

ELITE CANADA 2018
DIRECTIVE
MEN'S AND WOMEN'S ARTISTIC GYMNASTICS



QUÉBEC, QC
FEBRUARY 1-4, 2018
TÉLUS STADIUM



GCG	<p><u>Gymnastics Canada Gymnastique</u> 1900 Promenade City Park Dr. Suite 120 Ottawa, ON K1J 1A3 Tel : 613-748-5637 Fax: 613-748-5691 website: www.gymcan.org</p> <p>Peter Nicol – President and CEO pnicol@gymcan.org 613-748-5637 ext. 222</p> <p>Mariève Reid – Director of Events mreid@gymcan.org 613-748-5637 ext. 231</p> <p>Julie Forget – Director, Communications & Marketing jforget@gymcan.org 613-748-5637 ext. 233</p> <p>Amanda Tambakopoulos – Manager, WAG Program amanda@gymcan.org 613-748-5637 ext. 238</p> <p>Jason Woodnick – Manager, MAG Program jwoodnick@gymcan.org 613-748-5637 ext. 236</p> <p>Sue Ashton – Coordinator, Artistic Gymnastics Programs sashton@gymcan.org 613-748-5637 ext. 227</p> <p>Mylaine Doré – Coordinator, Events & Marketing mdore@gymcan.org 613-748-5637 ext. 239</p>
ORGANIZING COMMITTEE	<p>Gymnastique Québec 4545, avenue Pierre-de-Coubertin Montréal, QC, H1V 0B2 514-252-3043</p> <p>Club Québec Performance 750, rue de la Sorbonne, suite R49, CP01 C.P. 1, Québec, QC, G1H 1H1</p>

	<p>Organizing Committee Chair: Emilie Maurice Finance: Delphine Tremblay Logistics: Mario Roy Marketing & Communication: Suzie Baronet Medical: Renée Bigras Technical: Megghie Ouellet Savard Scoring: Christian Turp Protocol: Jean-François Bélanger</p>
LOCATION	Québec City, QC
DATE	February 1st to 4th, 2018
COMPETITION VENUE	<p>Telus Stadium, Université Laval, 2380 Rue du Peps, Québec, G1V 0C2</p> <p>Paid parking Mondays to Thursdays between 8am and 10pm, and until 8pm on Fridays. Free parking on Saturdays and Sundays.</p>
INVITED MEMBERS	All Provincial/Territorial Gymnastics Organization registered participants who meet the GCG eligibility requirements according to this document and to the MAG and WAG program manuals are invited to participate.
EVENT FORMAT	<p><u>Both MAG and WAG competitions will follow the rules set out in the 2017-2020 FIG Code of Points.</u></p> <p><u>Purpose (MAG)</u> The purpose is:</p> <ul style="list-style-type: none"> ▪ To identify, Junior and Senior athletes for the competitive year; ▪ To rank athletes as part of the system to have access to: <ul style="list-style-type: none"> ○ The Sport Canada Athlete Assistance Program - Carding; ○ Part of the selection process for major Games; ○ National Team status. <p>Format of Junior Competition Day 1: Podium Training – Physical Testing Day 2: Optional All-Around and Apparatus Qualification Day 3: Apparatus Finals</p> <p>Format of Senior Competition Day 1: Optional All-Around and Apparatus Final Qualification Day 2: Apparatus Finals</p> <p><u>Purpose (WAG)</u> The purpose is:</p> <ul style="list-style-type: none"> ▪ To identify HP Senior, Junior and Novice athletes for the competitive year; ▪ Act as a selection activity for NT assignments ▪ To rank athletes as part of the system to have access to: <ul style="list-style-type: none"> ○ The Sport Canada Athlete Assistance Program - Carding; ○ National Team status. <p>Format of Novice competition Day 1: All-Around Day 2: All-Around for top 36 athletes</p> <p>Format of Junior competition Day 1: All-Around Final Day 2: Apparatus Finals</p>

	<p>Format of Senior competition Day 1: All-Around Final Day 2: Apparatus Finals</p>
<p>ELIGIBILITY</p>	<p><u>MAG ATHLETES</u></p> <p>All current Senior National Team Members must attend Elite Canada. This event is only open to Canadian gymnasts as defined in Article 1.6.3. Special situations may be considered by the National Team Director with a minimum of one (1) month prior written notice as per the carding regulations.</p> <p>Junior athletes must participate in the physical tests at Elite Canada.</p> <p>In order to be eligible to compete on the first day of Elite Canada a Senior or Junior athlete must meet one of the standards for his category stated in the MAG Technical regulations during the screening/compulsory competition held by their respective P/TO. This activity is to take place in November/December 2017. Standards were also communicated in the Elite Canada 2018 screening memo circulated in September 2017.</p> <p><u>WAG ATHLETES</u></p> <p>For information on the screening process and eligibility of athletes, please refer to section 5 of the WAG Program Manual. As in 2017 in order to be eligible to compete on the first day of Elite Canada a Senior, Junior or Novice athlete (excluding an athlete who was on the HP List in any category the year previous) must meet one of the standards for her category during the screening activity held by the P/T Association according to the parameters stated below and have her name submitted by her P/T Association. All athletes are however encouraged to have competed prior to Elite Canada.</p> <p>The screening activity must be held between November 15, 2017 and the January 8, 2018. It will be the responsibility of the PTO to identify potential late registration fees that may occur should the final screening take place after the established registration deadline.</p> <p><u>MAG/WAG COACHES</u></p> <p>All registered coaches must be certified NCCP 3 or have obtained an exemption in writing from the Men/Women’s Program Director. A coach who is employed on a full time basis by an organization based outside Canada is exempted from this requirement.</p> <p>All registered clubs must verify that their coaches have submitted a vulnerable sector police check within the past year. Failure to comply with this will result in the coach being unable to be on the competition floor.</p> <p>All registered coaches are recommended to take the Making Head Way Concussion eLearning from the Coaching Association of Canada.</p>
<p>APPARATUS SUPPLIED</p>	<p>The official supplier of gymnastics equipment for the event is Gymnova S.A. The apparatus supplied is as follows:</p> <p>1 full set of men’s artistic gymnastics equipment 1 full set of women’s artistic gymnastics equipment 1 additional beam for Thursday training day</p> <p>*Note: clubs are NOT authorized to bring their personal equipment.</p>

MUSIC	<p>Music will be collected (CD or USB) during the training on Thursday February 1st.</p> <p>Coaches must ensure to have two (2) copies of each CD or USB for EACH athlete. They must be clearly identified with the Athlete's Name, Category, Club and Province</p> <p>i.e. Ellie Black – Senior – Alta Club, NS</p>										
REGISTRATION	<p>Deadlines:</p> <table border="1" data-bbox="408 474 1548 663"> <tr> <td>Judges Travel Information and Names</td> <td>December 1st, 2017</td> </tr> <tr> <td>Registration</td> <td>January 12, 2018</td> </tr> <tr> <td>Waiver and medical forms</td> <td>January 12, 2018</td> </tr> <tr> <td>Payment</td> <td>January 12, 2018</td> </tr> <tr> <td>Refund Request Deadline</td> <td>January 19, 2018</td> </tr> </table> <p>Registration Fee Athletes: \$120 Coaches: \$100</p> <p>All clubs must register by completing the Excel registration form and returning it to Mylaine Doré (mdore@gymcan.org) and Emilie Maurice (emaurice@gymquebecperformance.com) by January 12th, 2018.</p> <p>A hard copy of the Excel registration form, completed waiver and medical forms, along with the payment must be RECEIVED at the GCG National Office (GCG – Attention: Mylaine Doré) by the deadline.</p> <ul style="list-style-type: none"> • Clubs will have the opportunity to modify (athletes and coaches only) their registration until the registration deadline. Additions of coaches or gymnasts will be charged the regular registration fee until the deadline. We ask that all additions and/or changes be emailed to mdore@gymcan.org and emaurice@gymquebecperformance.com. • No registration will be accepted after January 12th, 2018 unless special dispensation is given by the Artistic Gymnastics Program Managers. In which case a \$50 penalty fee per registered participant (athletes and coaches) will be added to the registration fee – no refund. • Written request for refund can be made to the attention of Mylaine Doré – mdore@gymcan.org until January 19th, 2018. After this date, there will be NO reimbursement of the registration fee. In the event that a gymnast is declared unable to compete after this deadline, and ineligible for refund, the club still has the obligation to inform GCG of this as soon as possible. Please send notification to mdore@gymcan.org. <p><u>Other documents – mandatory for registration</u></p> <p>The Waiver and Medical Forms must be completed for every registered athlete.</p> <p>The forms can be downloaded HERE.</p> <p>All forms must be fully completed. Missing or Incomplete forms may jeopardise the eligibility of an athlete.</p>	Judges Travel Information and Names	December 1st, 2017	Registration	January 12, 2018	Waiver and medical forms	January 12, 2018	Payment	January 12, 2018	Refund Request Deadline	January 19, 2018
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SCHEDULE	<p>You will find a draft detailed schedule at the end of the directive.</p> <p>Please note the final detailed schedule, as well as the draw, will be sent separately from GCG after the registration deadline.</p>
TRAVEL	<p>Boulevard Travel is pleased to offer their exclusive “Sports Air Program” to all members.</p> <p>Sport Air Program with Air Canada and WestJet for Groups – Minimum 10 tickets to be eligible Air fares – Boulevard Travel has exclusive negotiated air fares with both domestic carriers ensuring the absolute best price with the best flexibility in the industry.</p> <p>Free tickets – One (1) free ticket for every 15th paid (paying only the taxes).</p> <p>Name change – Free and/or discounted name changes after ticketing</p> <p>Payments - NO deposits, NO payments until ticketing 5-7 days prior to departures</p> <p>Baggage – One (1) free standard checked bag per person per direction</p> <p>Travel documents / Reporting – Boulevard Travel has developed a number of customized platforms to help with reporting and document delivery which makes travel extremely easy.</p> <p>To secure the best available rate and to discuss booking details please contact: Boulevard Travel – 403-237-6233 Sharon Phelps, Senior Group & Sport Travel Consultant sharonp@boulevardtravel.com direct: 403-802-4270 Corinne Palin – Group Account Manager corinnep@boulevardtravel.com direct: 403-802-4284</p>
LOCAL TRANSPORTATION	<p>Clubs travelling by air are to arrive at the Jean-Lesage International Airport in Quebec City. The airport is approximately 15 minutes from the venue.</p> <p>Clubs are responsible for their own local transportation.</p> <p>Judges will be provided local transportation by the organizing committee between the airport, Hôtel Classique and the venue.</p>
ACCOMMODATION	<p><u>Official Hotels</u></p> <p>Hôtel Universel 2300 chemin Ste-Foy, Ville de Québec, G1V 1S5 1.800.463.4495 www.hoteluniversel.qc.ca Email: gmercier@hoteluniversel.qc.ca Price: \$169 + tax/night Reservation deadline: January 5th, 2018 Boston Pizza Restaurant on site Multiple restaurants close by 600m from competitive venue</p> <p>Hôtel Cofortel 6500 boul. Wilfrid-Hamel, Ville de Québec, G2E 2J1 1.800.363.7440 www.cofortel.com Price: \$159.95 + tax/night (Jan 31-Feb 1) \$179.95 + tax/night (Feb 2-3) Reservation deadline: January 2nd, 2018 Breakfast starting at 5am 10km from competition venue</p>

	<p>Hôtel Classique 2815 Boulevard Laurier, Ville de Québec, G1V 4H3 1.800.463.1885 Price: Between \$149 and \$179 + tax/night Two (2) restaurants, Wi-Fi and parking Group Promo Code: 584827 Reservation deadline: December 29th, 2017 3km from competition venue</p> <p>Travelodge 3125 Boulevard Hochelaga, Ville de Québec, G1V 4A8 418.653.4906 Ext : 6110 www.travelodgequebec.ca Email: acouturier@travelodgeqc.com Price: \$189 + tax/night Complimentary continental breakfast Restaurant/bar 4km from competition venue</p> <p>Grand Times 6515 Boulevard Wilfrid-Hamel, Québec, G2E 5W3 1.800.902.4444 www.grandtimeshotel.com Email: reservation aeroport@timeshotel.ca Code: QuébecPref Price: \$171,99 + tax/night (minimum 2 nights) Reservation deadline: January 5th, 2018 10km from competition venue</p>
MEALS	<p>Clubs are responsible for their own meals.</p> <p>A hospitality room will be provided for the coaches and officials during training and competition.</p>
ACCREDITATION	<p>The GCG accreditation procedures will apply. The system consists of colour coded categories and access zones. GCG reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditation will be distributed upon arrival to the competition venue. The accreditation must be worn to access the venue and the competitive area.</p>
MEDICAL	<p>There will be a medical team on site (Biokin Physiotherapy) throughout the competition.</p> <p>Doping control could be conducted for Senior athletes. For information on doping control procedures and banned substances, please go to www.cces.ca.</p>

<p>PROTOCOL & AWARD CEREMONIES</p>	<p>The Canadian National Anthem will be played before the first session of competition.</p> <p><u>Award Ceremonies</u> All MAG Categories- Top 3 athletes AA and per apparatus.</p> <p>Novice WAG – Top 8 athletes AA and apparatus.</p> <p>Junior and Senior WAG - Top 8 athletes AA and top 3 athletes per apparatus.</p> <p><u>Dress code on the awards podium</u> Athletes: Competitive uniform</p>
<p>JUDGES</p>	<p>Names and travel information for self-funded or provincially funded judges are to be sent to Sue Ashton (sashton@gymcan.org).</p> <p>GCG will make the double occupancy reservations for ALL judges with the host hotel (Hôtel Classique) to ensure all judges are at the same hotel. Judges wanting a single room must request it in writing to Sue Ashton by <u>December 8th, 2017</u> and will be responsible for the additional room cost which could be up to the full cost of the room.</p> <p>The organizing committee will provide local transportation to the judges (airport-Hôtel Classique-venue).</p> <p>Meals will be provided to the judges at the competition venue between training and competition sessions. Judges will receive a per diem for meals not provided by the organizing committee.</p>

ELITE CANADA 2018
MEN'S ARTISTIC GYMNASTICS
 PROVISIONAL SCHEDULE – NOVEMBER 2017

	<u>ACTIVITY</u>		<u>LOCATION</u>
Wed. 31	20:00	MPC Meeting	
Thu. 1	08:30 – 10:00	Junior & Senior Training	Telus Stadium
	10:00 – 12:30	Junior Group 1 - Podium Training & <u>Physical Testing</u> (<u>group 1 and 2 will be allocated by club with Western Provinces in Group 2</u>)	
	13:00 – 15:30	Junior Group 2 - Podium Training & <u>Physical Testing</u>	
	15:30 – 18:00	Senior - Podium Training (MAG Judges to attend)	
	18:30 – 19:00	Technical Meeting	
Fri. 2	08:30 – 10:30	Junior & Senior - Training	Telus Stadium
	13:30 - 15:00	Junior - Warm up	
	15:00 - 17:30	Junior - Competition + Award Ceremonies - All-Around	
	17:30 – 18:50	Senior - Warm up	
	18:55 – 19:00	Elite Canada Opening Ceremonies	
	19:00 – 21:30	Senior - Competition + Award Ceremonies – All-Around	
Sat. 3	09:00 – 10:30	Junior & Senior - Training	Telus Stadium
	11:00 – 12:30	MAG Program Consultation	
	14:00 – 15:30	Junior & Senior – Warm up (Apparatus Finals)	
	15:30 – 18:00	Junior & Senior – Apparatus Finals - Competition +Award Ceremonies	
	19:00 – 20:00	National team meeting	

ELITE CANADA 2018
WOMEN'S ARTISTIC GYMNASTICS
 PROVISIONAL SCHEDULE – NOVEMBER 2018

	ACTIVITY		LOCATION
Wed. 31	13:00 – 18:00	WAG PC Meeting	
Thu. 1	08:45 – 10:30	Novice - Warm-up and training Group 1 (by club)	
	09:30 – 11:00	Judges' Briefing Session	
	10:45 – 12:30	Novice - Warm-up and training Group 2 (by club)	
	13:00 – 13:30	Technical Meeting	
	13:30 – 15:15	Junior/Senior - Warm-up and training Group 1 (by club)	
	15:20 – 17:05	Junior/Senior - Warm-up and training Group 2 (by club)	
	17:15 – 19:00	Junior/Senior - Warm-up and training Group 3 (by club)	
	19:15 – 21:30	NTCC meeting – For coaches of NT Athletes with NTD	
Fri. 2	09:00 - 09:50	Judges' Meeting	
	08:30 – 08:50	Novice - Flight 1 General Warm-up	
	08:50 – 09:50	Novice - Flight 1 Specific Warm-Up	
	09:30 – 10:30	Meeting of all Junior and Senior NT athletes	
	10:00 – 12:15	Novice - Day 1 - Flight 1	
	12:15 – 12:35	Novice - Flight 2 - General Warm-up	
	12:35 – 13:35	Novice - Flight 2 - Specific Warm-Up	
	13:45 – 16:00	Novice - Day 1 - Flight 2	
	17:15 – 17:35	Senior - General Warm-Up	
	17:35 – 18:50	Senior - Specific Warm-Up	
	18:00 – 18:50	Judges' Meeting	
	18:55 – 19:00	Elite Canada Opening Ceremonies	
	19:00 – 21:30	Senior - All-Around	
Sat. 3	09:00 – 10:30	Open training Senior (sign-up with floor manager by Friday, 15:30 – 20\$ per athlete if no show)	
	09:00 – 10:30	BJC Meeting	
	10:30 – 10:50	Junior - General Warm-up	
	10:50 – 12:20	Junior - Specific Warm-up	
	11:30 – 12:20	Judges' Meeting	
	12:30 – 14:30	Junior - All-Around	
	14:30	Junior - AA Awards	
	16:00 – 16:30	SR NT Meeting (athletes with NTD and IST Lead)	
	16:00 – 16:20	Novice - General Warm-Up	
	16:20 – 17:50	Novice - Specific Warm-Up	
	17:00 – 17:50	Judges' Meeting	
	18:00 – 20:30	Novice - All Around - Day 2	
	20:30	Novice Awards	
	20:30 – 21:30	Open training Senior (sign-up with floor manager by Saturday at 10:30) – 20\$ per athlete if no show)	
Sun.4	09:30 – 10:50	Junior/Senior - Warm-Up (open format)	
	10:00 – 11:00	Judges' Meeting	
	11:00 – 13:30	Junior & Senior Apparatus Finals	
	13:30	Junior & Senior Awards	
	14:00 – 18:00	WAG Program IST meeting (IST Personnel only)	