



**GYM**nastics  
nastique

---

**CANADA**

**Women's Artistic Gymnastics  
2018 World Championships  
Selection Process**

*June 2018 – version 5 final*

---

**TABLE OF CONTENTS**

---

Table of Contents .....2

1.0 Introduction.....3

    1.1 Objectives .....3

    1.2 Delegation Size and Financial Considerations .....3

    1.3 Key Dates .....3

2.0 Decision Making Authority .....4

3.0 Eligibility .....4

4.0 Selection Process.....5

    Table 1: Minimum D and E score deductions .....6

    4.1 Reserve athletes .....6

    4.2 Athlete verification .....6

    4.3 Athlete Substitution .....7

    4.4 Injuries .....7

5.0 Selection of Coaches.....8

    5.1 Selection .....8

    5.2 Substitution of a coach .....8

6.0 Announcement of Selection of Athletes and Coaches .....8

7.0 Reconsideration, Internal Review or Appeal and Modification to the Process .....9

    7.1 Reconsideration.....9

    7.2 Internal review/appeal: .....9

    7.3 Modification To The Process .....9

8.0 Disciplinary Procedures .....9

9.0 Unforeseen Circumstances..... 10

10.0 NTD ..... 10

11.0 CHANGE LOG ..... 10

## 1.0 INTRODUCTION

The purpose of this document is to set out the process and criteria that will be used by the Women's Artistic Gymnastics (WAG) Program of Gymnastics Canada to select athletes and coaches to the Doha 2018 World Championships, with the goal of selecting the best possible gymnasts to help meet the objectives for the program.

### 1.1 OBJECTIVES

The objective of this selection process and procedures is to select the best possible delegation for these championships who will be capable of achieving the following targets:

- Team place in the top 6
- Win a medal in an apparatus or All Around final
- One athlete in top 8 AA or finalist in apparatus final

Consideration will be given to ensuring that at least one athlete competes on four apparatus in the Qualification therefore is eligible for the All-Around Final.

### 1.2 DELEGATION SIZE AND FINANCIAL CONSIDERATIONS

The maximum number of athletes in the delegation is five (six including reserve). A maximum of four athletes per country may compete on each apparatus in the Qualification.

Maximum two athletes per country in a final.

The Canadian WAG Team will be composed of:

- 5 competing athletes + travelling reserve athlete
- 2 team coaches will be identified + individual coaches may attend (maximum 1 coach per club)
- 2 judges
- NT Director, Therapist and WAG Program Manager

Participation is fully funded if a participant meets the usual obligations, individual coaches are self-funded  
\*funding for judges to be confirmed

### 1.3 KEY DATES

Feb 1-4	Elite Canada
May 22-27	Canadian Championships
August 13-17	Verification Camp, Montreal, INS (funded for pool of athletes and 1 coach per club)
September 10-17	Sr PanAms
September 27	Nominative Registration World Championships
October 16-21	Final Preparation Camp – Location TBD
Oct 21-25	Training Days Worlds (Podium training starts on Oct 21 <sup>st</sup> )
Oct 25-Nov 3	World Championships
Oct 27-28	WAG Qualifications
Nov 1	WAG All Around Final
Nov 2-3	Apparatus Finals

---

## 2.0 DECISION MAKING AUTHORITY

---

The Program Manager (PM) – Artistic Gymnastics and the National Team Director (NTD), in consultation with the Women's Program Committee (WPC) are responsible for developing and approving the selection process and procedures for World Championships. The final process incorporates feedback submitted during a period of consultation prior to its final publication.

The selection of the athletes and coaches to be selected will be the responsibility of the WAG Selection Working Group. The Working Group will be comprised of:

- Program Manager - Artistic Gymnastics (PM-WAG) (Chair)
- WAG National Team Director (NTD) or NT Advisor\*
- WPC appointed Coach Representative
- JDWG appointed Brevet judge

\*NT advisor will consult with SWG group throughout the process.

NT coaches with athletes being considered for selection will not be eligible for membership on the Selection Working Group due to conflict of interest.

---

## 3.0 ELIGIBILITY

---

The athlete will be eligible for selection to the Team provided that:

- she is a Canadian Citizen and has a passport that is valid until at least the end of April 2019;
- she is born in 2002 or before;
- she is a Senior NT athlete in 2018 or is a former Canadian National Team member currently training and competing for an American University and registered with a Canadian club;
- Be in compliance with all relevant FIG requirements for eligibility including possessing a valid FIG license with an expiry date no earlier than December 1, 2018;

Coaches will be eligible for selection if they:

- are the coach associated with one of the team athletes on a regular basis and have coached them at the 2018 Canadian Championships
- must be identified by their club to attend with athlete following nomination of pool of athletes (maximum one coach per club)
- have read, understood, and accepted the selection process and the conditions associated with the selection for this competition;
- take part in all planned activities related to these Championships unless exempted by the SWG WAG and in all GCG promotional activities associated with these activities unless exempted by the SWG WAG;
- abide by all GCG policy and procedures and its code of ethics.
- are certified NCCP L4 or have obtained an exemption from the PM WAG;
- are a coach in good standing with GCG & meets athlete safety requirements as required by GCG policy.

