

2017 Canada Cup Schedule (v.04/26/2017)

THURSDAY MAY 4th

		<u>TUMBLING</u> Competition Gym		<u>TRAMPOLINE</u> Training Gym	<u>TRAMPOLINE</u> Competition Gym		<u>DMT</u> Competition Gym
TRAINING & MEETINGS	9:00 - 11:00	TRAINING AB (65 Athletes)					
	11:00 - 13:00	TRAINING BC, SK, MB (52 Athletes)					
	13:00 - 15:00	TRAINING ON - Group #1 - (Alphabetical Clubs A to L) (43 Athletes)					
	15:00 - 17:00	TRAINING BLR, USA, SWE, ON - Group #2 - (Alphabetical Clubs M to Z) (48 Athletes)					
	17:00 - 19:00	TRAINING QC, NB, NS (40 Athletes)					
	19:15 - 19:45	ORIENTATION MEETING (Hospitality Room @ Genesis Centre)					
	19:45 - 20:30	COACHES FORUM & NATIONAL TEAM COACHES' COUNCIL MEETING (Coaches in Hospitality Room @ Genesis Centre)					
	18:30 - 20:00	JUDGES MEETING - TRA & DMT (Judges Meeting Room @ Genesis Centre)					

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FRIDAY MAY 5th

FRIDAY MAY 5th										
		<u>TUMBLING</u> Competition Gym		<u>TRAMPOLINE</u> Training Gym	<u>TRAMPOLINE</u> Competition Gym		<u>DMT</u> Competition Gym			
GENERAL WARM-UP (BLOCK 1)										
BLOCK 1	8:30 - 9:15			8:35 - 9:15	L5 16U Women (flight 1 - 11)		9:15 - 9:30	TRAINING	L5 17+ Men (8)	
				9:15 - 9:55	L5 16U Women (flight 2 - 11)	L5 16U Women (flight 1 - 11)	9:30 - 9:50	COMP		
				9:55 - 10:35	L5 16U Women (flight 3 - 11)	L5 16U Women (flight 2 - 11)	9:50 - 10:05	TRAINING	L5 17+ Women (flight 1 - 11)	
				10:35 - 11:15	L5 16U Men (flight 1 - 9)	L5 16U Women (flight 3 - 11)	10:05 - 10:35	COMP		
				11:15 - 11:50	L5 16U Men (flight 2 - 9)	L5 16U Men (flight 1 - 9)	10:35 - 10:50	TRAINING	L5 17+ Women (flight 2 - 11)	
				11:50 - 12:25		L5 16U Men (flight 2 - 9)	10:50 - 11:20	COMP		
							11:20 - 11:35	TRAINING	Junior W & M (3+5)	
							11:35 - 11:55	COMP - Pass 1 & 2		
						11:55 - 12:10	4 Touch	Junior W & M (3+5)		
						12:10 - 12:30	COMP - Pass 3 & 4			
GENERAL WARM-UP (BLOCK 2)										
BLOCK 2	12:30 - 13:15						13:15 - 13:30	TRAINING		
	12:30 - 12:45		Tumbling Orientation Meeting (Hospitality Room @ Genesis Centre)		12:30 - 13:15	L6 17U Women (13)		13:30 - 14:00	COMP - Pass 1 & 2	Senior Women (11)
	12:45 to 14:45 TUMBLING TRAINING (L5 ONLY)			13:15 - 14:05	L5 17+ Women (flight 1 - 11)	L6 17U Women (13)		14:00 - 14:25	4 Touch	Senior Women (11)
				14:05 - 14:45	L5 17+ Women (flight 2 - 10)	L5 17+ Women (flight 1 - 11)		14:25 - 14:55	COMP - Pass 3 & 4	
				14:45 - 15:20	L5 17+ Women (flight 3 - 10)	L5 17+ Women (flight 2 - 10)		14:55 - 15:15	TRAINING	Senior Men (10)
				15:20 - 15:55	L6 17U Men (flight 1 - 10)	L5 17+ Women (flight 3 - 10)		15:15 - 15:40	COMP - Pass 1 & 2	
				15:55 - 16:30	L6 17U Men (flight 2 - 10)	L6 17U Men (flight 1 - 10)		15:40 - 16:05	4 Touch	Senior Men (10)
				16:30 - 17:05		L6 17U Men (flight 2 - 10)		16:05 - 16:30	COMP - Pass 3 & 4	
	OPENING CEREMONIES									
	GENERAL WARM-UP (BLOCK 3)									
BLOCK 3	17:00 to 18:30 TUMBLING TRAINING (L6, JUNIOR, SENIOR ONLY)		17:00 - 17:45	Senior Men (13)		17:45 - 18:05	TRAINING	L5 16U Women (flight 1 - 13)		
			17:45 - 18:35	Senior Women (13)	Senior Men (13)	18:05 - 18:40	COMP			
			18:35 - 19:25	Junior Men (9)	Senior Women (13)	18:40 - 19:00	TRAINING	L5 16U Women (flight 2 - 12)		
			19:25 - 20:00	Junior Women (4)	Junior Men (9)	19:00 - 19:30	COMP			
			20:00 - 20:15		Junior Women (4)	19:30 - 19:50	TRAINING	L5 16U Men (14)		
						19:50 - 20:30	COMP			
JUDGES MEETING - TUM (Judges Meeting Room @ Genesis Centre)										
20:30 - 21:00										

