



PAN AMERICAN GYMNASTICS UNION

PAGU Technical Regulations
2012 Edition

TECHNICAL REGULATIONS - 2012 WOMEN'S ARTISTIC GYMNASTICS

INTRODUCTION

These *Technical Regulations* are made under, and in conformity with, the *Statutes* of the Pan American Gymnastics Union. In consequence, if for any unforeseen reason circumstances should arise where any Technical Regulation is at variance with the intention of any Article of the *Statutes* the intent and interpretation of the said Article shall prevail and the said Regulation shall be duly amended.

The chapters of these Regulations are arranged to provide for specific areas of technical organization and control. As it is not always possible to deal exclusively with the various subject matters under separate headings, it has been necessary to make cross-reference whenever the circumstances so require. Cross references may also be made to the *Statutes* of the Pan American Gymnastics Union and the Code of Points of the International Gymnastics Federation.

INTERPRETATIONS

The following abbreviations will be used:

FIG	International Gymnastics Federation
PAGU	Pan American Gymnastics Union
PAGU / EC	Pan American Gymnastics Union Executive Committee
PAGU / WTC	Pan American Gymnastics Union Women's Technical Committee
TR	Technical Regulations
C.	Competition
CODE	Code of Points of the International Gymnastics Federation
WAG	Women's Artistic Gymnastics
MAG	Men's Artistic Gymnastics
RG	Rhythmic Gymnastics
D ¹ , D ²	D- Panel judges
E ¹ ...E ⁶	E- Panel judges



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CHAPTER I PURPOSE AND VALIDITY OF THE TECHNICAL REGULATIONS

Article 1.1 Purpose

The purpose of these Technical Regulations is to provide an authoritative medium for the control, organization and operation of the technical requirements of the PAGU and to provide for, and encourage, progressive development in all aspects of Gymnastics in association with the federations of the Pan American area recognized under the Statutes.

Article 1.2 Validity

The validity of the TR is, at least, for 4 years and may only be altered or amended - in conformity with the Statutes - under Technical Assembly proposal and General Assembly approval.

Article 1.3 Scope of Application

The TR applies to the organs of the PAGU and to the federations, made in accordance with the Statutes.

Federations and Organizers are required to ensure that they pay regard to such Regulations in respect of participation in, and/or organization of, PAGU events.

CHAPTER II PAGU OFFICIAL COMPETITIONS

Article 2.1 Title, Frequency & Category

The official PAGU competitions are the following:

<u>title</u>	<u>frequency</u>	<u>category</u>
PAN AMERICAN GAMES	every 4 years	senior
JUNIOR PAN AMERICAN CHAMPIONSHIPS	every 2 years (even years)	junior
SENIOR PAN AMERICAN CHAMPIONSHIPS	preceding year of Pan Am Games**	senior
CLUB PAN AMERICAN CUP Age Group 9-10/11-12 and JUNIOR	annual	age group 9-10/11-12 junior
APPARATUS PAN AMERICAN CHAMPIONSHIPS	Olympic years And following	senior
REGIONAL CHAMPIONSHIPS		



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The Senior Pan American Championships previous to the Pan American Games will be the **Qualification for those Games.

CHAPTER III: RIGHT OF PARTICIPATION, ENTRY PROCEDURE AND DELEGATION LIMITATIONS

Article 3.1 General rights of Participation in Competitions

Official PAGU competitions are open to gymnasts who:

- Belong to a federation affiliated to the PAGU and the FIG
- Have the nationality of the federation
- Fulfill the requirements of the Statutes and these PAGU's TR
- Fulfill the prerequisite established for participation
- Junior and Senior gymnasts in possession of the FIG license in force

Article 3.2 Age of Participants*

For the official Senior competitions the participants must, in the year of the competition, be a minimum of 16 years.

For the official Junior competitions, the participants must, in the year of the competition, be a minimum of 13 years and a maximum of 15 years.

For the official age group 11-12 competitions, the participants must, in the year of the competition, be a minimum of 11 years and a maximum of 12 years.

For the official age group 9-10 competitions, the participants must, in the year of the competition, be a minimum of 9 years and a maximum of 10 years.

Note: this age must be reached by December 31st of the year of the Competition.

Article 3.3 Registrations / Entry Procedure

Registrations will be carried out using the official forms and in accordance with the required deadline dates. Completed registration forms are to be sent to the Pan American Gymnastics Union Office. PAGU Office will send them to the corresponding Federation or Organizing Committee and to WTC/UPAG.

The Provisional Registration form, duly completed, must be in the hands of the PAGU at least 4 months before the date of the competition.

The Nominative List of participants (head of delegation, gymnasts, coaches and judges) must be in the hands of the PAGU at least 1 month before the date of competition. The list must contain: surname(s); forename(s); date of birth: day, month and year and the number of the FIG license.

Article 3.4 Alterations to the List of Names

The latest time for alterations is 24 hours before the start of the competition, providing that the plan of work does not allow for other arrangements. In any event, the time limit for alterations may not be reduced below 24 hours. In exceptional cases, the PAGU WTC may accept an alteration.



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Article 3.5 Verification of Passports

With the help of a Review Committee, the PAGU has the right to check the passports of all the gymnasts.

Article 3.6 Right of Participation and Size of Delegations

3.6.1 Pan American Games

Number of Gymnasts: 57 (WAG)

The qualification for the Pan American Games is based on the results of the Senior Pan American Championships of the preceding year of the Games (results of C.I).

In case of a tie for the qualification for the Games, the tie breaking rules set out in article 4.8.1 will apply as per individual qualification and the following criteria for team qualification:

- . The greatest number of highest team scores per apparatus obtained in C.I (total of 3,2,1 highest apparatus team scores).
- . Consider the sum of the highest individual E scores (for each team add the E scores of all counting gymnasts on 4 apparatus, then 3, etc.).
- . Consider the sum of the highest individual D scores (for each team add the D scores of all counting gymnasts on 4 apparatus, then 3, etc.).
- . Consider the highest individual total score.

The placing, allotments, are given to the Federations (NOC) and not to the gymnasts.

Qualification System in detail (WAG):

Place N° (allocation)	Type	Qualification	N°	%
1-40	Countries with team	One team from each country qualified 1 to 7 in accordance with team ranking in competition C.I	8x5=40	70.18
41-50	Individuals	Two gymnasts from each country qualified 9, 10, 11, 12 and 13th position in accordance with team ranking in competition C.I	5x2=10	17.24
51-57	individuals	Seven gymnasts , maximum one per country, presenting the best individual AA results from C.I, from different countries than the already qualified.	7x1=7	12.28
57 gymnasts			20 countries	100%

If, for the last 7 individual places (51-57), it is not possible to fulfill the position with gymnasts from different countries than those already qualified (less than 20 countries participating in the Senior Pan American), the allocation will be redistributed between the countries qualified in position 9, 10, 11, 12 and 13th, awarding one gymnast successively for each country to obtain the appropriate number.



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In the case of the host country not having a gymnast as per the qualification system, the Organizing Committee of the Games will award additional places not already announced.

Confirmation of allocated positions: Countries must confirm with PAGU, their participation as per the places awarded.

A priority order has been established to grant the places not fulfilled, once the countries have confirmed their participations:

1. If it is for positions allocated for the countries (1-8), the next country in line from the results of the qualification will be invited to compete with a full team. In case of a country qualified with a full team, confirm less than 3 gymnasts, that country will be placed in the pool of countries competing with individuals and will be entitled to compete with only two gymnasts exchanging the place of the next complete team.
2. If it is for positions allocated for countries (9-13), the next country in line from the results of the qualification will be invited to compete with two gymnasts.
3. For other positions not used, the placing will be allocated as per the following:
 - Individual gymnasts (maximum one per country) to recognize all countries participating in the Senior Pan American Championships.
 - A third gymnast from countries qualified in position 9-13
 - A fourth gymnast from countries qualified in 9th position
 - A fifth gymnast from the country qualified in 9th position
 - A fourth gymnast from the country qualified in 10th position, etc

NOTE: For all cases not specified earlier, the Technical Committee will decide with the approbation of PAGU.

The maximum number for each federation entitled to officially register is as follows:

Gymnasts:	Number allocated as per the qualification
Coaches:	Maximum 3 for complete team / 1 for countries with individual gymnasts
Judges:	Maximum 3 (obligatory minimum of 1). At least 1 judge of the highest category the country is holding. Members of the PAGU WTC
Head of delegation	Maximum 1(the same person for WAG and MAG)

All the qualified federations are entitled to participate with a team of 3-5 gymnasts. For Games, a 6th gymnast is not allowed. A team shall not compete with more than 4 gymnasts on any apparatus (announcing the gymnast out of competition for this apparatus to the D1 at arrival to the apparatus) and the 3 highest scores will be taken into account for the team total.



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During C.I, only two (2) official coaches will be allowed within the competition area (one female coach and one male coach or two female coaches). During the warm-up period, it is possible to replace an official coach by one of the personal coaches provided prior consent has been obtained from the PAGU WTC President. The official coach must leave the competition area before the entry of the personal coach. Seats will be made available for such personal coaches in the area reserved for accredited gymnasts when they are not competing.

In C.II and C.III a maximum of one coach per competing gymnast is allowed.

Each federation's medical representative is allowed to accompany the team into the competition area but may not present himself / herself on the podium with the team.