#### 4.0 SELECTION PROCESS

The selection process has been developed to select the athletes with the greatest potential to meet the stated objectives. **Demonstrated potential will be assessed based on results** obtained at Senior domestic and FIG international competitions between January 1, 2018 and September 18<sup>th</sup>, 2018.

Following Canadian Championships 2018, a pool of up to 14 athletes will be identified based on the following:

- Prior international competition experience and results with the timeline above
- Likelihood that the athlete will contribute to the stated objectives for the Worlds 2018 based on:
  - a) recent national and international competition results including D scores and final score.
  - b) potential for increase of E scores and decrease of the artistry and neutral deductions between June and the end of September 2018
  - c) demonstrated competitive stability and consistency of performance
  - d) demonstrated ability to perform under pressure

**The pool of athletes identified following Canadian Championships and that will participate in the verification in August are :**

<b>1</b>	Ellie Black	<b>6</b>	Shallon Olsen
<b>2</b>	Jade Chrobok	<b>7</b>	Isabela Onyshko
<b>3</b>	Haley de Jong	<b>8</b>	Ana Padurariu
<b>4</b>	Sophie Marois	<b>9</b>	Brittany Rogers
<b>5</b>	Brooklyn Moors	<b>10</b>	Victoria Kayen Woo

#### **Expectation for the verification camp (August 13-17<sup>th</sup>) :**

The purpose of this camp for the selected pool of athletes is a preparation and verification of athletes for worlds. Athletes eligible for worlds will be evaluated on their readiness based on their training and projected performance potential.

Monday Aug.13:	Arrival and physical testing
Tuesday Aug.14:	Training PM
Wednesday Aug.15:	Training AM
Thursday Aug.16:	Routine verification AM (4 judges present: feedback, comments, suggestions)
Friday Aug.17:	Joint training and team lunch (departure PM)

\*Routine verification: athletes will be expected to demonstrate full routines. They may perform additional skills in partial routines separately in order to be judged on potential composition.

#### **Selection to the delegation will be based on the following criteria:**

1. Demonstrated potential to contribute to the strongest team score to place Canada in top 6;
2. Demonstrated potential to win a medal in an apparatus final or all around final;
3. Demonstrated potential to make an apparatus final and/or place in the top 8 in an All Around final;
  - a. Demonstrated potential to contribute towards the stated objectives and/or have met the minimum D and final score stated in Table 1 below in the following priority order taking into consideration the maximum number of athletes permitted to compete for Canada per apparatus:
    - as an athlete strong on 4 apparatus;
    - as an athlete very strong on 2, preferably 3, apparatus

Table 1: Minimum D and E score deductions

For Specialists	Apparatus	Vault	Bars	Beam	Floor
<b>D score minimum</b>		5.4 Second vault min 5.2	5.8	5.6	5.5
<b>Total Score</b>		≥ 14.25 average	≥ 14.20	≥ 13.40	≥ 13.50
		Ellie Shallon Brittany	Brittany Ellie	Ellie Ana Isabela	Shallon Brooklyn

For All Around	D score Total	All Around	Athletes who demonstrated D and E AA scores	
<b>Total Score</b>	≥ 20.00	53.00	Ellie Ana Brooklyn Isabela	Victoria Shallon Haley Jade

**Minimum Team Score objective: 169.00** <https://balancebeamsituation.com/2018/05/01/national-team-rankings-may-2018/>

The Selection Working Group will analyze all results from the competitions listed in the time-frame above as well as performances and results from August and September camps.

Results will be ranked in importance according to:

1. Frequency of obtaining the highest scores (having more occurrences is more important)
2. Date of competition or camp (more recent performance is more important)
3. Performance at major competitions (CWG, World Cups) is more important

#### 4.1 RESERVE ATHLETES

The SWG will identify one travelling reserve athlete and may name one non-travelling reserve on September 20<sup>th</sup>. They will be identified based on the criteria used for the selection of the athletes on the team at the discretion of the SWG. The non-travelling reserve athlete will not have the status, privileges and obligations of a team athlete.

