



# ELITE CANADA 2020 TRAMPOLINE GYMNASTICS DIRECTIVES LONGUEUIL, QC MARCH 18-22, 2020



<b>GYMCAN</b>	<p>Gymnastics Canada 1900 City Park Dr. Suite 120, Ottawa, ON, K1J 1A3 Tel: (613) 748-5637 Fax: (613)-748-5691 Website: <a href="http://www.gymcan.org">www.gymcan.org</a></p> <p>Ian Moss – Chief Executive Officer <a href="mailto:imoss@gymcan.org">imoss@gymcan.org</a></p> <p>Amanda Zevnik – Events Director <a href="mailto:azevnik@gymcan.org">azevnik@gymcan.org</a></p> <p>Karen Cockburn – National Team Director, TG <a href="mailto:kcockburn@gymcan.org">kcockburn@gymcan.org</a></p> <p>Niki Lavoie – Program Manager, TG <a href="mailto:nlavoie@gymcan.org">nlavoie@gymcan.org</a></p> <p>Julie Forget – Director, Communications &amp; Marketing <a href="mailto:jforget@gymcan.org">jforget@gymcan.org</a></p> <p>Véronique Desjardins – Coordinator, High Performance <a href="mailto:vdesjardins@gymcan.org">vdesjardins@gymcan.org</a></p> <p>Kristen Leblanc – Coordinator, High Performance <a href="mailto:kleblanc@gymcan.org">kleblanc@gymcan.org</a></p>
<b>LOCAL ORGANIZING COMMITTEE</b>	<p><b>Committee: Virtuose Centre Acrobatique &amp; Gymnastique Québec</b> Address: 120, René-Philippe Lemoyne, Québec J4R 2K1</p> <p><b>Organizing Committee:</b> Chair: Marie-Caroline Petit Technical Director: Marie-Caroline Petit &amp; Geneviève Turgeon Logistics: Marie-Caroline Petit, Éline Legault &amp; Geneviève Turgeon Finance: Marie-Caroline Petit Marketing &amp; Communication: Marie-Claude Cadorette &amp; Kathou Geoffroy Scoring: Kim Nguyen Protocol: Caroline Bruniau</p>



<b>LOCATION DATES VENUE</b>	<p>Longueuil, Qc March 18-22, 2019 Complexe sportif Cégep Édouard-Montpetit 260 Rue de Gentilly E Longueuil, QC J4H 4A4</p> <p>Parking: Free</p>
<b>APPARATUS SUPPLIER</b>	<p>4 Eurotramp Trampolines (2 competition and 2 warm-up) – Eurotramp Ultimate 4x4 #03250 1 Double Mini Trampoline – Eurotramp Ultimate DMT 6x6 1 full set of Tumbling – Speithway Germany</p>
<b>INVITED MEMBERS EVENT FORMAT</b>	<p>All members who met eligibility requirements according to this document and anyone invited by Gymnastics Canada. Competition will follow GymCan levels, structure and regulations.</p> <p><b>PURPOSE</b></p> <ul style="list-style-type: none"> <li>• Identify Junior and Senior athletes for the competitive year and to rank athletes as part of the system to have access to National team status and Sport Canada Athlete Assistance Program (APP Carding – Trampoline)</li> <li>• Trial for the 2020 Indo Pacific Championships (all events);</li> <li>• Trial for the 2020 Pan Am Championships (all disciplines)</li> </ul>
<b>ELIGIBILITY</b>	<p><b>ATHLETES</b> National level athletes in the categories listed below in Trampoline (individual and synchronized), Tumbling, and/or Double Mini Trampoline who are in good standing with their Provincial/Territorial Federation/Association and GymCan are eligible to register.</p> <p><b>TRI &amp; DMT:</b> L5 Novice (16U), L5 Novice (17+), L6 Espoir (17U), L6 Espoir (18+), Junior (15-18), Senior (17+)</p> <p><b>SYN:</b> L5 Novice (11+), L6/Jr (13+), Senior (15+)</p> <p><b>TUM:</b> L5 Novice (15U), L5 Novice (16+), L6 Espoir (11+), Junior (13+), Senior (17+)</p> <p><b>COACHES</b> All registered coaches must be certified NCCP Level 3 in Trampoline in order to coach Trampoline or Double Mini Trampoline. Coaches registered to coach in Tumbling must be certified NCCP Level 3 in either Trampoline or Artistic Gymnastics. A one-time exemption may be requested in writing to the Trampoline Program Manager. A coach who is employed on a full-time basis by an organization based outside of Canada is exempted from this requirement.</p> <p>All coaches, support staff (head of delegation, chef de mission, team manager, and chaperone) and integrated support team (IST) who will participate in GymCan national competitions must have completed the following requirements. Failure to do so will result in a withholding of your accreditation and you will be denied access to the field of play, competition and training venues.</p>



