

ELITE CANADA 2018
DIRECTIVE
RHYTHMICGYMNASTICS



Markham Pan Am Centre
February 1-4, 2018
Markham, ON



GYMNASTICS CANADA

Gymnastics Canada Gymnastique

1900 Promenade City Park Dr. Suite 120
Ottawa, ON, K1J 1A3
Tel : (613) 748-5637
Fax: (613) 748-5691
website: www.gymcan.org

Peter Nicol – President and CEO
pnicol@gymcan.org

Teresa Orr– National Team Director
torr@gymcan.org
(289) 221-4332

Mariève Reid – Director of Events
mreid@gymcan.org
(613) 748-5637 ext. 231

Julie Forget – Director, Communications & Marketing
jforget@gymcan.org
613-748-5637 ext. 233

Brihana Mosienko – RG Program Coordinator
bmosienko@gymcan.org
(613) 748-5691 ext. 232

Mylaine Doré – Coordinator, Events & Marketing
mdore@gymcan.org
613-748-5637 ext. 239

ORGANIZING COMMITTEE

Glimmer Athletic Club

152 Baywood Ct.
Thornhill, ON, L3T 5W3
647 300-1071
janika@rogers.com

Excellence RG Club

28 Linden St. Unit 308
Toronto, ON, M4Y 0A4
416 275-2087
rudneva@rogers.com
Event Director: Janika Moelder

	<p>Sponsorship, Marketing and Communication Manager: Maria Rudneva Finance Manager: Maria Rudneva Ticketing and Volunteer Manager: Snegana Dorogan Technical Manager: Ülle Träss Operation Manager: Natalia Vilekin Event Production Manager: Kaupo Kallemaa</p>
LOCATION	<p>Markham Pan Am Centre Markham, ON</p>
DATE	<p>February 1-4, 2018</p>
COMPETITION VENUE	<p>Markham Pan Am Centre 16 Main Street Unionville, Markham, ON www.markham.ca</p> <p>Parking is free at this facility.</p>
APPARATUS SUPPLIED	<p>The official equipment supplier is Gymnova SA. The equipment supplied is as follows:</p> <p>1 Competition Carpet (16m X 16m) Gymnova 2 Warm-up Carpets (16m X 16m) Gymnova</p> <p>Apparatus Placement is following the 2017-2020 FIG rules Note: Novices can place one spare apparatus in the middle of one of the two side lines.</p>
INVITED MEMBERS AND FORMAT	<p>National Stream Individuals gymnasts and National Stream groups from all provinces and territories according to the 2018 Elite Canada eligibility.</p> <p><u>Individual Competition</u> Events:</p> <ul style="list-style-type: none"> • Competition A: Individual Qualifying • Competition B: Individual AA & Finals • Competition A: Novice AA (born in 2006) <p>Categories:</p> <ul style="list-style-type: none"> • Senior individual • Junior individual • Novice individual (born in 2006) <p>Purpose:</p> <ol style="list-style-type: none"> 1. To provide a National competitive opportunity for developing individuals and groups. 2. To declare 2018 Elite Canada Junior and Senior Champions. 3. To identify the 15 HP Juniors and Seniors for direct entry to the Canadian Championships. 4. To initiate the selection process for GCG RG National Teams. 5. To assist in identifying assignments to strategic international competitions based on selection criteria. 6. To provide a National level competition for gymnasts in their <u>final year</u> of Novice. <p><u>Group Competition</u> Events:</p> <ul style="list-style-type: none"> • Competition A: All groups (AA for Non FIG – one routine performed twice) • Competition B: AA & Finals Junior FIG and Senior FIG; All groups in top 8 invited to finals.

	<p>Categories:</p> <ul style="list-style-type: none"> • Groups of 3 & 4: Novice, Junior and Senior • Open Group • Group of 5: Novice, Junior Development, Junior FIG, Senior Development and Senior FIG <p>Note: All gymnasts must compete in one of the two routines in both Competition A and Competition B if six gymnastics are registered (FIG rule for Jr. and Sr.).</p> <p>Purpose:</p> <ol style="list-style-type: none"> 1. To provide a national level opportunity for developing groups in the National stream. 2. To declare Elite Canada Champion in all Group categories 3. To determine the ranking of RG groups across Canada 4. To assist in identifying assignment to strategic international competitions based on selection criteria. 5. To provide opportunity for GCG Senior Group to meet requirements of their training and competition plan.
<p>ELIGIBILITY</p>	<p>* All athletes, coaches, judges, team managers must be registered members of the GCG year in force.</p> <p>* All participating provincial/territorial organizations and their members commit themselves to respect the GCG and RG Program Technical Rules and Regulations especially the ones concerning the age and nationality of the gymnasts and that participants must not have any outstanding invoices owing to GCG.</p> <p>* Provincial/Territorial Rhythmic Gymnastics Sport Governing Bodies, which do not respect the above directives, will miss the opportunity to qualify for the Canadian Championships and the National Team.</p> <p>* All gymnasts must be in possession of a valid Canadian passport to be eligible for election to International assignments.</p> <p>Coaches</p> <p>According to the RG Technical Regulations, all coaches wishing access to the training, warm up or competition floor must be certified level 3 or Competition 3 (Development) certified if coaching a National Level athlete or group. A coach without the proper certification must request an exemption from the RG National Team Director (complete form in Appendix C according to the RG technical rules).</p> <p>As per the RG Technical Rules & Regulations all Coach Exemption requests must be submitted by December 15 for the upcoming season accompanied by the \$50 exemption fee payment. A late exemption request with an additional \$25 Administration Fee must be submitted a minimum of four weeks in advance of Elite Canada to allow sufficient processing time by GCG for the coach to be registered for the competition.</p> <p>All registered clubs must verify that their coaches have submitted a vulnerable sector police check within the past year. Failure to comply with this will result in the coach being unable to be on the competition floor.</p> <p>All registered coaches are recommended to take the Making Head Way Concussion eLearning from the Coaching Association of Canada.</p>

<p>AWARDS</p>	<p><u>Individuals:</u></p> <ul style="list-style-type: none"> - Certificates will be presented to the top 15 Junior & Senior from Competition A. - Top 8 All-Around: <u>Novice Competition A</u> (No Champion is declared). This event is for Novices in their final year who are preparing for Junior in 2019. No finals. - Top 8 All-Around: <u>Junior and Senior from Competition A + B.</u> - Top 8 Apparatus Finals: <u>Junior and Senior from Competition B only.</u> <p><u>Groups:</u></p> <ul style="list-style-type: none"> - Top 8 All Around: <u>Groups of 3 & 4 in Novice, Junior, Senior; Open Group; Junior Development; Senior Development</u> (one routine performed twice). - Top 8 All-Around: <u>Junior FIG & Senior FIG Competition A + B</u> (4 routines total). - Top 8 Apparatus Finals: <u>Groups of 3 & 4 in Novice, Junior, Senior; Open Group; Junior Development; Senior Development</u> (one routine performed once). - Top 8 Apparatus Finals: <u>Junior FIG & Senior FIG Competition B</u> (two routines performed once). <p>Note: Final awards will be presented for categories with 2 or more groups only.</p> <p><u>Athlete Dress Code for Award Ceremonies:</u> Competitive Leotard, toe slippers.</p>																								
<p>SCHEDULE</p>	<p>See Appendix A for the draft schedule.</p>																								
<p>DRAW</p>	<p>The Draw will be conducted at the Glimmer Athletic RG office with independent witnesses on January 8th, 2018 and rotations will be distributed a week prior to the event.</p>																								
<p>REGISTRATION</p>	<p>Deadlines</p> <table border="1" data-bbox="456 1115 1557 1402"> <thead> <tr> <th></th> <th colspan="2">To:</th> </tr> </thead> <tbody> <tr> <td>Registration and payment deadline</td> <td>January 4th, 2018</td> <td>KSIS + GCG</td> </tr> <tr> <td>Medical and risk waiver forms</td> <td>January 4th, 2018</td> <td>KSIS</td> </tr> <tr> <td>Itinerary Form</td> <td>January 4th, 2018</td> <td>KSIS</td> </tr> <tr> <td>Music Submission</td> <td>January 12th, 2018</td> <td>KSIS</td> </tr> <tr> <td>Gala Form</td> <td>January 12th, 2018</td> <td>KSIS</td> </tr> <tr> <td>Novice Free Script Submission</td> <td>January 12th, 2018</td> <td>KSIS</td> </tr> <tr> <td>Refund Deadline</td> <td>January 18th, 2018</td> <td>GCG</td> </tr> </tbody> </table> <p>Registration Fees</p> <p>Athletes: \$170.00 Coaches: \$85.00</p> <p><u>Deadline: Thursday January 4th, 2018</u></p> <p>GCG will be testing the KSIS registration system for the 2018 Elite Canada. Therefore, both the online and Excel registration form will need to be completed. The Excel form will be used as backup and to do the financial reconciliation of the registration fees.</p> <p>All clubs must register online HERE and complete the Excel registration form. The Excel registration form is to be submitted to Mylaine Doré (mdore@gymcan.org) by January 4th, 2018.</p>		To:		Registration and payment deadline	January 4 th , 2018	KSIS + GCG	Medical and risk waiver forms	January 4 th , 2018	KSIS	Itinerary Form	January 4 th , 2018	KSIS	Music Submission	January 12 th , 2018	KSIS	Gala Form	January 12 th , 2018	KSIS	Novice Free Script Submission	January 12 th , 2018	KSIS	Refund Deadline	January 18 th , 2018	GCG
	To:																								
Registration and payment deadline	January 4 th , 2018	KSIS + GCG																							
Medical and risk waiver forms	January 4 th , 2018	KSIS																							
Itinerary Form	January 4 th , 2018	KSIS																							
Music Submission	January 12 th , 2018	KSIS																							
Gala Form	January 12 th , 2018	KSIS																							
Novice Free Script Submission	January 12 th , 2018	KSIS																							
Refund Deadline	January 18 th , 2018	GCG																							

	<p>The KSIS online registration must be completed by the deadline and a hard copy of the Excel registration form, along with the payment must be RECEIVED at the GCG National Office (GCG – Attention: Mylaine Doré) by the deadline.</p> <ul style="list-style-type: none"> • No registration will be accepted after January 4th, 2018 unless special dispensation is given by the RG National Team Director. • Written request for refund can be made to the attention of Mylaine Doré – mdore@gymcan.org until January 18th, 2018. After this date, there will be NO reimbursement of the registration fee. In the event that a gymnast is declared unable to compete after this deadline, and ineligible for refund, the club still has the obligation to inform GCG of this as soon as possible. Please send notification to mdore@gymcan.org. <p>Other documents – <u>mandatory for registration</u></p> <p>The following documents must also be submitted in order for a registration to be considered complete. Please submit all forms through the KSIS system HERE.</p> <ul style="list-style-type: none"> • Medical form - The forms can be downloaded HERE. • Waiver / assumption of risk form - The forms can be downloaded HERE. • Itinerary form – Appendix B • Gala – Appendix D <p>All forms must be fully completed and submitted through the KSIS system. Missing or Incomplete forms may jeopardize the eligibility of an athlete.</p>
<p>TRAVEL</p>	<p>Boulevard Travel is pleased to offer their exclusive “Sports Air Program” to all members.</p> <p>GROUPS: Sport Air Program with Air Canada and WestJet – Minimum 10 tickets to be eligible</p> <p>Air fares – Boulevard Travel has exclusive negotiated air fares with both domestic carriers ensuring the absolute best price with the best flexibility in the industry.</p> <p>Free tickets – One (1) free ticket for every 15th paid (paying only the taxes).</p> <p>Name change – Free and/or discounted name changes after ticketing</p> <p>Payments - NO deposits, NO payments until ticketing 5-7 days prior to departures</p> <p>Baggage – One (1) free standard checked bag per person per direction</p> <p>Travel documents / Reporting – Boulevard Travel has developed a number of customized platforms to help with reporting and document delivery which makes travel extremely easy.</p> <p>To secure the best available rate and to discuss booking details please contact: <u>Boulevard Travel – 403-237-6233</u> Sharon Phelps, Senior Group & Sport Travel Consultant sharonp@boulevardtravel.com direct: 403-802-4270 Corinne Palin – Group Account Manager corinnep@boulevardtravel.com direct: 403-802-4284</p>
<p>LOCAL TRANSPORTATION</p>	<p>Clubs are responsible for their own local transportation.</p> <p>Transportation will be arranged between the airport, the venue and the Monte Carlo Inn & Suites for all judges by the organizing committee.</p>

	Judges must book their return flight with a departure time AFTER 7pm .
ACCOMMODATION	<p>Clubs are responsible for their own accommodations.</p> <p><u>MONTE CARLO INN & SUITES DOWNTOWN MARKHAM</u> 7255 WARDEN AVE. MARKHAM, ON, L3R 1B4, PHONE - (905) 752-2700</p> <p>Standard rooms: 2 Queen Beds at \$119.90 plus taxes per night. Queen Studio Suites: 1 queen bed + pull out couch at \$119.90 plus taxes per night. **Roll away beds can be provided at an additional cost of \$10 plus taxes per night.</p> <p>Continental Breakfast (6am - 10am), parking, local phone calls and high speed internet access is included in the rate. Check in time is 2:00 pm and check out time is 11am. There is a restaurant and bar in the property as well as swimming pool and fitness center. The phones are also equipped with iPhone/iPod dock and all the rooms have fridge and microwave.</p> <p>Please note that there are 2 Monte Carlo Inn locations in Markham. Reservations are to be made for the “DOWNTOWN MARKHAM” (7255 Warden Avenue) location.</p> <p><u>To make a reservation over the phone:</u> Call (905)752-2700 or toll free 1-877-752-2788 and mention the group name “<u>Elite Canada 2018</u>”.</p> <p><u>To make reservations online:</u> Go http://www.montecarloinns.com/downtown-markham.html Group Code is <u>330997</u> and Pin Code is <u>171117</u></p> <p>Notes:</p> <ul style="list-style-type: none"> • A credit card is required to secure the reservation. A pre-authorization of the room & tax plus incidentals will be taken upon check in and will be charged the exact amount upon check out. • The reservation deadline is January 10th, 2018. Reservation received after this time will be based on availability. • Cancellations must be received 24 hours (before 4pm) prior to the arrival day otherwise the credit card will be charge for 1 night as a No Show.
MEALS	<p>Clubs are responsible for their own meals.</p> <p>The organizing committee will serve meals to the judges when at the venue.</p> <p>Snacks and drinks will be available to the coaches during competition.</p>
ACCREDITATION	<p>The GCG accreditation procedures will apply. The system consists of color coded categories and access zones. GCG reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditation will be distributed upon arrival to the competition venue. The accreditation must be worn to access the venue and the competitive area.</p>
MEDICAL	Physiotherapy will be on-site throughout the event.

	<p>Doping control may be conducted for Senior athletes. For information on doping control procedures and banned substances, please go to www.cces.ca.</p>
MUSIC	<p>We will be playing all music from a computer set list and only use CD as backup. Music must be uploaded to the KSIS system HERE by the Music deadline date January 12th, 2018 to allow it to be checked.</p> <p>Only mp3 files are supported as other files may not be playable on all platforms of Windows and wav files are too large to work with when there are so many competitors.</p> <p>Please email Janika@rogers.com if you have any problems uploading the music.</p>
Scripts	<p>Novice Free Scripts MUST be uploaded to the KSIS system HERE by January 12th, 2018.</p> <p>Scripting has been updated on both KSIS & Socre2u programs. Either one can be uploaded to KSIS.</p> <p><u>Late Scripts will not be accepted.</u></p> <ul style="list-style-type: none"> • Scripts cannot be changed past the January 18th deadline.
GALA	<p>Please indicate on the Form in Appendix D if you have a showpiece or fun routine (individual, group or team) which you would like to perform at our Gala.</p> <p>All clubs who will have Gala Performance please upload music and register ONLINE: http://www.rgform.eu/event.php?id_prop=533 by January 12th, 2017.</p>

APPENDIX A

2018 RHYTHMIC ELITE CANADA – DRAFT SCHEDULE

November 2017 – Subject to change

Wednesday January 31

All Day Delegation Arrivals

Thursday February 1

7:00 Set up

10:00 – 05:00 Podium Training for athletes & coaches.

NOTE: There will be no podium for judges. Judges can observe training from the stands.

05:15 – 06:15 EC Orientation Meeting at venue– EC Accredited coaches & managers

06:15 – 07:30 Judge-Coach-Manager Hospitality for accredited participants at venue

COMPETITION – A

Friday February 2

Qualification to Competition – B

08:15 – 09:15

Judges Meeting

09:15 – 09:35

Draw

09:35 – 10:00

Preparation at Judges Table

08:15 – 10:00

Junior Warm Up - Timed Warm Up – Official Welcome

10:00 – 11:50

Junior (Flight 1) Hoop & Ball

11:50 – 12:00

Junior Timed Warm Up

12:00 – 01:50

Junior (Flight 2) Hoop & Ball

01:50 – 02:50

Lunch Break – Group & Senior Warm up

02:50 – 03:15

Groups – 1st Performance (All groups except Novice)

