.00+	20	14.25+	15	14.25+	15	57.50+	20

For athletes competing two vaults

Points may be awarded only for the first vault.

v) **D Score values in all 2017 International Competitions (Level A-D), 2017 Elite Canada and 2016/17 Canadian Championships**

D score points will only be earned for routines that have attained a minimum total score as indicated below.

Vault		Bars		Beam		Floor	
Must achieve a minimum score of 13.0		Must achieve a minimum score of 12.25		Must achieve a minimum score of 12.50		Must achieve a minimum score of 12.50	
D Score	Points	D Score	Points	D Score	Points	D Score	Points
4.2	1	4.5 - 4.7	1	4.5 - 4.7	1	4.5 - 4.7	1
4.4	2	4.8 - 4.9	2	4.8 - 4.9	2	4.8 - 4.9	2
4.6	3	5.0 - 5.1	3	5.0 - 5.1	3	5.0 - 5.1	3
4.8	5	5.2 - 5.3	5	5.2 - 5.3	5	5.2 - 5.3	5
5.0	7	5.4 - 5.5	7	5.4 - 5.5	7	5.4 - 5.5	7
5.2+	10	5.6 +	10	5.6 +	10	5.6 +	10

For athletes competing two vaults

Athletes may earn points for one vault. Points will be calculated in the way that gives the athlete the most points over the two vaults.

vi) **Domestic Competitions**

Elite Canada and Canadian Championships will have a greater weighting for carding points. Points will be factored as follows:

Elite Canada

Day 1 All Around Score = Points will be multiplied by 1.5

Canadian Championships

Day 1 All Around Score = Points will be multiplied by 2

SCHEDULE C – HP NOVICE OBJECTIVE POINT SYSTEM

i) Attendance in international competitions

Level A	Level B	Level C	Level D
n/a	n/a	3 points for competing as part of team 1 point for competing as an individual	1 point for competing as an individual in a FIG category

ii) Competition scores at Elite Canada and Canadian Championships (may be reviewed/revised following Elite Canada. Such changes would only be in effect for CC)

Vault		Bars		Beam		Floor		AA	
Score	Points	Score	Points	Score	Points	Score	Points	Score	Points
13.50-13.74	1	12.60-12.74	1	12.60-12.74	1	12.60-12.74	1	49	1
13.75-13.99	2	12.75-12.99	2	12.75-12.99	2	12.75-12.99	2	50	2
14.00-14.24	3	13.00-13.24	4	13.00-13.24	3	13.00-13.24	3	51	4
14.25-14.49	5	13.25-13.49	6	13.25-13.49	4	13.25-13.49	4	52	6
14.50-14.74	8	13.50-13.74	9	13.50-13.74	6	13.50-13.74	6	53	8
14.75-14.99	12	13.75-13.99	12	13.75-13.99	8	13.75-13.99	8	54	10
15.00-15.24	15	14.00-14.24	15	14.00-14.24	10	14.00-14.24	10	55	12
15.25-15.49		14.25-14.49	18	14.25-14.49	12	14.25-14.49	12	56	15
15.5 +		14.50 +	20	14.50 +	15	14.50 +	15	57+	20

iii) Competition scores at all 2016 and 2017 International Competitions (Level C-D) as per points charts for Junior Schedule B ii-v**iv) Domestic Competitions**

Canadian Championships will have a greater weighting for carding points. Points will be factored as follows:

Canadian Championships

Day 1 All Around Score = Points will be multiplied by 2

SCHEDULE D – SENIOR DISCRETIONARY CARD ASSESSMENT TOOL

All athletes being considered for Carding under discretionary status will be assessed by the Carding Working Group using the Assessment tool below.

	Assessment Criteria	Score
	Current rank on the AAP Ranking List at the time of nomination to Sport Canada: 7 th to 10 th = 5 pts; 11 th to 13 th = 3 pts; 14 th to 16 th = 1 pt	
	Previous WAG Carding History 5 pts if carded previously at SR1/2; 3 pts if carded for 2-3 years at SR; 2 pts if carded for the 1st time as a senior in the last carding year; 1 pt = if carded as a D card in the last carding year	
	Performances in 2016 – 17 domestic events (EC, CC, Gymnix) that demonstrate potential to be in top 8 in the 2018 EC - 1 point for each apparatus which demonstrates a top 8 potential - 2 points for each apparatus that demonstrates a top 3 potential	
	Score out of 5 on each apparatus based on performed routines in competition that demonstrate an ability to contribute to Canada's top teams. 5 points if achieved target or higher. Less 1 point for each tenth (0.1) below target.	
Technical Ability	Overall technical progression in the last 12 months - as observed by D score in competitions, and judged test events in camps. Progress should be a measurable improvement 1 point for each apparatus on which there has been a 0.2 improvement in D score. 1 additional point for significant increase (0.4+) on an apparatus. Maximum 8 points	
	Demonstrates D score readiness performed in competition within the 2 point or higher range of the objective points charts. 1 point for each apparatus on which the D score has been achieved (e.g. D score of 5.4 - 5.5 on Bars or greater) and 1 additional point for significant D score above the target (0.3+) on an apparatus. Maximum 8 points	
	Demonstrates total score that are within the 2 point or higher ranges of the set points charts 1 point for each apparatus on which the target total score has been achieved (e.g. total score of 13.25 on Bars or greater) and 1 additional point for significant score above the target (0.75+) on an apparatus.	
	Projected future performance. NTD evaluation of an athletes demonstrated performance on an apparatus in camp, competition or through ongoing video submission of routines/skills and combinations. Up to 4 points per apparatus based on estimated ability to reach the World's or OG target scores over the next 4 years (i.e. within 1 year = 4 pts)	
Attitude	Positive contribution to team environment (NTD evaluation) - This subjective criteria is based on attitude at team activities and not results. Positive behaviour, team spirit, ability to act as a role model, sportsmanship are all examples of elements under consideration, Injury prevention/management (follow through on reported treatment/recovery plans, results in functional testing if available)	
	Participation and performance at training camps - taking into consideration the degree to which the athlete followed the training plan, presented routines or elements to the NTD when required	