3.6.2 Senior Pan American Championships

The maximum number for each federation entitled to officially register is as follows:

- 6 gymnasts + 1 reserve
- 3 coaches
- 2 judges (obligatory minimum of 1)
- 1 head of delegation (same person for WAG, MAG & RG)

All the federations are entitled to participate either with a team of 4-6 gymnasts or with a maximum of 3 individual gymnasts. A team shall not compete with more than 5 gymnasts on any apparatus (announcing the gymnast out of competition for this apparatus to the D1 at arrival) and the 4 highest scores will be taken into account for the team total. The reserve gymnast may not be present in the competition area during the competition.

Federations may require the Organizing Committee to accredit the personal coaches of participating gymnasts at the federations' expense. Seats will be made available for such personal coaches in the area reserved for accredited gymnasts when they are not competing. The names of personal coaches proposing to use this facility must be notified to the Organizing Committee at the time of the Definite Registration.

During Competition I two (2) official coaches will be allowed within the competition area (one female coach and one male coach or two female coaches). During the warm-up period, it is possible to replace the official coach by one of the personal coaches provided prior consent has been obtained from the PAGU WTC President. The official coach must leave the competition area before the entry of the personal coach.

For Apparatus Finals one (1) coach for each competing gymnast is allowed.

Each federation's medical representative is allowed to accompany the team into the competition area but may not present himself / herself on the podium with the team.



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3.6.3 Junior Pan American Championships

The maximum number for each federation entitled to officially register is as follows:

- 4 gymnasts + 1 reserve
- 2 coaches
- 2 judges (obligatory minimum of 1)
- 1 head of delegation (same person for WAG, MAG & RG)
- Members of the PAGU WTC

All the federations are entitled to participate either with a team of 3-4 gymnasts or with a maximum of 2 individual gymnasts. A team shall not compete with more than 4 gymnasts on any apparatus and the 3 highest scores will be taken into account for the team total. The reserve gymnast may not be present in the competition area during the competition.

Federations may require the Organizing Committee to accredit the personal coaches of participating gymnasts at the federations' expense. Seats will be made available for such personal coaches in the area reserved for accredited gymnasts when they are not competing. The names of personal coaches proposing to use this facility must be notified to the Organizing Committee at the time of the Definite Registration.

During Competition I, two (2) official coaches will be allowed within the competition area (one female coach and one male coach or two female coaches). During the warm-up period, it is possible to replace the official coach by one of the personal coaches provided prior consent has been obtained from the PAGU WTC President. The official coach must leave the competition area before the entry of the personal coach. For Apparatus Finals one (1) coach for each competing gymnast is allowed.

Each federation's medical representative is allowed to accompany the team into the competition area but may not present himself / herself on the podium with the team.

3.6.4 Club Pan American Cup 9-10/11-12

The maximum number for each Club* entitled to officially register is as follows:

9-10 years:	3 gymnasts	11-12 years:	3 gymnasts
	2 coaches		2 coaches
	1 team leader		1 team leader

*It is understood by club, all team/individual registered as is under their Federation and will be considered A,B and/or C from the club with the same name.

The maximum number for each Federation entitled to officially register **for both age groups** is as follows:



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2 judges (obligatory minimum of 1)
1 head of delegation

Each Federation has the right to participate with a maximum of **three (3) clubs** (team or individual) per age group

A team shall provide for 2-3 gymnasts to compete and the 2 highest scores per apparatus will be taken into account for the team total.

Individual gymnasts are allowed (maximum 1 gymnast per club).

Federations may require the Organizing Committee to accredit the personal coaches of participating gymnasts at the clubs' expense. Seats will be made available for such personal coaches in the area reserved for accredited gymnasts when they are not competing. The names of personal coaches proposing to use this facility must be notified to the Organizing Committee at the time of the Definite Registration.

During the competitions, compulsories and optional, two (2) official coaches will be allowed within the competition area (one female coach and one male coach or two female coaches). During the warm-up period, it is possible to replace the official coach by one of the personal coaches provided prior consent has been obtained from the PAGU WTC President. The official coach must leave the competition area before the entry of the personal coach.

3.6.5 Junior Club Pan American Cup

The maximum number for each Club* entitled to officially register is as follows:

3 gymnasts
2 coaches
1 team leader

*It is understood by club, all team/individual registered as is under their Federation and will be considered A,B and/or C from the club with the same name.

The maximum number for each Federation entitled to officially register is as follows:

2 judges (obligatory minimum of 1)
1 head of delegation

Each Federation has the right to participate with a maximum of **three (3) clubs** (team or individual)



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A team shall provide for 2-3 gymnasts to compete and the 2 highest scores per apparatus will be taken into account for the team total.

Individual gymnasts are allowed (maximum 1 gymnast per club)

Federations may require the Organizing Committee to accredit the personal coaches of participating gymnasts at the clubs' expense. Seats will be made available for such personal coaches in the area reserved for accredited gymnasts when they are not competing. The names of personal coaches proposing to use this facility must be notified to the Organizing Committee at the time of the Definite Registration.

During Competition I and Team Final, the 2 official coaches will be allowed within the competition area (one female coach and one male coach or two female coaches). During the warm-up period, it is possible to replace the official coach by one of the personal coaches provided prior consent has been obtained from the WTC / PAGU President. The official coach must leave the competition area before the entry of the personal coach.

3.6.6 Apparatus Pan American Championships (senior) in conjunction with the Junior Pan American Championships

The maximum number for each federation entitled to officially register is as follows:

- 3 gymnasts
- 3 coaches (Total number for the Junior Pan American Championships and per Apparatus)
- 2 judges (obligatory minimum of 1)
- 1 head of delegation (same person for WAG & MAG)

All the federations are entitled to participate with a maximum of 3 gymnasts. During qualification, a maximum of 3 gymnasts per apparatus and for Finals no more than 2 per apparatus.

Federations may require the Organizing Committee to accredit the personal coaches of participating gymnasts at the federations' expense. Seats will be made available for such personal coaches in the area reserved for accredited gymnasts when they are not competing. The names of personal coaches proposing to use this facility must be notified to the Organizing Committee at the time of the Definite Registration.

During qualification, the 2 official coaches will be allowed within the competition area (one female coach and one male coach or two female coaches). For finals, one (1) official coach for each competing gymnast will be allowed within the competition area.

Each federation's medical representative is allowed to accompany the team into the competition area but may not present himself / herself on the podium with the team.



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3.6.7 Apparatus Pan American Championships (senior)

The maximum number for each federation entitled to officially register is as follows:

- 4 gymnasts (maximum 2 per apparatus)
- 3 coaches
- 2 judges (obligatory minimum of 1)
- 1 head of delegation (same person for WAG & MAG)

All the federations are entitled to participate with a maximum of 4 gymnasts (not more than 2 per apparatus).

Federations may require the Organizing Committee to accredit the personal coaches of participating gymnasts at the federations' expense. Seats will be made available for such personal coaches in the area reserved for accredited gymnasts when they are not competing. The names of personal coaches proposing to use this facility must be notified to the Organizing Committee at the time of the Definite Registration.

For both, qualification and finals, one (1) official coach for each competing gymnast will be allowed within the competition area.

Each federation's medical representative is allowed to accompany the team into the competition area but may not present himself / herself on the podium with the team.

CHAPTER IV COMPETITION PROGRAM

PART I - General Considerations

- Article 4.1** Order of Competition on the Apparatus
- Vault
 - Uneven Bars
 - Balance Beam
 - Floor Exercises

- Article 4.2** Competition Program: Basic Principles
Competition programs will be composed as follows:

- (a) For competitions with a complete program:
- Competition I 4 optional exercises
 - Competition II 4 optional exercises
 - Competition III optional exercises



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(b) For competitions with optional program only:

Competition I	4 optional exercises
Team Final	4 optional exercises
Apparatus Final	optional exercises

(c) For competitions with compulsory program:

Day 1 of competition	4 compulsory exercises PAGU requirements
Day 2 of competition	4 optional exercises PAGU requirements

Article 4.3 Compulsory exercises or optional exercises with compulsory elements
The PAGU WTC has the right to develop compulsory exercises or include compulsory elements in optional exercises in order to be used in official competitions or for specific PAGU regions.

In the event of a difference of opinion concerning the text, the PAGU WTC President decides after consultation with the PAGU WTC.

Article 4.4 Optional exercises

Optional exercises are composed of elements and combinations, freely selected, which must correspond to the content of the Code and PAGU Technical Requirements.

Article 4.5 Competition's Format

The competitions will be following the proposed formats:

	Day 00	Day 0	Day 1	Day 2	Day 3	Day 4	Day 5
Games C.I/ II/ III	Podium MAG/ WAG		C.I MAG/ WAG	C.II WAG	C.II MAG	C.III* MAGx3/ WAGx2	C.III* MAGx3/ WAGx2
Championships C.I / C.III Option 1		Podium MAG/ WAG	C.I MAG/ WAG	C.III* MAGx3/ WAGx2	C.III* MAGx3/ WAGx2		
Championships C.I / C.III Option 2		Podium MAG/ WAG	C.I MAG	C.I WAG	C.III* MAGx3/ WAGx2	C.III* MAGx3/ WAGx2	

*First and second vault continuous

NOTE 1:

Training before competitions will defined by a minimum of:
3 days for Championships
4 days for Games

NOTE 2:

Although the situation is not recommended, in case the Games would be scheduled in 4 days (in replacement of the 5 days scheduled by TR) the following scenario will be used:



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	Day 00	Day 0	Day 1	Day 2	Day 3	Day 4	Day 5
Games C.I/ II/ III	Podium MAG/ WAG		C.I MAG/ WAG	C.II WAG	C.II MAG	C.III MAG WAG Finals with separate schedules	

PART II Specific Competition Program: PAN AMERICAN GAMES

Article 4.6 Competitions program

Competition I (C.I) Qualification and Team Competition

Competition II (C.II) Individual All-Around

Competition III (C.III) Event Finals

Particulars of these competitions are set out in Articles. 4.6 to 4.10.

