

2018 CANADIAN CHAMPIONSHIPS

MEN'S AND WOMEN'S ARTISTIC GYMNASTICS

DIRECTIVE



WATERLOO MEMORIAL RECREATION COMPLEX
WATERLOO, ONTARIO
MAY 22-27, 2018



GCC

Gymnastics Canada
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ORGANIZING COMMITTEE	 <p>Kitchener Waterloo Gymnastics Club 805 Victoria S Kitchener, ON, N2M 2E2 www.kwgymnastics.ca</p> <p>Chairperson: Kellie Hinnells (executivedirector@kwgymnastics.ca) Marketing and Promotions: Kelvin Yee Operations: Penny Richard and Crystal Godin Hosting: Sue Judge, Denise Porter, Margaret Brush Volunteers: Sarah Frisse and Christa McKinnon Protocol/Awards: Jennifer Caron and Kathryn Pilesnik Technical: Kathleen VanGraft and Doug Shirton Chief Medical Officer: Dr. Laura Cruz Schools Program: Laurie Lockhart</p> <p>City of Waterloo 100 Regina St. S. Waterloo, ON, N2J 4A8 www.waterloo.ca</p>
DATE	May 22 – 27, 2018 (arrival day May 22)
ABOUT THE CITY OF WATERLOO	<p>INTERESTING FACTS ABOUT WATERLOO</p> <p>The City of Waterloo is situated in the heart of the Region of Waterloo which is home to many unique, diverse and family-oriented tourist attractions. At the St. Jacobs Farmers Market and the Town of St. Jacobs you will see first-hand many Mennonites selling their produce at the market or travelling through town on horse and buggy. Uptown Waterloo is a modern and active centrally located community which is home to over 300 great shops and restaurants. The City of Waterloo is also home to major knowledge economy employers, global think-tank organizations and in 2007 was recognized as the World’s top Intelligent Communities. Firms such as Blackberry, DALSA, Google, IBM and McAfee are all residents of Waterloo.</p> <p>We recommend that you visit the following website to plan your trip to our beautiful city. You will find a complete guide of activities and restaurants for your group: www.explorewaterlooregion.com</p>
COMPETITION VENUE	<p>Competition Venue: Waterloo Memorial Recreation Complex - Sun Life Financial Arena 101 Father David Bauer Drive, Waterloo, ON, N2L 0B4 http://www.waterloo.ca/en/gettingactive/waterloomemorialrecreationcomplex.asp</p> <p>Training Venue: Laurier Athletic Complex - Gymnasium</p> <p>Parking: Complimentary Parking is available at the Waterloo Memorial Recreation Complex</p>

APPARATUS SUPPLIED

The official supplier for the event is Gymnova S.A.

2 full sets for men and women (1 for competition and 1 for training)

- The MAG and WAG Floor Exercise will NOT be on a podium due to space restrictions.
- Shared floor in training gym

*Note: clubs are **NOT** authorized to bring their personal equipment.

REGISTRATION & DEADLINES

Registration Deadlines		To:
Electronic registration deadline	April 30, 2018	GCG & KWGC
100% payment of meal & accommodation deadline	April 30, 2018	KWGC
100% payment of GCG fee and registration deadline	April 30, 2018	GCG
P/TO statutory declaration deadline (for waivers and medical forms)	May 7, 2018	GCG
Late individual registration deadline with penalty and no refund	May 7, 2018	GCG
Refund deadline - registration & meal and accommodations	May 7, 2018	GCG & KWGC

Registration Fee		Send to:
Registration fee	\$140 per person	GCG
Meal & Accommodation	\$125 per person, per day	KWGC
Banquet	\$25 per person	KWGC
Meal & Accommodation Exemption Fee	\$125 per person	KWGC
Late provincial entry penalty	\$1000 fixed fee plus \$250 per additional day that a registration is late/incomplete	GCG
Late individual entry penalty	\$50 per person	GCG
GCG fee	\$35 per athlete, coach and support staff	GCG

Completed Registration Checklist

- ✓ #1- The completed excel registration spreadsheet is submitted **electronically** to GCG at mdore@gymcan.org **AND** to KWGC at executivedirector@kwgymnastics.ca by the set deadline.
- ✓ #2- 100% payment of the **Registration and GCG fee** are **RECEIVED** at the **GCG office** by the set deadline.
Accepted methods of payment:
 - Credit Card – Please call 613-748-5637 ext. 239
 - Cheque – a hard copy of the Financial Info tab must accompany the cheque.
Cheque made payable to: **Gymnastics Canada**
Package to be mailed to:
Gymnastics Canada