	<p>Please submit proof of completion to the <a href="mailto:vdesjardins@gymcan.org">vdesjardins@gymcan.org</a>. One email with all proofs of completion per coach, support staff, judge and IST is highly preferred.</p> <p>If you have already submitted proof of completion for Respect in Sport, TrueSport Clean and Making Headway, you do not need to submit them again. To submit an updated Enhanced Background Check (valid within 12 months of competition date), please submit it to <a href="mailto:vdesjardins@gymcan.org">vdesjardins@gymcan.org</a>.</p> <p><b>**PLEASE BE ADVISED THAT THE SCREENING REQUIREMENTS ARE CURRENTLY UNDER REVIEW AND MAY BE SUBJECT TO CHANGE FOR FUTURE EVENTS.</b></p> <table border="1" data-bbox="467 611 1412 1381"> <thead> <tr> <th data-bbox="467 611 938 646"><b>Requirements</b></th> <th data-bbox="938 611 1412 646"><b>Comments</b></th> </tr> </thead> <tbody> <tr> <td data-bbox="467 646 938 821">           Completed Enhanced Background Check, Canada-wide and/or International Police Checks   <a href="http://sterlingbackcheck.ca/cac_ace">http://sterlingbackcheck.ca/cac_ace</a> </td> <td data-bbox="938 646 1412 821">           Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual.         </td> </tr> <tr> <td data-bbox="467 821 938 1045">           Complete <i>Respect In Sport</i> online e-learning module package   <a href="http://gymcan.org/resources/respect-in-sport">http://gymcan.org/resources/respect-in-sport</a> </td> <td data-bbox="938 821 1412 1045"> <b>Required for coaches, support staff, judges and IST.</b>            Cost is the responsibility of the individual. Check with your respective province/territory as some may cover the cost.         </td> </tr> <tr> <td data-bbox="467 1045 938 1171">           True Sport Clean101 UNTRACKED e-learning course  <a href="http://cces.ca/truesportclean101untracked">http://cces.ca/truesportclean101untracked</a> </td> <td data-bbox="938 1045 1412 1171"> <b>Required for coaches, support staff, judges and IST</b>            Free module.         </td> </tr> <tr> <td data-bbox="467 1171 938 1381">           CAC Making Headway online learning module.   <a href="http://www.coach.ca/concussion">www.coach.ca/concussion</a> </td> <td data-bbox="938 1171 1412 1381"> <b>Required for coaches and IST.</b>             Free module – will be included in coach NCCP records on the Locker.   <b>Required for coaches and IST.</b> </td> </tr> </tbody> </table>	<b>Requirements</b>	<b>Comments</b>	Completed Enhanced Background Check, Canada-wide and/or International Police Checks  <a href="http://sterlingbackcheck.ca/cac_ace">http://sterlingbackcheck.ca/cac_ace</a>	Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual.	Complete <i>Respect In Sport</i> online e-learning module package  <a href="http://gymcan.org/resources/respect-in-sport">http://gymcan.org/resources/respect-in-sport</a>	<b>Required for coaches, support staff, judges and IST.</b> Cost is the responsibility of the individual. Check with your respective province/territory as some may cover the cost.	True Sport Clean101 UNTRACKED e-learning course <a href="http://cces.ca/truesportclean101untracked">http://cces.ca/truesportclean101untracked</a>	<b>Required for coaches, support staff, judges and IST</b> Free module.	CAC Making Headway online learning module.  <a href="http://www.coach.ca/concussion">www.coach.ca/concussion</a>	<b>Required for coaches and IST.</b>  Free module – will be included in coach NCCP records on the Locker.  <b>Required for coaches and IST.</b>				