#### 4.2 ATHLETE VERIFICATION

Verification of athletes will be on-going. Specific dates, locations, and means of verification will be at the prerogative of the SWG and will be arranged when necessary. Regular face-time training sessions will be requested with all short-listed athletes following the camp in August leading up to departure. Athletes will be expected to perform part and/or full routines on demand as requested by the NT advisor.

If an athlete is being verified for potential substitution, they will be notified in writing. A formal verification will be planned and at the time of verification, the athlete must not be injured or ill, in a way which prevents them from continuing a training program at the level expected of an athlete preparing for the World Championships. They must perform their usual routines with full difficulty (at a minimum, the level of difficulty that was demonstrated during the 2018 Canadian Championships as determined by the SWG) in a simulated competition environment in

line with FIG equipment standards. Athlete must be able to hit target scores they were selected with. The SWG will consult with the judges to determine readiness and make final decision which will be communicated to athlete a maximum of 48 hours following the verification. At the discretion of the SWG, modified landing mats may be permitted during a verification.

The SWG may substitute an athlete if, following the verification, or at any time up to the date of departure:

- the athlete is unable to meet the expectations; and/or
- they omit to provide the required information in case of illness or injury as per the deadline stated in this document.

#### 4.3 ATHLETE SUBSTITUTION

Following the athlete selection, the following conditions must be met prior to official registration:

- the athlete is still eligible for selection; and
- the athlete is healthy and able to compete, and
- the athlete is able to perform, at the time of a verification, at the level that warranted their selection; and
- the athlete is successfully verified according to the process described in 4.2.

The SWG has the authority to exercise their discretion in the case of an athlete who is slightly injured. Failure to meet one of the above conditions as assessed by the SWG may result in the athlete being replaced by a reserve.

If based on the above, an athlete cannot participate in a competition due to injury or other unforeseen circumstance then the SWG, in consultation with the team coach(es), the personal coaches, and the PM-WAG and/or HPD, will determine if a substitute or reserve member of the team should replace that athlete. If time permits, and it is beneficial for the team, a change will be made to the official coaching staff for the team.

#### 4.4 INJURIES

An athlete injured or ill at the time of the 2018 Canadian Championships must provide an official medical report/certificate no later than **May 30<sup>th</sup>, 2018** to the PM-WAG. The report must include the information stated in Steps 1 and 2 below.

An athlete who becomes injured or ill after May 30<sup>th</sup>, 2018 must follow the directives stated below. Failure to do so may result in the athlete's name being withdrawn from the list.

Step 1. The athlete and her club's head coach must inform the PM-WAG by email **within 24 hours** if his/her athlete is injured or ill in a way to jeopardize her participation or the quality of her performances at either competition and provide the following information:

- date when the injury/illness occurred;
- means taken to have the injury/illness evaluated by a physician or specialist;
- date at which a written detailed report will be provided.

Notification of such an injury should require acknowledgement or a read receipt from the PM-WAG. Failure to meet this requirement could result in substitution.

Step 2. The athlete and her club's head coach must provide the following typewritten information **within 5 days following step 1:**

- detailed nature of the injury (document by physician, not by therapist) including whether or not this is a new, overuse or chronic injury.

- ability to pursue full training and to compete (all apparatus/some apparatus), as recommended by the physician or medical specialist
- recovery/rehabilitation measures
- recommendation(s) regarding pursuing training and ability to train and/or compete as expected
- expected date for return to partial (specify) and complete training

The coach must provide a written report stating the nature and the amount of training the athlete will do each week leading to the September camp and up to departure for Worlds.

To be considered as part of the pool, an injured athlete must provide a medical certificate that states that the athlete will be fully ready for September selection camp. All athletes wishing to be considered must attend the attend 2020 camp.

The SWG reserves the right to have the athlete examined by a physician or medical specialist selected by the SWG at the expense of the athlete and by the timelines set by the SWG.

---

## 5.0 SELECTION OF COACHES

---

### 5.1 SELECTION

The SWG will confirm the selection of the coaches at the same time as the athletes. Coaches must meet the eligibility as set out above (section 3.0) and the requirements set out within the National Team Handbook and nomination will take the following into consideration:

- Past experience and performance in international competitions
- Ability to work well in a team setting, to work well with other team coaches, and to contribute to team cohesion
- Ability to identify and resolve potential team issues related to the management of the team on the floor as they arise
- Ability and willingness to communicate openly and in a constructive manner with members of the delegation
- Ability to manage stress and support the needs of team members in high pressure situations
- **Must have at least 1 female named as team coach**
- **Clubs will be required to identify one coach wishing to be considered by the SWG as team coach.**

### 5.2 SUBSTITUTION OF A COACH

Substitution of a coach with another coach may take place if one of the following situations occurs:

- i) a coach no longer has an athlete on the Team;
- ii) a coach is not meeting the expectations associated with the roles, responsibilities and tasks of a coach as assessed by the NTD and the PM-WAG.
- iii) a coach has missed scheduled activities - including meetings and related GCG promotional activities - during the preparation camps unless exempted by the WAG NT Director and/or the PM-WAG.

