



2017 CANADIAN CHAMPIONSHIPS IN RHYTHMIC GYMNASTICS

DRAFT SCHEDULE

Version: January 2017

THURSDAY MAY 18

09:00 – 17:00	Warm Up & Podium Training
14:00 – 16:00	Official Judges Podium Observation 2:00 – 4:00
16:00 – 17:30	CC 2017 Judges Course/Meeting
17:30 – 18:30	CC 2017 Event Technical Meeting
19:30 – 21:00	Reception for coaches and judges

FRIDAY MAY 19

07:30	Gym Opens
08:00 – 09:00	Judges Meeting
09:00 – 09:15	<i>Timed Warm Ups-Novice (3 min. each gr of 7)</i>
09:15 – 09:20	Official Welcome
09:20 – 11:30	National Novice Competition – Free & Hoop
11:30 – 12:15	<i>Lunch Break</i>
11:55 – 12:15	<i>Timed Warm Ups – Novice Group & Senior Open</i>
12:15 – 13:30	Novice Group & Senior Open Competition A – Hoop & Ball
13:30 – 13:45	Timed Warm Ups - Senior High Performance
13:45 – 14:45	Senior High Performance Competition A – Hoop & Ball
14:45 – 15:00	<i>Timed Warm Ups – Junior HP (3 min. gr of 5)</i>
15:00 – 16:00	Junior High Performance Competition A – Hoop & Ball
16:00 – 16:15	<i>Timed Warm Ups – Junior Open (3 min. gr of 5)</i>
16:15 – 18:30	Junior Open Competition A – Hoop & Ball
18:30 – 19:15	<i>Dinner Break</i>
19:00 – 19:15	<i>Timed Warm Ups for Junior & Senior Groups</i>
19:15 – 19:30	Junior & Senior Group Competition – First Performance – Junior Clubs & Senior Hoop
After competition	Brevet Judges Meeting

SATURDAY MAY 20

07:30	Gym Opens
08:00 – 09:00	Judges Meeting
08:45 – 09:00	<i>Timed Warm Ups-Novice (3 min. each gr of 7)</i>
09:00 – 11:15	National Novice Competition – Ball & Clubs
11:15 – 11:30	National Novice AA & Apparatus Awards Presentation
11:30 – 12:15	<i>Lunch Break</i>
12:00 – 12:15	<i>Timed Warm Ups – Novice Group & Senior Open</i>
12:15 – 13:30	Novice Group & Senior Open Competition A – Clubs & Ribbon
13:30 – 13:45	Break & Timed Warm Ups – Senior High Performance

13:45 – 14:45	Senior High Performance Competition A – Clubs & Ribbon
14:45 – 15:00	<i>Break & Timed Warm Ups – Junior High Performance</i>
15:00 – 16:00	Junior High Performance Competition A – Clubs & Ribbon
16:00 – 16:15	<i>Timed Warm Ups – Junior Open (3 min. gr of 5)</i>
16:15 – 18:30	Junior Open Competition A – Clubs & Ribbon
18:30 – 19:15	<i>Dinner Break</i>
19:00 – 19:15	<i>Timed Warm Ups for Junior & Senior Groups – Junior Rope & Senior Ball/Rope</i>
19:15 – 19:30	Junior & Senior Group Competition – Second Performance – Junior Rope & Senior Ball/Rope
19:45 – 20:00	Awards - National Nov. Group, Jr. & Sr. Open AA & Apparatus Awards
After awards	NTCC Meeting

SUNDAY MAY 21

07:30	Gym Opens
08:00 – 8:45	Judges Meeting
08:40 – 9:00	<i>Timed Warm Ups - Junior (6 min. per gr of 5)</i>
09:00 – 11:15	Junior HP – Presentation of certificates Junior Individual Competition B - 4 apparatus
11:15 – 12:00	<i>Lunch Break</i>
11:30 – 11:55	<i>Timed Warm Ups – Group 3 min. & Senior (6 min. per gr of 5)</i>
12:00 – 12:10	Senior HP – Presentation of certificates Group Competition B – Junior Clubs & Senior Hoop
12:10 – 14:25	Senior Individual Competition B – 4 apparatus
14:25 – 14:40	<i>Break</i>
14:25 – 14:35	<i>Timed Warm Ups – Group 3 min. each</i>
14:35 – 14:45	Group Competition B – Junior Rope & Senior Ball/Rope
15:00 – 15:45	Awards - National Junior & Senior Group Apparatus & AA Junior HP Final Awards & Junior AA Awards Senior HP Final Awards & Senior AA Awards Special Awards: Aeon Cup – Club Announcement Provincial Team Award International Achievements: Athlete, Coach & Judge Recognition Miss Elegance Junior Athlete of the Year Senior Athlete of the Year International Coach of the Year Coach of the Year