Attn: Mylaine Doré
1900 City Park Drive, suite 120, Ottawa, ON, K1J 1A3

- ✓ **#3-** 100% payment of **Meal and Accommodation fees** along with a hard copy of the **FINANCIAL INFO** tab of the Excel Registration are **RECEIVED** at the **Kitchener Waterloo Gymnastics Club office** by the deadline.
 - Cheque made payable to: **Kitchener Waterloo Gymnastics**
Package mailed to:
Kitchener Waterloo Gymnastics
c/o 2018 Canadian Championships
805 Victoria S., Kitchener, ON, N2M 2E2
- ✓ **#4-** Each P/TO must submit their Statutory Declaration (for waivers and medical forms) by the set deadline to the GCG Office. ATTN: [Mylaine Doré](#)
Please advise GCG directly of any serious major medical issue.
- ✓ **#5 –** Each Coach, Support Staff, Judge and IST have submitted their Criminal Record Check, Respect in Sport, Making Headway and True Sport Clean 101 according to the Eligibility section to the [artistic program assistant](#).

Definition of Late Provincial Entry Penalty

A Provincial/Territorial Federation/Association will be charged the Late Provincial Entry Penalty if the above-mentioned checklist items #1, 2 and/or 3 is not fulfilled by the set deadline.

Definition of Late Individual Entry Penalty

A Provincial/Territorial Federation/Association will be charged the Late Individual Entry Penalty if a delegate is registered between the set registration deadline and the late registration deadline.

Note - No entries will be accepted after the late registration deadline unless written approval is given by Gymnastics Canada's Artistic Program Director.

There is no Late Individual Entry Penalty for substitutions.

Refund Policy

Written request for a refund can be made to the attention of [Mylaine Doré](#) until **May 7th**. After this date, there will be NO reimbursement of the registration fees (injuries included).

**EVENT FORMAT,
PURPOSE & ELIGIBILITY**

Both MAG and WAG competitions will follow the rules set out in the 2017-2020 FIG Code of Points.

Men's Artistic Gymnastics

Purpose

- Provide a prestigious annual competitive opportunity for developing High Performance gymnasts, showcasing top provincial talent, provide national rankings, and declare Canadian Champions for each category of competition:
 - Open, Junior 14-15, Junior 16-17, and Senior.
- Rank athletes as part of the system to have access to:
 - Sport Canada Athlete Assistance Program – Carding;
 - National Team and Espoir Status

Format of National Open

Day 1 & 2: Training

Day 3: Team & All-Around Competition

Day 4: Training

Day 5: Apparatus Finals

Format of Junior Competition

Day 1: Training

Day 2: Podium Training – Physical Testing

Day 3: Training

Day 4: Optional All-Around and Apparatus Qualification

Day 5: Apparatus Finals

Format of Senior Competition

Day 1: Training

Day 2: Podium Training

Day 3: Training

Day 4: Optional All-Around and Apparatus Qualification

Day 5: Apparatus Finals

Women's Artistic Gymnastics

Purpose:

- To provide a national level competitive opportunity for developing athletes.
- Rank participants at the national level and declare champions in:
 - JO Level 9 (11-13) and JO Level 10 (12-15) & (16+): Team, All-Around, and Apparatus;
 - Novice, Junior, and Senior: All-Around and Apparatus.
- Rank athletes as part of the system to have access to:
 - Sport Canada Athlete Assistance Program - Carding;
 - National Team and Espoir Status.

Age eligibility for JO

For CJO Categories at Canadian Championships the following ages are eligible:

	2017-18 season
JO 9 (11-13)	2005, 2006, 2007
JO 10 (12-15)	2003, 2004, 2005, 2006
JO 10 (16+)	2002 and older

Format of JO9 and JO10 competition

Day 1: Team Final

Day 2: All-Around and Apparatus Final (maximum of 20 athletes)

Format of Novice competition

Day 1: All-Around

Day 2: All-Around

(AA and AF ranking will be determined according to the cumulative results of Day 1 and Day 2)

Format of Junior and Senior competition

Day 1: All-Around

Day 2: All-Around

(AA and AF ranking will be determined according to the cumulative results of Day 1 and Day 2. Only athletes that have competed two vaults on day 1 and day 2 will be eligible for Vault awards following Day 2.)

