

2017 CANADIAN CHAMPIONSHIPS

MEN'S AND WOMEN'S ARTISTIC GYMNASTICS

DIRECTIVE



CENTRE CLAUDE-ROBILLARD
MONTREAL, QUEBEC
MAY 24-28, 2017

<http://championnatsgym2017.ca/en/>



GCC	<p>Gymnastics Canada Gymnastique 1900 Promenade City Park Dr. Suite 120 Ottawa, ON K1J 1A3 Tel : (613) 748-5637 Email : info@gymcan.org Website: www.gymcan.org</p> <p>Peter Nicol – President and CEO pnicol@gymcan.org</p> <p>Karl Balisch – Artistic Gymnastics Program Director kbalisch@gymcan.org (613) 748-5637 ext. 229</p> <p>Mariève Reid – Events Director mreid@gymcan.org (613) 748-5637 ext. 231</p> <p>Julie Forget – Communications & Marketing Director jforget@gymcan.org (613) 748-5637 ext. 233</p> <p>Sue Ashton – Artistic Program Coordinator sashton@gymcan.org (613) 748-5637 ext. 227</p>
ORGANIZING COMMITTEE	<p>Gymnastique Québec 4545 Pierre-de-Coubertin Avenue Montreal, QC, H1V 0B2 514-252-3043</p> <p>Director: Marylène Turp mturp@gymqc.ca 514-252-3043 ext. 3486</p>

	<p>Coordinator: Jacynthe Harper jay@unigyngatineau.com</p> <p>Marketing/Communication Director: Alexandra Castonguay acastonguay@gymqc.ca</p> <p>Volunteers Director: Geneviève Despres gdespres@gymqc.ca</p>
DATE	May 24 – 28, 2017 (arrival day May 23)
GENERAL INFORMATION ABOUT THE CITY OF MONTREAL	<p>INTERESTING FACTS ABOUT MONTREAL</p> <p>Montréal is the second largest city in Canada and it will be celebrating its 375th anniversary in 2017. The Canadian Championships in Artistic Gymnastics are part of the many events/celebrations that will take place during the year!</p> <p>We recommend that you visit the following website to plan your trip to our beautiful city. You will find a complete guide of activities and restaurants for your group: www.tourisme-montreal.org</p>
COMPETITION VENUE	<p>Centre Claude-Robillard 1000 Avenue Émile-Journault, Montréal, QC, H2M 2E7 http://www.sportsmontreal.com/fr/complexe-sportif-claude-robillard.aspx</p> <p>Competition and Training sites: Competition: Omnisport room Training: Double gymnasium</p> <p>Parking: Free Parking for a maximum time of 4hrs will be available for spectators in the following lot: P1-P2-P3 at the Centre Claude Robillard.</p> <p>Additional parking available: The participants and spectators can also use the parking near the College André-Grasset but please note that this parking lot is not free. The user will have to pay the hourly fee at the payment station.</p> <p>The nearest SUBWAY station is CREMAZIE situated on the orange line.</p> <p>BY SUBWAY : Cremazie station (Orange line) BY BUS : 146 (30, 54 and 56) BY CAR : Métropolitain Blv, exit Saint-Hubert / Christophe-Colomb</p>
APPARATUS SUPPLIED	<p>The official supplier for the event is Gymnova S.A.</p> <p>2 full sets for men and women (1 for competition and 1 for training)</p> <ul style="list-style-type: none"> - The MAG and WAG Floor Exercise will be on a podium in the competition gym - Shared floor in training gym <p>*Note: clubs are NOT authorized to bring their personal equipment.</p>

REGISTRATION & DEADLINES**Registration Deadlines****To:**

Registration deadline	April 28, 2017	GCG & Gym QC
100% payment of GCG fee and registration deadline	April 28, 2017	GCG
P/TO statutory declaration deadline (for waivers and medical forms)	May 5, 2017	GCG
Late individual registration deadline with penalty and no refund	May 5, 2017	GCG
Refund deadline - registration	May 5, 2017	GCG

Registration Fee**Send to:**

Registration fee	\$140 per person	GCG
Banquet	\$25 per person	Gym QC
Late provincial entry penalty	\$1000 fixed fee plus \$250 per additional day that a registration is late/incomplete	GCG
Late individual entry penalty	\$50 per person	GCG
GCG fee	\$35 per athlete, coach and support staff	GCG

