

**2017 CANADIAN CHAMPIONSHIPS IN ARTISTIC GYMNASTICS****PRELIMINARY SCHEDULE****UPDATED: FEBRUARY 13, 2017****WOMEN'S ARTISTIC GYMNASTICS**

WED 24/05/2017	8:15 – 10:00	JO 9-10 Group 1 Training	Omnisport
	10:00 – 11:30	JO 9-10 Group 1 Training	Training Gym
	10:00 – 11:30	JO 9-10 Group 2 Training	Omnisport
	11:30 – 13:00	JO 9-10 Group 2 Training	Training Gym
	11:30 – 13:00	JO 9-10 Group 3 Training	Omnisport
	13:00 – 14:30	JO 9-10 Group 3 Training	Training Gym
	13:00 – 14:30	JO 9-10 Group 4 Training	Omnisport
	14:30 – 16:00	JO 9-10 Group 4 Training	Training Gym
	14:30 – 17:30	Novice HP Training	Omnisport
	17:30 – 19:00	JR/SR Group 2 Training	Training Gym
	17:30 – 19:00	JR/SR Group 1 Training	Omnisport
	19:00 – 20:30	JR/SR Group 1 Training	Training Gym
	19:00 – 20:30	JR/SR Group 2 Training	Omnisport
20:30	Technical Meeting	Judge's Room WAG	
THURS 25/05/2017	8:00 – 8:20	Warm up	Omnisport
	8:30 – 10:00	L9 Team Sub 1	Omnisport
	10:10 – 10:30	Warm up *	Omnisport
	10:30 – 12:00	L9 Team Sub 2	Omnisport
	12:00 – 12:30	Awards Team	Omnisport
	12:40 – 14:20	Junior Warm up	Omnisport
	14:30 – 16:30	Junior Competition	Omnisport
	17:00 – 18:25	Senior Warm up	Omnisport
	18:30	Opening Ceremony	Omnisport
	18:30 – 21:00	Senior Competition	Omnisport
FRI 26/05/2017	8:00 – 11:30	Training by sign up	Training Gym
	8:00 – 9:30	Novice Warm up	Omnisport
	9:30 – 12:15	Novice Competition	Omnisport
	13:00 – 13:20	Warm up	Omnisport
	13:30 – 15:30	L9 Final	Omnisport
	16:00	Awards AA and AF	Omnisport
	17:00 – 19:00	JR/SR Training	Training Gym
	17:00 – 17:20	Warm up	Omnisport

	17:30 – 19:00	L10 (12-15) Team Sub 1	Omnisport
	19:10 – 19:30	Warm up *	Omnisport
	19:30 – 21:00	L10 (12-15) Team Sub 2	Omnisport
	21:30	Awards Team	Omnisport
SAT 27/05/2017	8:00 – 8:20	Warm up	Omnisport
	8:30 – 10:00	L10 (16+) Team Sub 1	Omnisport
	10:10 – 10:30	Warm up *	Omnisport
	10:30 – 12:00	L10 (16+) Team Sub 2	Omnisport
	12:00	Awards Team	Omnisport
	14:00 – 17:00	Novice HP Training	Training Gym
	17:00 – 18:25	JR/SR Finals Warm up	Omnisport
	18:30 – 20:45	JR/SR Finals	Omnisport
	21:00	Awards AA and AF	Omnisport
SUN 28/05/2017	8:00 – 10:00	Training Available	Training Gym
	8:00 – 8:30	Warm up	Omnisport
	8:30 – 11:30	L10 (12-15 & 16+) Final (top 20)	Omnisport
	11:30	Awards AA and AF	Omnisport
	12:00 – 14:00	Novice Warm up	Omnisport
	14:00 – 17:00	Novice Day 2	Omnisport
	17:00	Awards AA and AF	Omnisport

***ATHLETES SHOULD ARRIVE 20 MIN IN ADVANCE OF STATED TIME AND BE PREPARED TO START EARLY PENDING CONCLUSION OF FLIGHT #1**

2017 CANADIAN CHAMPIONSHIPS IN ARTISTIC GYMNASTICS

PRELIMINARY SCHEDULE

UPDATED: FEBRUARY 13, 2017

MEN'S ARTISTIC GYMNASTICS

<u>Date</u>	<u>Time</u>	<u>Detail</u>	<u>Location</u>
WED 24/05/2017	9:00 – 11:30	Training by Province Group 1	Training Gym
	9:00 – 11:30	Training by Province Group 1	Omnisport
	11:30 – 14:00	Training by Province Group 2	Training Gym
	11:30 – 14:00	Training by Province Group 2	Omnisport
	14:30 – 17:30	Senior Training	Omnisport
THURS 25/05/2017	9:00 – 12:30	JR Training – Physical Abilities	Omnisport
	12:30 – 14:30	Training Open	Training Gym
	14:30 – 16:00	Senior Podium Warm up	Training Gym
	16:00 – 18:25	Senior Podium Training	Omnisport
	18:30	Opening Ceremonies	Omnisport
	19:00	Technical Meeting	
FRI 26/05/2017	8:00 – 11:00	JR/SR Training	Training Gym
	13:30 – 14:55	Open Sub 1 Warm up	Omnisport
	15:00 – 17:00	Open Sub 1 Team / AA	Omnisport
	17:00 – 19:00	JR/SR Training	Training Gym
	17:00 – 18:30	Open Sub 2 Warm up*	Omnisport
	18:30 – 20:30	Open Sub 2 Team / AA	Omnisport
	20:30	Awards	Omnisport
SAT 27/05/2017	8:00 – 11:00	Training Open	Training Gym
	8:00 – 9:30	Senior Training	Omnisport
	12:00 – 14:00	Junior AA Warm up	Omnisport
	14:00 – 16:00	Junior AA 14-15 / 16-17	Omnisport
	16:00	Awards	Omnisport
	17:00 – 19:00	Senior Warm up	Omnisport
	19:00 – 21:30	Senior AA	Omnisport
	21:30	Awards	Omnisport
SUN 28/05/2017	8:00 - 9:30	Open/Jr Finals Warm up	Omnisport
	9:30 - 12:00	Open/Jr Finals	Omnisport
	12:00	Awards	Omnisport
	12:30 – 14:00	Senior Finals Warm up	Omnisport
	14:00 - 17:00	Senior Finals	Omnisport
	17:00	Awards	Omnisport