Coaches

All registered coaches must be certified NCCP Level 3 or Competition 2 Certified in Artistic Gymnastics in order to coach Men's or Women's Artistic Gymnastics at Canadian Championships in any level. A one-time exemption may be requested from the Artistic Gymnastics Program Managers using the exemption request forms (see Appendix C). A coach who is employed on a full-time basis by an organization based outside Canada is exempted from this requirement.

NEW REQUIREMENTS AS OF JANUARY 2018 FOR COACHES, SUPPORT STAFF, JUDGES, AND IST

All coaches, support staff (head of delegation, chef de mission, team manager, and chaperone) and integrated support team (IST) who will participate in GCG national competitions must have completed the following requirements. Failure to do so will result in a withholding of your accreditation and you will be denied access to the field of play and training venues. **Please submit proof of completion to the artistic gymnastics program assistant (vdesjardins@gymcan.org). One email with all proofs of completion per coach, support staff, judge and IST is highly preferred.** If you have submitted proof of completion for Elite Canada and your criminal record check is still valid, you do not need to submit again.

Requirement	Comments
Completed Enhanced Background Check, Canada-wide and/or International Police Checks http://sterlingbackcheck.ca/cac-en	Must be valid for the competition year. Cost is the responsibility of the individual. Required for coaches, support staff, judges and IST.

	<p>Complete <i>Respect In Sport</i> online e-learning module package</p> <p>http://gymcan.org/resources/respect-in-sport</p>	<p>If not provided by your PTO, GCG will cover the cost of this for 2018 only to transition our members into these new requirements.</p> <p>Required for coaches, support staff, judges and IST.</p>	
	<p>True Sport Clean101 UNTRACKED e-learning course</p> <p>http://cces.ca/truesportclean101untracked</p>	<p>Free module.</p> <p>Required for coaches and IST.</p>	
	<p>CAC Making Headway online learning module.</p> <p>www.coach.ca/concussion</p>	<p>Free module – will be included in coach NCCP records on the Locker.</p> <p>Required for coaches and IST.</p>	
<p>JUDGES</p>	<p>All judges MUST stay at the designated judges hotel:</p> <p>Delta Hotels by Marriott Waterloo 110 Erb Street West, Waterloo, Ontario N2L 0C6 1-519-514-0404 The hotel is a 5 minute walk to the competition venue.</p> <p>GCG will manage the accommodations for ALL judges. The provinces must register their judges using the registration form, as per years’ past. GCG will then make reservations for all judges based on registrations received by the provinces.</p> <p>Meals will be served by the organizing committee at the competition venue for judges.</p> <p>Gymnastics Canada’s Judges’ Liaison is Sue Ashton. She can be reached at sashton@gymcan.org or at 613-748-5637 ext. 227.</p>		
<p>SCHEDULE</p>	<p>Provisional Schedule</p> <p>View draft schedule in Appendix A & B.</p>		
<p>PROTOCOL</p>	<p>The Opening ceremony will take place on Thursday May 24th at 7pm. Each province will have to provide a flagbearer that will take part in the opening ceremonies.</p> <p>MAG Award Ceremonies</p> <p>National Open – Top 8 athletes AA, Top 3 athletes per apparatus or up to 8th place if more than 10 athletes in the category, Top 3 Teams</p> <p>Junior 14-15 & Junior 16-17 – Top 3 Teams (combined Junior 6-6-4), Top 8 athletes AA and Top 3 athletes per apparatus.</p> <p>Senior – Top 8 athletes AA and Top 3 athletes per apparatus.</p>		