Completed Registration Checklist

- ✓ **#1-** The completed excel registration spreadsheet is submitted **electronically** to GCG at mreid@gymcan.org **AND** to Gym QC at mturp@gymqc.ca by the set deadline.
- ✓ **#2-** 100% payment of the **Registration and GCG fee** are **RECEIVED** at the GCG office by the set deadline.
Accepted methods of payment:
 - Credit Card – Please call the Gymnastics Canada office – ext. 231
 - Electronic Fund Transfer – Inform [Mariève Reid](#) of the EFT.
 - Cheque – a hard copy of the Financial Info tab must accompany the cheque. Cheque made payable to: **Gymnastics Canada Gymnastics**
Package to be mailed to:
Gymnastics Canada
Attn: Mariève Reid
1900 City Park Drive, suite 120
Ottawa, ON, K1J 1A3
- ✓ **#3-** Each P/TO must submit their Statutory Declaration (for waivers and medical forms) by the set deadline to the GCG Office. ATTN: [Mariève Reid](#)
Please advise GCG directly of any serious major medical issue.

Definition of Late Provincial Entry Penalty

A Provincial/Territorial Federation/Association will be charged the Late Provincial Entry Penalty if the above mentioned checklist items #1, 2 and/or 3 is not fulfilled by the set deadline.

	<p>Definition of Late Individual Entry Penalty</p> <p>A Provincial/Territorial Federation/Association will be charged the Late Individual Entry Penalty if a delegate is registered between the set registration deadline and the late registration deadline.</p> <p>Note - No entries will be accepted after the late registration deadline unless written approval is given by Gymnastics Canada’s Artistic Program Director.</p> <p>There is no Late Individual Entry Penalty for substitutions.</p> <p>Refund Policy</p> <p>Written request for a refund can be made to the attention of Mariève Reid until May 13th. After this date, there will be NO reimbursement of the registration fees (injuries included).</p>
<p>EVENT PURPOSE & ELIGIBILITY</p>	<p>Men’s Artistic Gymnastics</p> <p><i>Purpose</i></p> <ul style="list-style-type: none"> ● Provide a prestigious annual competitive opportunity for developing High Performance gymnasts, showcasing top provincial talent, provide national rankings, and declare Canadian Champions for each category of competition: <ul style="list-style-type: none"> ▪ Open, Junior 14-15, Junior 16-17, and Senior. ● Rank athletes as part of the system to have access to: <ul style="list-style-type: none"> ▪ Sport Canada Athlete Assistance Program – Carding; ▪ National Team and Espoir Status <p>Women’s Artistic Gymnastics</p> <p><i>Purpose:</i></p> <ul style="list-style-type: none"> ● To provide a national level competitive opportunity for developing athletes. ● Rank participants at the national level and declare champions in: <ul style="list-style-type: none"> ▪ JO Level 9 (11-13) and JO Level 10 (12-15) & (16+): Team, All-Around, and Apparatus; ▪ Novice, Junior, and Senior: All-Around and Apparatus. ● Rank athletes as part of the system to have access to: <ul style="list-style-type: none"> ▪ Sport Canada Athlete Assistance Program - Carding; ▪ National Team and Espoir Status. <p>MAG & WAG Coaches</p> <p>All registered coaches must be certified NCCP Level 3 in Artistic Gymnastics in order to coach Men’s or Women’s Artistic Gymnastics at Canadian Championships in any level. A one-time exemption may be requested from the Artistic Gymnastics Program Director</p>