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SATURDAY MAY 6th

SATURDAY MAY 6th									
		<u>TUMBLING</u> Competition Gym		<u>TRAMPOLINE</u> Training Gym	<u>TRAMPOLINE</u> Competition Gym		<u>DMT</u> Competition Gym		
GENERAL WARM-UP (BLOCK 4)									
BLOCK 4	8:30 - 9:15								
	9:15 - 9:30	TRAINING	L5 16+ Women (flight 1 - 8)	8:40 - 9:15	L6 18+ Men (11)		9:15 - 9:30	TRAINING	L6 17U Men (11)
	9:30 - 9:55	COMP		9:15 - 9:45	L6 18+ Women (7)	L6 18+ Men (11)	9:30 - 10:00	COMP - Pass 1 & 2	
	9:55 - 10:10	TRAINING	L5 16+ Women (flight 2 - 7)	9:45 - 10:10	L5 17+ Men (5)	L6 18+ Women (7)	10:00 - 10:25	4 Touch	L6 17U Men (11)
	10:25 - 10:45	COMP		10:10 - 10:45	SYN - Senior W & M (4+3)	L5 17+ Men (5)	10:25 - 10:55	COMP - Pass 3 & 4	
	10:45 - 11:05	TRAINING	L5 15U Women (13)	10:45 - 11:15		SYN - Senior W & M (4+3)	10:55 - 11:10	TRAINING	L6 17U Women (14)
	11:05 - 11:40	COMP		11:40 - 12:05	4 Touch	11:10 - 11:40	COMP - Pass 1 & 2		
	11:40 - 11:55	TRAINING	L5 16+ Men (8)				11:40 - 12:05	4 Touch	L6 17U Women (14)
	11:55 - 12:15	COMP		12:05 - 12:40	COMP - Pass 3 & 4				
12:15 - 12:30	TRAINING	L5 15U Men (6)							
12:30 - 12:45	COMP								
GENERAL WARM-UP (BLOCK 5)									
BLOCK 5	12:45 - 13:30								
	13:30 - 13:45	TRAINING	Junior W & M (4+5)	12:55 - 13:30	SYN L5 Women (flight 1 - 10)		13:30 - 13:45	TRAINING	L6 18+ W & M (6+5)
	13:45 - 14:15	COMP		13:30 - 14:05	SYN L5 Women (flight 2 - 10)	SYN L5 Women (flight 1 - 10)	13:45 - 14:10	COMP - Pass 1 & 2	
	14:15 - 14:30	TRAINING	Senior Men (7)	14:05 - 14:45	SYN - L5 Men (12)	SYN L5 Women (flight 2 - 10)	14:10 - 14:35	4 Touch	L6 18+ W & M (6+5)
	14:30 - 14:55	COMP		14:45 - 15:20		SYN - L5 Men (12)	14:35 - 15:00	COMP - Pass 3 & 4	
	14:55 - 15:10	TRAINING	Senior Women (5)				15:00 - 15:15	TRAINING	L5 16U Women (10)
	15:10 - 15:30	COMP					15:15 - 15:45	COMP	
						15:45 - 16:00	TRAINING	L5 17+ Women (10)	
						16:00 - 16:30	COMP		
GENERAL WARM-UP (BLOCK 6)									
BLOCK 6	16:30 - 17:15								
	17:15 - 17:30	TRAINING	L6 Men (8)	16:45 - 17:15	Senior Men (10)		17:15 - 17:30	TRAINING	L5 17+ Men (8)
	17:30 - 18:00	COMP		17:15 - 17:45	Senior Women (10)	Senior Men (10)	17:30 - 18:00	COMP	
	18:00 - 18:15	TRAINING	L6 Women (9)	17:45 - 18:15	Junior Men (9)	Senior Women (10)	18:00 - 18:15	TRAINING	L5 16U Men (10)
	18:15 - 18:40	COMP		18:15 - 18:45	Junior Women (4)	Junior Men (9)	18:15 - 18:45	COMP	
				18:45 - 19:00		Junior Women (4)			
AWARDS & SPECIAL AWARDS									
19:15 - 19:45									

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SUNDAY MAY 7th

SUNDAY MAY 7th									
		TUMBLING Competition Gym		TRAMPOLINE Training Gym	TRAMPOLINE Competition Gym		DMT Competition Gym		
BLOCK 7	GENERAL WARM-UP (BLOCK 7)								
	FINALS			FINALS			FINALS		
	8:15 - 9:00	TRAINING	L5 16+ Women (10)	8:30 - 9:00	L6 18+ Men (10)	9:00 - 9:15	TRAINING	Junior W & M (3+5)	
	9:00 - 9:15	COMP		9:00 - 9:30	L6 18+ Women (7)	9:15 - 9:40	COMP		
	9:15 - 9:45	TRAINING	L5 16+ Men (8)	9:30 - 10:00	L5 16U Men (10)	9:40 - 10:00	TRAINING	Senior Men (10)	
	9:45 - 10:00	COMP		10:00 - 10:30	L6 17U Women (10)	10:00 - 10:30	COMP		
	10:00 - 10:25	TRAINING	L5 15U Men (6)	10:30 - 11:00	L5 16U Women (10)	10:30 - 10:50	TRAINING	Senior Women (10)	
	10:25 - 10:35	COMP		11:00 - 11:30	L6 17U Men (10)	10:50 - 11:20	COMP		
	10:35 - 10:50	TRAINING	Junior W & M (4+5)	11:30 - 12:00	L5 16U Women (10)	11:20 - 11:40	TRAINING	L6 18+ W & M (6+5)	
	10:50 - 11:05	COMP			L6 17U Men (10)	11:40 - 12:10	COMP		
	11:05 - 11:35	TRAINING	L5 15U Women (10)						
	11:35 - 11:50	COMP							
11:50 - 12:15	COMP								
AWARDS									
GENERAL WARM-UP (BLOCK 8)									
FINALS			FINALS			FINALS			
13:00 - 13:45	TRAINING	L6 Men (8)	13:15 - 13:45	SYN - Senior W & M (4+3)	13:45 - 14:00	TRAINING	L6 17U Women (10)		
13:45 - 14:00	COMP		13:45 - 14:15	L5 17+ Women (10)	14:00 - 14:30	COMP			
14:00 - 14:30	TRAINING	L6 Women (9)	14:15 - 14:45	L5 17+ Men (5)	14:30 - 14:45	TRAINING	L6 17U Men (10)		
14:30 - 14:45	COMP		14:45 - 15:15	SYN L5 Women (10)	14:45 - 15:15	COMP			
15:15 - 15:30	TRAINING	Senior Women (5)	15:15 - 15:45	SYN - L5 Men (10)	15:45 - 16:15	SYN - L5 Women (10)			
15:30 - 15:50	COMP								
15:50 - 16:05	TRAINING	Senior Men (7)							
16:05 - 16:30	COMP								
AWARDS									
2017 CANADA CUP COMPLETE!									

2017 Canada Cup Schedule (v.04/26/2017)

MONDAY MAY 8th

9:00AM to 12:00PM	TTPC MEETING - Sheraton Cavalier, Calgary
1:00PM to 5:00PM	TRAMPOLINE & TUMBLING PROGRAM ASSEMBLY MEETING - Sheraton Cavalier, Calgary

2017 Canada Cup Schedule (v.04/26/2017)

TUESDAY MAY 9th

9:00AM to 3:00PM	TTPC MEETING - Sheraton Cavalier, Calgary
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