

2017 CANADIAN CHAMPIONSHIPS
RHYTHMIC GYMNASTICS
DIRECTIVE



KINSMEN CENTRE
EDMONTON, AB
MAY 17-21, 2017

GCG



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ORGANIZING COMMITTEE	 <p>Rhythmic Gymnastics Alberta 11759 Groat Road Edmonton, Alberta, T5M 3K6 Phone: 780-427-8152 E-mail: rga@rgalberta.com</p> <p>We would like to thank RGA and its volunteers for the organization of this event!</p> <p>Meet Director: Katina Haberman Volunteers: Aisulu Adbykadyrova Scoring: Andy Wong</p>
DATE	May 17-21, 2017 (including arrival day)
COMPETITION VENUE	<p>Kinsmen Sports Centre, Kinsmen Field House 9100 Walterdale Hill, Edmonton, AB, T6E 2V3</p> <p><u>Parking:</u> Parking is free, but plan to walk a little further on Saturday morning, as the first few rows of parking are restricted to assist moms and small children attending swim classes at the Kinsmen. Please follow the directions of the parking attendant (who is an RGA volunteer).</p>
APPARATUS SUPPLIED	<p>The official supplier for the event is Gymnova S.A.</p> <p>Rhythmic Gymnastics 1 Competition Carpet 2 Warm-up Carpets</p> <p>Apparatus Placement is following the 2017-2020 FIG rules. Note: Novices can place one apparatus on the middle of one of the two sidelines.</p>
INVITED MEMBERS	<p><u>From 2017 Elite Canada AA Results: (Competition A + Competition B)</u> Top 15 Seniors – High Performance Top 15 Juniors – High Performance</p> <p><u>From 2017 Eastern or Western Regional Championships AA Results: (Competition A)</u> Top 10 Individual Novice + 2 per province Top 10 Individual Junior Open + 2 per province Top 10 Individual Senior Open + 2 per province</p> <p><u>Groups of 5:</u> Open Competition for Novice, Junior Development, Junior, Senior Development & Senior.</p>
EVENT FORMAT/PURPOSE	<p><u>Individual Competition</u></p> <p>Novice Event:</p> <ul style="list-style-type: none"> - Competition A: All Around <p>Junior & Senior Events:</p> <ul style="list-style-type: none"> - Competition A: Individual Qualifying for Open and HP gymnasts - Competition B: Top 15 from Competition A combined Open and HP gymnasts.

Categories:

- Novice National
- Junior Open
- Junior High Performance
- Senior Open
- Senior High Performance

Purpose:

1. To declare 2017 Canadian Novice, Junior and Senior Champions.
2. To complete the selection process of the Junior & Senior Individual National Teams.
3. To identify and assign gymnasts to strategic International Competitions

Group Competition

Events:

Novice, Junior Development & Senior Development Group of 5: All Around
Junior & Senior Groups of 5: All Around Competition A + B; Finals B

Purpose:

1. To declare Canadian Group Champions.
2. To determine the ranking of rhythmic gymnastics groups across Canada
3. To identify and assign groups to strategic International Competitions.
4. To provide a control training opportunity for the GCG Senior group contingent on their yearly plan.
5. To provide a competitive opportunity for Junior & Senior Development Groups.

ELIGIBILITY

All athletes, coaches, judges, and team managers must be registered members in good standing of GCG in the year in force. Members with amounts owing to GCG will be deemed in bad standing and will not be eligible to participate at Canadian Championships.

All participating provincial associations and their members commit themselves to respect the GCG/RG Program Technical Rules and Regulations, including, the ones concerning the age and nationality of the gymnasts.

Provincial/Territorial Rhythmic Gymnastics Governing Bodies, which do not respect the above two requirements, will miss the opportunity to qualify for the Canadian Championships and the National Team.

Coaches

According to the RG Technical Regulations, all coaches on the floor must be certified level 3 NCCP if coaching a National Level athlete or group. A coach without the proper certification must request an exemption from the RG National Team Director (complete form in Appendix). Note that an exemption is valid for one year.