Article 4.7 Competition I: Qualification and Team Competition

4.7.1 Participation

All the teams and individual gymnasts qualified in the previous Senior Pan American Championships. The results obtained from this competition determine the classification of the teams (ref. art. 4.7.3).

As well, the results obtained from this competition qualify the gymnasts for C.II & C.III (ref. art. 4.8.1 and 4.9.1).

4.7.2 Formation of groups and order of competition

The competition occurs in various sub-divisions.

Each sub-division consists of 4-5 groups (one per apparatus).

Each team makes up a group and the countries with individual gymnasts are placed in mixed groups (approximately 6 gymnasts per group).

The allocation of teams within the different sub-divisions as well as the apparatus on which a team will begin is decided by a draw.

The competition order of gymnast on each apparatus will be decided by the coach and submitted to the Organizing Committee within the prescribed time.

A draw will take place as well for the mixed groups in order to determine their allocation in the different sub-divisions and the apparatus on which the group will begin. The working order within a mixed group is decided by a draw for the first apparatus.

In the second rotation, the federation which started first will be placed last and the other federation(s) will move up one place, and subsequently for the following rotations. The federations with two gymnasts may decide the competition order on each apparatus and submit the order to the Organizing Committee within the prescribed time.



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4.7.3 Determination of results

The team results comprise the total 4 best scores obtained by the members of a team in C.I on each apparatus.

The team with the highest score is declared the winner and "**Pan American Champion**". The other teams are classified according their results.

When the scores are tied in the final results of C.I, the tie is not broken. If the scores are tied for any qualifying place for C.II or C.III, see Articles 4.8.1 and 4.9.1

Article 4.8 Competition II: Individual All-Around Competition

4.8.1 Participation

The top 24 gymnasts with the highest total who participated in C.I (provided that they have obtained a score on each apparatus), with a maximum of 2 per federation.

When in C.I the scores are tied for any qualifying place, the tie breaking rule will use the following criteria:

- The number of highest scores obtained in Competition I (total of 3, 2, 1 highest final scores).
- The highest total of E scores on each apparatus (4, 3, 2, 1) (for each gymnast use the total of E scores on each apparatus, then 3, 2, 1)
- The highest total of D scores on each apparatus (4, 3, 2, 1) (for each gymnast use the total of D scores on each apparatus, then 3, 2, 1)

If the tie still persists, all gymnasts not excluded by the tie braking rule will be admitted in C.II.

4.8.2 Formation of Groups and Order of Competition

The gymnasts qualified for C.II are distributed into 4 groups. The composition of each group is determined by a draw and the competition order is valid for the first apparatus as per the draw where each gymnast is assigned by number 1 to 24.

Example with 24 gymnasts:

<u>Numbers Drawn</u>	<u>Group</u>	<u>Apparatus in the First Rotation</u>
01-06	1	Vault
07-12	2	Uneven Bars
13-18	3	Balance Beam
19-24	4	Floor Exercise

The competition order will be as shown here (the numbers correspond to the number drawn for the gymnast).



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Example for the group 1:

<u>Vault</u>	<u>Uneven Bars</u>	<u>Balance Beam</u>	<u>Floor Exercise</u>
1	2	3	4
2	3	4	5
3	4	5	6
4	5	6	1
5	6	1	2
6	1	2	3

4.8.3 Determination of results

The Individual All-Around classification is determined by the total of the scores obtained by each gymnast on all 4 apparatus in C.II (the result of C.I is not taken into consideration).

The gymnast with the highest total score is declared the winner and "PAN AMERICAN CHAMPION". The other gymnasts are classified according their results.

When the scores are tied in a final result for C.II, the tie is not broken.

Article 4.9 Competition III: Apparatus Finals

4.9.1 Participation

On each apparatus, the 8 gymnasts having obtained the highest total scores on the respective apparatus in C.I will take part in the Individual Event Final, with a maximum of 2 per federation.

When in C.I, with the exception of Vault, the scores are tied for any qualifying places, the tie breaking rule will use the following criteria:

- Average of the 4 counting E-Panel deductions
- Average of the 3 lowest of the 4 counting E-Panel deductions
- Average of the 2 lowest of the 4 counting E-Panel deductions
- The lowest of the 4 counting E-Panel deductions
- Average of the 5 lowest E-Panel deductions
- Average of all 6 E-Panel deductions

When in C.I, the scores are tied for any qualifying places for Vault final, the tie breaking rule will use the following criteria:

- The highest final score of the 2 vaults
- Average of the 8 counting E-Panel deductions
- Average of the 6 lowest of the 8 counting E-Panel deductions (3 of the first vault, 3 of the second vault)
- Average of the 4 lowest of the 8 counting E-Panel deductions (2 of the first vault, 2 of the second vault)



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- Average of the 2 lowest of the 8 counting E-Panel deductions
(1 of the first vault, 1 of the second vault)
- Average of the 10 lowest E-Panel deductions
(5 of the first vault, 5 of the second vault)
- Average of all 12 E-Panel deductions

If the tie-breaking rule cannot make any distinction, all the gymnasts will take part in C.III. The Competition order for the additional gymnasts will follow the order of the position prescribed by the draw (within a draw between themselves) and the remaining gymnasts will fulfill the remaining positions.

4.9.2 Formation of groups and competition order

Finals will be carried out one apparatus at a time, the 8 gymnasts having qualified will form one group.

The order of competition on each apparatus will be determined by a completely random draw for each apparatus based on the following format:

Order of competition	Preliminary placement (draw)
1	
2	
3	
4	
5	
6	
7	
8	

4.9.3 Determination of results

The results for the Apparatus Finals is obtained from the scores attained by each gymnast in the optional exercise performed in C.III on the respective apparatus. (results of C.I is not taken into consideration).

The gymnast with the highest score is declared the winner and "PAN AMERICAN CHAMPION" on this apparatus. The other gymnasts are classified according to their results. When the scores are tied in a final result the tie is not broken.

Article 4.10 Obligation to participate in C.II & III Reserve gymnasts

Gymnasts who qualify for C.II and III are not obliged to participate in C.II in order to participate in C.III.



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For C.II, 4 reserve gymnasts will be designated according to the classification. As well for C.III, 3 reserved gymnasts per apparatus will be designated according to the classification. The reserve gymnasts must be prepared to replace a gymnast who will not compete. The reserve gymnast performs in the position of the replaced gymnast. If a gymnast qualified for C.II or III will not participate, her federation may replace her by one of its other gymnasts provided that the said replacement has obtained a higher result than that of the first reserve gymnast. Federations are required to supply the Organizing Committee with the names of their finalists within the prescribed time.

PART III Specific competition program: JUNIOR PAN AMERICAN CHAMPIONSHIPS and SENIOR PAN AMERICAN CHAMPIONSHIPS

Article 4.11 Format of Competitions Competition I (C.I) Apparatus Finals

The particulars of these competitions are set out in the Articles. 4.11 to 4.14, inclusive.

Article 4.12 Competition I **4.12.1 Participation**

All teams and individual gymnasts registered according to the stipulations of the PAGU Statutes and these TR have the right to participate.

The results obtained determine the classification of the teams and the All-Around (see Article. 4.12.3)

The results obtained determine the qualification for the Apparatus Finals (see Article. 4.13.1).

The results obtained in C.I of Senior Pan American Championships determine the classification for the Pan American Games of the following year.

4.12.2 Formation of Groups and Competition Order

The competition will be carried out in one or more sub-divisions.

The gymnasts are divided into 4 to 6 groups for each sub-division depending on the number of registered teams and individual gymnasts.

Each group comprises a maximum of 8 gymnasts grouped as follows: 2 teams (Junior Pan American Championships), or 1 team and individual gymnasts, or individual gymnasts only.

The allocation of gymnasts within the different groups is determined by a draw of the federations (including federations with individual gymnasts).



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There will be 4 to 6 rotations in each sub-division depending upon the number of groups. If there are more than 4 groups, byes will be inserted as follows:

5 groups, one bye between floor and vault

6 groups, one bye between floor and vault and one bye between uneven bars and beam.

The allocation of teams within the different sub-divisions as well as the apparatus on which a team will begin is decided by a draw.

The competition order of gymnast on each apparatus will be decided by the coach and submitted to the Organizing Committee within the prescribed time.

A draw will take place as well for the mixed groups in order to determine their allocation in the different sub-divisions and the apparatus on which the group will begin. The working order within a mixed group is decided by a draw for the first apparatus.

In the second rotation, the federation which started first will be placed last and the other federation(s) will move up one place, and subsequently for the following rotations. The federations with two gymnasts may decide the competition order on each apparatus and submit the order to the Organizing Committee within the prescribed time.

4.12.3 Determination of Results

(a) The team result comprises the total of the best 3 scores obtained by the members of a team in C.I on each apparatus (Junior Pan American Championships) and the total of the best 4 scores obtained by the members of a team in C.I on each apparatus (Senior Pan American Championships)

The team with the highest score is declared the winner and "JUNIOR PAN AMERICAN CHAMPION" or "SENIOR PAN AMERICAN CHAMPION". The other teams are classified according their result.

When the scores are tied for the Team final result the tie is not broken.

(b) The Individual All-Around classification is made by adding the scores obtained by each gymnast on the 4 optional exercises performed in Competition I.

The gymnast with the highest score is declared the winner and "Junior PAN AMERICAN CHAMPION" or "SENIOR PAN AMERICAN CHAMPION". The other gymnasts are classified according their result.

When the scores are tied for the All-Around final result the tie is not broken.

Article 4.13 Apparatus Finals

4.13.1 Participation

The 8 gymnasts, with a maximum of 2 per federation, having obtained the highest score on the respective apparatus in C. I will participate in each respective Individual Event Final.



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When in C.I, with the exception of Vault, the scores are tied for any qualifying places, the tie breaking rule will use the following criteria:

- Average of the 4 counting E-Panel deductions
- Average of the 3 lowest of the 4 counting E-Panel deductions
- Average of the 2 lowest of the 4 counting E-Panel deductions
- The lowest of the 4 counting E-Panel deductions
- Average of the 5 lowest E-Panel deductions
- Average of all 6 E-Panel deductions

If the tie breaking rule cannot make a distinction, all the gymnasts will take part in C.III.

When in C.I, the scores are tied for any qualifying places for Vault final, the tie breaking rule will use the following criteria:

- The highest final score of the 2 vaults
- Average of the 8 counting E-Panel deductions
- Average of the 6 lowest of the 8 counting E-Panel deductions (3 of the first vault, 3 of the second vault)
- Average of the 4 lowest of the 8 counting E-Panel deductions (2 of the first vault, 2 of the second vault)
- Average of the 2 lowest of the 8 counting E-Panel deductions (1 of the first vault, 1 of the second vault)
- Average of the 10 lowest E-Panel deductions (5 of the first vault, 5 of the second vault)
- Average of all 12 E-Panel deductions

If the tie breaking rule cannot make a distinction, all the gymnasts will take part in C.III.

The Competition order for the additional gymnasts will follow the order of the position prescribed by the draw (within a draw between themselves) and the remaining gymnasts will fulfill the remaining positions.

4.13.2 Formation of groups and competition order

Finals will be carried out one apparatus at a time; the 8 gymnasts having qualified will form one group.

The order of competition on each apparatus will be determined by a completely random draw for each apparatus during the Technical Meeting before the competition, based on the following format:



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Order of competition	Preliminary placement (draw)
1	
2	
3	
4	
5	
6	
7	
8	

4.13.3 Determining the results

The classification for each apparatus is obtained from the scores attained by each gymnast in the optional exercise performed during the Finals Competition on the respective apparatus (the result of C.I is not taken into consideration).

The gymnast with the highest score is declared the winner and "JUNIOR PAN AMERICAN CHAMPION" or "SENIOR PAN AMERICAN CHAMPION" on this apparatus.

When the scores are tied for the Apparatus final result the tie is not broken.

Article 4.14 Obligation to participate in Finals Reserve gymnasts

Three 3 reserve gymnasts will be designated according to the classification. The reserve gymnasts must be prepared to replace a gymnast who will not compete. The reserve gymnast performs in the position of the replaced gymnast.

If a gymnast qualified for Finals will not participate, her federation may replace her by one of its other gymnasts provided that the said replacement has obtained a higher result than that of the first reserve gymnast.

Federations are required to supply the Organizing Committee with the names of their finalists within the prescribed time.

PART IV - Specific competition program CLUB PAN AMERICAN CUP **Age groups (9-10/11-12)**

Article 4.15 Format of competitions for each Age Group Day 1 Compulsory exercises Day 2 Optional exercises



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Article 4.16 Competition Day 1 and day 2 (Compulsories and Optional)

4.16.1 Participation

All the Clubs (teams or individuals) registered according to the stipulations of the PAGU Statutes and these TR have the right to participate in both days of competition (compulsories and optionals).

4.16.2 Formation of groups and competition order

The allocation of Clubs within the different sub-divisions as well as the apparatus on which the Club will commence will be decided by a draw.

In the second rotation the Club which started will work second and the other Club will move up to first place.

The order of competition on any apparatus is decided by the coach. Clubs are required to supply the Organizer with the order of competition in the prescribed time.

4.16.3 Determination of Results

(a) The Team results is obtained by the total of the two 2 best scores (total of compulsories+optional) form each apparatus.

The team with the highest score is declared the winner and "CLUB PAN AMERICAN CUP CHAMPION 9-10 YEARS" or "CLUB PAN AMERICAN CUP CHAMPION 11-12 YEARS". The other teams are classified according to their result.

(b) The Individual All-Around classification is made by adding the scores obtained by each gymnast on all 4 apparatus (compulsories+optional).

The gymnast with the highest score is declared the winner and "CLUB PAN AMERICAN CUP CHAMPION 9-10 YEARS" or "CLUB PAN AMERICAN CUP CHAMPION 11-12 YEARS". The other gymnasts are classified according their result.

(c) The Apparatus final classification is made by adding the scores obtained by each gymnast the apparatus (compulsories+optional).

The gymnast with the highest score is declared the winner and "CLUB PAN AMERICAN CUP CHAMPION 9-10 YEARS" or "CLUB PAN AMERICAN CUP CHAMPION 11-12 YEARS" of the respective apparatus. The other gymnasts are classified according their result with a maximum of 2 gymnasts per club.

In any of (a), (b) and (c) when the scores are tied for final result the tie is not broken.



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PART V - Specific competition program: JUNIOR CLUB PAN AMERICAN CUP

Article 4.17 Competition Format Competition I Team Final

The particulars of these competitions are set out in the Articles 4.17 to 4.20, inclusive.

Article 4.18 Competition I **4.18.1** Participation

All the Clubs registered according to the stipulations the PAGU Statutes and these TR have the right to participate.

The results obtained determine the individual All-Around classification and the Apparatus classification (see Article 4.18.3)

The results obtained determine the qualification for the Team Final (see Article 4.19.1).

4.18.2 Formation of groups and order of competition

In principle the competition occurs in 2-3 sub-divisions.

Each sub-division consists of 4 groups (one per apparatus).

Each group consists of a maximum of 6 gymnasts (2 Clubs per group, 1 Club plus individuals or individuals only).

The allocation of Clubs within the different sub-divisions as well as the apparatus on which the Club will begin are decided by a draw. In the second rotation, the Club which started will work second and the other Club will move up to first place.

The order of competition of the gymnasts from each club on each apparatus is decided by the coach.

Clubs are required to supply the Organizing Committee with the order of competition within the prescribed time.

4.18.3 Determination of results

(a) The Individual All-Around classification is made by adding the scores obtained by each gymnast on the 4 optional exercises performed in C.I.

The gymnast with the highest score is declared the winner and "JUNIOR CLUB PAN AMERICAN CUP CHAMPION". The other gymnasts are classified according their result with a maximum of 2 gymnasts per club.

When the scores are tied for the All-Around final result the tie is not broken

(b) The Apparatus Final classification is obtained by the scores attained by each gymnast for the exercise performed in C.I on the respective apparatus.

On Vault, Only one vault is performed for C-I, and the result will be based on the score of C-I.



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The gymnast with the highest score is declared the winner and "JUNIOR CLUB PAN AMERICAN CUP CHAMPION" on this apparatus. The other gymnasts are classified according to their results with a maximum of 2 gymnasts per club.

When the scores are tied for the Apparatus final result the tie is not broken

Article 4.19 Team Final
4.19.1 Participation

Only Clubs with teams in C.I are allowed to qualify for the Team Final.

A proportional number of teams, based on the total number of participating teams in C.I, will participate in these finals with a maximum of two (2) clubs per country, which have obtained the highest total score (total of the 2 highest score on each apparatus):

- up to 17 teams in C.I = 4 finalist teams
- 18 to 23 teams in C.I = 6 finalist teams
- 24 and more teams in C.I = 8 finalist teams

When the scores are tied, the qualification is based on the team total score taking in account the highest score on each apparatus.

4.19.2 Formation of groups and competition order

The final will take place in one sub-division.

The starting apparatus will be determined by a draw.

The order of competition for each club is determined by the coach.

Clubs are required to supply the Organizing Committee with the order of competition within the prescribed time.

4.19.3 Determining the results

The team results comprise the total of the best 2 scores obtained by the members of a team in the Final (results of C.I is not taken into consideration).

The team with the highest score is declared the winner and "JUNIOR CLUB PAN AMERICAN CUP CHAMPION". The other teams are classified according their results.

When the scores are tied for the Team final result the tie is not broken.

Article 4.20 Obligation to participate in Team Final
Reserve Team

Teams which decided not to compete must inform the Organizing Committee of their decision immediately so that the next team in turn may be qualified.

The reserve team works according to the working position of the team it replaces.



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PART VI Specific program for APPARATUS PAN AMERICAN CHAMPIONSHIPS

Article 4.21 Competition program

Program include : Qualification
Apparatus Finals

Article 4.22 Qualification

4.22.1 Participation

A maximum of 2 gymnasts per apparatus and three (3) when the competition is in conjunction with the Junior Pan American Championships, per federation registered according to the stipulations of the PAGU Statutes and these TR, have the right to participate in the Qualification. The results obtained will qualify the gymnasts for the Apparatus Finals.

Article 4.23 Apparatus Finals

4.23.1 Participation

The 8 gymnasts having obtained the highest score on the respective apparatus in the Qualification will participate in each respective Individual Event Final with a maximum of 2 per federation.

When in C.I, with the exception of Vault, the scores are tied for any qualifying places, the tie breaking rule will use the following criteria:

- Average of the 4 counting E-Panel deductions
- Average of the 3 lowest of the 4 counting E-Panel deductions
- Average of the 2 lowest of the 4 counting E-Panel deductions
- The lowest of the 4 counting E-Panel deductions
- Average of the 5 lowest E-Panel deductions
- Average of all 6 E-Panel deductions

If the tie-breaking rule cannot make any distinction, all the gymnasts will take part in C.III.

When in C.I, the scores are tied for any qualifying places for Vault final, the tie breaking rule will use the following criteria:

- The highest final score of the 2 vaults
- Average of the 8 counting E-Panel deductions
- Average of the 6 lowest of the 8 counting E-Panel deductions
(3 of the first vault, 3 of the second vault)
- Average of the 4 lowest of the 8 counting E-Panel deductions
(2 of the first vault, 2 of the second vault)
- Average of the 2 lowest of the 8 counting E-Panel deductions
(1 of the first vault, 1 of the second vault)



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- Average of the 10 lowest E-Panel deductions
(5 of the first vault, 5 of the second vault)
- Average of all 12 E-Panel deductions

If the tie breaking rule cannot make any distinction, all the gymnasts will take part in C.III.

The Competition order for the additional gymnasts will follow the order of the position prescribed by the draw (within a draw between themselves) and the remaining gymnasts will fulfill the remaining positions.

4.23.2 Formation of groups and competition order

Finals will be carried out one apparatus at a time; the 8 gymnasts having qualified will form one group.

The order of competition on each apparatus will be determined by a completely random draw for each apparatus during the Technical Meeting before the competition, based on the following format:

Order of competition	Preliminary placement (draw)
1	
2	
3	
4	
5	
6	
7	
8	

4.23.3 Determining the results

The classification for each apparatus is obtained from the scores attained by each gymnast in the optional exercise performed during the Finals Competition on the respective apparatus (the result of C.I is not taken into consideration).

The gymnast with the highest score is declared the winner and "PAN AMERICAN CHAMPION" on this apparatus.

When the scores are tied for the Apparatus final result the tie is not broken.



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Article 4.24 Draw

The draw and Competition order for the different groups may be carried out:

- in the two weeks following the nominative registration or during the Technical Meeting before the competition
- with previous announcement to Member Federations of the date, time and location where the draw will be carry out
- Member Federations can send a representative
- at the PAGU Head Quarter or PAGU Official Event
- by a neutral person or by computer program in the presence of two members of the PAGU/EC

CHAPTER V: TECHNICAL REQUIREMENTS

Article 5.1 Basic principles

Technical requirements for each Competition are specified in Articles 5.2, 5.3, 5.4, 5.5, 5.6 and 5.7.

The other technical requirements are in accordance with the FIG Current Code of Points, without any modification.

Article 5.2 Senior Category - Pan American Games

Technical requirements for all apparatus are the same as the FIG requirements for each competition (see current Code).

Article 5.3 Senior Category – Senior Pan American Championship

Competition I: C.I FIG

Apparatus Final: C.III FIG

Article 5.4 Senior Category – Specialist Pan American Championship

Qualification and Apparatus Finals: C.III FIG

Article 5.5 Junior Category - Junior Pan American Championships

Competition I: C.I FIG modified for Junior (classification for Vault Final: two different vaults)

Apparatus Finals: C.I FIG modified for Junior (two different vaults, final score = average)

Article 5.6 Junior Category - Junior Club Pan American Cup

Competition I: C.I FIG modified for Junior

Team Final: C.I FIG modified for Junior



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Article 5.7 Age Group 9-10 / 11-12 – Club Pan American Cup

Technical requirements for all apparatus (Compulsories and optional) are the PAGU Specific Rules (see “Club Pan American Cup” brochure, corresponding annual edition)

CHAPTER VI : COMPETITION APPARATUS & AUXILIARY INSTALLATIONS

Article 6.1 Apparatus Requirements

Apparatus requirements and measurements for the adult and junior categories are those of the FIG (see the FIG "*Apparatus Norms*" brochure and the FIG Code).

For the Age Groups, these are adapted to those of the PAGU (see “Club Pan American Cup” brochure).

Article 6.2 Verification / Control of apparatus at competitions

Verification / control of the apparatus immediately before a competition will be exercised by the President or a member of the PAGU WTC in collaboration with the Organizing Committee.

Article 6.3 Auxiliary Installations

The following installations are essential for the smooth running of the competition:

- An acoustic apparatus able to sound a signal after each warm up period.
- An acoustic apparatus able to sound a signal communicating the time limit on beam and floor.
- Two white flags for signaling the appropriate deductions when the prescribed floor area is exceeded.
- Equipment capable of clearly showing the scores for each apparatus.
- Green and red lights (or another system) to give the red and green signals.
- Chronometers for timing the duration of the beam and floor exercises and of the intermediate time on beam and bars.

CHAPTER VII: JUDGES

Article 7.1 General Principles

All exercises in competitions must be evaluated by judges possessing the proper qualifications for this function. They must be members of their national federations and be willing to honestly judge the exercises presented by the gymnasts.



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Article 7.2 Basis for judging: Code

The basics for judging are indicated in the Code in effect and the special stipulations included in this Technical Regulations.

Article 7.3 Qualification of judges for official competitions: Brevets

In order to act as a judge in the PAGU official competitions, it is necessary to possess the current FIG Judge's Brevet (Category I, II, III or IV). The exception is the Members of the PAGU Executive Committee who act as part of the Jury of Appeal.

In order to act as a D-Panel judge in official PAGU competitions, it is necessary to possess the current FIG Judge's Brevet and have been appointed by the PAGU WTC for this function.

In order to act as a E-Panel judge, line judge or timer in official PAGU competitions, it is necessary for this function to possess the current FIG Judge's Brevet and have been drawn by the PAGU WTC during the Judges meeting previous to the Competition.

Article 7.4 Judging official competitions: Responsibility and functions

The judging of official competitions is the responsibility of:

7.4.1 Jury of Appeal

The Jury of Appeal consists of two members of the Executive Committee of the PAGU, appointed by the EC (one of them acting as President) and a third person not directly involved with the decision of the Competition Jury or Superior Jury. The President of the Technical Committee or any other appropriate person may be consulted.

7.4.2 Superior Jury

The Superior Jury is formed by the President and two members of the PAGU WTC. The functions of the Superior Jury are those detailed in the Code of points.

7.4.3 Apparatus Supervisor

The Apparatus Supervisor is a member of the PAGU WTC. In the case of not having a member as Supervisor, D¹ from D- Panel will assume all their tasks. The functions of the Apparatus Supervisor are detailed in the Code of Points.

7.4.4 D- Panel

The D- Panel is appointed by the PAGU WTC and consists of two judges, D¹ and D². D¹ is the coordinator of the D and E- Panel, so in the case of not having a member of the WTC as Supervisor, she assumes all their tasks.



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Each “D” Jury is allocated to a particular apparatus and has the following functions:

- Record the entire program content in symbol notation.
- Are responsible for the “D” score in the compulsory exercises or with compulsory elements and optional exercises. Apply the proper neutral deductions to the Final Score.
- Have their symbol notations available for consultation.
- Deliver a report of all occurrences on the respective apparatus to the PAGU WTC President.

7.4.5 E- Panel

The E-Panel Judges are selected by a draw (see Article 7.7).

In principle, the composition of the E- Panel is based on the options from the Code and the number of available judges (see Article 7.6).

The E- Panel judges must evaluate the execution and artistic presentation of the exercise of each gymnast in accordance with the Code and record the total deductions given (separate sum of deductions for execution and artistic presentation on Beam and Floor).

7.4.6 Assistant Judges

Assistant Judges act as line judges (vault and floor) and timers. If less than the required number of judges is available, they are appointed by the Organizing Committee. The Assistant Judges must possess the International or National Brevet.

7.4.7 Secretaries

One secretary per apparatus assists the D¹ of that Apparatus. They are appointed by the Organizing Committee. They must possess the International or National Brevet.

Article 7.5 The President of the WTC

The president of the WTC or her/his representative will serve as the Chair of the Superior Jury. His/her responsibilities are listed in the Code of Points.

Article 7.6 Composition of Juries

Note: all options may include a Member of the PAGU WTC acting as the Supervisor of the Apparatus.

7.6.1 Composition of Juries for the Pan American Games

Competition I, II and III: four options



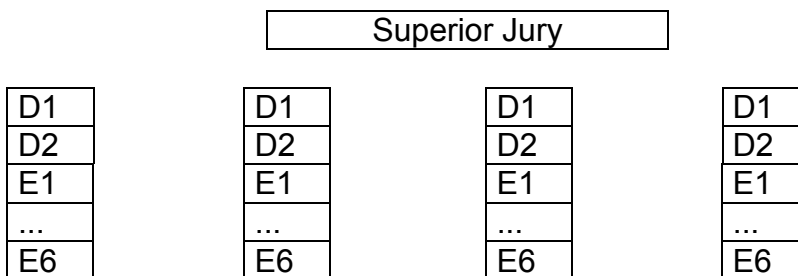
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Option 1:

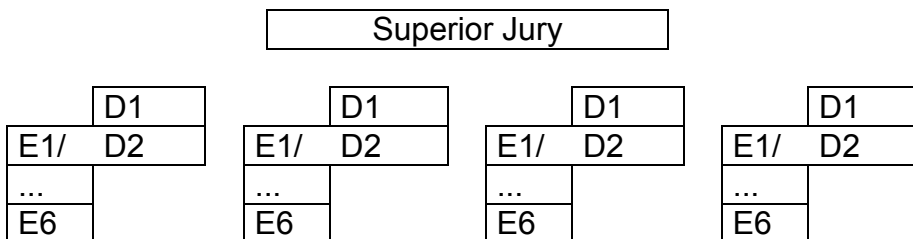


8 D- judges + 24 E- judges = Total 32

D- Panel gives the D-Score in agreement.

E- judges give one E- deduction each. Total: 6 scores

Option 2:

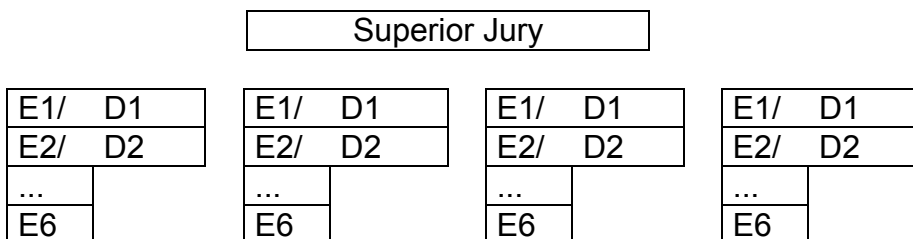


4 D1- judges + 24 E- judges (4 D2 included) = Total 28

D- Panel gives the D-Score in agreement.

E1/D2 and the rest of E- judges give one E- deduction each. Total: 6 scores

Option 3:



Total 24

E1/D1 and E2/D2 give the D-Score in agreement.

E1/D1 and E2/D2 and the rest of E- judges give one E- deduction each. Total: 6 scores



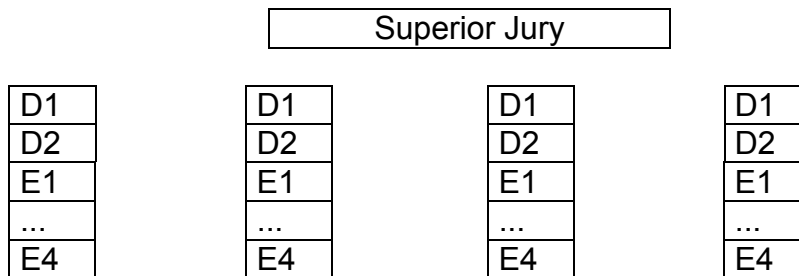
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Option 4:



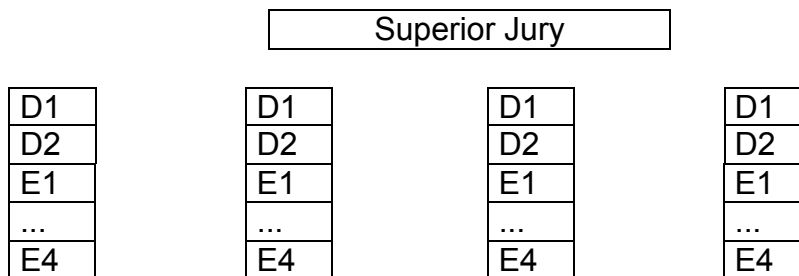
8 D- judges + 16 E- judges = Total 24
 D- Panel gives the D-Score in agreement.
 E- judges give one E- deduction each. Total: 4 scores

Note: Where less than the required number of judges is available, one of the two options of Art. 7.6.2 (a) may be applied.

7.6.2 Composition of Juries for Junior and Senior Pan American Championships and Club Pan American Cups

(a) C. I & IV: three options

Option 1:



8 D- judges + 16 E- judges = Total 24
 D- Panel gives the D-Score in agreement.
 E- judges give one E- deduction each. Total: 4 scores



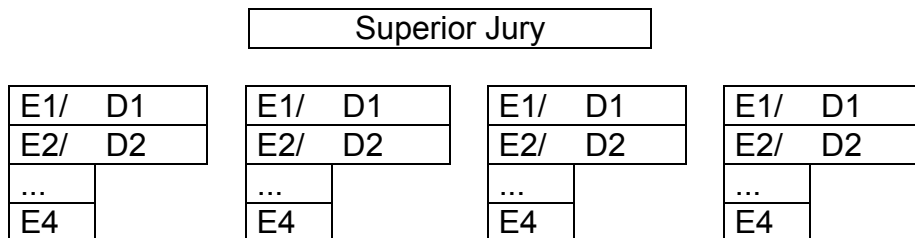
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Option 2:

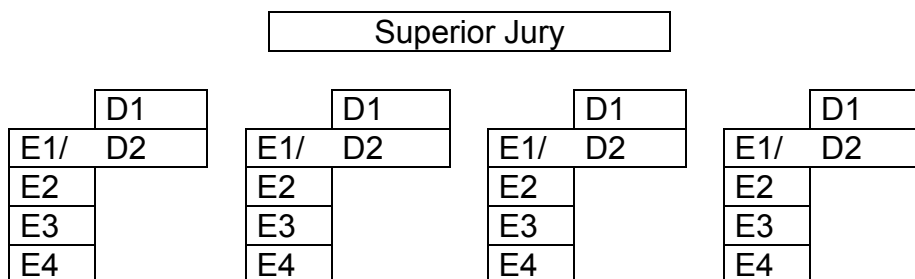


Total 16

E1/D1 and E2/D2 give the D-Score in agreement.

E1/D1 and E2/D2 as well as E3 and E4 give one E- deduction each. Total: 4 scores

Option 3:



4 D1- judges + 16 E- judges (4 D2 included) = Total 20

D1 and E1/D2 give the D-Score in agreement.

E1/D2 and the rest of E- judges give one E- deduction each. Total: 4 scores

(b) Apparatus Finals: same as for the Pan American Games (see Article 7.6.1).

Note: In any other circumstance different from the above, the PAGU WTC has the right to decide concerning the composition of the Apparatus Jury.

Article 7.7 Formation of Judging Panels (D and E)

The PAGU WTC is responsible for the selection of the D- & E- Panels, and for the draw to form the judging panels.

Each federation taking part has the right to present the number of judges allowed (see Article 3.6) at least of which one will be called upon to judge.

For Pan American Games, at least one (1) judge must be of the highest FIG category the country is holding.

It is obligatory that a minimum of 1 judge per Federation participate.



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In the case of attendance without a judge an amount of \$1000 US must be paid to cover the cost of a neutral invited judge. The National Federation must inform PAGU in advance to allow the designation of the invited judge by the PAGU WTC. An exception is made for countries that do not have FIG Brevet judges (see PAGU Statues).

The selection of judges for C.I, II and IV is done by a draw at the judges' course (Judges' Review Session):

- E-Panel judges may not come from the same country as the D panel
- E-Panel may not have two judges from the same Federation
- The draw begins using the first judge of each Federation. Should there be an insufficient number of judges, the draw continues on the same basis using the second judges (at the Pan American Games the third judge may be included). If the panels are still not completed, the federation organizing the competition may have additional judges (see Article 7.8).

The selection of judges for C.III is carried out when C.I is concluded:

- E-Panel judges may not come from the same country as the D panel
- E-Panel may not have two judges from the same Federation
- E-Panel for C-III for the Pan American Games will composed of neutral judges minimum category 3.
- E-Panel for C.III for the other competitions will include one judge per federation having gymnasts competing in the respective Individual Event Final.
If necessary, the Panels will be completed with neutral judges those without finalist on the respective apparatus. The draw is carried out apparatus by apparatus (the Federations will not go back into the draw until all Federations have been drawn at least once).
- If there are more countries with qualified gymnasts than the number of spots in judging Panels, a draw will be carried out within the countries having finalists.

Article 7.8 Number of Judges form the Organizing Federation

The federation organizing the competition is entitled to have more judges than the number foreseen by the TR (Article 3.6) when necessary, but in any event no federation may have more than one judge on each apparatus. The maximum number of judges is 4 for host federation (when competition has 4 apparatus in the same session).

Article 7.9 Judges' Review Session immediately before competitions

At official PAGU competitions a judges' course will be organized under the direction of the PAGU WTC. The principal objective is an exact and uniform interpretation of the Code and precise knowledge of the compulsory exercises or of the compulsory elements and the deduction tables.

All the judges are required to take part in this instruction and the subsequent meetings. The length of a judges' course should not exceed 3 hours, including information about the organization and the running of the competition.



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During this course the PAGU WTC has the right to test the knowledge of the judges. The draw to form the judging panels for correspondent C. I II and IV is carried out at the conclusion of the judges' course.

Article 7.10 Control of the work of the judges

The control of the work of the judges is the responsibility of the PAGU WTC.

Article 7.11 The Judges' Oath

Juries and judges together pledge to respect the terms of the Judges' Oath which is as follows: "I declare on my honor that, in my judging capacity, I will allow myself to be guided only by the spirit of sporting loyalty and dignity and I pledge to judge the work presented conscientiously and without regard to person or nation".

Article 7.12 Judges' Behavior and Particular Requirements

Members of the Juries are required to be acquainted with, and have in their possession, the Code, the Technical Regulations and the directives relating to the particular competition.

They are required to strictly observe the instructions concerning dress code, schedules, seating arrangements, behavior and other disciplinary and organizational matters provided for in the Code and Technical Regulations.

CHAPTER VIII: ORGANIZATION OF COMPETITIONS

Article 8.1 Organizer

The federation designated by PAGU is responsible for the organization of the competition in collaboration with PAGU. It undertakes to prepare them in conformity with the provisions of these Technical Regulations.

Article 8.2 Direction of the competition

The direction of the Competition is in the hands of the PAGU WTC.

It takes all necessary decisions for the smooth running of the Competitions; collaborating closely with the Organizing Committee, supervising the work of the judges and instructing them in their tasks.

Article 8.3 Principal officers appointed by Organizer

The principal officers mentioned below are appointed by the Organizing Committee with the agreement of the PAGU WTC.

(a) Local Technical Director

This officer works under the direction of the President of the PAGU WTC, directs and supervises all the personnel at the scene of the competition



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(b) Head of personnel for equipment

This officer, who is subordinate to the Local Technical Director, is responsible for the set-up, maintenance and condition of the apparatus.

(c) Head of scoring office

This officer is subordinate to the Local Technical Director but works in direct liaison with the President of the PAGU WTC, and is responsible for supervising the scoring arrangements and the dissemination of scores to all concerned.

Article 8.4 Work Plan

The work plan is elaborated by the PAGU EC and the WTC, in collaboration with the Organizing Committee, conforming to the TR.

It must supply all information with regard to the technical aspects of the organization. It must include the daily schedule and the competition schedule, the formation of competition groups, the training schedule, the formation of training groups, time and site of the orientation meeting for the heads of delegation, time and site of the judges' course, and any other necessary information for the smooth running of the competition. It must be in hands of each Federation in advance of the start of the competition.

Article 8.5 Plurality of offices

The members of the Technical Committee, the local Technical Director, the members of the Scoring Office and the personnel concerned with equipment must be responsible only for the tasks assigned to them. They do not have the right to direct a team or to participate in other work.

Article 8.6 Principal tasks of the Organizer

The Organizing Committee must take all measures, during the preparation period as well as during the actual competition, to contribute to the success of the competition. Some of the principal measures to be taken are shown under the appropriate subheadings.

8.6.1 Preparation Period - Bulletins

Information Bulletins must be printed and sent to the PAGU and the federations, giving information concerning the organization and running of the Competition (including brand of Equipment that will be used in the competition).

8.6.2 The competition and warm-up halls

The competition hall must be adequate with regards to dimensions, temperature and lighting.

The recommended temperature of the hall is at least 20° C when in use and the lighting should be at a standard of at least 1.500 lux, but designed in a manner to not dazzle the gymnasts.



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If there is a podium, the height must be between 80 and 110 cm. The podium must be capable of enabling the fixing of apparatus thereto, complying with the rules.

It is essential that there be a sufficient safety distance between the apparatus and the edge of the podium.

There must be a visible separation between the competition area and the seating area for spectators.

An area next to each apparatus for gymnasts waiting their turn, coach(es) and doctor must be provided.

Suitable provision must be made at each apparatus for the seating of the gymnasts waiting to compete, coach(es) and the federation's medical representative.

Reserved seating must be available for delegates, personal coaches, official judges who are not working and other members of the delegations.

Necessary sound equipment must be provided for the musical accompaniment.

An adequate warm-up hall must be available, with identical equipment to those of competition hall.

8.6.3 Gymnastic Apparatus

Apparatus, landing mats, soft mats and safety collar must conform to the specifications and norms requirement's, must be properly installed and maintained. The brand of the equipment must be announced prior to the competition.

8.6.4 Judging Requirements

Suitable provision must be made for the seating of Superior Jury, as well as judging panels, secretaries and assistants, as per the requirements of the Code.

Judging sheets (symbols and scoring) and other necessary forms must be provided to the judging personnel.

The Organizing Committee must foresee the necessary video equipment for filming the competition exercise. A copy of these videos must be given to the PAGU WTC President with as short a delay as possible.

8.6.5 Scoring: Recording of scores & transmission of Information

An efficient and rapid method for transmitting the scores given by each judge to the Superior Jury and D- Panel must be provided.

The Final Score, D score and E score given for each gymnast's exercise must be displayed to the public.

After each competition phase, all participating federation should receive a copy of the results of that phase.

At the end of the competition, each federation must receive a complete copy of the results including the list of participants, list of judging panels, ranking of gymnasts, Final Scores, D and E scores, neutral deductions and the scores awarded by each judge. Such results must be readily supplied and / or available to those in charge of the competition, the heads of delegation and to representatives of the media.



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One copy of all documents must be sent without delay to the PAGU and one to the President of the PAGU WTC.

In order to fulfill the above mentioned tasks, the Organizing Committee must be able to count on the equipment and personnel in order to assure the correct and rapid calculation and verification of the scores and results.

8.6.6 Training Facilities

Training hall(s) equipped with a complete set of apparatus must be available for the pre-competition training (identical equipment to those of competition). The necessary sound equipment for musical accompaniment for floor exercise must be provided.

The training hall(s) must be at the disposal of the gymnasts for at least 3 days prior to the start of the competition for Championships and 4 days prior for Games.

Two sessions per day comprising a total of 4 hours approximately must be provided.

Each federation must have at least one training session at the competition hall (Podium training).

The Organizing Committee must ensure that proper control is exercised over the use of the training hall(s) and that only accredited member's of the delegation, whose training period is in operation, PAGU Authorities and authorized personnel of the organization, are permitted entry during a training session. With the consent of the President of the PAGU WTC and the respective head of delegation, other personnel may be admitted during the delegation's training sessions.

8.6.7 Local group leaders

The Organizing Committee will provide a local group leader at the disposal of every team or group in order to facilitate communication between the team and those directing the competition.

8.6.8 Testing of equipment - Warming-up

The gymnasts must be granted a warm-up period of at least one hour in the warm-up gym adjacent to the competition hall or in the competition hall.

Before the start of the competition the equipment can be tested. Each gymnast is entitled to a warm-up period of 30 seconds on vault, beam and floor and of 50 seconds on uneven bars (including the preparation of the bars).

In Competition I and team finals, the warm-up period is counted for the entire team.

8.6.9 Rotations: Transfers from one apparatus to the next

The Organizing Committee must arrange for the march in and out of the competition hall to take place as a group. The rotation from one apparatus to the next must be carried out in a uniform manner, accompanied by music and in accordance with the announcer's instructions.



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8.6.10 Start number (Dossard)

The Organizing Committee will provide a start number to all competing gymnasts.

8.6.11 Auxiliary Personnel

With the aim of ensuring an efficient running of the competition, it is essential to provide a sufficient number of assistants who may be put at the disposal of those directing the competitions. These comprise:

- group leaders for teams and individual gymnasts
- personnel to supervise the preparation of gymnasts prior to their entry into the hall
- a secretary for each judging panel with international or national Brevet
- line judges with international or national Brevet
- timers with international or national Brevet
- a team to set up the apparatus and be continually available to intervene if necessary
- personnel well trained and completely trustworthy at Scoring office
- staff responsible for the awards (podium, flags, national anthems, awards, etc.)
- an announcer
- staff for the sound.
- other necessary staff.

8.6.12 Accommodation within competition hall complex

In addition to the rooms required for the function of the Organizing Committee, the following space is required:

- office for the PAGU WTC
- room for the judges' meetings.
- rest area / room for the judges and assistants
- rest area / room for the gymnasts and coaches.

8.6.13 Medical Services

The medical services must be provided with professionals, equipment and an emergency mobile unit immediately available during the competition, the warm-up and at the training halls.

8.6.14 Access to the competition area

The competition area is accessible to the members of the various Juries, competing gymnasts and their accredited coaches, to local group leaders, to the auxiliary personnel of the Jury, to the official medical personnel, to the teams' doctors and to persons concerned with the apparatus. All these persons must receive a special credential.

Interpreters may not enter the competition area without the authority of the President of the PAGU WTC.

The competition area is strictly forbidden to all other persons.



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CHAPTER IX: GENERAL DIRECTIONS FOR GYMNASTS

Article 9.1 General observations on conduct

Detailed instructions concerning conduct and penalties in case of a fault are detailed in the Code. Unauthorized re-entry or remaining on the podium once the exercise is finished is not permitted.

Article 9.2 Entering and Leaving of Competition Area

Entering and leaving of competition area in addition to the procession from one apparatus to the next must take place in uniform manner, to music, and in accordance with the announcer's instructions.

When entering the competition area gymnasts should only carry that equipment which is strictly necessary.

During the competition it is not authorized to leave the competition area, the team or the respective working group. In exceptional cases, the gymnast must notify the Superior Jury to receive authorization.

The team's gymnast not competing on a specific apparatus during the competition may be seated with her team during the competition.

Each gymnast must present herself to the Coordinator of the apparatus (D¹) at the beginning and end of her exercise. She must await the green light or, otherwise, the signal from the D¹ to start her exercise. She must begin the exercise within 30 seconds (on all apparatus).

Article 9.3 Start number and National emblem

The gymnasts must wear their start number firmly attached to the leotard during the entire competition.

A written petition to remove the number in rare cases of back spins on the Beam or Floor may be granted. Then the number must be manually displayed by the gymnast immediately before her presentation to the D¹.

A national emblem must be properly centered on the breast or on either sleeve of the leotard

Note: for Club Pan American Cups a club emblem must be worn. In addition, the gymnast may wear the national emblem.

Article 9.4 Medical Attention

All cases of accident, injury or indisposition must be immediately notified to the official doctor, either by the team manager or the team leader.

In the circumstances mentioned in the preceding paragraph, a team or group may not interrupt the competitions for longer than a maximum of 10 minutes. If after this lapse of time, the gymnast is still unable to perform, the team or group continues the competition without the person who is injured or ill.



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Article 9.5 Presence of coaches

Detailed provisions concerning the limitations on presence of coaches in the inner circle and podium and assistance during the performance of an exercise are set out in the Code (see current Code)

Particulars regarding the maximum number of coaches for each competition are set out in Article 3.6.

Article 9.6 Doping control / Drug testing

Drug testing may be carried out immediately following the competition for the designated gymnasts following the FIG and IOC rules.

CHAPTER X: SCORING

Article 10.1 Determination of scores

The method for evaluation of an exercise and determination of the score is set out in the Code.

Article 10.2 Score sheets

Official PAGU score sheets must be used during competitions on each apparatus.

These forms are intended for:

- Sheet 1: President of PAGU WTC
- Sheet 2: Organizing Committee Scoring Office
- Sheet 3 & Copies: Participating Federations

Article 10.3 Equality of points / Tied scores in the final results

When there is a tie in final scores, the result remains equal, the following sports' principle applies: "The same position for the same performance".

When the scores are tied, the following position is not allocated and the rank is dropped to the next one.

Example:

Gymnast A and Gymnast B	First Place
Gymnast C	Third Place

Article 10.4 Equality of points / tied scores in qualification for Finals

See Tie breaking rule (art.4.8.1, 4.9.1, 4.13.1, 4.19.1 and 4.23.1)



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For each competition, an award ceremony is conducted in the presence of PAGU Authorities, the members of the Organizing Committee, all the gymnasts, delegates of participating federations and judges.

After making known the results, the Organizing Committee is obliged to hoist the flags of the teams of gymnasts who have won the first three places, and to play the national anthem of the champion (in case of a tie - the anthems of the champions).

The participating federations are required to supply the Organizing Committee the national flag and national anthem (cassette tape /CD) of their country, when required.

Note: For Club Pan American Cups, Protocol must be based in club's representative symbols since the national anthem does not apply.

Article 11.2 Reserved Places

Reserved places are to be put at the disposal of the following:

- Official Authorities.
- Presidents, or representative, from each participating federation.
- Guests of Honor.
- Official judges who are not working.
- Gymnasts.
- Doctors and masseurs from the teams.
- Representatives of the media.
- Photographers and other operatives.

Article 11.3 Timing of Award Ceremonies

The ceremonies take place immediately after the competition.

For Apparatus Finals, in principle after each apparatus competitions or after competition on two apparatus (vault-uneven bars and then beam-floor).

The Organizing Committee is responsible for a quick procedure for these ceremonies. The PAGU reserves the right to alter these arrangements in exceptional circumstances.

Article 11.4 Awards & Diplomas

11.4.1 Pan American Games and Senior & Junior Pan American Championships

The following awards are presented to the first 8 teams and to the first 8 gymnasts in the All-Around competition and in the Apparatus Finals:

First place	Gold medal	diploma
Second place	Silver medal	diploma
Third place	Bronze medal	diploma
Fourth to eighth places		diploma



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In team competitions each member of the team, together with the team official coaches (except on Games), receives the awards mentioned above. In addition to the above, all the gymnasts, official coaches (not personal), heads of delegation, and members of the jury receive a Diploma of Participation.

11.4.2 Club Pan American Cups Groups of 9-10/11-12

The following awards are presented for the different competition phases:

Team award (compulsories+optionals):

First place	Gold medal	diploma
Second place	Silver medal	diploma
Third place	Bronze medal	diploma
Fourth to eighth place		diploma

In team competitions each member of the team, together with the team official coaches, receives the awards mentioned above.

In team competitions top three (3) qualified clubs will receive a trophy.

Individual All-Around award (compulsories+optionals):

First place	Gold medal	diploma
Second place	Silver medal	diploma
Third place	Bronze medal	diploma
Fourth to eighth place		diploma

Apparatus award (based on Classification result):

First place	Gold medal	diploma
Second place	Silver medal	diploma
Third place	Bronze medal	diploma
Fourth to eighth place		diploma

In addition to the above, all the gymnasts, official coaches (not personal), heads of delegation, and members of the jury receive a Diploma of Participation.

11.4.3 Club Pan American Cups Junior

The following awards are presented for the different competition phases:

Individual All-Around award (Based on the Classification results (C.I)):

First place	Gold medal	diploma
Second place	Silver medal	diploma
Third place	Bronze medal	diploma
Fourth to eighth place		diploma



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Apparatus award (based on Classification results (C.I)):

First place	Gold medal	diploma
Second place	Silver medal	diploma
Third place	Bronze medal	diploma
Fourth to eighth place		diploma

Team award (based on the team Final results):

First place	Gold medal	diploma
Second place	Silver medal	diploma
Third place	Bronze medal	diploma
Fourth to eighth place		diploma

In team competitions each member of the team, together with the team official coaches, receives the awards mentioned above.

In team competitions top three (3) qualified clubs will receive a trophy

11.4.4 Specialist Pan American Championships

The following awards are presented to the top finalists in the Apparatus Finals:

First place	Gold medal	diploma
Second place	Silver medal	diploma
Third place	Bronze medal	diploma
Fourth to eighth place		diploma



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CHAPTER XII: FINAL PROVISIONS

In those cases which are not foreseen in these Technical Regulations, the *Statutes of the PAGU* will apply.

If during the competitions unforeseen problems arise, which are not provided for the existing Regulations, and an immediate solution is required, it will rest with the PAGU WTC to take the responsibility and to decide the matter.

The present edition of these Technical Regulations is based upon the Statutes of the PAGU, the Technical Regulations of the FIG, FIG Code of Points and the decisions made at PAGU Congress in Winnipeg (CAN) in July 1999 and Cancun (MEX) in October 2001.

Also incorporated, are the modifications approved in 2003 PAGU Congress in Santo Domingo (DOM), 2005 PAGU Congress in Rio de Janeiro (BRA), 2007 PAGU Congress in Rio de Janeiro (BRA), 2009 PAGU Congress in Aracaju (BRA), 2010 PAGU extraordinary Assembly in Porlamar (VEN), PAGU 2011 Congress in Guadalajara (MEX) and the modifications approved in the General Assembly of the same 2011 PAGU Congress.

These Technical Regulations come into effect as of January 1st, 2012.

PAN AMERICAN GYMNASTICS UNION

President
Zobeira Hernandez

Secretary General
Sonia Sequera

WTC President
Naomi Valenzo

English translation: Hélen Laliberte (PAGU WTC/Member)



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Appendix 1: PAN AMERICAN GYMNASTICS UNION OFFICIAL COMPETITIONS

COMPETITION	CATEGORY	AGE	GYMNASTS			COACHES	JUDGES	COMP. PROGRAM	TECHNICAL REQUIREMENTS
			total	competing	team Score				
PAN AMERICAN GAMES	Senior	minimum 16years	5 (max. 2 individual) <i>following qualification</i>	4	best 3 per apparatus	3 (1 with ind. gymnasts)	3	C-I C-II C-III	idem FIG idem FIG idem FIG
SENIOR PAN AMERICAN CHAMPIONSHIPS	Senior	minimum 16 years*	6 max. 3 individuals	5	best 4 per apparatus	3	2	C-I Apparatus finals	idem FIG idem FIG
JUNIOR PAN AMERICAN CHAMPIONSHIPS	Junior	13-15 years of age	4 (max. 2 individuals)	4	best 3 per apparatus	3	2	C-I apparatus finals	CI FIG Jr Mod. (Clasif. VT: 2 differents) CI FIG Jr Mod. (Final VT: 2 differents)
JUNIOR CLUB PAN AMERICAN CUP	Junior	13-15 years	3 (max. 1 individual)	3	best 2 per apparatus	2	2 (per country)	C-I team finals	CI FIG Jr Mod. (Result. VT:C-I) CI FIG Jr Mod.
CLUB PAN AMERICAN CUP 11-12	Age Group 11-12	11-12 years	3 (max. 1 individual)	3	best 2 per apparatus (comp.+opt)	2	2 (per country)	Compulsories optionals	PAGU Specifics
CLUB PAN AMERICAN CUP 9-10	Age Group 9-10	9-10 years	3 max. 1 individual	3	best 2 per apparatus (comp.+opt)	2	2 (per country)	Compulsories optionals	PAGU Specific
APPARATUS PAN AMERICAN CHAMPIONSHIPS	Senior	minimum 16 years	max. 3 per country	3 max per country per apparatus (C-1) (Olympic Year) Max 2 per apparatus per country	-	3	2	Qualification Finals per apparatus	C-III FIG C-III FIG



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