	<p>using the exemption request forms. A coach who is employed on a full-time basis by an organization based outside Canada is exempted from this requirement.</p>
JUDGES	<p>All judges MUST stay at the designated judges hotel (to be confirmed soon) to receive transportation.</p> <p>GCG will manage the accommodations for ALL judges. The provinces must register their judges using the registration form, as per years' past. GCG will then make reservations for all judges based on registrations received by the provinces.</p> <p>Meals will be served by the organizing committee at the competition venue for judges.</p> <p>Gymnastics Canada's Judges' Liaison is Sue Ashton. She can be reached at sashon@gymcan.org or at 613-748-5637 ext. 227.</p>
SCHEDULE	<p>Provisional Schedule</p> <p>View draft schedule in Appendix A & B.</p>
PROTOCOL	<p>The Opening ceremony will take place on Thursday May 25th at 6pm. Each province will have to provide a flagbearer that will take part in the opening ceremonies.</p> <p><u>MAG Award Ceremonies</u> National Open – Top 8 athletes AA, Top 3 athletes per apparatus, Top 3 Teams Junior 14-15 & Junior 16-17 – Top 3 Teams (combined Junior 6-6-4), Top 8 athletes AA and Top 3 athletes per apparatus. Senior – Top 8 athletes AA and Top 3 athletes per apparatus. Special Awards: International Medallist Certificates (Junior/Senior).</p> <p><u>WAG Award Ceremonies</u> JO L9 (11-13), JO L10 (12-15) & JO L10 (16+): Top 8 athletes AA and apparatus. Top 3 teams. Novice – Top 8 athletes AA and apparatus. Junior & Senior - Top 8 athletes AA and top 3 athletes per apparatus. Special Awards: Floor Exercise award for each category, International Medallist Certificates</p> <p><u>Dress code on the awards podium</u> Athletes: Competitive uniform Coaches: Provincial uniform</p>

WAG FLOOR MUSIC	<p>Each coach is responsible to provide 1 CD as indicated below to the music technician at the start of the floor training session.</p> <p>To comply with SOCAN regulations and copyright law, the music file and backup CD must be clearly labelled with the following information:</p> <ul style="list-style-type: none"> • Athlete Name • Club, Province • Name of Artist and Composer • Title of the piece of music (or titles if more than one is mixed together) • Duration <p>The CDs will be tested during training.</p>
EVENT TRANSPORTATION	<p>The hosting committee will provide transportation to delegations from the host hotels to the competition site. The tentative schedule of the shuttles will be provide to the provinces by the end of March.</p> <p>Please note that the provinces will be in charge of their own transportation from the airport to the hotels.</p> <p>The organizing committee will provide transportation for all judges (airport-hotel-venue) staying at the judges host hotel.</p>
LOCAL TRANSPORTATION	<p>Bus Rental Company Chartrand inc. 1325, Montée Masson, Laval (QC) Canada H7E 4P2 Laval : 450-661-7140 Montréal : 514-328-1111 info@chartrandinc.com</p> <p>Public Transit STM - www.stm.info</p> <p>The City of Montreal has a very extensive transit system that covers bus service, and metro services from all the hotels listed in the directive directly to the Centre Claude Robillard. Our METRO system is one of the best in the world and it can provide transportation throughout the city of Montreal as well as to the southshore (Longueuil) and north shore (Laval) of the city.</p>
HOST HOTELS	<p>Delegations are responsible for their own accommodations at the 2017 Canadian Championships in artistic gymnastics. Preferred rates have been negotiated at the following hotels.</p> <p>Hotel Universel (11 km to Centre Claude Robillard) 5000 rue Sherbrooke Est, Montréal, QC, H1V 1A1 Toll Free: 1-800-567-0223 Website: http://hoteluniverselmontreal.com/ Booking/Group Code: GYMmai2017</p>

	<p>Reservation deadline: April 23rd, 2017.</p> <p>Standard Room : \$154 per night, plus taxes for single occupation Superior Room: \$164 per night, plus taxes for single occupation Prestige Room: \$174 per night, plus taxes for single occupation Add \$15 per person, per night up to quad occupancy. All rates include an American Breakfast.</p> <p>Royal Versailles (12 km to Centre Claude Robillard) 7200 rue Sherbrooke Est, Montréal, QC, H1N 1E7 Toll Free: 1-888-832-1416 Website: http://www.royalversailles.com/ Booking/Group Code: Gymnastics Canadian Championships Reservation deadline: April 23rd, 2017.</p> <p>Single/Double Occupation :\$119,95 per night plus taxes Triple occupation : \$124,95 per night plus taxes Quadruple occupation : \$129,95 per night plus taxes</p> <p>The organizing committee will be sending out information regarding a third host hotel shortly.</p>
MEALS	<p>Delegations are responsible for their own meals at the 2017 Canadian Championships in artistic gymnastics.</p> <p>Snacks will be available for coaches during competition.</p> <p>Judges meals will be served by the organizing committee at the venue during training and competition days.</p>
ACCREDITATION	<p>The GCG accreditation protocol will apply. The system consists of colour coded categories. GCG reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditation for provinces will be distributed to Chefs during the first Chefs meeting. The accreditation must be worn to access the venue, the competitive and training areas and the hosting areas.</p>
MEDICAL	<p>There will be a physiotherapy team on-site throughout the competitions and a medical team on call. On a limited basis there will also be massage therapy. Additional details will follow.</p> <p>Doping control may be conducted for athletes. For information on doping control procedures and banned substances, please go to www.cces.ca.</p>
SOCIALS/ BANQUETS	<p><u>SOCIAL:</u> There will be one social event during the week for the coaches and officials. The hosting committee will provide transportation to the participants from the host hotels to the event. The details of this event will be available in April.</p>