The request must be sent directly to the GCG office c/o [Brihana Mosienko](#) no later than **April 27th, 2017**. The completed form must be joined by a cheque of \$25 to cover administrative costs and must be received by the deadline.

REGISTRATION & DEADLINES

Registration and Form submission Deadlines		To:
Registration Deadline	May 1, 2017	GCG
100% Payment of Registration	May 1, 2017	GCG
100% Payment of GCG Fee Deadline	May 1, 2017	GCG
Itinerary Form	May 1, 2017 As soon as possible	RGA
Music Submission	May 1, 2017	RGA
P/TO Statutory Declaration Deadline	May 8, 2017	GCG
Refund Deadline	May 8, 2017	GCG
Novice Free Script Submission	May 8, 2017	RGA

Registration Fee		Send to:
Registration Fee	140\$ per person (gymnast, coach, judge, support staff)	GCG
Late Provincial Entry Penalty	500\$ fixed fee plus \$150 per additional days that a registration is late/incomplete	GCG
Late Individual Entry Penalty	50\$ per person	GCG
GCG Athlete Fee	35\$ per athlete	GCG

Completed Registration Checklist

- ✓ **#1-** The Excel Registration Spreadsheet is submitted electronically to GCG at mreid@gymcan.org by **May 1, 2017**. See attached document for Registration Spreadsheet.
- ✓ **#2-** 100% payment of the Registration is RECEIVED at the GCG office by May 1st, 2017.
Methods of payment accepted:
 - Credit Card – Please call the Gymnastics Canada office – ext. 231
 - Electronic Fund Transfer – Inform Mariève Reid of the EFT.
 - Cheque – a hard copy of the Financial Info tab must accompany the cheque.
Cheque made payable to: **Gymnastics Canada Gymnastics**
Package to be mailed to:
Gymnastics Canada
Attn: Mariève Reid
1900 City Park Drive, suite 120
Ottawa, ON, K1J 1A3
- ✓ **#3-** Each P/TO must submit their **Statutory Declaration**, stating that all waivers and medical forms have been collected and will be in the possession of the designated team manager/chef de mission, to [Mariève Reid](#) by **May 8th, 2017**. The Chef the mission is responsible to hand all waivers and medical forms at check in. Please advise GCG directly of any serious major medical issue.

- ✓ **#4-** 100% payment of the GCG Athlete Fee is RECEIVED at the **GCG office** by the deadline. The fee is payable by PROVINCE. Refer to #2 for accepted payment methods.

Definition of Late Provincial Entry Penalty

A Provincial/Territorial Federation/Association will be charged the Late Provincial Entry Penalty if the above mentioned checklist items #1, 2, 3 and/or 4 is not fulfilled by the set deadline.

Definition of Late Individual Entry Penalty

A Provincial/Territorial Federation/Association will be charged the Late Individual Entry Penalty if a delegate is registered after the set registration deadline.

Note - No entries will be accepted after the registration deadline unless written approval is given by GCG’s RG Program Director.

There is no Late Individual Entry Penalty for substitutions.

Refund Policy

Written request for refund can be made to the attention of Mariève Reid – mreid@gymcan.org until **May 8, 2017**. After this date, there will be NO reimbursement of the registration fee. In the event that a gymnast is declared unable to compete after this deadline, and ineligible for refund, the PTO still has the obligation to inform GCG of this as soon as possible. Please send notification to mreid@gymcan.org.

SCHEDULE

View draft schedule in Appendix A.

LOCAL TRANSPORTATION

Delegations are responsible for their own transportation.

Getting around Edmonton:

Edmonton Public Transit

Use the Edmonton Transit Trip Finder: <http://etstriplanner.edmonton.ca/PlanYourTrip.aspx>. There is now a public transit option from the airport to Century Park (the Light Rail Transit depot) which then connects to within two blocks of the hotel.

	Transit Fare	Day Pass
Adult/Youth	\$3.20	\$9.00
Adult/Youth	\$5.00 from airport and then \$3.20 when you reach Century Park Route 747 – Pick up at Door 8 between Tim Horton’s and Mac’s, transfer to Metro Line at Century Park LRT Station	

Airport Taxi

Fares (www.airporttaxiservice.ca) are flat rate to downtown of approximately \$55.00.