03:15 – 04:55

Senior (Flight 1) Hoop & Ball

04:55 – 05:05

Senior Timed Warm Up

05:05 – 06:40

Senior (Flight 2) Hoop & Ball

06:40 – 07:40

Dinner Break – Novice Warm up

07:40 – 09:15

Novice Free & Hoop

COMPETITION – A

Saturday February 3

Qualification to Competition – B

08:00 – 08:40

Judges Meeting

08:40 – 09:00

Preparation at Judges Table

07:30 – 09:00

Junior Warm Up & Timed Warm Up

09:00 – 10:50

Junior (Flight 1) Clubs & Ribbon

10:50 – 11:00

Junior Timed Warm Up

11:00 – 12:50

Junior (Flight 2) Clubs & Ribbon

12:50 – 01:50

Lunch Break – Group Warm up

01:50 – 02:25

Groups – 2nd Performance (All Groups)

02:25 – 02:35

Senior Timed Warm Up

02:35 – 04:00

Senior (Flight 1) Clubs & Ribbon

04:10 – 05:30

Senior (Flight 2) Clubs & Ribbon

05:30 – 06:30

Dinner Break – Novice Groups & Individual Warm Up

06:30 – 06:45

Novice Groups

06:50 – 08:20

Novice Ball & Clubs

8:40

Awards: AA Novice Individual & AA Groups with one routine

COMPETITION – B

Sunday February 4

(Top 15 from Competition – A)

07:45 – 08:45

Judges Meeting

07:30 – 09:00

Junior Warm Up & Timed Warm Up (Presentation of HP Certificates)

09:00 – 09:15

Groups (Open, Jr. Development, Jr ¾)

09:20 – 11:50

Junior AA & Finals

11:50 – 12:00

Group Timed Warm Up

12:00 – 12:10

Group Finals – 1st Performance (Jr. & Sr. FIG)

12:10 – 01:10

Lunch - Group & Senior Timed Warm Up

01:10 – 01:25

Group Finals – 2nd Performance (Jr. & Sr. FIG; Novice Final)

01.25– 03:55

Senior AA & Finals

03:55 – 04:15

Gala – Final Scoring & Competition Close

04:15 – 05:00

Awards: Jr. & Sr. All Around & Finals / Groups

- **HP: Top 15 Junior & Senior gymnasts advance directly to CC.**
- **All other gymnasts qualify to Canadian Championships through their Regional Championships.**

Appendix B ITINERARY: Arrivals and Departures

This is essential information in order to plan the practice times efficiently. Please take the time to carefully fill it out, and advise the Meet Director immediately of any changes or adjustments. Also, please indicate if there will be judges traveling with your group.

PROVINCE :	CLUB :
CONTACT NAME :	PHONE # :
FAX # :	EMAIL :

ARRIVAL INFORMATION:

Arrival Date	Airline/Train/Car	Flight #	Arrival Time

DEPARTURE INFORMATION:

Departure Date	Airline/Train/Car	Flight #	Departure Time

Please submit on the KSIS system [HERE](#) by January 4th, 2018.

This form is to accompany any request for specific training times.

APPENDIX C COACH EXEMPTION REQUEST FORM

TO BE COMPLETED AND SENT AT THE TIME OF REGISTRATION TO:
 Brihanna Mosienko: bmosienko@gymcan.org
 The completed form must be joined by a cheque of \$50 to cover administrative cost.
 Payment can be made by cheque or by credit card. Dial ext. 232

A COPY OF THE AUTHORIZATION GIVEN WILL BE SENT TO THE ORGANIZING COMMITTEE WHO WILL ISSUE ACCREDITATION ONLY ON RECEIPT OF THE DULY SIGNED AUTHORIZATION.

NAME OF THE COACH	
PROVINCE	
CLUB	
REGISTRATION # WITH THE CAC	
NAME EVENT FOR WHICH THE EXEMPTION IS REQUESTED	
DATE OF THE EVENT	
LOCATION OF THE EVENT	
LEVEL COMPLETED	
DATE OF THE COMPLETION	
LEVEL TO BE COACHED AT THE COMPETITION	
REASON FOR NOT COMPLETING THE LEVEL REQUIRED	
PLAN FOR COMPLETION (TIME TABLE)	
SIGNATURE OF THE COACH	
DATE AND PLACE	
NAME OF THE PSO REP APPROVING THE REQUEST	
SIGNATURE OF THE PSO REP	
DATE AND PLACE	
FOR GCG OFFICE USE	CHEQUE RECEIVED:
AUTHORISATION GIVEN BY	
SIGNATURE	
DATE AND PLACE	

**APPENDIX D
GALA**

Please register a Show Piece Routine as Follows

	Name & Age of Participants	Name of Routine Music & Composer	Length of Time
1			
2			
3			
4			
5			
6			

Please submit on the KSIS system [HERE](#) by January 12th, 2018.