

# 2017 TG Canadian Championships Schedule (v7 - 2017-07-10)

## THURSDAY JULY 13th

		TUMBLING Competition Gym		TRAMPOLINE Training Gym	TRAMPOLINE Competition Gym		DMT Competition Gym
	8:30 - 9:00	ORIENTATION MEETING (Coaches and Judges) (Room G213)					
TRAINING & MEETINGS	9:00 - 10:45	TRAINING ON (126 Athletes)					
	10:45 - 12:15	TRAINING QC, NB, NS, AUS (73 Athletes)					
	12:15 - 13:45	TRAINING AB (70 Athletes)					
	13:45 - 15:15	TRAINING BC, SK, MB (72 Athletes)					
	13:45 - 15:15	JUDGES' MEETING (Room G213)					
	15:30 - 16:15	GENERAL WARM-UP (BLOCK 1)					
BLOCK 1		15:30 - 16:15	SYN L5 Women (flight 1 - 11)		16:15 - 16:30	TRAINING	L6 18+ W & M (6+8)
		16:15 - 17:00	SYN L5 Women (flight 2 - 11)	SYN L5 Women (flight 1 - 11)	16:30 - 17:00	COMP - Pass 1 & 2	
		17:00 - 17:15			17:00 - 17:15	4 Touch	
		17:00 - 17:45	SYN L5 Men (flight 1 - 9)	SYN L5 Women (flight 2 - 11)	17:15 - 17:45	COMP - Pass 3 & 4	L5 17+ Women (flight 1 - 12)
		17:45 - 18:25	SYN L5 Men (flight 2 - 9)	SYN L5 Men (flight 1 - 9)	17:45 - 18:00	TRAINING	
		18:00 - 18:25			18:00 - 18:25	COMP	L5 17+ Women (flight 2 - 11)
		18:25 - 19:05	SYN Senior W & M (4+6)	SYN L5 Men (flight 2 - 9)	18:25 - 18:40	TRAINING	
		18:40 - 19:05			18:40 - 19:05	COMP	L5 17+ Men (9)
		19:05 - 19:45		SYN Senior W & M (4+6)	19:05 - 19:20	TRAINING	
		19:20 - 19:40			19:20 - 19:40	COMP	
	20:00 - 21:00	COACHES FORUM & NATIONAL TEAM COACHES' COUNCIL MEETING ROOM G213 / SENIOR ATHLETES' MEETING ROOM G2021					



# 2017 TG Canadian Championships Schedule (v7 - 2017-07-10)

## SATURDAY JULY 15th

		TUMBLING Competition Gym			TRAMPOLINE Training Gym	TRAMPOLINE Competition Gym			DMT Competition Gym		
<b>GENERAL WARM-UP (BLOCK 1)</b>											
<b>BLOCK 1</b>	8:00 - 8:45			8:00 - 8:45	L6 18+ Men (15)						
	8:45 - 9:00	TRAINING	L5 15U Women (flight 1 - 10)	9:00 - 9:20	COMP	8:45 - 9:45	L5 17+ Men (15)	L6 18+ Men (15)			
	9:20 - 9:40	TRAINING		L5 15U Women (flight 2 - 10)	9:40 - 10:00	COMP	9:45 - 10:45	L5 17+ Women (flight 1 - 13)	L5 17+ Men (15)		
	10:00 - 10:15	TRAINING	L5 15U Men (9)	10:15 - 10:35	COMP	10:45 - 11:35	L5 17+ Women (flight 2 - 13)	L5 17+ Women (flight 1 - 13)	10:40 - 10:55	TRAINING	L5 16U Women (Flight 1 - 11)
	10:35 - 10:55	TRAINING		L6 Women (12)	10:55 - 11:20	COMP	11:35 - 12:25	L5 17+ Women (flight 3 - 12)	L5 17+ Women (flight 2 - 13)	10:55 - 11:20	
	10:55 - 11:20	COMP	L6 Men (5)	11:20 - 11:35	TRAINING	12:25 - 13:15			11:20 - 11:35	TRAINING	L5 16U Women (Flight 2 - 11)
	11:35 - 11:45	COMP		L5 16+ Men (15)	11:45 - 12:05	TRAINING			11:35 - 12:00	COMP	
	12:05 - 12:35	COMP	Junior W & M (6+4)	12:35 - 12:50	TRAINING			12:00 - 12:15	TRAINING	L5 16U Women (Flight 3 - 10)	
	12:50 - 13:10	COMP		12:25 - 13:15			12:15 - 12:35	COMP	12:15 - 12:35		COMP
	<b>FINALS</b>										
	12:35 - 12:50	TRAINING			12:50 - 13:10	COMP			12:35 - 12:50	TRAINING	L6 17U Men (10)
	12:50 - 13:10	COMP							12:50 - 13:10	COMP	
	<b>GENERAL WARM-UP (BLOCK 2)</b>										
	<b>BLOCK 2</b>	13:15 - 14:00			13:15 - 14:00	L5 16U Men (flight 1 - 12)			<b>FINALS</b>		
		14:00 - 14:50	L5 16U Men (flight 2 - 12)	L5 16U Men (flight 1 - 12)	14:00 - 14:20	TRAINING	L6 18+ W & M (6+8)				
		14:50 - 15:40	L5 16U Men (flight 3 - 11)	L5 16U Men (flight 2 - 12)	14:20 - 14:50	COMP					
		15:40 - 16:25			L5 16U Men (flight 3 - 11)	14:50 - 15:05	TRAINING	L5 17+ Men (9)			
						15:05 - 15:25	COMP				
						15:25 - 15:40	TRAINING	L6 17U Women (10)			
						15:40 - 16:00	COMP				
						16:00 - 16:15	TRAINING	L5 17+ Women (10)			
						16:15 - 16:35	COMP				
16:40 - 16:55		<b>AWARDS - BLOCK 1 &amp; 2 (6)</b>									
16:55 - 17:05	<b>WELCOMING CEREMONIES &amp; RIO OLYMPIC GAMES PRESENTATION</b>										
<b>GENERAL WARM-UP (BLOCK 3 - FINALS)</b>											
<b>BLOCK 3</b>	17:55 - 18:10	TRAINING	Senior W & M (3+4)	<b>FINALS</b>			<b>FINALS</b>				
	18:10 - 18:25	COMP		17:55 - 18:55	Senior Women (10)			17:55 - 18:10	TRAINING	L5 16U Men (10)	
	18:25 - 18:40	TRAINING	L5 16+ Women (flight 1 - 11)	17:55 - 18:20	Senior Men (10)	Senior Women (10)	18:10 - 18:30	COMP	Senior Women (6)		
	18:40 - 19:05	COMP		18:20 - 18:45	Junior Women (8)	Senior Men (10)	18:45 - 19:00	COMP			
	19:05 - 19:20	TRAINING	L5 16+ Women (flight 2 - 11)	18:45 - 19:05	Junior Men (10)	Junior Women (8)	19:00 - 19:15	TRAINING	Senior Men (10)		
	19:20 - 19:45	COMP						19:15 - 19:35			
	<b>FINALS</b>										
	19:45 - 20:00	TRAINING	L6 Women (10)	19:05 - 19:30	L6 17U Men (10)	Junior Men (10)	19:35 - 19:50	TRAINING	L5 16U Women (10)		
	20:00 - 20:20	COMP		19:30 - 19:55	L6 17U Women (10)	L6 17U Men (10)	19:50 - 20:10	COMP			
					19:55 - 20:20			20:10 - 20:25	TRAINING	Junior W & M (5+5)	
						20:25 - 20:45	COMP				
20:50 - 21:20	<b>AWARDS - BLOCK 3 (13)</b>										