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	<p><b>Forms, payment and refund requests must be sent to <a href="mailto:events@gymcan.org">events@gymcan.org</a> by the deadlines.</b></p> <p>No registrations will be accepted after <b>February 26<sup>th</sup>, 2020</b>, unless special dispensation is given by the Trampoline Gymnastics Program Manager. In which case a \$75 penalty fee per registered participant (athletes and coaches) will be added to the registration fee – no refund.</p> <p>No refund after March 4<sup>th</sup>. Clubs will however need to inform us for any scratch after this date.</p> <p><b>All forms must be fully completed. Missing or incomplete forms may jeopardise the eligibility of an athlete.</b></p>								
<p><b>PRELIMINARY SCHEDULE</b></p>	<p><b>Trampoline &amp; DMT</b></p> <table border="1" data-bbox="467 716 1349 947"> <tr> <td data-bbox="475 716 862 810"> <b>Wednesday March 18, 2020</b>  <b>Thursday March 19, 2020</b> </td> <td data-bbox="870 716 1341 810">           Arrival            Training, Orientation Meeting,            Technical Meeting         </td> </tr> <tr> <td data-bbox="475 810 862 947"> <b>Friday March 20, 2020</b>  <b>Saturday March 21, 2020</b>  <b>Sunday March 22, 2020</b>  <b>Monday March 23, 2020</b> </td> <td data-bbox="870 810 1341 947">           Training &amp; Qualification            Qualification            Finals            Departure         </td> </tr> </table> <p><b>Tumbling</b></p> <table border="1" data-bbox="467 1079 1349 1278"> <tr> <td data-bbox="475 1079 829 1173"> <b>Thursday March 19, 2020</b>  <b>Friday March 20, 2020</b> </td> <td data-bbox="837 1079 1341 1173">           Arrival            Training, Technical Meeting, Orientation Meeting         </td> </tr> <tr> <td data-bbox="475 1173 829 1278"> <b>Saturday March 21, 2020</b>  <b>Sunday March 22, 2020</b>  <b>Monday March 23, 2020</b> </td> <td data-bbox="837 1173 1341 1278">           Qualification            Finals            Departure         </td> </tr> </table> <p>Please note that training for tumbling will be offered on Thursday, March 19<sup>th</sup> as well.  All judges are required to be present at their respective Technical Meetings.</p>	<b>Wednesday March 18, 2020</b> <b>Thursday March 19, 2020</b>	Arrival Training, Orientation Meeting, Technical Meeting	<b>Friday March 20, 2020</b> <b>Saturday March 21, 2020</b> <b>Sunday March 22, 2020</b> <b>Monday March 23, 2020</b>	Training & Qualification Qualification Finals Departure	<b>Thursday March 19, 2020</b> <b>Friday March 20, 2020</b>	Arrival Training, Technical Meeting, Orientation Meeting	<b>Saturday March 21, 2020</b> <b>Sunday March 22, 2020</b> <b>Monday March 23, 2020</b>	Qualification Finals Departure
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<p><b>DD SHEETS</b></p>	<p>The organizing committee would be very grateful if the DD sheets could be sent in advance via email. Please send them before March 4, 2020 at <a href="mailto:info@virtuosecentreacrobatiq.ca">info@virtuosecentreacrobatiq.ca</a></p> <p>The DD sheets are available <a href="#">HERE</a></p>								
<p><b>ACCOMMODATIONS</b></p>	<p><b>Holiday Inn Montréal/Longueuil</b>  900, rue St-Charles Est  Longueuil, Qc J4H 3Y2  Sans frais / Toll Free : 1-800-263-0159  <a href="http://www.holidayinnlongueuil.com">www.holidayinnlongueuil.com</a></p>								



	<p>Starting at \$146 + tax Breakfast (buffet) from \$14 Free parking and WiFi</p> <p>***Group code: <b>CQ3</b> <b>At 2.4 km from the competition location</b> No deadline for booking <b>Hôtel Sandman</b> 999, rue Sévigny Longueuil, Qc J4K 2T1 Tél sans frais : 1-800-493-7303 Toll free : 1-800-726-3626 <a href="http://www.sandmanhotels.com">www.sandmanhotels.com</a></p> <p>Starting at 126\$ + tx Free parking and WiFi *** Group code: groupe <i>Virtuose 2020 code 652078</i> <b>At 4 km from the competition location</b></p> <p>Deadline to book: March 1<sup>st</sup>, 2020</p>