Substitution is possible within the parameters set by the FIG and GCG.

---

## 6.0 ANNOUNCEMENT OF SELECTION OF ATHLETES AND COACHES

---

The official announcement of team selection is the responsibility of Gymnastics Canada. All internal verbal or written communication to athletes, coaches, or member associations regarding team selection is considered an *"unofficial notice"* and is NOT for public distribution. Official notice of team selection occurs when GCG provides



a formal public “release” announcing the team selection, or when GCG partners with a multi-sport organisation (i.e.: Canadian Olympic Committee, Commonwealth Games Canada, U Sport) to formally announce a team.

Unofficial notice of team will be announced to athletes and coaches on September 18<sup>th</sup>, 2018.

Final nomination must be made no later than September 27, 2018, as per competition directives.

---

## **7.0 RECONSIDERATION, INTERNAL REVIEW OR APPEAL AND MODIFICATION TO THE PROCESS**

---

### **7.1 RECONSIDERATION**

An athlete who disagrees with a decision made in the application of the process may request reconsideration by the SWG. The request must be made in writing no more than two working days from the day of circulation of the decision. It must include the rationale supporting the request and the alleged errors in the application of the process. The SWG will then review the request and make a decision. The SWG shall give written reasons for the decision to the athlete within two working days from receipt of the written request.

### **7.2 INTERNAL REVIEW/APPEAL:**

A request for review or appeal will be dealt with according to Section 39 (available on website) – Appeals of the GCG Policies and Procedures Manual in effect at the time of the dispute. The request must be made no more than two working days from the day of the unofficial announcement of the list of athletes and coaches who have been selected, or two days following the decision rendered as a result of a request for reconsideration as set out in 7.1. It must include the rationale supporting the request and the alleged errors in the application of the process.

### **7.3 MODIFICATION TO THE PROCESS**

GCG reserves the right to make changes to this document to ensure the identification of the best delegation possible for the 2018 World Championship in case of:

- major change to the information provided by FIG;
- unforeseen circumstances beyond the control of GCG;
- a situation which impacts any step of the selection process and prevents the SWG from fairly applying the process as written. GCG may take into consideration any factor or circumstance they deem relevant.

Any changes to this document must be endorsed by President/CEO of Gymnastics Canada and will be communicated directly to the coaches and athletes involved in the process.

---

## **8.0 DISCIPLINARY PROCEDURES**

---

- a) Failure to comply with FIG and/or GCG rules, regulations, policies or directives will be addressed by NTD and/or the GCG High Performance Director (HPD) who will follow with proper action or sanction before, during and/or after the competition
- b) The nature and extent of the infraction will determine the severity of the sanction. In each case a due and fair investigation will be conducted and an opportunity for defense offered to the respondent(s).
- c) Sanctions could include but are not limited to: verbal warning or reprimand, written warning or reprimand, suspension from some team functions or activities during the competition, and early return to Canada.
- d) After the competition, sanctions could include but are not limited to: written warning, written reprimand, suspension of international representation/ participation on behalf of Canada, National Team benefits and services, and suspension of access to athlete or coaching or judging support funding and services including but not limited to athlete, coach and/or club funds, coaches recognition funding and international

achievement coaches recognition funding.

**9.0 UNFORESEEN CIRCUMSTANCES**

In situations where unforeseen circumstances do not allow the Team selection criteria to be fairly and objectively applied, Gymnastics Canada's NTD and the GCG High Performance Director or President/CEO will rule on an appropriate course of action. In any case of discrepancies between the English and French versions of this document, the English version will take precedence.

**10.0 NTD**

At the time of finalizing this selection process, GCG was without a NTD. In the event that a NTD is appointed at any stage in the selection process, he or she will become the ultimate authority in the selection process and may modify as required.

**11.0 CHANGE LOG**

Version	Date	Change(s)
1.0	2018-04-11	Initial document creation (Amanda Tambakopoulos)
2.0	2018-05-04	Version 2 (Amanda with review with Alex Bard, NT advisor and external expert advice)
3.0	2018-05-11	Version 3 (Amanda following NT coaches comments)
4.0	2018-05-21	Version 4 (Amanda following distribution of version to all Sr NT athletes and coaches and subsequent comments)
5.0	2018-06-26	Version 5 (Amanda following conference call with all SR NT coaches)