	<p>Special Awards: International Medallist Certificates (Junior/Senior).</p> <p><u>WAG Award Ceremonies</u> JO L9 (11-13), JO L10 (12-15) & JO L10 (16+): Top 8 athletes AA and apparatus. Top 3 teams.</p> <p>Novice – Top 8 athletes AA and apparatus.</p> <p>Junior & Senior - Top 8 athletes AA and top 3 athletes per apparatus.</p> <p>Special Awards: Floor Exercise award for each category, International Medallist Certificates</p> <p><u>Dress code on the awards podium</u> Athletes: Competitive uniform</p> <p><u>Additional WAG dress code</u> The P/T Association is responsible for setting the policy for uniforms and competition attire for their delegations attending Canadian Championships so long as these conform with the regulations governing the sport of gymnastics as set by FIG. It is recommended for Canadian Championships that P/T Associations require all delegates, including National team athletes and coaches, to wear the P/T uniforms and competition clothing. An exception is to be made for current National Team athletes and coaches who must wear National Team leotards (athletes) and uniforms (coaches only) on Day 2 at Canadian Championships or Elite Canada.</p>
WAG FLOOR MUSIC	<p>Each coach is responsible for uploading their music to Dropbox using the following link - Dropbox - Submit files by April 30th, 2018.</p> <p>The following details should be noted:</p> <ul style="list-style-type: none"> • Mp3 format ONLY • Full name of Athlete (club, level, province not required in the upload) • Music not provided in the above format will not be accepted. <p>All music will be tested during training. Please bring a backup CD or USB.</p> <p>To comply with SOCAN regulations and copyright law, the backup CD must be clearly labelled with the following information:</p> <ul style="list-style-type: none"> • Athlete Name • Club, Province • Name of Artist and Composer • Title of the piece of music (or titles if more than one is mixed together) • Duration
TRAVEL	<p>Boulevard Travel is pleased to offer their exclusive “Sports Air Program” to all members.</p> <p>GROUPS: Sport Air Program with Air Canada and WestJet – Minimum 10 tickets to be eligible</p>

	<p>Air fares – Boulevard Travel has exclusive negotiated air fares with both domestic carriers ensuring the absolute best price with the best flexibility in the industry.</p> <p>Free tickets – One (1) free ticket for every 15th paid (paying only the taxes).</p> <p>Name change – Free and/or discounted name changes after ticketing</p> <p>Payments - NO deposits, NO payments until ticketing 5-7 days prior to departures</p> <p>Baggage – One (1) free standard checked bag per person per direction</p> <p>Travel documents / Reporting – Boulevard Travel has developed a number of customized platforms to help with reporting and document delivery which makes travel extremely easy.</p> <p>To secure the best available rate and to discuss booking details please contact: <u>Boulevard Travel – 403-237-6233</u></p> <p>Sharon Phelps, Senior Group & Sport Travel Consultant sharonp@boulevardtravel.com direct: 403-802-4270 Corinne Palin – Group Account Manager corinnep@boulevardtravel.com direct: 403-802-4284</p>
<p>LOCAL TRANSPORTATION</p>	<p>The competition site is a 20 minute walk through a park from the residences at Laurier University. Transportation will be provided on training day (May 23) and for Sr. Finals (May 26th and 27th).</p> <p>Grand River Transit (City transit) has a stop a short 5 minute walk to the competition venue and in front of the Kind Street residence. All accredited delegates will be able to ride any bus at any time by showing their accreditation to the driver. Specific Buses and Routes will be communicated in the Delegates Handbook.</p> <p>Transportation from the Toronto International Pearson Airport to the Laurier University Residences and return will ONLY be provided on the official arrival (May 22nd) and the official departure (May 28th) days at block times only (i.e. 12 noon and 3 p.m. time to be confirmed once flight information is received). Provinces will be responsible for their own transportation if they are arriving or departing on alternate dates or at alternate times. All flight information MUST be received by May 7th, 2018 to be eligible for airport transportation by the organizing committee. Additional details and contacts for local transportation companies (should they be required) will be provided at a later date.</p> <p>The organizing committee will provide transportation for all judges (airport-hotel) staying at the judges host hotel.</p>
<p>TEAM ACCOMMODATIONS</p>	<p>All Championships Delegates will be housed and are required to stay on site at Wilfrid Laurier University – Waterloo at a cost of \$125 per person, per day including 3 meals per day.</p> <p>Individuals may pay a surcharge fee of \$125 and be authorized by the organizing committee and the province/territory for not staying on campus at Laurier University or they will not be eligible to participate at the 2018 Canadian Championships in Artistic Gymnastics.</p>

Once delegates and their numbers are finalized, blocks of rooms will be assigned, and details forwarded to each PTO. Each PTO will be responsible for assigning the given rooms to specific individuals.