<b>TRAVEL</b>	<p>Boulevard Travel is please to offer their exclusive “Sports Air Program” to all members.</p> <p>Sports Air Program with Air Canada and WestJet for Groups – Minimum 10 tickets to be eligible</p> <ol style="list-style-type: none"> <li>1. <b>Air fare</b> – We have exclusive air fares with both Air Canada and WestJet. These fares are negotiated to ensure the absolute best price with the best flexibility in the industry.</li> <li>2. <b>Free tickets</b> – our programs both include 1 free ticket for every 15thpaid (16<sup>th</sup> paying taxes only)</li> <li>3. <b>Name change</b> – free and/or discounted name changes after ticketing</li> <li>4. <b>Payments</b> – NO deposits, NO payments until ticketing 5-7 days prior to departures / merely a signed contract with commitment dates</li> <li>5. <b>Baggage</b> – 1 free standard checked bag per person per direction</li> <li>6. Ability to deposit all unused group tickets into a travel bank where we can use the credits for any future travel. Air Canada is on any North American Flights. ** Exclusive to Boulevard Travel</li> <li>7. <b>Advance seating</b> – booked for all groups</li> <li>8. <b>Travel documents / Reporting</b> – Boulevard Travel has developed a number of customized platforms to help with reporting and document delivery which makes travel extremely easy.</li> </ol> <p>To secure the best available rate and to discuss booking details, please contact: Boulevard Travel (403) 237-6233</p> <ul style="list-style-type: none"> <li>• Sharon Phelps, Senior Group &amp; Sport Travel Consultant <a href="mailto:sharonp@boulevardtravel.com">sharonp@boulevardtravel.com</a> Direct: (403) 802-4270</li> <li>• Corinne Palin – Group Account Manager <a href="mailto:corinep@boulevardtravel.com">corinep@boulevardtravel.com</a> Direct: (403) 802-4284</li> </ul>



<p><b>LOCAL TRANSPORTATION</b></p> <p><b>MEALS</b></p>	<p>Clubs are responsible for their own local transportation.</p> <p><b>Judges Transportation</b> Transportation will be arranged for judges between the airport, venue and the judges' host hotel by the organizing committee. Judges: please send written request for local shuttle to the LOC at <a href="mailto:info@virtuosecentreacrobatique.ca">info@virtuosecentreacrobatique.ca</a> by February 26<sup>th</sup>.</p> <p>Judges must book their return flight on Sunday, March 22 with a departure time <b>AFTER 9 pm</b>. Failure to do so may result in a fine.</p> <p>There is no meal plan for this event. Clubs are responsible to cover full room and board for participants.</p> <p>A hospitality room will be provided for the coaches and judges during training and competition.</p>																																																							
<p><b>MEDICAL SERVICES</b></p>	<p>There will be a medical team on site throughout the competition.</p> <p>Doping control could be conducted for Senior athletes. For information on doping control procedures and banned substances, please go to <a href="http://www.cces.ca">www.cces.ca</a>.</p>																																																							
<p><b>ACCREDITATIONS</b></p>	<p>The GymCan accreditation procedures will apply. The system consists of colour coded categories and access zones. GymCan reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditations will be distributed upon arrival at the competition venue. The accreditation must be worn to access the venue and the competition area.</p>																																																							
<p><b>PROTOCOL &amp; AWARD CEREMONIES</b></p>	<p>There will be a short welcome ceremony during the event. The Canadian National Anthem will be played before the first session of competition.</p> <p><b>Award Ceremonies</b> All disciplines and categories – Top 6 athletes Athletes must be present to receive their medal</p> <p><b>Dress code on the awards podium</b> Athletes: Accept awards in Club Track Suit</p>																																																							
