



GCG APPARATUS DESIGNATION

2017 – 2024

LEVEL	2017	2018	2019	2020	2021	2022	2023	2024
Novice	Free	Free	Free	Free	Free	Free	Free	
	Hoop	Rope	Rope	Rope	Rope	Rope	Rope	
	Ball	Ball	Ball	Hoop	Hoop	Hoop	Hoop	
	Clubs	Clubs	Clubs	Clubs	Clubs	Ball	Ball	
Novice Group	Rope	Hoop	Hoop	Ball	Ball	Rope	Rope	
Junior	Hoop	Hoop	Rope	Rope	Rope	Rope	Rope	Rope
	Ball	Ball	Ball	Ball	Hoop	Hoop	Hoop	Hoop
	Clubs	Clubs	Clubs	Clubs	Clubs	Clubs	Ball	Ball
	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon
Junior Group	Rope	Rope	Hoop	Hoop	Ball	Ball	Clubs	Clubs
	Clubs	Clubs	Ribbon	Ribbon	Ribbon	Ribbon	Rope	Rope
Junior Dev't.	5 pr. Clubs							
Open Group	4 or 5 Hoops							
Senior	Hoop	Hoop	Hoop	Hoop	Hoop	Hoop	Hoop	Hoop
	Ball	Ball	Ball	Ball	Ball	Ball	Ball	Ball
	Clubs	Clubs	Clubs	Clubs	Clubs	Clubs	Clubs	Clubs
	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon	Ribbon
Senior Group	Hoop	Hoop	Ball	Ball	Clubs	Clubs	Ribbon	Ribbon
	3 Balls & 2 Ropes	3 Balls & 2 Ropes	3 Hoops & 2 pr. Clubs	3 Hoops & 2 pr. Clubs	3 Hoops & 2 Ribbons	3 Hoops & 2 Ribbons	3 Ball & 2 pr. Clubs	3 Ball & 2 pr. Clubs
Senior Dev't	3 Balls & 2 Ropes							
Routine Length for National Stream Groups 2:15 - 2:30								

Novice Group Age: 10 - 12 (Born 2007 - 2006 - 2005)

Novice Group Requirements: Jr. Group Difficulty as per FIG CoP (pg. 80)

Novice	Group of 3 or 4	Rope
Novice	Group of 5	Rope

Junior Group Age: 13 - 15 (Born 2004 - 2003 - 2002) - Junior Difficulty

Junior	Group of 3 or 4	Clubs
Junior FIG	Group of 5	Rope Clubs

Junior Development Group Age: 12 - 15 (Born 2005 - 2004 - 2003 - 2002) - Junior Difficulty

Jr. Dev't	Group of 5	5 pr. Clubs
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Open Group: (Novice-Junior-Senior Mix) - Junior Difficulty

Open Grp	Group 4 or 5	Hoops
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Senior Group Age: 16 and older (Born 2001 and before) - Senior Difficulty

Senior	Group 3 or 4	Balls & Ropes (2 Balls & 1 Rope) OR (2 Balls & 2 Ropes)
Senior FIG	Group of 5	Hoops
	Group of 5	3 Balls & 2 Ropes

Senior Development: (Junior-Senior Mix) - Senior Difficulty

Sr. Dev't	Group of 5	3 Balls & 2 Ropes
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Athletes can compete in a group one age level up from the level they compete as individuals.

NOTE: For the Jr. FIG groups that wish to be eligible to compete at international events, all registered athletes MUST be the correct age & be Canadian citizens as per FIG for Junior.