# 2017 TG Canadian Championships Schedule (v7 - 2017-07-10)

## SUNDAY JULY 16th

		TUMBLING Competition Gym		TRAMPOLINE Training Gym	TRAMPOLINE Competition Gym		DMT Competition Gym
<b>GENERAL WARM-UP (BLOCK 1)</b>							
<b>FINALS</b>				<b>FINALS</b>			
BLOCK 1	8:00 - 8:45			8:00 - 8:45	L5 17+ Women (10)		
	8:45 - 9:00	TRAINING	L6 Men (5)	8:45 - 9:10	L5 17+ Men (10)	L5 17+ Women (10)	
	9:00 - 9:10	COMP		9:10 - 9:35	L6 18+ Women (9)	L5 17+ Men (10)	
	9:10 - 9:25	TRAINING	L5 16+ Men (10)	9:35 - 10:00	L6 18+ Men (10)	L6 18+ Women (9)	
	9:25 - 9:45	COMP		10:00 - 10:25	L5 16U Women (10)	L6 18+ Men (10)	
	9:45 - 10:00	TRAINING	L5 15U Women (10)	10:25 - 10:50	L5 16U Men (10)	L5 16U Women (10)	
	10:00 - 10:20	COMP		10:50 - 11:15	SYN L5 Women (10)	L5 16U Men (10)	
	10:20 - 10:35	TRAINING	L5 15U Men (9)	11:15 - 11:40	SYN L5 Men (10)	SYN L5 Women (10)	
	10:35 - 10:55	COMP		11:40 - 12:05	SYN Senior W & M (4+6)	SYN L5 Men (10)	
	10:55 - 11:10	TRAINING	L5 16+ Women (10)	12:05 - 12:35		SYN Senior W & M (4+6)	
	11:10 - 11:30	COMP					
	11:30 - 11:45	TRAINING	Junior W & M (5+4)				
	11:45 - 12:05	COMP					
	12:05 - 12:20	TRAINING	Senior W & M (3+4)				
	12:20 - 12:35	COMP					
<b>AWARDS - BLOCK 1 (19), SPECIAL AWARDS &amp; ATHLETE RETIREMENT CEREMONY</b>							
<b>GENERAL WARM-UP (TEAM FINALS)</b>							
<b>TEAM FINALS</b>			<b>TEAM FINALS</b>			<b>TEAM FINALS</b>	
BLOCK 2			13:35 - 14:20	TEAM FINAL TRA WOMEN			
			14:20 - 15:05		TEAM FINAL TRA WOMEN	14:45 - 15:05	TRAINING
			14:45 - 15:30	TEAM FINAL TRA MEN		15:05 - 15:30	COMP
			15:30 - 16:15		TEAM FINAL TRA MEN	15:55 - 16:15	TRAINING
	16:25 - 16:40	TRAINING	TEAM FINAL TUM MEN			16:15 - 16:40	COMP
	16:40 - 17:10	COMP					
	17:10 - 17:25	TRAINING	TEAM FINAL TUM WOMEN				
	17:25 - 17:55	COMP					
	17:55 - 18:15						
	<b>AWARDS - BLOCK 2 (6)</b>						
<b>2017 CANADIAN CHAMPIONSHIPS WRAP UP PARTY - SUNDAY EVENING - 19:30</b>							