



NCCP Competition 3 (Development)

Training Phase

Competition 2 Certified*

Competition 2 course

Competition 2 Evaluation

** Must be certified in their respective discipline*

**Gymnastics Canada
Sport Specific
Competition 3
(Development) Course
(4-day course)**

+

**4 Comp Dev Modules:
Coach & Leading Effectively
Manage a Sport Program
Managing Conflict
Psychology of Performance**

+

**True Sport Clean 101
OR
Leading Drug Free Sport**

Certification Phase

Register for Evaluation with
your Provincial Gymnastics
Federation

Build Coach Portfolio

Coach Profile & Philosophy

Make Ethical Decisions
Online Evaluation

Program Description, Athlete
Inventory

Training Plan with 2 Periodization's

Athlete Efficacy Assessment

Skill Inventory & Forecast

2 Progress Reports

Focus Plan for Athletes

Emergency Action Plan

Managing Conflict Online
Evaluation (+True Sport Clean OR
Leading Drug Free Sport Online
Evaluation)

Prebrief with Evaluator

Evaluation of Podium Training

Debrief with Evaluator Post-
Competition

Maintenance Phase

30 PD points over 5 years

Active coaching

Self-reported PD

NCCP workshop or online
course

Gymnastics Canada NCCP
course

Gymnastics Canada non-NCCP
activity

Multi-sport Non-NCCP activity

**Competition 3
Trained**



**Competition 3
Certified**



**Competition 3
Certification
Maintained**