	<p>Banquet Sunday May 28th after competition. Cost per person will be 25\$. More details to follow.</p>																		
WEBCAST	<p>The 2017 Canadian Championships in Artistic Gymnastics will be webcasted live at GYMCAN.TV.</p>																		
SOCIAL MEDIA	<p>Facebook: www.facebook.com/CDNgymnastics Twitter: @CDNgymnastics Instagram: @CDNgymnastics YouTube: https://www.youtube.com/user/gymnasticscanada Snapchat: @CDNgymnastics</p>																		
TICKETING	<p>1-day Pass</p> <table data-bbox="581 621 766 722"> <tr><td>Adult</td><td>\$20</td></tr> <tr><td>Child</td><td>\$15</td></tr> <tr><td>Family</td><td>\$60</td></tr> </table> <p>Finals</p> <table data-bbox="581 764 766 865"> <tr><td>Adult</td><td>\$25</td></tr> <tr><td>Child</td><td>\$20</td></tr> <tr><td>Family</td><td>\$75</td></tr> </table> <p>Weekly Pass</p> <table data-bbox="581 907 766 1008"> <tr><td>Adult</td><td>\$80</td></tr> <tr><td>Child</td><td>\$60</td></tr> <tr><td>Family</td><td>\$250</td></tr> </table> <p>Family: up to 2 adults and 3 children</p> <p>Tickets can be purchased on the Canadian Championships Website.</p>	Adult	\$20	Child	\$15	Family	\$60	Adult	\$25	Child	\$20	Family	\$75	Adult	\$80	Child	\$60	Family	\$250
Adult	\$20																		
Child	\$15																		
Family	\$60																		
Adult	\$25																		
Child	\$20																		
Family	\$75																		
Adult	\$80																		
Child	\$60																		
Family	\$250																		

APPENDIX A
PRELIMINARY SCHEDULE
UPDATED: FEBRUARY 13, 2017

WOMEN'S ARTISTIC GYMNASTICS

WED 24/05/2017	8:15 – 10:00	JO 9-10 Group 1 Training	Omnisport
	10:00 – 11:30	JO 9-10 Group 1 Training	Training Gym
	10:00 – 11:30	JO 9-10 Group 2 Training	Omnisport
	11:30 – 13:00	JO 9-10 Group 2 Training	Training Gym
	11:30 – 13:00	JO 9-10 Group 3 Training	Omnisport
	13:00 – 14:30	JO 9-10 Group 3 Training	Training Gym
	13:00 – 14:30	JO 9-10 Group 4 Training	Omnisport
	14:30 – 16:00	JO 9-10 Group 4 Training	Training Gym
	14:30 – 17:30	Novice HP Training	Omnisport
	17:30 – 19:00	JR/SR Group 2 Training	Training Gym
	17:30 – 19:00	JR/SR Group 1 Training	Omnisport
	19:00 – 20:30	JR/SR Group 1 Training	Training Gym
	19:00 – 20:30	JR/SR Group 2 Training	Omnisport
	20:30	Technical Meeting	Judge's Room WAG
THURS 25/05/2017	8:00 – 8:20	Warm up	Omnisport
	8:30 – 10:00	L9 Team Sub 1	Omnisport
	10:10 – 10:30	Warm up *	Omnisport
	10:30 – 12:00	L9 Team Sub 2	Omnisport
	12:00 – 12:30	Awards Team	Omnisport
	12:40 – 14:20	Junior Warm up	Omnisport
	14:30 – 16:30	Junior Competition	Omnisport
	17:00 – 18:25	Senior Warm up	Omnisport
	18:30	Opening Ceremony	Omnisport
	18:30 – 21:00	Senior Competition	Omnisport
FRI 26/05/2017	8:00 – 11:30	Training by sign up	Training Gym
	8:00 – 9:30	Novice Warm up	Omnisport
	9:30 – 12:15	Novice Competition	Omnisport
	13:00 – 13:20	Warm up	Omnisport
	13:30 – 15:30	L9 Final	Omnisport
	16:00	Awards AA and AF	Omnisport
	17:00 – 19:00	JR/SR Training	Training Gym
	17:00 – 17:20	Warm up	Omnisport
17:30 – 19:00	L10 (12-15) Team Sub 1	Omnisport	

