



ACROBATIC GYMNASTICS

Technical Regulations

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SECTION 1 - GENERAL REGULATIONS

1.1 OBJECTIVES

The objectives of the Technical Programs of Gymnastics Canada (GymCan):

- a) coordination and supervision of technical aspects of all national and international gymnastic activities of GymCan;
- b) establishment and elaboration of technical regulations for Canada in accordance with the technical rules of the Federation Internationale de Gymnastique;
- c) planning and conducting of competitions, clinics, courses and schools relating to the program of GymCan;
- d) conducting and determining the scope of examinations for instructors, coaches, judges and other officials at the national and international level;
- e) introducing, approving and promoting articles or literature of technical content and instructional materials to be published under the authority or with the sanction of GymCan;
- f) establishment of and full conduct of the National Team program.

1.2 PURPOSE OF THE TECHNICAL REGULATIONS

The purpose of the Acro Technical Regulations is to ensure a common understanding and consistent application of the regulations related to the conduct of acrobatic gymnastics in Canada and to outline the structure and functioning of the GymCan Technical Programs.

These regulations apply to the national championship level of acrobatic gymnastics in Canada:

- JO Level 7 (USAG)
- JO Level 8 (USAG)
- JO Level 9 (USAG)
- JO Level 10 (USAG)
- Youth (Appendix A)
- FIG 11-16 (AG1)
- FIG 12-18 (AG2)
- FIG 13-19 (Junior)
- FIG Senior

Any levels outside the national championship levels mentioned above will be subject to separate guidelines defined by the applicable provincial or territorial organization.



1.3 CATEGORIES

Acrobatic Gymnastics is made up of five event categories:

- a) Women's Pairs
- b) Men's Pairs
- c) Mixed Pairs
- d) Women's Groups
- e) Men's Groups

1.4 ACROBATIC PROGRAM DOCUMENTS

In addition to the FIG Rules, Code of Points and these technical regulations, the Acro Program also follows the documents listed below which are available on the GymCan website:

- a) GymCan Acro Judge Regulations
- b) USAG JO Code of Points (applicable to JO Levels 6-10 only)
- c) Hosting Requirements for GymCan Acro Events

1.5 AUTHORITY OVER REGULATIONS

- The Program Staff, with assistance of the Program Committee of each discipline, will develop the regulations and policies for the specific discipline.
- The Technical Regulations are valid until modified by the appropriate procedure
- The Discipline's Program Assembly has the authority to recommend and approve changes to the Technical Regulations of the specific program.
- The Discipline's Program Committee will develop and adopt program policy based on the Technical Regulations.

1.6 MODIFICATIONS/ADDITIONS TO THE TECHNICAL REGULATIONS

- Modifications / additions to the technical regulations may occur when notice is given in writing to all current Program Assembly members 21 days prior to AGM. These previously circulated modifications/additions require a 2/3 majority of the votes to be allowed to pass.
- The 21-day circulation requirement may be waived if the attending members unanimously vote to address the proposed modification/addition. It then requires a 2/3 majority of the votes to be allowed to pass.
- A minimum of 50% +1 of the provinces or territories with active Acro Programs shall constitute a quorum. All changes require a 4/6 vote.
- Modifications/additions to the technical regulations may occur during the year provided:



- The proposed modification/addition and rationale are circulated in writing by the Program Manager, to all Assembly members 30 days prior the deadline for vote;
- The proposed modification/addition is adopted by a 2/3 majority of the provinces and territories who have replied in writing by the deadline.

SECTION 2 – PROGRAM STRUCTURE

2.1 GYM CAN PROGRAMS

- Each Program regulates the aspects of their disciplines, in keeping with the GYM CAN's mission statements and operational plans. More specifically each program must:
- Provide leadership and direction or guide, plan, implement, deliver, coordinate and supervise the National and International programs and activities of GYM CAN;
- Establish, implement and manage the Technical Regulations* (TR) for the discipline in Canada in accordance with the TR of the FIG whenever appropriate;
- Establish, implement and manage the Directives* (DIR) for their discipline in accordance with the needs of the program;
- Set direction, establish, deliver and manage the athletes development program for the National level (Participation and Excellence) and the International level (World Excellence);
- Assist in the education of coaches and judges and work in collaboration with the Education program for the coaches area;
- Evaluate and certify judges at the National level and ensure their certification at the International level; assist P/T Associations with the education and evaluation of the provincial judges;
- Plan, organize, hold and evaluate competitions, clinics, courses, seminars and other related activities.

*To be in effect, a TR/DIR must be approved by the Program Committee (PC) and adopted by the Program Assembly (PA). The CEO of GYM CAN has the authority to override any TR/DIR.

2.2 ACRO PROGRAM COMMITTEE

The Program Committee (PC) is a consultative, non-voting committee comprised of experts in the program area and program staff. The committee works collaboratively and maintains a global perspective towards optimal development of the discipline across Canada, in line with the GymCan strategic plan and corporate goals. The role of the PC is to advise and assist in the following areas:

- Setting program goals and objectives that contribute to the long term success of the discipline, while respecting the principles of Long Term Development
- Development and implementation of multi-year plans



- Development of technical programs and regulations, selection process, practices and procedures
- Support the Program Manager and Program staff in the development and implementation of program initiatives
- Other topics or issues as brought forward by the program manager

a) Composition of the PC:

- i. Program Manager (chair)
- ii. Chair of Program Assembly (PA)
- iii. 1 active Team Canada coach* elected by PA (*must have served as a Team Canada coach within the last 2 years)
- iv. 1 FIG Brevet Judge appointed by the Program Manager
- v. Up to 3 members elected by the PA
- vi. Any Canadian member of the FIG/PAGU Technical Committee for the discipline

b) Meetings of the PC:

- i. The program committee meets 2-6 times per year, through the combination of face - to-face and/or telephone meetings. Specific issue correspondence may be conducted electronically.
- ii. The program committee may consult with other groups where additional input is needed on specific topics.
- iii. Expenses of the PC are the responsibility of GymCan for designated meetings.

c) Terms of office for PC members:

- i. The term of office is for two (2) years. There is no limit to the number of consecutive terms.
- ii. Representative must be a current member in good standing with their P/T organization.
- iii. In case of an elected PC member not being able to fulfill the full term, the PC Chairperson may appoint an individual with current PC consultation to perform the duties of that position for the remainder of the term.

d) PC elections:

Elections for the members of the Program Committee will be held every two (2) years using the following procedure:

- i. Three (3) months prior to the PA meeting in the election year, the existing Program Committee shall call for nominations from the P/TO of each of the positions.
- ii. One (1) month prior to the election, the Program Manager will circulate the slate of names based on the nominations received.



- iii. During the PA meeting, the slate of names will be presented. Additional nominations from the floor will be accepted during the PA meeting.
- iv. One (1) vote will be submitted by each PA member for each available position on the PC.

2.3 ACRO PROGRAM ASSEMBLY

A group of representatives from each provincial/territorial office that provides expertise within one of the gymnastics disciplines. The Chair of the Assembly is elected by the Assembly and is automatically a member of the respective program committee. The role of the PA is as follows:

- Provide input and general direction on domestic competitive programs (outside of national team) that are used by a majority of provinces/territories
 - Provide input on other topics at the request of the program committees
 - Approve the changes to the technical regulations
 - Facilitate communication between GYM CAN, the P/T, and the clubs
 - Elect members to the program committee
- a) Composition of the PA:
- i. One member per P/T association with an active program (at least provincially) in the specific discipline (voting)
 - ii. 1 Chair of the Assembly (non-voting)
 - iii. Program Committee (non-voting)
- b) Meetings of the PA:
- i. The Assembly meets once per year, during which the assembly votes to adopt technical regulations and elects' members to the program committee.
 - ii. All expenses of the provincial delegates are the responsibility of the organization or federation they represent.
- c) PA voting procedures for elections:
- i. Voting will proceed as follows during all in-person election meetings:
 - An election will be held if there is more than one nomination for a position. If there is only one nomination for a position, that nominee will be appointed by acclamation
 - A closed ballot will be held for each election
 - At the beginning of voting, the Chair will appoint two (2) scrutineers to assist in counting ballots



- Each PA member in attendance will be given one ballot per election, no proxy votes will be excepted
 - The candidate to receive the majority vote will be declared elected
 - If no candidate receives a majority vote, the candidate receiving the lowest number of votes will be dropped from the ballot on the subsequent round
 - The process will be repeated until a candidate receives a majority vote
 - Upon completion of the election, the Chair will ask that the elections be closed and that the ballots be destroyed.
- ii. Voting will proceed as follows for the submission of online election votes:
- An online survey platform will be used to administer an online election
 - The survey will only allow for one vote per PA member
 - The survey will be sent to all PA members with a 1-week period to complete
 - The candidate to receive the majority vote will be declared elected
 - If no candidate receives a majority vote, the candidate received the lowest number of votes will be dropped from the ballot on the subsequent round
 - The process will be repeated until a candidate receives a majority vote
 - Upon completion of the election, the results of the survey will be shared with the respective assembly/committee.