<p><b>JUDGES</b></p>	<p>Provincial judges' allocation for Elite Canada 2020 is as follows:</p> <table border="1" data-bbox="467 1423 1377 1801"> <thead> <tr> <th></th> <th>TRA</th> <th>TUM</th> <th>DMT</th> <th>PTO TOTAL</th> </tr> </thead> <tbody> <tr> <td>BC</td> <td>2</td> <td>1</td> <td>2</td> <td>5</td> </tr> <tr> <td>AB</td> <td>2</td> <td>2</td> <td>2</td> <td>6</td> </tr> <tr> <td>SK</td> <td>1</td> <td>1</td> <td>1</td> <td>3</td> </tr> <tr> <td>MB</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> <tr> <td>ON</td> <td>2</td> <td>2</td> <td>2</td> <td>6</td> </tr> <tr> <td>QC</td> <td>2</td> <td>2</td> <td>1</td> <td>5</td> </tr> <tr> <td>NB</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> <tr> <td>NS</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> <tr> <td>NL</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> <tr> <td><b>TOTAL</b></td> <td><b>9</b></td> <td><b>8</b></td> <td><b>8</b></td> <td><b>25</b></td> </tr> </tbody> </table>		TRA	TUM	DMT	PTO TOTAL	BC	2	1	2	5	AB	2	2	2	6	SK	1	1	1	3	MB	0	0	0	0	ON	2	2	2	6	QC	2	2	1	5	NB	0	0	0	0	NS	0	0	0	0	NL	0	0	0	0	<b>TOTAL</b>	<b>9</b>	<b>8</b>	<b>8</b>	<b>25</b>
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	<p>These are the number of judges each province must provide for each discipline.</p> <p>Three (3) panels will run at the same time. The schedule will not allow judges to combine disciplines.</p> <p>All judges need to be N1 (senior) ranked judges. Trampoline judges must be available for all sessions; that said, the same judge cannot be sent for both TRA and SYN <i>or</i> for DMT and TUM.</p> <p>Provinces are responsible for sending the minimum number of judges outlined above or finding a replacement judge to act on their behalf. The fine for not providing the required number of N1 judges is \$1,000 for each missing judge.</p> <p>Gymnastics Canada will provide funding for some FIG judges selected by GymCan. Minimum number of FIG judges per Province is as follows:</p> <p>AB = 2  BC = 1  ON = 2  QC = 2  SK = 1  (PTO's, please refer to the Request for Judges letter)</p> <p>Provinces who are not required to send any judges but who are sending athletes to Elite Canada are encouraged to send one (1) judge. This will ensure that the information that is being discussed at judges' meetings and on panels can be brought back to the provinces to aid the development of the athletes and judges in their own provinces. Any questions can be directed to Sébastien Rajotte at <a href="mailto:sebasrajotte@gmail.com">sebasrajotte@gmail.com</a>.</p> <p>Travel to and from the airport will be provided via hotel airport shuttle. Please see accommodations section for booking details.</p> <p>Please complete and return the Judges' Registration Form to Sébastien Rajotte at <a href="mailto:sebasrajotte@gmail.com">sebasrajotte@gmail.com</a> by <b>February 26<sup>th</sup>, 2020</b>.</p>
<b>MEDIA</b>	<p>Julie Forget  Director, Communications &amp; Marketing  Gymnastics Canada  <a href="mailto:jforget@gymcan.org">jforget@gymcan.org</a>  (613) 748-5637 x233</p>
<b>SOCIAL MEDIA</b>	<p>Facebook: <a href="http://www.facebook.com/gymcan1">www.facebook.com/gymcan1</a>  Twitter: @gymcan1  Instagram: @gymcan1  YouTube: <a href="http://www.youtube.com/user/gymcan1">www.youtube.com/user/gymcan1</a></p>



<b>WEBCAST</b>	FloGymnastics will provide live coverage of the event via <a href="https://www.flogymnastics.com/">https://www.flogymnastics.com/</a>  A subscription is required to view footage. Rates are (USD\$): monthly (\$30/month) and yearly (\$150, which breaks out to \$12.50/month).
<b>TICKETS</b>	Adults: \$15/day or \$25 for the event pass Student (5-18) & Senior (60+): 10 \$/day or \$15 for the event pass Children (under 5): free