	19:10 – 19:30	Warm up *	Omnisport
	19:30 – 21:00	L10 (12-15) Team Sub 2	Omnisport
	21:30	Awards Team	Omnisport
SAT 27/05/2017	8:00 – 8:20	Warm up	Omnisport
	8:30 – 10:00	L10 (16+) Team Sub 1	Omnisport
	10:10 – 10:30	Warm up *	Omnisport
	10:30 – 12:00	L10 (16+) Team Sub 2	Omnisport
	12:00	Awards Team	Omnisport
	14:00 – 17:00	Novice HP Training	Training Gym
	17:00 – 18:25	JR/SR Finals Warm up	Omnisport
	18:30 – 20:45	JR/SR Finals	Omnisport
	21:00	Awards AA and AF	Omnisport
SUN 28/05/2017	8:00 – 10:00	Training Available	Training Gym
	8:00 – 8:30	Warm up	Omnisport
	8:30 – 11:30	L10 (12-15 & 16+) Final (top 20)	Omnisport
	11:30	Awards AA and AF	Omnisport
	12:00 – 14:00	Novice Warm up	Omnisport
	14:00 – 17:00	Novice Day 2	Omnisport
	17:00	Awards AA and AF	Omnisport

***ATHLETES SHOULD ARRIVE 20 MIN IN ADVANCE OF STATED TIME AND BE PREPARED TO START EARLY PENDING CONCLUSION OF FLIGHT #1**

APPENDIX B
PRELIMINARY SCHEDULE
UPDATED: FEBRUARY 13, 2017

MEN'S ARTISTIC GYMNASTICS

<u>Date</u>	<u>Time</u>	<u>Detail</u>	<u>Location</u>
WED 24/05/2017	9:00 – 11:30	Training by Province Group 1	Training Gym
	9:00 – 11:30	Training by Province Group 1	Omnisport
	11:30 – 14:00	Training by Province Group 2	Training Gym
	11:30 – 14:00	Training by Province Group 2	Omnisport
	14:30 – 17:30	Senior Training	Omnisport
THURS 25/05/2017	9:00 – 12:30	JR Training – Physical Abilities	Omnisport
	12:30 – 14:30	Training Open	Training Gym
	14:30 – 16:00	Senior Podium Warm up	Training Gym
	16:00 – 18:25	Senior Podium Training	Omnisport
	18:30	Opening Ceremonies	Omnisport
	19:00	Technical Meeting	
FRI 26/05/2017	8:00 – 11:00	JR/SR Training	Training Gym
	13:30 – 14:55	Open Sub 1 Warm up	Omnisport
	15:00 – 17:00	Open Sub 1 Team / AA	Omnisport
	17:00 – 19:00	JR/SR Training	Training Gym
	17:00 – 18:30	Open Sub 2 Warm up*	Omnisport
	18:30 – 20:30	Open Sub 2 Team / AA	Omnisport
	20:30	Awards	Omnisport
SAT 27/05/2017	8:00 – 11:00	Training Open	Training Gym
	8:00 – 9:30	Senior Training	Omnisport
	12:00 – 14:00	Junior AA Warm up	Omnisport
	14:00 – 16:00	Junior AA 14-15 / 16-17	Omnisport
	16:00	Awards	Omnisport
	17:00 – 19:00	Senior Warm up	Omnisport
	19:00 – 21:30	Senior AA	Omnisport
	21:30	Awards	Omnisport
SUN 28/05/2017	8:00 - 9:30	Open/Jr Finals Warm up	Omnisport
	9:30 - 12:00	Open/Jr Finals	Omnisport
	12:00	Awards	Omnisport
	12:30 – 14:00	Senior Finals Warm up	Omnisport
	14:00 - 17:00	Senior Finals	Omnisport
	17:00	Awards	Omnisport