2.4 ACRO JUDGE DEVELOPMENT WORKING GROUP (JDWG)

- a) Role of the JDWG is to advise and assist in the following areas:
- i. Training and recruitment of judges up to and including National development
 - ii. Planning judges' clinics, courses and schools
 - iii. Supervising the judge certification process and requirements
 - iv. Distributing information and literature on judging as requested by the Program Committee
 - v. Maintaining up-to-date records of judge assignments/activity and performance ratings
 - vi. Coordinating working group activities with other committees of GymCan
- b) Composition of the JDWG:
- i. Program Manager (Chair)
 - ii. Up to 4 members, one of whom must be FIG Brevet, appointed by the Program Committee on the recommendation of the Program Manager



- iii. Any Canadian member of the FIG/PAGU Technical Committee for the discipline

SECTION 3 - ELIGIBILITY

3.1 ATHLETE ELIGIBILITY

- a) Athletes competing in GymCan competitions or activities must:
 - i. Be an amateur as outlined by the regulations of GymCan, FIG and the International Olympic Committee (IOC) governing amateur status
 - ii. Be duly affiliated member of his/her P/T association and of GymCan; membership must be with the province of residence
 - iii. Be a member in good standing (not currently being sanctioned) with GymCan and P/T Association
 - iv. Be a Canadian citizen OR Permanent Resident
 - v. Not compete or not have competed internationally for a country other than Canada.
- b) A Canadian citizen living outside Canada who wishes to compete at National level competitions must be a member of a club affiliated with a Provincial/Territorial Organization (P/TO). The athlete must follow the provincial and national rules regarding participation at the National level competitions.
- c) A Canadian citizen who has dual citizenship and competes internationally for a foreign country may not receive National Team status. Upon request from the foreign country, he/she may compete out-of-competition in the Qualification of the Canadian Championships only.
- d) A foreign athlete not representing or not having represented his/her own country at an international competition and who has resided in Canada for at least 12 months in a row but has not yet resided for at least two years before his/her request may compete out-of-competition at the Canadian Championships provided that he/she has:
 - i. submitted a written request to the GymCan office
 - ii. satisfied the requirements of his/her P/T related to qualification for the competition
- e) Gymnasts are permitted to compete in only one category and level per GymCan championship event.

3.2 ATHLETE AGE ELIGIBILITY

GymCan national level competitions will be in accordance with the following age specifications within each of the five event categories:

Level	Age Requirements	Year of Birth (2021 competition year)	Maximum age discrepancy within the unit
JO Level 7	Aged 9 - no max*	2012 or earlier	Maximum of 8 years
JO Level 8	Aged 9 - no max*	2012 or earlier	If a member of the unit was born in:



			2012, maximum of 8 years 2011, maximum of 9 years 2010 or earlier, maximum of 10 years
JO Level 9	Aged 9 - no max*	2012 or earlier	If a member of the unit was born in: 2012 or 2011, maximum of 9 years 2010 or earlier, maximum of 10 years
JO Level 10	Aged 9 - no max*	2012 or earlier	If a member of the unit was born in: 2012 or 2011, maximum of 9 years 2010 or earlier, maximum of 10 years 2008 or earlier, no maximum
Youth	Aged 9-16	2012 or earlier	maximum of 8 years
FIG 11-16 (AG1)	Aged 9-17	2004-2012	NA
FIG 12-18 (AG2)	Aged 10-19	2002-2011	NA
FIG 13-19 (Junior)	Aged 11-20	2001-2010	NA
FIG Senior	Aged 13+	2008 or earlier	NA

Note: FIG AG1, AG2, and Junior age requirements have been extended by one year for the 2021 season only by FIG due to the postponement of the Acro World Age Group Competition. GymCan will follow this framework for the 2021 season for GymCan events. Although the age requirements have been extended by one year, the level will be referenced though the rest of this document as FIG 11-16 (AG1), FIG 12-18 (AG2) and FIG 13-19 (Junior).

*These levels may be further divided by age depending on the number of registered participants within the event. If there are more than 20 units registered in a level and category, the units will be divided into smaller competition groups of equal (or approximately equal) size according to the age of the oldest gymnast within the unit. Age divisions within a level and category will be announced after the deadline for nominative registration. Any withdrawals received after this time will not affect the previously announced divisions.

Competitive age is defined as the age of the athlete on December 31st of the competition year (competition year = the calendar year the competition is scheduled to take place).

Out of age partnerships are not permitted to compete in GymCan National Championship events.



3.3 COACH ELIGIBILITY

Coaches must:

- Be current, registered members in good standing with their P/TO;
- Adhere to the GymCan policies and procedures; and
- Maintain current/up-to-date personal records for all GymCan risk management requirements.

The coaching certification requirements to attend GymCan national level competitions are as follows:

- NCCP Level 2 Certified in Trampoline Gymnastics; or
- NCCP Comp 1 Certified in Artistic Gymnastics (MAG or WAG); or
- Gymnastics Foundations Trained* (in either Artistic or Trampoline) together with a gymnastics coaching certification from a FIG Academy or country recognized by Gymnastics Canada as a country with reputable coach education training. The foreign coaching certification can be in either Acrobatic Gymnastics, Trampoline Gymnastics, or Artistic Gymnastics (MAG or WAG).

*Note: For a coach to attain the required Gymnastics Foundations Trained status, they must complete the following courses:

- Gymnastics Foundations Introduction; and
- Gymnastics Foundations Theory; and
- Gymnastics Foundations Artistic OR Gymnastics Foundations Trampoline.

NCCP ACRO COACH CERTIFICATION

The coach qualification requirements will be re-evaluated upon completion of the NCCP Acro specific coaching course.

COACH EXEMPTION PROCESS TO PARTICIPATE TO A NATIONAL EVENT

Should a coach not meet the minimum coaching requirements outlined under 3.3. Coach Eligibility, they must submit a coach exemption request to participate to a GymCan event.

Coach Exemption requests must be submitted a minimum of 4 weeks prior to the start of the event. Exemption requests must include the \$25.00 Administration Fee payable to GymCan (fee is waived for NCCP Acro Competition 1 trained coaches if exemption requests are submitted a minimum of 4 weeks prior to the start of the event). Late exemption requests will be charged an additional \$100.00 processing fee and will be processed at the discretion of the Program Manager, or designate. Other requests may be considered in extenuating circumstances (for example, last minute major illness). Please refer to Appendix D for the Coach Exemption Form.



3.4 JUDGE ELIGIBILITY

Judges must be:

- Current, registered members in good standing with their PTO;
- Adhere to GymCan policies and procedures;
- Maintain current/up-to-date personal records for all GymCan risk management requirements.

Qualifications to Judge at GymCan National Level Events/Activities:

- a) CJP and DJ1 must be FIG Brevet in the current cycle
- b) DJ2 must be provincially trained and certified
- c) A and E must be provincially trained and certified
- d) Any judge assigned to the Canadian Championships must attend the “National Judge Course” which takes place on the day immediately preceding the first official competition day.



