

DRAFT SCHEDULE

Version: March 2018 pending registrations

THURSDAY MAY 17

09:00 – 17:00 Podium Training
17:00 – 18:00 CC 2017 Technical Meeting for accredited coaches & managers

FRIDAY MAY 18

07:15 Gym Opens
07:45 – 08:45 Judges' Meeting
08:45 – 09:00 Times Warm-up for Novice Group & Novice
09:00 – 09:10 Official Welcome
09:10 – 11:30 **Novice Group 5 Hoops (Perf 1) & Novice Free/Hoop**
11:30 – 12:15 Lunch Break
12:00 – 12:15 Timed Warm-up for Senior Open
12:15 – 13:45 **Senior Open Competition A – Hoop/Ball**
13:45 – 13:55 Timed Warm-up for Senior HP
13:55 – 15:10 **Senior HP Competition A – Hoop/Ball**
15:10 – 15:25 Timed Warm-up Junior HP
15:25 – 17:05 **Junior High Performance Competition A – Hoop/Ball**
17:05 – 17:20 Timed Warm-up for Junior Open
17:20 – 19:10 **Junior Open Competition A – Hoop/Ball**
19:10 – 19:50 Dinner Break
19:20 – 19:50 Timed Warm-ups for Junior & Senior Groups
19:50 – 20:00 **Junior & Senior Group Competition A (Perf 1) Junior Clubs/Senior Hoop**
20:15 **Brevet Judges Meeting**

SATURDAY MAY 19

07:15 Gym Opens
08:00 – 08:45 Judge's Meeting
08:45 – 09:00 Timed Warm-up for Novice Group & Novice
09:00 – 11:15 **Novice Group 5 Hoops (Perf 2) & Novice Ball/Clubs**
11:15 – 11:30 **AWARDS – Novice Group AA & Novice Apparatus and AA**
11:30 – 12:15 Lunch Break
12:00 – 12:15 Timed Warm-up for Senior HP
12:15 – 13:45 **Senior Open Competition A – Clubs/Ribbon**
13:45 – 14:00 Break & Timed Warm-up for Junior Open (3min. gr of 5)
14:00 – 15:10 **Senior HP Competition A – Clubs/Ribbon**
15:10 – 15:25 Timed Warm-up for Junior HP
15:25 – 17:05 **Junior HP Competition A – Clubs/Ribbon**
17:05 – 17:20 Timed Warm-up for Junior Open (3 min. gr of 5)
17:20 – 19:10 **Junior Open Competition A – Clubs/Ribbon**
19:10 – 19:50 Dinner Break
19:20 – 19:50 Timed Warm-up for Junior & Senior Groups – Junior Rope & Senior Ball/Rope
19:50 – 20:00 **Junior & Senior Group Competition A (Perf 2) Junior Rope & Senior Ball/Rope**
20:10 – 20:25 **AWARDS Junior & Senior Open Apparatus & AA**

SUNDAY MAY 20

07:15	Gym Opens
08:00 – 08:45	Judges' Meeting
08:45 – 09:00	Timed Warm-up for Junior HP
09:00 – 11:15	Junior HP Certificates & Competition B
11:15 – 12:00	Lunch Break
11:40 – 12:00	Timed Warm-up for Junior & Senior Group & Senior HP
12:00 – 12:05	Senior HP Certificates
12:05 – 12:20	Junior & Senior Group Competition B (Perf 1)
12:20 – 14:35	Senior HP Competition B
14:35 – 14:50	Timed Warm-up for Junior & Senior Group
14:50 – 15:05	Junior & Senior Group Competition B (Perf 2)
15:05 – 15:25	Competition Closing
15:25 – 16:15	AWARDS
	<ul style="list-style-type: none">• National Junior & Senior Group Apparatus & AA• Junior HP Apparatus & AA• Senior HP Apparatus & AA• Provincial Team Award• International Recognition – Athlete, Coach, Judge• Miss Elegance• Junior Athlete of the Year• Senior Athlete of the Year• Coach of the Year