Sky Shuttle Service

The Sky Shuttle Service in Edmonton has changed, and groups are requested to check the website at: <http://www.edmontonskyshuttle.com/>

Phone: 780-465-8515 to book your shuttle.

Departures vary between every 30 minutes to every hour.

The Chateau Lacombe is a drop-off/pick-up location.

For information about transfers from airport to hotel, please contact the Edmonton International Airport Ground Transportation Office or

Phone: 780 890 8553 Toll free: 1 800 268 7134

Judges:

Airport transportation for judges will be provided via the Sky Shuttle Service. Please advise the RGA (rga@rgalberta.com) if you do not require airport transportation.

Local transportation will be provided to judges from Chateau Lacombe to the Kinsmen Field House. The schedule for transportation will be issued with the judge package at the Judge's meeting.

HOST HOTEL**Chateau Lacombe**

10111 Bellamy Hill, Edmonton, AB, Canada, T5J 1N7

Telephone: 1-780-428-6611 Toll Free 1-800-661-8801

www.chateaulacombe.com

Standard Double Rooms:

\$115 plus taxes* per night - Single to Quad

Guest Room rate includes one (1) complimentary parking per room

* Taxes include: Municipal Marketing Levy of 1%; Provincial Marketing Levy of 4%; GST of 5%.

Breakfast

Full Hot Breakfast Buffet in Café Lacombe at a discounted price of \$12.00 per person.

- Teams are required to show their accreditations to get the discounted price.
- Teams can arrange vouchers in advance by contacting Veronica Abbott – see contact information below.
- Breakfast vouchers will be distributed to judges.

Refrigerators:

Book early to share the 20 complimentary refrigerators (refrigerators to be assigned to be fair to provinces and teams)

Parking:

Additional parking is available in the hotel parkade at \$15.00 per vehicle per night plus tax. Additional parking is available in the open lot across the street from the hotel.

	<p><u>To make reservations:</u></p> <p>Provincial Teams and Judges: Contact: Veronica Abbott, Sales Manager Direct: 1-780-420-8395 Email: vabbott@chateaulacombe.com Code: Rhythmics Gymnastics</p> <p>Spectators: <u>Online booking through:</u> http://bookings.ihotelier.com/bookings.jsp?groupID=1727475&hotelID=85252</p> <p><u>Telephone reservations</u> Guests may also call the hotel direct and book under the <u>Rhythmic Gymnastics – Spectators Block</u> Direct Tel: 780:428-6611 Toll Free: 1-800-661-8801</p>
MEALS	<p>Delegations are responsible for their own meals.</p> <p>The organizing committee will serve meals to judges during competition.</p> <p>Light snacks and drinks will be available to the coaches during competition.</p>
ACCREDITATION	<p>The GCG accreditation protocol will apply. The system consists of colour coded categories. GCG reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditation for provinces will be distributed to Chefs during training day. The accreditation must be worn to access the venue, the competitive and training areas and the hosting areas.</p>
MEDICAL	<p>Alberta will provide medical support through Elite Injury and through the Sports Medicine Council of Alberta. Doctors and dentists will be on call.</p> <p>Doping control may be conducted for athletes. For information on doping control procedures and banned substances, please go to www.cces.ca.</p>
PROTOCOL & AWARDS	<p><u>Opening Ceremonies:</u> All athletes are invited to participate in the opening ceremonies. A minimum of 1 athlete per province must participate as the flag bearer. Please include the name of the chosen athlete in the registration form.</p> <p>Those participating in the opening ceremonies must be in the training gym 15 minutes prior to the scheduled start.</p> <p>Athlete Dress Code for Opening Ceremonies: Provincial Team Track Suit</p>

Individuals:

Certificates will be presented to the HP (top 15) Junior & Senior from Competition A.

Novice, Junior Open and Senior Open

Top 8 All-Around from Competition A

Top 8 Apparatus from Competition A

Junior and Senior High Performance

Top 8 All-Around from Competition A + B

Top 8 Apparatus Finals from Competition B

Groups:

Novice and Junior/Senior Development Groups

Top 8 All Around from Competition A (one routine performed twice)

Note: No Canadian Champion is declared for Development Groups

Junior and Senior Groups

Top 8 All-Around from Competition A + B (total of 4 routines)

Top 8 Apparatus Finals from Competition B (two routines performed once)

Note: If there is only one group in Junior or Senior, group apparatus awards will not be presented.

Athlete Dress Code for Award Ceremonies: Competitive Leotard, toe slippers.

Special Awards:

Junior Athlete of the Year

Senior Athlete of the Year

Miss Elegance

Junior International Medalists – Coaches

Senior International Medalists – Coaches

International Coach of the Year

Coach of the Year

Provincial Team Champions (2 Novice + 2 Junior + 2 Senior AA points)

Aeon Cup Club Announcement (2 Senior + 1 Junior AA points)

Music

We will be playing all music from a computer set list created by the NuCurve Score2u program and will only use a CD as an emergency backup. Music must be submitted by the music deadline date (**May 1**), to allow it to be checked and loaded into the Score2u system. Early submission of music from provinces with confirmed athletes would be greatly appreciated.

Please follow the instructions below:

1. Create a folder with all of the music submissions for your province using the two letter province code and the clubs' name as the folder name.

Example AB-Chinook

2. All music files must be named as follows (If music submission does not conform to the stated naming convention, it will be rejected and the provincial registration will be considered late, with appropriate penalties applied.):

Music file name consist of 3 parts with the **first 2 being mandatory** to match to rotation order (Note: upper/lower case are both fine and hyphens are optional only for readability):

First name followed by last name of gymnast as registered then write the apparatus (i.e. free, rope, hope, ball, clubs, ribbon)

3. The system does not translate from Elizabeth to Beth or Elizabeth with an S. (Group names must be self-explanatory and clear, especially if there are multiple groups from a single club.

Eg. Arabesque Junior Group of Five is sufficient, but if there are two junior groups from the same club, please give them an alternative name and include the names of the individuals in each group.

- (Optional) - level, club, province, title and name of song.

Eg. “**Jane Doe - Hoop** – AB - Novice – Be My Girl.mp3” or “**Jane Doe - Hoop** your own text.mp3” are both acceptable.

Note that when music does not have the title of the music, coaches can sometimes make mistakes and assign an apparatus to the wrong music. Clarity of naming protocol protects the gymnasts and makes it easier for organizers and volunteers.

Note: **Only mp3 and wma files are supported** as other files may not be playable on all platforms of Windows and wav files are too large to work with when there are so many competitors.

3. The music files should be sent via any of the major file share services (Preference is for Dropbox, but files can also be sent via google drive or one drive or other share services.)

4. Please email rga@rgalberta.com after your music has been submitted.

SCRIPTS

A copy of Novice Free Scripts MUST be **RECEIVED** at the RGA offices by **May 8, 2017**.

Scripts may be sent via email or via Dropbox.

By email:

Scripts to be sent to rga@rgalberta.com in a PDF format (no photographs will be accepted).

By Dropbox using the following naming convention:

- a) Name of folder: Club
- b) Scripts: Name of athlete, club, province

Late Scripts will not be accepted.

Scripts cannot be changed past the May 8th deadline.

WEBCAST

The 2017 Canadian Championships in Rhythmic Gymnastics will be webcasted live on GYMCAN.TV.

APPENDICES	<p>Appendix 1: Draft Schedule</p> <p>Appendix 2: Itinerary Form</p> <p>Appendix 3: Coaches Exemption Form</p> <p>Appendix 4: Statutory Declaration</p>
ABOUT THE CITY OF EDMONTON	<p>Edmonton is the capital city of Alberta and is well known for its scenic river valley and a thriving music and art community. Edmonton is home to North America's largest shopping and entertainment complex, West Edmonton Mall. More than just a shopping centre, West Edmonton Mall also has a giant water park, a man-made lake, a skating rink, two mini-golf courses, movie theatres, a casino and an amusement park. Edmonton's vibrant population tends to hang out and shop at the trendy Whyte Avenue district, or along Jasper Avenue and 104th Street near Grant MacEwan. The Muttart Conservatory, an expansive horticultural spectacle, is noted for its unique pyramid architecture. No visit to Edmonton is complete without seeing the remarkable Alberta Legislature Building and Fort Edmonton Park. Trendy restaurants and gastro-pubs will be a highlight of your stay in downtown Edmonton.</p>

APPENDIX A: DRAFT SCHEDULE

Version: January 2017

THURSDAY MAY 18

09:00 – 17:00	Warm Up & Podium Training
14:00 – 16:00	Official Judges Podium Observation 2:00 – 4:00
16:00 – 17:30	CC 2017 Judges Course/Meeting
17:30 – 18:30	CC 2017 Event Technical Meeting
19:30 – 21:00	Reception for coaches and judges

FRIDAY MAY 19

07:30	Gym Opens
08:00 – 09:00	Judges Meeting
09:00 – 09:15	<i>Timed Warm Ups-Novice (3 min. each gr of 7)</i>
09:15 – 09:20	Official Welcome
09:20 – 11:30	National Novice Competition – Free & Hoop
11:30 – 12:15	<i>Lunch Break</i>
11:55 – 12:15	<i>Timed Warm Ups – Novice Group & Senior Open</i>
12:15 – 13:30	Novice Group & Senior Open Competition A – Hoop & Ball
13:30 – 13:45	Timed Warm Ups - Senior High Performance
13:45 – 14:45	Senior High Performance Competition A – Hoop & Ball
14:45 – 15:00	<i>Timed Warm Ups – Junior HP (3 min. gr of 5)</i>
15:00 – 16:00	Junior High Performance Competition A – Hoop & Ball
16:00 – 16:15	<i>Timed Warm Ups – Junior Open (3 min. gr of 5)</i>
16:15 – 18:30	Junior Open Competition A – Hoop & Ball
18:30 – 19:15	<i>Dinner Break</i>
19:00 – 19:15	<i>Timed Warm Ups for Junior & Senior Groups</i>
19:15 – 19:30	Junior & Senior Group Competition – First Performance – Junior Clubs & Senior Hoop
After competition	Brevet Judges Meeting

SATURDAY MAY 20

07:30	Gym Opens
08:00 – 09:00	Judges Meeting
08:45 – 09:00	<i>Timed Warm Ups-Novice (3 min. each gr of 7)</i>
09:00 – 11:15	National Novice Competition – Ball & Clubs
11:15 – 11:30	National Novice AA & Apparatus Awards Presentation
11:30 – 12:15	<i>Lunch Break</i>
12:00 – 12:15	<i>Timed Warm Ups – Novice Group & Senior Open</i>
12:15 – 13:30	Novice Group & Senior Open Competition A – Clubs & Ribbon
13:30 – 13:45	Break & Timed Warm Ups – Senior High Performance
13:45 – 14:45	Senior High Performance Competition A – Clubs & Ribbon
14:45 – 15:00	<i>Break & Timed Warm Ups – Junior High Performance</i>
15:00 – 16:00	Junior High Performance Competition A – Clubs & Ribbon
16:00 – 16:15	<i>Timed Warm Ups – Junior Open (3 min. gr of 5)</i>
16:15 – 18:30	Junior Open Competition A – Clubs & Ribbon
18:30 – 19:15	<i>Dinner Break</i>

19:00 – 19:15	<i>Timed Warm Ups for Junior & Senior Groups – Junior Rope & Senior Ball/Rope</i>
19:15 – 19:30	Junior & Senior Group Competition – Second Performance – Junior Rope & Senior Ball/Rope
19:45 – 20:00	Awards - National Nov. Group, Jr. & Sr. Open AA & Apparatus Awards
After awards	NTCC Meeting

SUNDAY MAY 21

07:30	Gym Opens
08:00 – 8:45	Judges Meeting
08:40 – 9:00	<i>Timed Warm Ups - Junior (6 min. per gr of 5)</i>
09:00 – 11:15	Junior HP – Presentation of certificates Junior Individual Competition B - 4 apparatus
11:15 – 12:00	<i>Lunch Break</i>
11:30 – 11:55	<i>Timed Warm Ups – Group 3 min. & Senior (6 min. per gr of 5)</i>
12:00 – 12:10	Senior HP – Presentation of certificates Group Competition B – Junior Clubs & Senior Hoop
12:10 – 14:25	Senior Individual Competition B – 4 apparatus
14:25 – 14:40	<i>Break</i>
14:25 – 14:35	<i>Timed Warm Ups – Group 3 min. each</i>
14:35 – 14:45	Group Competition B – Junior Rope & Senior Ball/Rope
15:00 – 15:45	Awards - National Junior & Senior Group Apparatus & AA Junior HP Final Awards & Junior AA Awards Senior HP Final Awards & Senior AA Awards Special Awards: Aeon Cup – Club Announcement Provincial Team Award International Achievements: Athlete, Coach & Judge Recognition Miss Elegance Junior Athlete of the Year Senior Athlete of the Year International Coach of the Year Coach of the Year

APPENDIX B: ITINERARY FORM

This is essential information in order to plan the practice times efficiently. Please take the time to carefully fill it out, and advise the Meet Director immediately of any changes or adjustments. Also, please indicate if there will be judges traveling with your group.

PROVINCE :	CLUB :
CONTACT NAME :	PHONE # :
FAX # :	EMAIL :

ARRIVAL INFORMATION:

Arrival Date	Airline/Train/Car	Flight #	Arrival Time

DEPARTURE INFORMATION:

Departure Date	Airline/Train/Car	Flight #	Departure Time

Please return to Diane Gunn at rga@rgalberta.com by May 1st.

Teams must arrive in Edmonton and be prepared for podium training as per tentative schedule. With late arrivals the day of, there is no guarantee of a podium training timeslot.

APPENDIX C: COACHES EXEMPTION FORM

TO BE COMPLETED AND SENT AT THE TIME OF REGISTRATION TO:

GCG OFFICE, c/o: [Brihana Mosienko](#)

1900 City Park Drive, Suite 120, Ottawa, ON, K1J 1A3

The completed form must be joined by a cheque of \$25 to cover administrative cost.

A COPY OF THE AUTHORIZATION GIVEN WILL BE SENT TO THE ORGANIZING COMMITTEE WHO WILL ISSUE ACCREDITATION ONLY ON RECEIPT OF THE DULY SIGNED AUTHORIZATION.

NAME OF THE COACH	
PROVINCE	
CLUB	
REGISTRATION # WITH THE CAC	
NAME EVENT FOR WHICH THE EXEMPTION IS REQUESTED	
DATE OF THE EVENT	
LOCATION OF THE EVENT	
LEVEL COMPLETED	
DATE OF THE COMPLETION	
LEVEL TO BE COACHED AT THE COMPETITION	
REASON FOR NOT COMPLETING THE LEVEL REQUIRED	
PLAN FOR COMPLETION (TIME TABLE)	
SIGNATURE OF THE COACH	
DATE AND PLACE	
NAME OF THE PSO REP APPROVING THE REQUEST	
SIGNATURE OF THE PSO REP	
DATE AND PLACE	
FOR GCG OFFICE USE	CHEQUE RECEIVED:
AUTHORISATION GIVEN BY	
SIGNATURE	
DATE AND PLACE	

APPENDIX D: STATUTORY DECLARATION



2017 Canadian Gymnastics Championships

Statutory Declaration

Medical Form, Risk Waiver and Image Release Waiver

I, (enter name), _____ from (Federation name) _____, declare that the (enter name of Federation) _____ has collected and filed all signed Gymnastics Canada's (GCG) Medical form and Risk Waivers form for every gymnast registered and participating at the 2017 Canadian Rhythmic Gymnastics Championships.

Provinces are also responsible to have all the [Medical form & Risk Waiver](#) forms available on site (hard copies or scanned copies).

Signature

Name:

Title:

Date: