

2018 TG Canadian Championships Schedule (Draft - 2018-06-22)

THURSDAY, JULY 5th

		TUMBLING Competition Gym		TRAMPOLINE Training Gym	TRAMPOLINE Competition Gym		DMT Competition Gym
TRAINING & MEETINGS	9:00 - 13:00	JUDGE CHAIRS OF CANADA MEETING (Enmax Centre - Room TBC)					
	9:00 - 10:45	TRAINING AB					
	10:45 - 12:15	TRAINING BC, SK, MB					
	12:15 - 13:45	TRAINING ON					
	13:45 - 15:15	TRAINING QC, NB, NS					
	13:45 - 15:15	JUDGES' MEETING (Enmax Centre - Room TBC)					
	15:15 - 15:45	ORIENTATION MEETING (Coaches and Judges) - Enmax Centre - Room TBC					
BLOCK 1	16:00 - 16:45	GENERAL WARM-UP (BLOCK 1)					
		16:00 - 16:45	SYN L5 Women (flight 1 - 10)		16:45 - 17:00	TRAINING	L6 18+ Men (6)
		16:45 - 17:15	SYN L5 Women (flight 2 - 10)	SYN L5 Women (flight 1 - 10)	17:00 - 17:20	COMP - Pass 1 & 2	
		17:15 - 17:45	SYN L5 Women (flight 3 - 10)	SYN L5 Women (flight 2 - 10)	17:20 - 17:30	4 - TOUCH	L6 18+ Men (6)
		17:45 - 18:15	SYN L5 Men (flight 1 - 10)	SYN L5 Women (flight 3 - 10)	17:30 - 17:50	COMP - Pass 3 & 4	L6 18+ Women (10)
		18:15 - 18:45	SYN L5 Men (flight 2 - 10)	SYN L5 Men (flight 1 - 10)	17:50 - 18:05	TRAINING	
		18:45 - 19:15	SYN - Senior W & M (3+5)	SYN L5 Men (flight 2 - 10)	18:05 - 18:35	COMP - Pass 1 & 2	L6 18+ Women (10)
		19:15 - 20:00		SYN - Senior W & M (3+5)	18:35 - 18:45	4 - TOUCH	
					18:45 - 19:15	COMP - Pass 3 & 4	L5 17+ Women (flight 1 - 9)
					19:15 - 19:30	TRAINING	
					19:30 - 19:55	COMP	L5 17+ Women (flight 2 - 9)
				19:55 - 20:10	TRAINING		
				20:10 - 20:35	COMP		
JUDGES & COACHES SOCIAL							

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FRIDAY JULY 6th

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TUMBLING Competition Gym		TRAMPOLINE Training Gym		TRAMPOLINE Competition Gym		DMT Competition Gym						
GENERAL WARM-UP (BLOCK 2)												
BLOCK 2	8:00 - 8:45		8:00 - 8:45	L5 16U Women (flight 1 - 13)		8:45 - 9:00	TRAINING	L5 16U Men (flight 1 - 12)				
			9:00 - 9:30			9:30 - 9:45	COMP					
			8:45 - 9:30	L5 16U Women (flight 2 - 12)	L5 16U Women (flight 1 - 13)	9:45 - 10:15	TRAINING	L5 16U Men (flight 2 - 11)				
			9:30 - 10:15			10:15 - 10:30	COMP					
			9:30 - 10:15	L5 16U Women (flight 3 - 12)	L5 16U Women (flight 2 - 12)	10:30 - 11:00	TRAINING	L5 16U Men (flight 3 - 11)				
			10:15 - 11:00			11:00 - 11:15	COMP					
			10:15 - 11:00	L5 16U Women (flight 4 - 12)	L5 16U Women (flight 3 - 12)	11:15 - 11:35	TRAINING	L6 17U Men (8)				
			11:00 - 11:45			11:35 - 11:45	COMP - Pass 1 & 2					
			11:00 - 11:45		L5 16U Women (flight 4 - 12)	11:45 - 12:05	4 - TOUCH	L6 17U Men (8)				
							COMP - Pass 3 & 4					
GENERAL WARM-UP (BLOCK 3)												
12:00 - 12:45												
12:00 - 12:15 Tumbling Coaches' Orientation Meeting		12:00 - 12:45	Junior Women (12)		12:45 - 13:00	TRAINING	Senior Men (10)					
		13:00 - 13:30			13:30 - 13:40	COMP - Pass 1 & 2						
BLOCK 3	13:00 - 14:30 TUMBLING TRAINING (AB, SK)		12:45 - 13:30	Junior Men (flight 1 - 10)	Junior Women (12)	13:30 - 13:40	4 - TOUCH	Senior Men (10)				
			13:30 - 14:05			13:40 - 14:10	COMP - Pass 3 & 4					
			14:05 - 14:40	L6 17U Women (13)	Junior Men (flight 2 - 9)	14:10 - 14:25	TRAINING	Senior Women (9)				
			14:40 - 15:25			14:25 - 14:50	COMP - Pass 1 & 2					
			14:30 - 16:00 TUMBLING TRAINING (QC, ON, BC)		14:40 - 15:25	L6 17U Men (12)	L6 17U Women (13)	14:50 - 15:00	4 - TOUCH	Senior Women (9)		
					15:00 - 15:25			15:00 - 15:25	COMP - Pass 3 & 4			
15:25 - 16:10	L6 18+ Women (13)	L6 17U Men (12)			15:25 - 15:40	TRAINING	L5 17+ Men (9)					
				15:40 - 16:05	COMP							
16:30 - 17:30 Tumbling Judges' Orientation Meeting												
16:10 - 16:55												
L6 18+ Women (13)												
GENERAL WARM-UP (BLOCK 4)												
17:00 - 17:45												
BLOCK 4	18:00 - 19:00 TUMBLING TRAINING (AB, SK)		17:00 - 17:45	Senior Women (9)		17:45 - 18:00	TRAINING	L6 17U Women (flight 1 - 11)				
			17:45 - 18:20			18:00 - 18:30	COMP - Pass 1 & 2					
			18:20 - 18:55	Senior Men (flight 1 - 9)	Senior Women (9)	18:30 - 18:40	4 - TOUCH	L6 17U Women (flight 1 - 11)				
			18:20 - 18:55			18:40 - 19:10	COMP - Pass 3 & 4					
			19:00 - 20:00 TUMBLING TRAINING (QC, ON, BC)		18:20 - 18:55	Senior Men (flight 2 - 8)	Senior Men (flight 1 - 9)	19:10 - 19:25	TRAINING	L6 17U Women (flight 2 - 10)		
					18:55 - 19:25			19:25 - 19:55	COMP - Pass 1 & 2			
					19:00 - 20:00		Senior Men (flight 2 - 8)	19:55 - 20:05	4 - TOUCH	L6 17U Women (flight 2 - 10)		
									20:05 - 20:35			

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SATURDAY JULY 7th

		TUMBLING Competition Gym				TRAMPOLINE Training Gym		TRAMPOLINE Competition Gym				DMT Competition Gym	
BLOCK 5	8:00 - 8:45 GENERAL WARM-UP (BLOCK 5)												
	8:45 - 9:00	TRAINING	L5 15U Men (9)	8:00 - 8:45	L5 17+ Women (flight 1 - 13)		8:45 - 9:00	TRAINING	L5 16U Women (flight 1 - 14)				
	9:00 - 9:30	COMP		9:00 - 9:40	COMP								
	9:30 - 9:45	TRAINING	L5 16+ Men (11)	8:45 - 9:30	L5 17+ Women (flight 2 - 12)	L5 17+ Women (flight 1 - 13)	9:40 - 9:55	TRAINING	L5 16U Women (flight 2 - 14)				
	9:45 - 10:20	COMP		9:30 - 10:15	L5 17+ Women (flight 3 - 12)	L5 17+ Women (flight 2 - 12)	9:55 - 10:35	COMP					
	10:20 - 10:35	TRAINING	L5 16+ Women (flight 1 - 14)	10:15 - 11:00	L5 16U Men (flight 1 - 12)	L5 17+ Women (flight 3 - 12)	10:35 - 10:50	TRAINING	L5 16U Women (flight 3 - 13)				
	10:35 - 11:20	COMP		10:15 - 11:00	L5 16U Men (flight 1 - 12)	L5 17+ Women (flight 3 - 12)	10:50 - 11:30	COMP					
	11:20 - 11:35	TRAINING	L5 16+ Women (flight 2 - 13)	11:00 - 11:45	L5 16U Men (flight 2 - 12)	L5 16U Men (flight 1 - 12)	11:30 - 11:45	TRAINING	Junior W & M (2 + 12)				
	11:35 - 12:15	COMP		11:00 - 11:45	L5 16U Men (flight 2 - 12)	L5 16U Men (flight 1 - 12)	11:45 - 12:25	COMP - Pass 1 & 2					
	12:15 - 12:30	TRAINING	L5 15U Women (13)	11:45 - 12:30	L5 16U Men (flight 3 - 11)	L5 16U Men (flight 2 - 12)	12:25 - 12:35	4 - TOUCH	Junior W & M (2 + 12)				
	12:30 - 13:10	COMP		12:30 - 13:10		L5 16U Men (flight 3 - 11)	12:35 - 13:15	COMP - Pass 3 & 4					
13:15 - 14:00 GENERAL WARM-UP (BLOCK 6)													
BLOCK 6	14:00 - 14:15 TRAINING Junior W & M (4 + 6) 13:15 - 14:00 L6 18+ Men (flight 1 - 10) 14:00 - 14:15 TRAINING FINALS												
	14:15 - 14:45	COMP	L6 Women (flight 1 - 10)	14:00 - 14:35	L6 18+ Men (flight 2 - 9)	L6 18+ Men (flight 1 - 10)	14:15 - 14:40	COMP	L6 18+ Women (10)				
	14:45 - 15:00	TRAINING		14:35 - 15:10	L5 17+ Men (flight 1 - 9)	L6 18+ Men (flight 2 - 9)	14:40 - 14:55	TRAINING	L6 17U Men (8)				
	15:00 - 15:30	COMP	L6 Women (flight 2 - 9)	15:10 - 15:45	L5 17+ Men (flight 2 - 9)	L5 17+ Men (flight 1 - 9)	14:55 - 15:20	COMP	L5 17+ Women (10)				
	15:30 - 15:45	TRAINING		15:10 - 15:45	L5 17+ Men (flight 2 - 9)	L5 17+ Men (flight 1 - 9)	15:20 - 15:35	TRAINING					
	15:45 - 16:15	COMP		15:45 - 16:20		L5 17+ Men (flight 2 - 9)	15:35 - 16:00	COMP	L5 17+ Women (10)				
							16:00 - 16:15	TRAINING	L6 18+ Men (6)				
							16:15 - 16:40	COMP					
	16:45 - 17:00 AWARDS - BLOCK 6 (4)												
	17:00 - 17:10 WELCOMING CEREMONIES												
BLOCK 7	17:10 - 17:55 GENERAL WARM-UP (BLOCK 7 - FINALS)												
	17:55 - 18:10 TRAINING Senior W & M (5 + 5) 17:10 - 17:55 Junior Women (10) 17:55 - 18:10 TRAINING FINALS												
	18:10 - 18:40	COMP	L6 Men (7)	17:55 - 18:20	Junior Men (10)	Junior Women (10)	18:10 - 18:35	COMP	Senior Women (9)				
	18:40 - 18:55	TRAINING		18:20 - 18:45	Senior Women (9)	Junior Men (10)	18:35 - 18:50	TRAINING	L6 17U Women (10)				
	18:55 - 19:15	COMP		18:20 - 18:45	Senior Women (9)	Junior Men (10)	18:50 - 19:15	COMP					
	19:15 - 19:30	TRAINING	L5 16+ Women (10)	18:45 - 19:10	Senior Men (10)	Senior Women (9)	19:15 - 19:30	TRAINING	L5 16U Men (10)				
	19:30 - 19:50	COMP		18:45 - 19:10	Senior Men (10)	Senior Women (9)	19:30 - 19:55	COMP					
	19:50 - 20:05	TRAINING	L5 16+ Men (10)	19:10 - 19:35	L6 17U Women (10)	Senior Men (10)	19:55 - 20:10	TRAINING	Senior Men (10)				
	20:05 - 20:25	COMP		19:10 - 19:35	L6 17U Women (10)	Senior Men (10)	20:10 - 20:35	COMP					
				19:35 - 20:00	L6 17U Men (10)	L6 17U Women (10)							
			20:00 - 20:25		L6 17U Men (10)								
20:40 - 21:20 AWARDS - BLOCK 7 + SPECIAL AWARDS													

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SUNDAY JULY 8th

		TUMBLING Competition Gym		TRAMPOLINE Training Gym	TRAMPOLINE Competition Gym		DMT Competition Gym				
BLOCK 8	8:00 - 8:45	GENERAL WARM-UP (BLOCK 8)									
	FINALS		FINALS			FINALS					
	8:45 - 9:00	TRAINING	L5 15U Men (9)	8:00 - 8:45	L5 17+ Women (10)		8:45 - 9:00	TRAINING	L5 17+ Men (9)		
	9:00 - 9:20	COMP		9:00 - 9:25	COMP						
	9:20 - 9:35	TRAINING	L6 Women (10)	8:45 - 9:10	L5 16U Women (10)	L5 17+ Women (10)	9:25 - 9:40	TRAINING	Junior W & M (2 + 10)		
	9:35 - 10:00	COMP		9:10 - 9:35	L6 18+ Women (10)	L5 16U Women (10)	9:40 - 10:05	COMP			
	10:00 - 10:15	TRAINING	L6 Men (7)	9:35 - 10:00	L5 16U Men (10)	L6 18+ Women (10)	10:05 - 10:20	TRAINING	L5 16U Women (10)		
	10:15 - 10:35	COMP					10:20 - 10:50	COMP			
	10:35 - 10:50	TRAINING	Junior W & M (4 + 6)	10:00 - 10:25	L5 17+ Men (10)	L5 16U Men (10)					
	10:50 - 11:15	COMP		10:25 - 10:50	L6 18+ Men (10)	L5 17+ Men (10)					
	11:15 - 11:30	TRAINING	L5 15U Women (10)	10:50 - 11:15	SYN - Senior W & M (3+5)	L6 18+ Men (10)					
	11:30 - 11:50	COMP		11:15 - 11:40	SYN L5 Men (10)	SYN - Senior W & M (3+5)					
	11:50 - 12:05	TRAINING	Senior W & M (5 + 5)	11:40 - 12:05	SYN L5 Women (10)	SYN L5 Men (10)					
	12:05 - 12:30	COMP		12:05 - 12:30	SYN L5 Women (10)						
	12:35 - 13:35	AWARDS - BLOCK 8 + INTERNATIONAL ACHIEVEMENT AWARDS									
	13:35 - 14:20	GENERAL WARM-UP (BLOCK 9 - TEAM FINALS)									
	TEAM FINALS		TEAM FINALS			TEAM FINALS					
			13:35 - 14:20	TEAM FINAL TRA WOMEN	TEAM FINAL TRA WOMEN	14:45 - 15:30				TRAINING	TEAM FINAL DMT MEN
TEAM FINAL TRA MEN				TEAM FINAL TRA MEN	COMP						
16:25 - 17:55				TRAINING	TEAM FINAL TUM MEN		15:55 - 16:40		TRAINING	TEAM FINAL DMT WOMEN	
				COMP					COMP		
		TRAINING	TEAM FINAL TUM WOMEN				COMP				
		COMP									
17:55 - 18:15	AWARDS - BLOCK 9 (6)										
2018 CANADIAN CHAMPIONSHIPS ATHLETE WRAP UP PARTY - SUNDAY EVENING - 19:30											