All Delegates for the Championships will be housed at the King Street or Bricker Residences.

Bricker Residence: Apartment style with 4 fully furnished bedrooms in each apartment. All suites possess 2 full baths and a common kitchen, living and dining room. The kitchen is furnished with a fridge and stove. All units are fully furnished with the exception of small kitchen appliances and dishes. Other facilities include laundry rooms and a television lounge on the main floor.

King Street Residence: Single rooms with semi-private washroom facilities. Each floor has a common lounge with a kitchenette. Other facilities include meeting rooms and a laundry room.

Residence rooms have single beds and are supplied with a pillow, pillow case, blanket, sheets, 2 towels and a cup. Towels can be exchanged mid-week.

All residences are smoke free and include free internet.

All lost or stolen keys must be reported to Conference Services. A charge of \$125 per set of keys lost or not returned will be charged to the Province.

There is no charge for parking for guests staying in residence.

Visit the Laurier website for more details and maps: <https://students.wlu.ca/student-life/residence/buildings.html>

HOST HOTELS

Radisson Hotel – Kitchener/Waterloo

2960 King Street East
Kitchener, Ontario
519-894-9500
Standard Room: 2 Doubles - \$129.99 per night plus taxes
Indoor Pool
Complimentary Wireless Internet
www.radisson.com

Holiday Inn Kitchener/Waterloo

30 Fairway Road South
Kitchener, Ontario
519-893-1211
Standard Room: 2 Doubles - \$125 per night plus taxes
Indoor Pool
Complimentary Wireless Internet
www.ihg.com
Group Code: ART
Reservation Deadline: Tuesday April 24th, 2018

	<p>Inn of Waterloo 475 King Street North Waterloo, Ontario 519-804-1130 <u>Standard Room:</u> 2 Doubles – \$109 per night plus taxes Indoor Pool Complimentary Wireless Internet www.theinnofwaterloo.com</p>
MEALS	<p>All meals will be served at the “Dining Hall” on the Laurier Campus. Full meal plan information including menu and times will be provided in the Delegate Handbook. The dining hall is situated close to the Athletic Complex and mid-way between both residences.</p> <p>We request that any dietary restrictions and allergies be indicated in the registration form, so we can ensure proper preparation.</p> <p>Snacks will be available for coaches during competition.</p> <p>Judges meals will be served by the organizing committee at the venue during training and competition days.</p>
ACCREDITATION	<p>The GCG accreditation protocol will apply. The system consists of colour coded categories. GCG reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditation for provinces will be distributed to Chefs during the first Chefs meeting. The accreditation must be worn to access the venue, the competitive and training areas and the hosting areas.</p>
MEDICAL	<p>There will be a full medical team on-site under the leadership of: Chief Medical Officer – Dr. Laura Cruz Chief Therapist – Leigh Davis.</p> <p>Additional Details will follow.</p> <p>Doping control may be conducted for athletes. For information on doping control procedures and banned substances, please go to www.cces.ca.</p>
SOCIALS/ BANQUETS	<p><u>Social</u> There will be one social event during the week for the coaches and officials. The hosting committee will provide transportation, where necessary, to the participants from their accommodation to the event. The details of this event will be available in April.</p> <p><u>Banquet</u> Sunday May 28th after competition. Cost per person will be 25\$. More details to follow.</p>

WEBCAST	The 2018 Canadian Championships in Artistic Gymnastics will be webcasted live at GYMCAN.TV .
SOCIAL MEDIA	Facebook: www.facebook.com/CDNgymnastics Twitter: @CDNgymnastics Instagram: @CDNgymnastics YouTube: https://www.youtube.com/user/gymnasticscanada Snapchat: @CDNgymnastics
TICKETING	<p><u>Single Day Pass</u> Adults - \$20 Youth (6 to 17 years) - \$15 Seniors (55+) - \$15 Family (2 Adults and up to 3 Youth/Seniors) - \$60</p> <p><u>Event Pass</u> Adults - \$55 Youth (6 to 17 years) - \$40 Seniors (55+) - \$40 Family (2 Adults and up to 3 Youth/Seniors) - \$175</p> <p>All seating is General Admission</p> <p>Tickets can be purchased in advance or on-site using Cash, VISA/MC or Debit. Advanced tickets can be purchased by e-mailing executivedirector@kwgymnastics.ca.</p>

APPENDIX A
PRELIMINARY SCHEDULE – Subject to change
Version: March 13, 2018

WOMEN'S ARTISTIC GYMNASTICS

Dates	Time - Heures	Event – Événement	Location - Endroit
TUE May 22, 2018	9:30 – 11:30	JDWG meeting - Réunion JDWG	Recreation complex
Mardi 22 mai	13:00 – 16:00	WAG WPC meeting - Réunion WAG WPC	Recreation complex
	17:30 – 20:30	WAG IST meeting - Réunion WAG IST	Recreation complex
WED May 23, 2018	8:30 – 11:00	JO 9-10 Group 1 Training - Entraînement groupe 1	Training Gym
Mercredi 23 mai	9:00 – 11:30	Novice Training - Entraînement Novice	Competition Gym
	11:00 – 13:30	JO 9-10 Group 2 Training - Entraînement groupe 2	Training Gym
	11:30 – 14:00	JR/SR Group 1 Training - JR/SR Entraînement groupe 1	Competition Gym
	13:30 – 16:00	JO 9-10 Group 3 Training - Entraînement groupe 3	Training Gym
	14:00 – 14:30	Technical meeting - Réunion technique	Competition Gym
	14:30 – 17:00	JR/SR Group 2 Training - JR/SR Entraînement groupe 2	Competition Gym
	16:00 – 18:30	JO 9-10 Group 4 Training - Entraînement groupe 4	Training Gym
THURS May 24, 2018	8:00 – 10:30	JO9 (11-13) Team Sub 1 - Par équipe, subdivision 1	Competition Gym
Jeudi 24 mai	9:00 – 12:00	Training by request - Entraînement sur demande	Training Gym
	10:30 – 13:00	JO9 (11-13) Team Sub 2 - Par équipe, subdivision 2	Competition Gym
	13:00	Awards Team JO9 combined - Remise des récompenses par équipe, JO9 combiné	Competition Gym
	13:00 – 16:00	Training by request - Entraînement sur demande	Training Gym
	13:30 – 15:00	Junior Day 1 Warm-up - Échauffement Junior jour 1	Competition Gym
	15:00 – 17:30	Junior Day 1 Competition - Compétition Junior jour 1	Competition Gym
	17:00 – 20:00	Training by request - Entraînement sur demande	Training Gym
	17:30 – 19:00	Senior Day 1 Warm up - Échauffement Senior jour 1	Competition Gym
	19:00	Opening Ceremony - Cérémonie d'ouverture	Competition Gym
	19:10 – 21:00	Senior Day 1 Competition - Compétition Senior jour 1	Competition Gym
FRI May 25, 2018	8:00 – 9:30	Novice Day 1 Warm up - Échauffement Novice jour 1	Competition Gym
Vendredi 25 mai	9:00 – 12:00	Training by request - Entraînement sur demande	Training Gym
	9:30 – 12:00	Novice Day 1 Competition - Compétition Novice jour 1	Competition Gym
	12:30 – 15:00	JO10 (12-15) Team - Par équipe	Competition Gym
	13:00 – 16:00	Training by request - Entraînement sur demande	Training Gym
	13:30 – 15:00	NTCC with IST and PM - Réunion NTCC avec IST et GP	Recreation complex
	15:00	Awards Team JO10 (12-15) - Remise des récompenses par équipe, JO10 (12-15)	Competition Gym
	15:30 – 18:00	JO10 (16+) Team Sub 1 - Par équipe, subdivision 1	Competition Gym

	17:00 – 20:00	Junior/Senior Training - Entraînement Junior/Senior	Training Gym
	18:15 – 20:45	JO10 (16+) Team Sub 2 - Par équipe, subdivision 2	Competition Gym
	21:00	Awards Team JO10 (16+) combined - Remise des récompenses par équipe, JO10 (16+)	Competition Gym
SAT May 26, 2018	8:00 – 11:00	Training by Request - Entraînement sur demande	Training Gym
Samedi 26 mai	8:00 – 10:15	JO9 (11-13) Final (top 20) - Finale JO9 (11-13), top 20	Competition Gym
	10:00 – 11:30	<i>NT athlete meeting with IST and PM Réunion des athlètes de l'Équipe Nationale (IST et GP)</i>	Recreation complex
	10:15	Awards AA and AF JO9 (11-13) - Remise des récompenses, finale au concours multiple et par appareils JO9 (11-13)	Competition Gym
	11:00 – 12:30	Novice Warm-up Day 2 - Échauffement Novice jour 2	Competition Gym
	12:30 – 15:00	Novice Competition Day 2 - Compétition Novice jour 2	Competition Gym
	13:00 – 16:00	Training by request - Entraînement sur demande	Training Gym
	15:00	Awards AA and AF Novice - Remise des récompenses, cumulatif au concours multiple et par appareils, Novice	Competition Gym
	15:30 – 17:00	Responsible coaching meeting - Réunion sur la responsabilité en entraînement	Recreation complex
	16:00 – 17:25	JR Day 2 Warm up - Échauffement Junior jour 2	Competition Gym
	17:30 – 19:45	JR Day 2 Competition - Compétition Junior jour 2	Competition Gym
	20:00	Awards AA and AF Junior - Remise des récompenses, cumulatif au concours multiple et par appareils, Junior	Competition Gym
SUN May 27, 2018	8:00 – 10:00	Training by request - Entraînement sur demande	Training Gym
Dimanche 27 mai	8:00 – 11:30	JO10 (12-15 & 16+) Final (top 20) - Finale JO10 (top 20)	Competition Gym
	11:30	Awards AA and AF JO10 - Remise des récompenses au concours multiple et par appareils, JO10	Competition Gym
	12:00 – 13:00	NT parents meeting IST and PM - Réunion pour les parents des athlètes de l'Équipe Nationale avec IST et GP)	Recreation complex
	12:00 – 13:30	Warm-up Senior Day 2 - Échauffement Senior jour 2	Competition Gym
	13:40 – 16:00	Senior Day 2 Competition - Compétition Senior jour 2	Competition Gym
	16:00	Awards AA and AF Senior - Remise des récompenses au cumulatif et par appareils, Senior	Competition Gym

APPENDIX B
PRELIMINARY SCHEDULE – Subject to change
VERSION: MARCH 13, 2018

MEN'S ARTISTIC GYMNASTICS

Dates	Time - Heures	Event - Événement	Location - Endroit
TUES May 22, 2018	20:00 – 21:30	MPC Meeting - Réunion MPC	TBD - À déterminer
Mardi 22 mai			
WED May 23, 2018	8:30 – 10:30	Senior Training - Entraînement Senior	Competition Gym
Mercredi 23 mai	10:00 – 11:30	Training by Province Group 1 - Entraînement par province groupe 1	Training Gym
	11:30 – 13:30	Training by Province Group 1 - Entraînement par province groupe 1	Competition Gym
	11:30 – 13:00	Training by Province Group 2 - Entraînement par province groupe 2	Training Gym
	13:00 – 15:00	Training by Province Group 2 - Entraînement par province groupe 2	Competition Gym
	15:00 – 18:00	Senior Training - Entraînement Senior	Competition Gym
	18:15 – 18:45	Technical Meeting - Réunion technique	Recreation Complex
THURS May 24, 2018	8:30 – 10:30	Senior Training - Entraînement Senior	Training Gym
Jeudi 24 mai	9:00 – 12:30	JR Training, Physical Abilities - Entraînement Junior, Tests physiques	Competition Gym
	12:30 – 15:00	Training Available - Entraînement disponible	Training Gym
	14:30 – 15:30	Judges Meeting - Réunion des juges	TBD - À déterminer
	15:00 – 16:30	Senior Podium Training Warm Up - Entraînement sur podium Senior (échauffement)	Competition Gym
	16:30 – 19:00	Senior Podium Training - Entraînement sur podium Senior	Competition Gym
	16:30 – 19:00	Training Available - Entraînement disponible	Training Gym
	19:00	Opening Ceremonies - Cérémonie d'ouverture	Competition Gym
	19:15 – 20:15	NTCC Meeting - Réunion NTCC	TBD - À déterminer
FRI May 25, 2018	8:30 – 11:00	JR/SR Training - Entraînement JR/SR	Competition Gym
Vendredi 25 mai	11:00 – 14:30	Training Available - Entraînement disponible	Training Gym
	11:30 – 12:30	JR/SR NT Athletes Meeting - Réunion pour les athlètes de l'ÉN JR/SR	Recreation Complex
	13:30 – 14:30	JDWG Meeting - Réunion JDWG	Recreation Complex
	15:00 – 17:00	National Open Warm Up - Échauffement National Ouvert	Competition Gym
	15:30 – 18:30	JR/SR Training - Entraînement JR/SR	Training Gym
	17:00 – 20:30	National Open Competition Team / AA + Awards - Compétition par équipes concours multiple individuel National Ouvert / Remise des récompenses	Competition Gym
SAT May 26, 2018	8:00 – 10:00	Senior Training - Entraînement Senior	Training Gym
Samedi 26 mai	10:00 – 11:30	Junior AA Warm Up - Échauffement Junior au concours multiple	Competition Gym

	11:30 – 14:30	Junior AA Competition + Awards - Compétition au concours multiple Jun Récompenses	Competition Gym
	12:00 – 15:30	Training Available - Entraînement disponible	Training Gym
	15:30 – 17:00	Responsible coaching meeting - Réunion sur la responsabilité en entraîne	Recreation Complex
	15:30 – 17:00	Senior Warm Up - Échauffement Senior	Competition Gym
	17:00 – 20:30	Senior AA Competition + Awards - Compétition au concours multiple Ser Récompenses	Competition Gym
SUN May 27, 2018	8:00 – 9:30	Open/Jr Finals Warm up - Échauffement pour les finales NO/JR	Competition Gym
Dimanche 27 mai	9:40 – 12:45	Open/Jr Finals + Awards - Finales, Compétition NO/JR + Remise des réco engins	Competition Gym
	13:00 – 14:30	Senior Finals Warm up - Échauffement pour les finales Senior	Competition Gym
	14:40 – 18:00	Senior Finals + Awards - Finales, Compétition Senior + Remise des récom engins	Competition Gym
MON May 28, 2018	9:00 – 11:00	<i>MPA Meeting - Réunion MPA</i>	TBD - À déterminer
Lundi 28 mai			

Appendix C

TEMPORARY EXEMPTION REQUEST FOR NATIONAL LEVEL COMPETITIONS

Request submitted by _____
Print name of P/T Association and person submitting application

Discipline: _____MAG _____WAG

<p>Coach's name : _____</p> <p>Coach's NCCP # : _____</p> <p>Current level of NCCP cert. : Theory : _____ Technical: _____ Practical: _____</p> <p>Personal Address: _____</p> <p>City : _____ Prov: _____ Postal Code : _____</p> <p>Phone number : _____ Email Address : _____</p>

Club name : _____

Club address : _____

Email Address : _____

Previous exemption granted to the coach (date granted and period of exemption):

Rationale for selecting a non-certified NCCP Level 3 coach (club for Elite Canada and PTO for Canadian Championships):

Application details :

- An application must include the form, all documents and the fee to be considered completed. An incomplete application will be returned to the sender.
- The fee is determined by the date at which the application, fee, and all documents are received at the National Office.
- The fee is not refundable if the exemption is no longer needed, is not granted, or for any other reason.

Fees for complete application received at the National Office:

- \$25.00 Before registration deadline of the event
- \$100.00 After registration deadline

The following is enclosed

Completed application form

Cheque payable to Gymnastics Canada

- Letter from Club supporting the request for the exemption. Must include the following:
- Reasons why Level 3 Theory, Technical or Practical components are not completed;
 - Demonstrate that the process for Equivalency has been started if applicable;
 - Plans for further certification/course work for the next twelve months;
 - Signed by the head coach or club administrator

For GCG office use

Date Received	Request Status
Notes	
Program Manager Approval:	Date
Payment Received YES / NO	Fee <input type="checkbox"/> \$25.00 <input type="checkbox"/> \$100.00

APPENDIX D



2018 Canadian Championships in Artistic Gymnastics

Statutory Declaration

Medical and Risk Waiver Forms

I, (enter name) _____, from (Federation name)
_____, declare that the (enter name of
Federation) _____ has collected and filed all
signed Gymnastics Canada's [Medical form and Risk Waivers](#) form for every gymnast registered and
participating in the 2018 Canadian Championships in Artistic Gymnastics. Provinces are also responsible
to have all the Medical & Risk Waiver forms available on site.

Signature

Name:

Title:

Date: