
Meet the Adjudicators!

Penny Erickson

A belief that “everyone can be an athlete” drives my passion and involvement in the non-competitive side of sport. I was first introduced to Gymnaestrada in my teens while living in Asia and travelling in Europe. These were pivotal experiences that influenced both my understanding of the power of sport and future career choices.

Many sport experiences have shaped my history; an athlete and coach in many sports, a gymnastics club owner; work in Municipal Recreation as a program leader and supervisor, being part of event management teams and contributor on various committees, Provincially and Nationally. In 1993, in the role of General Gymnastics Programmer I organized the first BC Gymnaestrada event to create a participation opportunity for all BCGA members in a non-competitive event. Since then I have seen Gymnaestrada develop its’ potential across Canada.

As an adjudicator my goal is to contribute, in some way, to the growth and development of your team. I see Gymnaestrada as the opportunity for so many athletes to be part of a team, to dream, to commit to training hard, to collaboratively achieve a team goal, while building individually confident athletes who not only believe in themselves, but also believe and trust in teammates. Our role should inspire you to reach your potential, experiment with creativity and continue to build bonds with others, promoting sport for all, for life.

Marta Kroupa

My involvement in RG started early in my childhood as a gymnast in Czechoslovakia. Over the years I have realized the sport is an excellent vehicle for fitness, self-reliance and confidence builder especially for girls. After moving to Canada working as a physical education consultant, teacher and principal, it has become my passion to promote the sport at every opportunity resulting in the introduction of RG in Saskatchewan, concentrating mostly on the performing aspect of the sport as a coach, choreographer and mentor. The reward was my induction to Saskatchewan Sport Hall of Fame in 2004.

After moving to BC in 2004, I have been involved in coaching performing RG teams in BC, Alberta and Saskatchewan as well as judging both the generic and Special Olympic RG events in BC. The sport has greatly enriched my life as well; I have attended 7 World Gymnaestrada events in various capacities and have many athletes, students, coaches and friends throughout the world.

For over 20 years I have been an NCCP Master Course Conductor and Evaluator for level 1 and level 2 coaches.

Since 2008 I have been teaching an “Educational Gymnastics” course at Vancouver Island University in Nanaimo, BC.

Sheila Mozes

“Gym for Life” and “Gym for All” have been a part of my life for 50 years, well before the “terms” were even coined. Enjoyment, artistry and creativity are important to me. I’ve enjoyed enabling others to share these values through gymnastics. Gymnaestrada is a perfect vehicle to channel my passions.

Currently, I am a retired grandma, living in Whistler, BC and just lending a hand on gymnastic projects. My professional background includes experiences first in Ontario, then British Columbia as dance teacher; school teacher; physical education consultant; dance/gymnastics ministry instructor; Level 3 artistic, Level 1 tramp and rhythmic club-coach; judge; club and municipal recreation administrator; GFA, LTAD, safety, and hosting committee member for GO(OGF) and BC.; master learning facilitator; and board director for OGF and Whistler Gymnastics.

My actual gymnaestrada experience started in Ontario in 1970’s bringing athletes from Cayuga Gymnastics and acting on OGF organizing committees for Harbourfront, CFL halftime shows, SkyDome opening, and gymnaestradas. After moving to BC, I continued my connection to gymnaestrada, hosting 2 provincial gymnaestradas in Whistler, and being part of the support team for 3 Canadian and 2 World Gymnaestradas.

I learned a lot from the-ground-up and have so enjoyed meeting and participating with everyone. It is a pleasure to be working with the current GCG Gymnaestrada Working Group. I hope my passion, my organizational skills, and my experience in providing encouragement and positive feedback will be of assistance. Look forward our next meeting at Gymnaestrada!