SECTION 4 – GYM CAN COMPETITIONS AND EVENTS

4.1 INTRODUCTION

The GymCan national level Acro competitions are annual national acro gymnastics events in Canada. These competitions showcase the talents of Canadian gymnasts in the following events:

Category	Level
Women's Pairs (WP) 1 unit = 2 female gymnasts	JO Levels 7-10 Youth FIG 11-16 (AG1) FIG 12-18 (AG2) FIG 13-19 (Junior) Senior
Men's Pairs (MP) 1 unit = 2 male gymnasts	JO Levels 7-10 Youth FIG 11-16 (AG1) FIG 12-18 (AG2) FIG 13-19 (Junior) Senior
Mixed Pairs (MxP) 1 unit = 1 female gymnast and 1 male gymnast	JO Levels 7-10 Youth FIG 11-16 (AG1) FIG 12-18 (AG2) FIG 13-19 (Junior) Senior
Women's Groups (WG) 1 unit = 3 female gymnasts	JO Levels 7-10 Youth FIG 11-16 (AG1) FIG 12-18 (AG2) FIG 13-19 (Junior) Senior
Men's Groups (MG) 1 unit = 4 male gymnasts	JO Level 7-10 Youth FIG 11-16 (AG1) FIG 12-18 (AG2) FIG 13-19 (Junior) Senior

4.2 EVENT OBJECTIVES

The main objectives of the Canadian Acro Gymnastics Championships are:

- a) To act as the mechanism for the declaration of National Champions
- b) To promote and increase visibility of Acrobatic Gymnastics in Canada
- c) To serve as a celebration of the Gymnastics Community



- d) To provide an athlete centered environment allowing competitors the opportunity to achieve their personal best.
- e) To serve as a mechanism for:
 - i. National Team Selection
 - ii. International Event Selection

4.3 HOSTING A NATIONAL EVENT

Event location and venue selection will be made based on a bid format. Any club or P/TO wishing to place a bid to host a national competition must be a registered member in good standing and have the support of their respective P/TO. Host selection will be made by GymCan.

Specifications related to bid requirements (venue, safety, resources, equipment, etc.) are included in the applicable request for proposal (RFP) document distributed by GymCan.

4.4 EVENT FORMAT AND SCHEDULING

The Canadian Acro Gymnastics Championships is ideally hosted in the month of June each year and may be hosted in conjunction with another event (while ensuring sessions remain separate).

Event format is typically:

- 0.5 day for set-up
- 2-3 days of training and competition
- 0.25 days for tear-down

It is recommended that the competition does not start earlier than 9:00 each day and does not go later than 21:00 each evening. (Training may begin earlier in the day and run later in the evening.)

If the competition is delivered using a 2 day format, the first two exercises must be performed on the first day of competition with maximum recovery time scheduled between competing. The final exercise must be scheduled on the second day.



4.5 QUALIFICATION AND ENTRY QUOTAS

Each Provincial/Territorial Organization (P/TO) will be allotted 12 entries/units per level and it is up to the P/TO to determine the athlete qualification process specific to their membership.

GymCan will provide the P/TO's with a recommended minimum score for each level every year. The scoring recommendations are meant to help the organization's make a decision re: appropriate/readiness for the athletes to compete at Canadians (i.e. these scores are not mandatory):

Level	Entry Quotas: Total # of Units per Level per Province*	Recommended Minimum Score
JO Level 7	12 (max of 7 per category)	30.5
JO Level 8	12 (max of 7 per category)	31 per routine (62 total, B+D)
JO Level 9	12 (max of 7 per category)	31 per routine (62 total, B+D)
JO Level 10	12 (max of 7 per category)	31 per routine (62 total, B+D)
Youth	12 (max of 7 per category)	21.5
FIG 11-16	12 (max of 7 per category)	22 per routine (44 total, B+D)
FIG 12-18	12 (max of 7 per category)	67
FIG 13-19	12 (max of 7 per category)	68
FIG Senior	12 (max of 7 per category)	69

*It is up to the P/TO to determine the allocation of units per category (i.e. how many WP, WG, MP, MG and MxP units per level up to a max of 7 units per category).

Example - Province "X" may decide to send:

Level	# of WP units	# of WG units	# of MxP units	# of MP units	# of MG units	Total # units
JO Level 7	3	3	3	3	0	12
JO Level 8	0	0	2	5	5	12
JO Level 9	1	2	3	4	2	12
JO Level 10	4	7	0	1	0	12
Youth	2	2	2	2	4	12
FIG 11-16	5	5	1	1	0	12
FIG 12-18	7	1	1	1	2	12
FIG 13-19	6	3	1	1	1	12
FIG Senior	1	1	7	2	1	12



4.6 RIGHTS OF COMPETITORS

- a) To compete in only one category of events in national championships.
- b) To be provided with safe training facilities, in conditions comparable to those which will be used during the competition. At least one training session to be provided on the podium floor in the competition venue with exercise music.
- c) To be informed by the coach and Head of Delegation of the training schedule.
- d) To warm up before performance of each exercise, according to the schedule, on a regulation floor with comparable conditions to those of the podium floor, with no more than 8 units on the floor at one time.
- e) To restart an exercise when, due to reasons beyond their control, the exercise cannot be completed (e.g. the electricity shuts off during performance).

4.7 OBLIGATIONS OF COMPETITORS

- a) To know, observe and adhere to the prevailing policies, technical regulations, Anti-Doping Regulations, the applicable Codes of Points and the Athletes' Oath.
- b) To meet the prevailing age regulations for the particular event, defined by the Technical Regulations.
- c) To be polite to officials, coaches, volunteers, other competitors and the spectators, and to behave with dignity, integrity, and sportsmanship at all times.
- d) To know and adhere to the training and competition schedule.
- e) To be ready for the competition, in the correct attire, at least one hour before the time indicated in the program and to be ready for performance at the scheduled time. The event organizers, with the permission of the Jury of Appeals, has the right to bring a session forward in time if withdrawals occur.
- f) To follow all the instructions of the competition officials.
- g) To make no marks on the competition floor to assist performance.
- h) To present to the medal ceremony on time and in the correct attire.
- i) To present for size measurement at the designated time and place.

4.8 SANCTIONS (COMPETITORS)

- a) Failure of a competitor to adhere to any of the regulations will result in a warning or sanction from the Chair of the Jury of Appeals.
- b) Failure to present for a medal ceremony or to willfully disregard the rules for presentation on the podium will result in the following sanctions:
 - The unit will be withdrawn from the competition.
 - The competition ranking will be revised.
 - The medals will be awarded according to the new rankings.



- c) For exceptional circumstances, such as illness, the Chair of the Jury of Appeals may excuse absence from a medal ceremony without penalty.
- d) A second offence of any kind will result in sanctions.
- e) Competitors who do not appear for measuring at the requested time or who obstruct measuring (try to cheat) by not following instruction for measuring or try to obtain favorable measurement by any means, will be disqualified from the competition.

4.9 RIGHTS OF COACHES

- a) To be informed of the order of performance for competitors as determined by draw.
- b) To be provided with safe training facilities, with equipment comparable to that which will be used during the competition.
- c) To receive documentation concerning training and competition schedules and to have access to scores daily during competitions. The registered coach also has the right to a designated place, close to the podium, to observe the exercise of his/her competitor during competition.
- d) At National Championships, to be informed before the start of competition, at a designated time and place, of any problems with Tariff Sheets that could affect Special Requirements or difficulty value of an exercise.

4.10 OBLIGATIONS OF COACHES

- a) To act at all times honestly, with integrity, and good sportsmanship, and in the best interest of the sport of Acrobatic Gymnastics.
- b) To behave towards all competitors, judges, coaches and officials in a respectful, courteous and polite way and to operate in accordance with Human Rights, Child Protection Laws, GymCan and P/TO Codes of Ethics and Conduct.
- c) To ensure the safety of their own and other competitors.
- d) To know and strictly adhere to the prevailing policies, technical regulations, Anti-Doping Regulations and the applicable Codes of Points.
- e) To make no verbal, electronic or other contact with any judges during the warm-up periods or competitions. Infringement will result in the immediate disqualification of the judge(s) concerned from officiating for the particular competition session, accompanied by formal warning to both the judge and the coach.
- f) It is the coach's responsibility to ensure that the Tariff Sheets are correct before submission.
- g) To inform the Difficulty Judges for the event category for exceptional reasons of any minor adjustments to the content of the exercise, through drawings, with values, at least 30 minutes before the start of the competition segment.

4.11 SANCTIONS (COACHES)

- a) Coaches who do not abide by the rules either by cheating, influencing a judge's score, using



abusive behavior or speech towards gymnasts, other coaches, judges or officials or distracting attention away from athletes' performances, will be banned immediately from the competition hall by the Chair of the Jury of Appeals. An official warning is issued to the coach and to the province. Return is at the discretion of the Jury of Appeals.

- b) A second offence will result in sanctions.
- c) Warnings are carried throughout the cycle for all official National events. For example, if a coach receives a warning for a serious violation of rules at National championships and a second warning in another GymCan or PTO sanctioned event/activity, the second warning is an automatic proposal to the Disciplinary Commission for sanction.
- d) Coaches who are not in Club, Provincial, or National uniform during competition will be required to leave the arena. Return is at the discretion of the Superior Jury.
- e) Sanctions are made to coaches in accordance with GymCan Policy

4.12 COMPETITIVE ATTIRE, ACCESSORIES AND AIDS - ATHLETES

Competitive attire, accessories, and aids (on the field of play) as outlined by FIG Code of Points (Article 34) for the applicable competitive cycle.

4.13 COMPETITIVE ATTIRE – JUDGES AND COACHES

All judges and coaches are to be dressed appropriately in the competition venue.

- a) **Judges:** as per FIG judge's regulations
- b) **Coaches:** Provincial or club team t-shirt, golf shirt, track suit pants with or without track suit jacket.
- c) **Penalties:** Coaches - not allowed on the floor; Judges - not permitted to judge

4.14 JUDGE PANEL COMPOSITION

The panel structure used to officiate at the national level acro competitions will be a modified version of the FIG recommended panel:

- 1 Chair of Judges' Panel (CJP) – enters CJP penalties and A score
- 2 Difficulty Judges (D1 + D2) – enters D score and E score
- 3-5 Execution (Technical) Judges (E) – enters E score (5 judges preferred)
- 3-5 Artistry Judges (A) – enters A score (5 judges preferred)



4.15 JUDGE PANEL ASSIGNMENTS

The judges assigned to officiate at any GymCan national level competition will be invited as follows:

- a) CJP – Invited by GymCan directly based on a national ranking system. Must be current FIG Brevet judge.
- b) Difficulty Judges (“D1”) – Invited by GymCan directly based on a national ranking system. Must be current FIG Brevet judge.
- c) Difficulty Judges (“D2”) – Selected by their home P/TO. Should have appropriate level of experience and training in relation to the DJ role.
- d) Execution Judges – Selected by their home P/TO
- e) Artistry Judges – Selected by their home P/TO

No A or E panel may include more than two members from a single P/TO (excluding the Chair of Judges’ Panel and the Difficulty Judges). The Difficulty Judges must not be from the same P/TO. Exceptions may be made only for extenuating circumstances which would prohibit the panel from being filled.

Draw for panel assignment will be at the discretion of GymCan, in consultation with the Judge Development Working Group (JDWG), upon receipt of anticipated numbers from the P/TOs. Cross-country representation while maintaining a high standard of judging will be the goal when assigning balanced panels with no/limited affiliations for each event.

To assist in the panel assignment process, the P/TO must identify the level of expertise and experience for each of their nominated A/E judges (see Appendix C for the judge nomination template. GymCan will use the information submitted by the P/TO’s to balance the panels).

4.16 ATHLETIC MEASUREMENT – HEIGHT DISCREPANCIES

All competitors will be required to report for measurement according to the published schedule within the official competition documentation. The “Procedure for Athletic Measurement” is in accordance with FIG Code of Points, 2017-2020 and will be conducted by a medical doctor or physiotherapist using an electronic laser device set to measure the length.

The measurements will be recorded by a member of the Acro Program Committee (or designated GymCan staff member) and will be confirmed by the recording representative and an official representative of the athletes (i.e. personal accredited coach, team manager, or P/T head of delegation/chef de mission).

The confirmed measurement of the recordings will be entered into KSIS and reviewed by the CJP prior to the start of the competition. The CJP will confirm the applicable penalty for size intolerance from the final score of each exercise.

The difference in height allowed between gymnasts within a unit is 30 cm (with a tolerance up to 30.9 cm). Within groups, the measurement is relative to the difference between the tallest gymnast and the next tallest gymnast (and applies to each gymnast in the unit thereafter).

Units receive a penalty for height intolerance from the final score of each exercise performed as follows:

- a) Difference of 31 cm or more



- JO Levels 7–10: –0.2
- b) Difference of 31–34.9 cm
 - FIG 11–16 and Youth: –0.1
 - FIG 12–18: –0.3
 - FIG 13–19/Senior: –0.5
- c) Difference of 35 cm or more
 - FIG 11–16 and Youth: –0.3
 - FIG 12–18: –0.5
 - FIG 13–19/Senior: –1.0

4.17 TRAINING

At least one training session will be provided to all units in the competition venue (warm-up and podium floors) the day of, or one day prior to the start of the event. Training will include music on the podium floor. Every unit will be given the opportunity to train with their full music for each of their exercises on the podium floor. This may take place over two separate podium trainings for levels with 3 different exercises (B, D, C) depending on the timing allocations/scheduling for the event.

4.18 GENERAL WARM-UP AND STRETCHING AREA

Units will be assigned 30 minutes in the general warm-up and stretching area prior to each training and competition segment.

4.19 WARM-UP FLOOR

Units will be assigned a time on the official warm-up floor (sprung gymnastics floor, 12x12m) immediately preceding each podium training and competition segment as follows:

- Training: 30 minutes on the official warm-up floor
- Competition: 25 minutes (JO and Youth Levels)
- Competition: 35 minutes (FIG Levels)

During training, a maximum of 6 units at a time will be allowed on the warm-up floor. Units cycle through the floors as a “training group” or “flight”.

During competition, a maximum of 8 units at a time will be allowed on the warm-up floor. Units cycle through the floors individually according to their competition time.



4.20 START ORDERS

Start orders will be determined by random draw for each routine (B, D, C). GymCan will conduct the draws and publish the starting orders no later than 10 days preceding the start of the event.

Start orders for all finals will be conducted in accordance with FIG Technical Regulations 2019 (Section 5, Article 3.2(c)).

4.21 MUSIC

Music must be sent electronically to the event organizers in MP3 or wav format by the date specified in the event directives. Files must be clearly labelled with the following information:

Age Group_Exercise (B,D,C)_Category (W2,M2,Mx2,W3,M4)_province/territory_last names.

(Example: Junior_B_W2_ON_Smith-Johnson)

Pairs/Groups must also make arrangements to bring a CD copy on-site as backup in case of a technical problem during competition or training.

4.22 COMPETITION STRUCTURE

Units will compete according to the following competition structure at GymCan championships events:

- a) JO Level 7 and Youth compete one Combined exercise, twice. The winner in each category is determined by the total score, which is the sum of the final scores from both combined exercises (C + C).
- b) JO Levels 8, 9, 10 compete one Balance exercise and one Dynamic exercise. The winner in each category is determined by the total score, which is the sum of the final scores from the Balance and Dynamic exercises (B + D).
- c) FIG 11-16, 12-18, 13-19 and Senior compete one Balance and one Dynamic exercise. The qualification to finals in each category is determined by ranking of the total score, which is the sum of the final scores from the Balance and Dynamic exercises (B + D). The winner in each level and category will be determined by the score of the final exercise (i.e. final start from zero):
 - FIG 11-16 compete one Balance OR one Dynamic exercise in the final (the type of exercise, Balance/Dynamic, is in accordance with the FIG specifications for the applicable category and year).
 - FIG 12-18, 13-19, Senior compete one Combined exercise in the final.
- d) Any category with a single entry may award the Canadian Championship title as long as the pair/group meets the minimum score requirement determined annually as outlined in regulation 3.4.



4.23 FINALS

The quota for finals in the FIG 11-16, 12-18, 13-19 and Senior categories is dependent on the total number of entries registered in the applicable category:

- a) 8 units or less registered = Top 6 units qualify to finals
- b) 9-15 units registered = Top 8 units qualify to finals
- c) 16-20 units registered = Top 10 units qualify to finals
- d) 21+ units registered = Top 12 units qualify to finals

4.24 TIES

- a) JO Levels 7-10: As outlined by USAG Rules and Policies for the applicable competitive cycle.
- b) FIG 11-16, 12-18, 13-19, Senior: As outlined by FIG Code of Points for the applicable competitive cycle.
- c) Youth: As outlined in Appendix A.

4.25 EVALUATION OF EXERCISE AND SCORING

- a) JO Levels 7-10: As outlined by USAG JO Code of Points for the applicable competitive cycle.
- b) FIG 11-16, 12-18, 13-19, Senior: As outlined by FIG Code of Points for the applicable competitive cycle.
- c) Youth: As outlined in Appendix A.

The process for determining the A/E score will depend on the number of judges assigned to the panel:

- If there are 3 judges on panel, the total A/E score is determined by calculating the average of all three scores submitted
- If there are 4 or 5 judges on panel, the total A/E score is determined by dropping the high and low scores and calculating the average of the middle scores remaining
- If there are 6 judges on panel, the total A/E score is determined by dropping the 2 highest and 2 lowest scores and calculating the average of the middle scores remaining.

4.26 APPEALS

- a) Appeals may be made based on the difficulty score, equipment failure, and/or mathematical error only.
- b) A coach may review the difficulty slip completed by the CJP and DJ without submitting an official appeal if there is a question about the difficulty score and/or penalties applied by the



CJP/DJ. (The difficulty slips will be available in a designated area after judges' scores have been entered and posted.) There is no fee to request a difficult slip review.

- c) Only the coach who has been officially registered with the unit may initiate a difficulty slip review and/or appeal on behalf of their athletes. Requests for difficulty slip reviews and/or appeals related to the score posted for a unit from anyone other than the unit's registered coach will not be accepted.
- d) After reviewing the difficulty slip, a coach may file an official appeal if there is concern regarding an error that is eligible for appeal (see item a. above)
- e) The appeal must be filed within 10 minutes of the posting of the score for the exercise in question.
- f) There is no cost to submit an appeal.
- g) The following process will be followed when resolving an appeal:
 - The coach must submit the appeal in writing (in English or French) to the designated member of the Jury of Appeals using the Appeals Form (see Appendix B).
 - The appeal must clearly detail the elements or values that are in question.
 - Upon receiving the appeal, the designated member convenes the Jury of Appeals.
 - The Jury of Appeals makes every effort to resolve the appeal immediately, but may need to wait until a break in competition (i.e.; the end of the rotation or session).
 - The Jury of Appeals will review the appeal and decide about changing the original score.
 - To resolve the appeal, the Jury may choose to consult the judging panel and/or use video review
 - There must be clear and conclusive evidence in the review to overturn the original decision of the panel.
 - CJP and/or DJ penalties may be reconsidered (positively or negatively) if there is a change in the difficulty score after an appeal.
 - The execution and/or artistry scores given by the panel cannot be changed based on an appeal.
 - Should an appeal be sustained, an adjustment of the score will be made by the CJP, the designated member of the Jury of Appeals will inform the coach and the adjusted score is entered on the official score sheets and displayed to the public.
 - If the appeal is denied, the designated member of the Jury of Appeals will notify the coach and there is no change to any score.
 - The decision of the Jury of Appeals is final.



4.27 JURY OF APPEALS

The Jury of Appeals is the ultimate decision-making body of the competition. The Jury acts on appeals and other competition controversies not resolved by the judging panel and/or event organizers.

The Jury may remove any judge for committing obvious errors in judging and/or bias.

All decisions made by the Jury are final. The Chair of the Jury may add members to the panel based on need if applicable.

The following individuals will make up the Jury of Appeals:

- CJP
- DJs from applicable panel
- GymCan Program Manager, Sport Development (Chair of Jury and Designated Member for submission of appeals)

SECTION 5 – JUDGES

5.1 GENERAL

- a) The regulations covered in this document apply to Gymnastics Canada's National and FIG Brevet level judges. Provincial level judges are regulated by their Provincial Associations. It is recommended that the Provincial Associations follow the regulations stated in this document.
- b) Anyone assigned to a judging role at an acrobatic gymnastics event (including minor officials: Timer and Line Judges) must comply with these regulations.
- c) Judges must follow the FIG Code of Points, the Canadian Acro Technical Regulations and the USAG JO Code of Points. These documents must be in their possession while judging at all GymCan events.

5.2 RIGHTS AND OBLIGATIONS OF JUDGES

- a) **Rights**
 - i. All judges have the right to be respected for their knowledge and expertise as judges in the areas of responsibility adopted, provided they work according to the GymCan and FIG Codes of Ethics and Code of Discipline and other rules.
- b) **Obligations of Judges before competition**
 - i. Complete the necessary training and exams (written and practical) required to judge at the applicable level every four (4) years.
 - ii. Maintain and submit a record of all judging activities (competitions, courses and workshops) to their applicable provincial organization for certification maintenance and/or judging level upgrades.



- iii. Prepare for competition through study of the Code, Technical Regulations, Judges Rules and Codes of Ethics and Discipline.
- iv. Assist their own club and/or provincial coaches with Tariff Sheet reviews and revisions prior to officially submitting the sheets for competition.
- v. Bring copies of the official GymCan execution and artistry forms to the competition for recording exercises.
- vi. Attend all scheduled seminars, practical judging sessions and meetings before, during and after the competition. Failure to do so will result in disqualification from officiating, unless extenuating circumstances have been agreed upon by the CJP.

c) Obligations of Judges during competition

- i. Know the Judges' Oath, support its values and be present at its public declaration during the opening ceremony.
- ii. Strictly observe the Technical Regulations, Code of Points, Judges Rules' and Judges' Oath. Failure to do so will result in a verbal warning from the CJP. In the case of a second offence at this competition or any subsequent competitions within the cycle, the judge will be sanctioned in accordance with the prevailing GymCan and/or FIG Judges' Rules and Codes of Ethics and Discipline.
- iii. Wear the official uniform as defined in Regulation 4.4.
- iv. Hold no other responsibility during the competition.
- v. Do not make contact with any coach or athlete by any method during warm-up or competition sessions. Contact will result in immediate dismissal from judging the particular competition session, and will be accompanied by formal warning.
- vi. Follow all directives of the CJP and official organizing committee (GymCan).
- vii. Be in place for judging on time and do not leave their places, nor speak or signal in any way to other judges, spectators, coaches or competitors during a competition. Any infringement will be challenged and result in an immediate warning or sanction.
- viii. Keep a written record, including shorthand notation, of how each exercise was evaluated. It must be submitted to the CJP on request.
 - Request will be made when there is a serious difference between the mark of a judge or panel and to assist analysis following the competition.
 - If justification cannot be provided when requested, a warning or sanction, depending on the seriousness, will be given to the offending judge(s).
- ix. Register all scores immediately after the end of an exercise.
 - Judges may not change their scores after they have been registered, unless the CJP gives permission. (All changes are registered by the CJP and are considered during the competition analysis).
 - Permission or request to reconsider a score may be made if there was an error in the registration of a mark.



- x. Stay in judging places at the end of a round of competition and during award ceremonies until dismissed by the CJP.

d) **Affiliations**

- i. Judges must declare all personal affiliation(s) before accepting an invitation to judge at a GymCan national event. The following examples are considered affiliations if relevant to the current season, or the previous season:
 - Coach-Judge: Any judge actively* coaching an athlete who is participating at a GymCan national event
 - *Note: an active coach is someone who, on a regular basis, takes an active part in the technical training process (performance of skills, choreography and/or exercises) of a gymnast/unit. A judge's contribution to the training process is occasional, advisory and oriented to the interpretation and application of the Code of Points and Technical Regulations.
 - Parent (or close relation*)-Judge
 - Any judge who is closely related to a competitor at a GymCan national event
 - *Note: a close relation may include: parent, grandparent, sibling, aunt/uncle or cousin. "Perceived" affiliations are also important to declare so if there is a relation outside of this definition, it is the judge's responsibility to declare the possible perceived affiliation prior to accepting an invitation to judge at a GymCan national event.
 - Club Owner/Club Staff-Judge
 - Any judge who is an owner or staff member of a club affiliated with a competitor at a GymCan national event

5.3 ROLES AND RESPONSIBILITIES OF THE JUDGING PANEL

- a) The judging panel will be comprised of the following roles:
 - Chair of the Judges' Panel
 - Difficulty Judge
 - Execution Judge
 - Artistry Judge
 - Technical Personnel (Timer, Line Judge, Runner, Scorekeeper)
- b) Judges will be expected to adhere to the detailed responsibilities outlined in accordance to their role(s) assigned for all GymCan events:
 - i. **Chair of Judges Panel (CJP)**
 - There is one CJP per judging panel
 - Should be unaffiliated whenever possible
 - Must be a FIG Brevet Judge



- Work with the Difficulty Judges to review and evaluate tariff sheets submitted by the P/TO's prior to a competition and immediately inform the GymCan Manager, Sport Development of any deficiencies found in the tariff sheets.
- Act as the superior judge of the panel.
- Be responsible for the organization and activity of the judges on the panel during competition, and including their entry and exit from competition
- Signal permission for the competitors to enter the competition arena and to start their competition performances
- Keep a record of what was performed, through shorthand notation
- Time the exercise and note steps over the floor boundary. (Assistance may be given by Time and Line Judges/volunteers)
- Determine an execution score and artistry score for each exercise. Records own scores (on judging slips or electronic entry) before receiving scores from the panel judges
- Input an official Artistry score to be factored into the overall A-score
- Watch for discrepancies in the judges' evaluations and calls the judges together if necessary to resolve problems
- Work with the DJ to complete the Difficulty Slip
- Take appropriate CJP deductions from the total score
- Be responsible for the calculation and display of the final score at the panel
- Sign the master score sheet to verify that individual judges' marks are accurately entered
- Assist with official Appeals as a member of the Jury of Appeals

ii. **Difficulty Judge (DJ)**

- There are two DJs per judging panel (DJ1 and DJ2)
- At least one DJ must be a FIG Brevet judge (the other DJ may be nominated by their P/TO as an experienced and knowledgeable provincial level judge)
- Work with the CJP to review and evaluate tariff sheets submitted by the P/TO's prior to a competition and immediately inform the GymCan Manager, Sport Development of any deficiencies found in the tariff sheets.
- Determine the difficulty value and D-score based on the exercise performed
- Record DJ penalties according to the applicable Code of Points
- Work with the DJ to complete the Difficulty Slip
- Input an official Execution score to be factored into the overall E-score
- Assist with official Appeals as a member of the Jury of Appeals

iii. **Panel Judges (A/E Judges)**



- There are three Artistry (A) Judges and three Execution (E) Judges per panel
 - Must be a current provincial/territorial level judge or higher
 - Attend all meetings of judges, prior, during and after competition
 - Follow all instructions given by the CJP on panel and in meetings
 - Help evaluate exercise tariff sheets if requested to do so by the CJP
 - Evaluate the performed exercise in strict accordance with the rules:
 - Artistry judges evaluate the choreographic structure and design, variety, relationship between partners, and musicality of the exercise
 - Execution judges evaluate the quality of the technical performance of the exercise
 - Keep written record, including shorthand notation, of how each exercise was evaluated, using the respective artistry and execution judging forms and submit forms to the CJP at the end of the competition.
 - Has the right to appeal, in writing, to the Jury of Appeals against unjust actions of the CJP
 - Assist with official Appeals as a member of the Jury of Appeals (if applicable)
- iv. **Technical Personnel - Timer**
- There is one Timer per panel
 - This role may be filled by a judge, volunteer or staff member
 - Must be a minimum age of 16 years
 - Positioned on panel near the CJP
 - Times the duration of all exercises
 - Records and submits the official time of each exercise to the CJP
- v. **Technical Personnel – Line Judge**
- There is one or two Line Judges per panel
 - This role may be filled a judge, volunteer or staff member
 - Must be a minimum age of 16 years
 - Positioned in opposite corners of the podium floor
 - Signals, by lifting a hand if there is a boundary fault
- vi. **Technical Personnel – Runner**
- There is one runner per panel
 - Must be a minimum age of 12 years
 - Collect the marked score sheets from the panel judges and deliver to the CJP



- Collect the recorded score sheets from the CJP and deliver to the Scorekeeper
- vii. **Technical Personnel – Scorekeeper**
- There is one scorekeeper per panel
 - Must be a minimum age of 16 years
 - Collect the score sheets from the runner and records them to determine the final score
 - Post (and save) the scores immediately to athletes, coaches and audience. This may be done using a computer for scoring calculations but a back-up must be created
 - Obtain the CJP's signature on the official results

5.4 UNIFORM

- a) Judges must wear the official uniform when officiating at a competition. For the current cycle, Acrobatic Gymnastic judges will wear:
- i. Black jacket.
 - ii. Black skirt or full length trousers.
 - iii. White shirt or blouse.
 - iv. CJP will wear light blue shirt or blouse.
 - v. Black shoes (not sandals) or clean track shoes if required by organizers. Heels which will damage gymnastic floor covering must be avoided.
 - vi. Hair must be neat and not inhibit vision.
 - vii. Jewelry, if worn, must be professional in appearance.
- b) Judges will not be allowed to officiate if they are not in the correct uniform.

5.5 REMUNERATION

- a) No remuneration is available for GymCan hosted events. GymCan does however provide transportation and accommodation expenses for these events for a number of judges determined by the Sport Development Department and budget priorities.

5.6 ACROBATIC JUDGES LIST

- a) The purpose of this list is to make public, on a yearly basis, the names of the certified judges who are eligible to officiate at all levels of acrobatic events.
- b) The provincial associations will work collaboratively with GymCan to develop and maintain one centralized, Canada-wide judging list.
- c) GymCan has the right to make adjustments to the list.



5.7 INTER-PROVINCIAL COMMUNICATION

- a) Each province must submit to GymCan the name of their official contact person for the purposes of Inter-Provincial judging communication.
- b) Each province should compile a list for annual circulation, of competitions that could incorporate judges from other provinces.
- c) Both the provincially named contact person and the list of competitions should be submitted by October 15th each year.
- d) All correspondence sent to provincial judges should be copied to the named contact person.
 - i) All judges must receive approval from their provincially named contact person to officiate outside of their province/territory.
 - ii) A list of the designated contact person in each province will be circulated to all provinces annually.

SECTION 6 – HOSTING REQUIREMENTS

6.1 VENUE REQUIREMENTS

- a) **Size of Competition Venue:**
 - i. 7,000 square feet (100 feet long by 70 feet wide), column free. These dimensions are only for the field of play (competition and training) and **does not include** seating or any ancillary spaces. Competition and training spaces can be in separate spaces.
 - ii. Competition floor 12x12 metres with a minimum of 1 meter border clear of obstructions, AG sprung floor
 - iii. Warm-up floor 12x12 metres, AG sprung floor
 - iv. General warm-up and stretching area 12x12 metres
- b) **Ceiling Height:** 23 feet or 7 metres from lowest hanging point
- c) **Lighting:** Lighting should be indirect with halogen or halide being the best; fluorescent is not great; avoid sodium or mercury vapour; 540 lux (or 50 foot-candle) is much too low; 100 foot-candle is good. A space without windows is preferable; if there are windows, they should not be on the west side and preferably covered.
- d) **Preferable Temperature:** Appropriate ventilation system to keep temperature between 21° and 23° C.
- e) **Seating:** minimum 400
- f) **Rooms / ancillary facilities:**
 - 1 LOC headquarter (accommodate LOC, media and VIP's)
 - 1 meeting room (judges and GymCan) for a minimum of 20 people
 - 1 volunteer room
 - 1 protocol area (awards)



- 1 hospitality room – coaches and judges (can be the same as the VIP)
 - Storage room or storage area for GymCan equipment
 - Vendor space at spectator entrance
 - Additional meeting rooms may be required depending on schedule
- g) **Electrical Power:** Multiple power sources will be needed for the event. The amount of power connections, extensions cords and power bars will depend on the floor plan. At a minimum power will be required at the judges table, GymCan /Competition Operations table, scoring, music/announcer and webcast table.
- h) **Internet Connection:** a dedicated internet line of at least 10Mbps is required to run the webcast and scoring systems.
- i) **Parking:** 150+ (free if possible)

6.2 TECHNICAL REQUIREMENTS

a) Scoring System

LOC Responsibility:

The LOC must use KSIS as the electronic scoring system and provide the equipment listed below: The quantities of these items are dependent on the site plan:

- Internet connection dedicated to scoring to ensure live results. DSL (hard line connection) highly preferred and more stable than wireless.
- DSL internet connection for scoring router
- Projection screen(s) to project results to spectators (minimum 9’x11’) and athletes, coaches and CJP (may be the same screen if positioned in a way that allows the athletes/coaches , judging panel and spectators to clearly view the scores)
- Screen (tablet, laptop, tv) to display live scores in the training gym (HDMI connection required)
- Projector (rear projection preferred)
- Printer/copier
- Scoring tablets (x16 with access to power supply) or stationary: paper, paperclips, pencils, pens, stapler, staples, file folders, etc. (If tablets are used, the LOC must be prepared to distribute paper scoring chits should the electronic system encounter problems or delays)
- Power bars and extension cords (power required at the head technical, operations and scoring tables)

GymCan Responsibility:

- Provide scoring system lead technician
- Provide router for secure internet connection dedicated to the scoring system



- Chromebook to feed the live results to the screen in training gym
 - 2 laptops, dedicated to lead scorekeeper and CJP
- b) **Floor Manager:** Main responsibilities are to ensure the competition runs on-time, as well as to ensure the competition is presented in the most professional way possible. This includes, but is not limited to, coordinating the rotations, ensuring only properly accredited individuals are on the field of play, coordination with GymCan’s staff for competition related issues, ensuring the field of play is kept clean at all times, etc.
- c) **Minor Officials:** The following individuals are required throughout each competition session. Ideally these positions are filled by off-duty judges when possible but can also be filled by volunteers.
- Timer
 - Line Judges (x2)

d) **Technical Meetings**

There are numerous meetings that will take place throughout a GymCan event. The Technical Manager will work closely with GymCan in the preparation and delivery of all meetings. Here is a list of the standard meetings that occur during a GymCan event. Note that additional meetings may be added.

Technical Meeting for Coaches

The Coaches’ Technical Meeting usually takes place prior to the start of the first “General Warm-Up” and before the start of competition. A space within the competition venue that is big enough to accommodate all of the registered coaches, team managers and chefs de mission should be set aside for this meeting. It should also have a sound system. In some cases a screen and projector may be needed.

Judges Meeting

A meeting room should be dedicated to the judges throughout the entire event. The assigned room is also where the judges’ hospitality and meals should be served.

This room must be large enough to hold approximately 15 judges in a classroom, boardroom or u-shape set-up, have a screen and projector and be a short distance from the field of play.

Additional meetings and/or courses may occur throughout the event. The Canadian Chair of Judges Panel and GymCan’s Director – Events will work with the Technical Manager to complete the schedule.

6.3 NON-TECHNICAL EQUIPMENT REQUIREMENTS

Table numbers based on 6 feet tables. All tables on the competition floor and in the view of the public must be covered. White table cloth and black skirt are preferred.

All risers must meet the provincial safety regulations. At a minimum the podium must have a rail at the back and a step or stairs if more than 12” high.

Numbers may vary depending on venue.



AREA	WHAT IS NEEDED	TOTAL REQUIRED
COMPETITION FLOOR (1 meter border, free of obstructions on all 4 sides)	9-13 Chairs for Judges (depending on judge panel composition) / 6-8 - tables	14-18 chairs & 6-8 tables
	1 Chair for Timer	
	1 Chair for Runner	
	1 Chair for Scorekeeper	
	2 Chairs for Line Judges	
Location of tables	Side by side 1m from the border of floor	
Kiss and Cry	Seating for 4 with pipe and drape backdrop (couch/bench/chairs)	4 chairs & 1 section of 10' wide X 8' tall pipe and drape
Location of Kiss and Cry	Side on from the audience, full view of scores required (or smaller screen provided for Kiss and Cry)	
GymCan Head Table	4 chairs / 2 tables	4 chairs & 2 tables
	Podium minimum 1 m	
Scoring Table	2 chairs / 2 tables	2 chairs & 2 tables
Announcer and Music Table	2 chairs / 2 tables	2 chairs & 2 tables
Judges meeting room	20 chairs / 7 tables	20 chairs & 7 tables
Miscellaneous (medical, security, kiosk, volunteer room, registration)	30 chairs / 20 tables	30 chairs & 20 tables
TOTAL		76 chairs & 39 tables

Other non-technical equipment required from LOC:

- 1 good quality sound system that can play music from a CD, iPod and a computer. The system must be adapted for one music device and microphone to operate simultaneously.
- 1 microphone (wireless preferred)
- 8-12 walkie-talkie for key members of the LOC
- Awards podium that must be approved by GymCan to fit up to 4 athletes on each level
- 15 rolls of facility approved tape to cover all wires
- Big garbage cans for athlete waiting area, scoring and head table



- Flags of each participating Provinces/Territories (can be provided by GymCan if requested in advance)
- Bilingual event signage throughout venue
- Trays for awards (can be provided by GymCan if requested in advance)
- Mailbox for each participating P/T
- General office supplies: staplers, staples, scissors, markers, pens and pencils, scratch pads, glue sticks, three hole punch, white-out, paper clips, elastics, scotch tape, pins for athletes numbers
- 2 stop watches
- Chalk and 2 chalk buckets
- Areas to post results for public and for coaches on the competition floor.
- Cleaning supplies for equipment: vacuum, mop, etc.

6.4 CEREMONIES

- a) **Opening:** The opening ceremonies can be as creative and glamorous as the organizing committee wishes it to be but they must be conducted in Canada's official languages (English and French).

It is the organizing committee's responsibility to design and conduct the opening ceremony. At a minimum the opening ceremony must include the following the protocol.

- i. **Entrance of Delegations:** The number of delegates participating to the entrance of delegations is at the discretion of the organizing committee. (Entire delegation, one male and one female athlete (chosen by their delegation), one person (chosen by their delegation) or no delegate (LOC volunteers) etc.).

All participating delegations must be announced and led by their respective flag (carried by a member of the delegation or a volunteer). The order of entry must follow the Canadian Flag Etiquette. When provincial and territorial flags are flown with the National Flag of Canada, the order is based on the date of entry into Confederation of the provinces followed by the territories.

In a grouping of flags that includes the National Flag of Canada and all of the flags of the provinces and territories, the order of precedence is:

National Flag of Canada

Ontario (1867)

Quebec (1867)

Nova Scotia (1867)

New Brunswick (1867)

Manitoba (1870)

British Columbia (1871)



- Prince Edward Island (1873)
 Saskatchewan (1905)
 Alberta (1905)
 Newfoundland (1949)
 Northwest Territories (1870)
 Yukon (1898)
 Nunavut (1999)
- ii. **Canadian National Anthem:** Playing or singing of the bilingual or instrumental Canadian national anthem.
- iii. **Presentations:** When Welcome speeches are included in the ceremony they should be given following this order:
1. Chair of the LOC
 2. Municipal/Provincial/Federal Politicians (if applicable)
 3. Title sponsor (if applicable)
- iv. **Judge's and Athlete's Oaths:** It is at the discretion of the LOC to have Oaths recited during the opening ceremony. If the LOC chooses to have oaths recited, it is to be done in the following manner:

The organizing committee is responsible for finding 2 judges (English and French) and 2 athletes (English and French) to swear the oaths in that respective order. A bilingual judge or athlete is also acceptable to recite the oath in both languages.

JUDGE'S OATH

«Au nom de tous les juges et officiels, je promets que nous remplirons nos fonctions pendant ces Championnats en toute impartialité, en respectant et suivant les règles qui les régissent, dans un esprit de sportivité»

“In the name of all judges and officials, I promise that we shall officiate in these Championships with complete impartiality, respecting and abiding by the rules which govern them, in the true spirit of sportsmanship”

ATHLETE'S OATH

«Au nom de tous les gymnastes, je promets que nous prendrons part à ces championnats en respectant et suivant les règles qui les régissent, en nous engageant pour un sport sans dopage et sans drogues, dans un esprit de sportivité, pour la gloire du sport et l'honneur des gymnastes.»



“In the name of all gymnasts, I promise that we shall take part in these Championships, respecting and abiding by the rules which govern them, committing ourselves to a sport without doping and without drugs, in the true spirit of sportsmanship, for the glory of sport and the honour of the gymnasts.”

b) **Closing**

The closing ceremony is not mandated but highly encouraged. It is recommended to be held after the last event of the competition and include closing remarks for the GymCan President or designate.

A Closing Social/Banquet may be hosted by the organizing committee and all accredited participants must be invited, including sponsors, GymCan staff, GymCan board members, GymCan life members and any other designated VIPs as identified by GymCan and the LOC.

6.5 AWARDS

Award ceremonies should take place immediately following the completion of each competition category.

The following awards are given to the first 8 ranked groups/pairs in all finals:

1st rank - 1 gold medal

2nd rank - 1 silver medal

3rd rank - 1 bronze medal

4th to 8th rank - 1 ribbon

Only the podium awards will only be presented to the medal winners. All athletes have to be dressed in their competitive attire on the podium for award ceremonies.

Ribbons for positions 4 through 8 will be distributed to the respective gymnasts at the information desk along with their official result sheets.



APPENDIX A – YOUTH

The Youth level of competition will be offered for each category at GymCan championship events.

Youth perform one Combined exercise, maximum duration of 2 minutes (no minimum duration).

The Youth Combined exercise must consist of the following:

- Pairs: 2 balance elements chosen from the FIG 11-16 difficulty tables + 1 optional element from FIG tables and 2 dynamic elements from 11-16 difficulty tables + 1 optional element from FIG tables (OPTIONAL can be from 11-16 difficulty tables but not the same ROWS used on the compulsory elements).
- Groups: 1 pyramid chosen from the FIG 11-16 difficulty tables + 1 optional pyramid from FIG tables (only 2 static holds of 3” are required in the routine) and 2 dynamic elements from the FIG 11-16 difficulty tables + 1 optional element from FIG tables (OPTIONAL can be from 11-16 difficulty tables but not the same ROWS used on the compulsory elements).
- Individual: 3 individual elements must be executed – no matter if is cat1 or cat2 (NO SALTO REQUIRED).

The Difficulty score is calculated in accordance with FIG 11-16 (i.e. Difficulty Value of the exercise is calculated according the difficulty Value of the performed elements up to a max of 0.5).

The total score is determined by adding together:

- 2X the average mark for Technical merit (Execution or E score)
- The average mark for Artistic merit (Artistry or A score)
- The Difficulty Value of the Compulsory elements (D Score).

Penalties are taken from the Total Score by the Chair and DJ in accordance with the current FIG Code of Points.

$E \text{ score} + A \text{ score} + D \text{ score} = \text{Total Score} - \text{Penalties} = \text{Final Score}$

If four execution and four artistry judges are used, the average is determined by eliminating the high score and the low score, and taking the average of the middle two scores.

If two or three E/A judges are used, all scores are used to determine the average.

Ties are not broken. In case of a tie, duplicate awards will be given, and the next place(s) will be skipped.



APPENDIX B - APPEALS FORM

1. Appeals may be made based on the difficulty score, equipment failure, and/or mathematical error only.
2. Only the coach who has been officially registered with the unit may initiate a difficulty slip review and/or appeal on behalf of their athletes.
3. The appeal must be filed within 10 minutes of the posting of the score for the exercise in question.
4. There is no cost to submit an appeal.
5. To resolve the appeal, the Jury may choose to consult the judging panel and/or use video review
6. The decision of the Jury of Appeals is final.

Appeal for:	
P/G#: _____	Athlete Names:
Province/Territory: _____	1. _____
Category: WP MP MxP WG MG	2. _____
Level/Age Group:	3. _____
Routine: BAL DYN COMB	4. _____
Coach's Name: _____	Time of Appeal Submission: _____
Coach Appeal: _____	Coach Signature: _____
Jury's Decision/Response: _____	Chair of the Jury Signature: _____
Result of Appeal:	
Change as follows: <input type="checkbox"/>	No change to score: <input type="checkbox"/>
New Difficulty Value: _____	
New D-Score: _____	
Adjustment to CJP/DJ Penalties: _____	



APPENDIX C – JUDGE NOMINATION FORM CANADIAN CHAMPIONSHIPS IN ACROBATIC GYMNASTICS

PLEASE RETURN COMPLETED AND SIGNED JUDGE NOMINATION FORM TO GYM CAN BY THE DEADLINE LISTED IN THE EVENT DIRECTIVES

In accordance with GymCan Technical Regulation 3.15, “Judge Panel Assignments”, provincial/territorial organizations are invited to nominate any number of national* judges to officiate at the Canadian Championships as Artistry/Execution Judge (A/E) and/or Difficulty 2 Judge (D2).

*Provincial 3 Judges (P3) may be nominated to officiate at the Canadian Championships but must complete the national training and certification requirements offered in conjunction with the event.

Name (first and last)	Level of Judge Certification	Completed Safe Sport requirements	Affiliations and/or Perceived affiliations	Experience/Expertise summary and PTO declared rating: 1 = developing 5= FIG Brevet	Role
		<input type="checkbox"/> Respect in Sport <input type="checkbox"/> CRC within 12 months of event			<input type="checkbox"/> A/E <input type="checkbox"/> D2
		<input type="checkbox"/> Respect in Sport <input type="checkbox"/> CRC within 12 months of event			<input type="checkbox"/> A/E <input type="checkbox"/> D2
		<input type="checkbox"/> Respect in Sport <input type="checkbox"/> CRC within 12 months of event			<input type="checkbox"/> A/E <input type="checkbox"/> D2
		<input type="checkbox"/> Respect in Sport <input type="checkbox"/> CRC within 12 months of event			<input type="checkbox"/> A/E <input type="checkbox"/> D2

The signed GymCan Code of Ethics and Conduct, Code of Ethics for Judges and Judges’ Oath must accompany this form for all nominated judges (forms must be signed and dated within the same calendar year as the event).

PTO Program Staff and/or President/CEO

Signature: _____

Print Name: _____



APPENDIX D – COACH EXEMPTION FORM

TEMPORARY EXEMPTION REQUEST FOR NATIONAL LEVEL COMPETITIONS

Request submitted by _____
Print name of P/T Association and person submitting application

Discipline: _____MAG _____WAG _____TG _____RG _____ACRO

Coach's name: _____Coach's NCCP #: _____

Current level of NCCP certification: Theory: _____Technical: _____Practical: _____

Personal Address: _____

City: _____ Prov: _____ Postal Code: _____

Phone number: _____Email Address: _____

Club name: _____

Club address: _____

Phone number: _____Email Address: _____

Previous exemption granted to the coach (date granted and period of exemption)

Rationale for the request (club for Elite Canada and PTO for Canadian Championships)



APPLICATION FEE:

An application must include the form, all documents, and the fee to be considered completed. An incomplete application will be returned to the sender.

The fee is determined by the date at which the application, fee, and all documents are received at the National Office. The fee is not refundable if the exemption is no longer needed, is not granted, or for any other reason.

If complete application received at the National Office by:

Before registration deadline for the event	\$25.00
After registration deadline for the event	\$100.00

The following is enclosed:

Completed application form

Payment by Cheque (payable to Gymnastics Canada) or Credit Card (fee is waived for NCCP Acro Competition 1 trained coaches if exemption requests are submitted a minimum of 4 weeks prior to the start of the event)

Letter from Club supporting the request for the exemption which must include the following:

- Reasons required certification is not completed;
- Demonstrate that the process for Equivalency has been started if applicable;
- Plans for further certification/course work for the next twelve months;
- Signed by the head coach or club administrator.