SCHEDULE E – JUNIOR/NOVICE DISCRETIONARY CARD ASSESSMENT TOOL

All athletes being considered for Carding under discretionary status will be assessed by the Carding Working Group using the Assessment tool below.

	Assessment Criteria	Score
	Current rank on the AAP Ranking List at the time of nomination to Sport Canada: 6 th to 8 th = 3 pts; 9 th to 11 th = 2 pts; 12 th to 14 th = 1 pt;	
	Previous WAG Carding History 1 pt for every year previously nominated for a D card	
	Performances in 2016 – 17 domestic events (EC, CC, Gymnix) that demonstrate potential to be in top 8 in the 2018 EC - 1 point for each apparatus which demonstrates a top 8 potential - 2 points for each apparatus that demonstrates a top 3 potential	
	Score out of 5 on each apparatus based on performed routines in competition that demonstrate an ability to contribute to Canada's top teams. 5 points if achieved target or higher. Less 1 point for each tenth (0.1) below target.	
Technical Ability	Overall technical progression in the last 12 months - as observed by D score in competitions, and judged test events in camps. Progress should be a measurable improvement 1 point for each apparatus on which there has been a 0.2 improvement in D score. 1 additional point for significant increase (0.4+) on an apparatus. Maximum 8 points	
	Demonstrates D score readiness performed in competition within the 2 point or higher range of the objective points charts. 1 point for each apparatus on which the D score has been achieved (e.g . D score of 5.0 on Bars or greater) and 1 additional point for significant D score above the target on an apparatus. Maximum 8 points. For novice based on projected FIG D score.	
	Demonstrates total score that are within the 2 point or higher ranges of the set points charts 1 point for each apparatus on which the target total score has been achieved (e.g . total score of 12.75 on Bars or greater) and 1 additional point for significant score above the target on an apparatus. Junior only.	
	Projected future performance. NTD evaluation of an athletes demonstrated performance on an apparatus in camp, competition or through ongoing video submission of routines/skills and combinations. Up to 4 points per apparatus based on estimated ability to reach the target scores over the next 4 years (i.e. within 1 year = 4 pts)	
Attitude	Positive contribution to team environment - This subjective criteria is based on attitude at team activities and not results. Positive behaviour, team spirit, ability to act as a role model, sportsmanship are all examples of elements under consideration, Injury prevention/management (follow through on reported treatment/recovery plans, results in functional testing if available)	
	Participation and performance at training camps - taking into consideration the degree to which the athlete followed the training plan, presented routines or elements to the NTD when required	

APPENDIX 1 2017-18 CARDING APPLICATION AND COMMITMENT FORM - WAG

Athlete Information		
Name:		
Date of birth:	Phone:	Email:
Current address:		
City:	Prov:	Postal Code:
Club Information		
Current Club:		
Club address:		Phone:
City:	Prov:	Postal Code:
Primary Coach:		Secondary Coach:
Phone:		Phone:
Email:		Email:
Parent Information		
Mother:		Father:
Email:		Email:
Phone:		Phone:

I _____ declare that I:
 Name of Athlete - Print

- will train and compete at the level expected of a carded athlete and will meet the expectations stated in section 13 of the Carding Process, from August 1, 2017 to July 31, 2018;
- will not attend an educational institute that would render me ineligible for carding within the next twelve (12) months;
- will not leave the National Team program in the next 12 months;
- will take part in the training, monitoring and competitions activities of the Youth, Junior or Senior National Team Program;
- will train for and compete at the next Elite Canada and Canadian Championships unless ill or injured; such illness or injury may be verified by a physician appointed by GCG at my expense;
- will train for and take part in a Major Games and/or World Championships if age eligible and selected, unless ill or injured.

Signature of Athlete	Name in print	Date
Signature of Parent (if athlete is under 18 years old)	Name in print	Date

SUMMARY OF INTERNATIONAL COMPETITIONS ATTENDED BETWEEN JULY 1, 2016 AND JUNE 30, 2017

This section is for discretionary Card purposes only. Coaches may be requested to provide backup for results indicated. Only competitions that in which participation was assigned or sanctioned by Gymnastics Canada will be reviewed.

Competition	Location	Results of significance

Additional information may be provided on a separate page. Coaches who believe their athlete should be considered for a discretionary card are encouraged to provide a summary explaining why their athlete should be reviewed.

COACH CONFIRMATION OF COMMITMENT

I _____, Head Coach of _____
Name of Head Coach - Print Name of Club

confirm the commitment made by _____ and will assist her to the best of
Name of Athlete - Print
 my ability to meet her obligations as a carded athlete.

By checking this box I affirm that if my athlete, _____ is nominated for AAP
Name of Athlete - Print
 carding, I will submit an individual training and competition plan as required by Sport Canada.

Signature of Head Coach Date

The form must be emailed to the Program Director AG by June 30, 2017.

FOR OFFICE USE: Received on: _____