

2022 CANADIAN CHAMPIONSHIPS

TRAMPOLINE GYMNASTICS

DELEGATES' HANDBOOK



Hosted by

Alberta Trampoline & Tumbling Sport Association (ATTSA)

Alberta Gymnastics Federation (AGF)

Genesis Centre

Calgary, AB

July 21-24, 2022



P: 613.748.5637 | E: info@gymcan.org

RA Centre 2451 promenade Riverside Drive, Ottawa, ON K1H 7X7

WWW.GYMCAN.ORG

Organizing Committee

The organizing committee of the 2022 Canadian Championships in Trampoline Gymnastics welcomes you to Calgary! Our staff and volunteers have been working hard to bring you a spectacular event, and we can't wait to see you here at the Genesis Centre.

Co-Chairs: Brett MacAulay (ATTSA) and Robin McDougall (AGF)

Technical Chair: Eran Silberg

Volunteers: Trish Quinney

Officials: Jessica Walper

Equipment: Colton Kent & Stephen Hauck

Gymnastics Canada

Chief Executive Officer: Ian Moss

National Team Director, Trampoline: Karen Cockburn

Program Manager, Trampoline: Niki Lavoie

National Events Manager: Martin Sanio

Senior Coordinator, High Performance: Kristen Leblanc

Coordinator, Communications: Taylor Matthews

Coordinator, High Performance: Patrick Desjardins

Competition Venue

Genesis Centre

7555 Falconbridge Blvd NE

Calgary, AB, T2X 3K5

Website: <https://genesis-centre.ca/>

Parking

Free parking at the venue.

Transportation

Provinces are responsible for their own transportation.

Local transportation will be arranged between the venue and the host hotel for the judges by the organizing committee.



Registration and Check-in

One Chef de Mission or a **designed provincial representative** is asked to collect the Accreditation for coaches and support staff at the venue during your training time. *Only the official Chef de Mission or designated provincial team manager will be authorized to receive these packages.*

Meal Information

Provinces are responsible for their own meals.

Breakfast, lunch and dinner will be provided on-site for all coaches, officials and registered members of delegations (not athletes).

On-Site Restaurants

Onsite at the venue is a Jugo Juice. They offer a selection of smoothies, pressed juices, sandwiches and wraps.
<https://jugojuice.com/>

Directly across the street from the venue is a Safeway grocery store, and a short way up the road a variety of fast food and restaurant options.

Ceremonies

Opening Ceremonies: Welcome Ceremonies will take place on Thursday July 21st at 16:35. It will consist of a parade of flags, the national anthem, and an official welcome. Additional information to be provided at the technical meetings.

We ask each province to provide one flag-bearer for the opening ceremony. They will be required to be in the training gym by 16:25 and wear the provincial team track suit.

Medal Ceremonies

Awards: The top 6 athletes after Finals in all categories will be awarded.

Dress Code: Competition uniform must be worn by the athletes.

Presence at Award Ceremonies: As per the Competition Regulations, rule 4.3.: All gymnasts not present for their award (medal or ribbon) will not receive their award and may not receive the credit or their score obtained during the competition, unless given a special permission dealt in advance with a GymCan representative. This decision will be taken by the Trampoline & Tumbling Program Committee (TTPC).

All award ceremonies will take place on the competition floor. Please help us gather the gymnasts from your province to ensure efficient award ceremonies.



Technical Information

General Technical Information

- Results for coaches will be posted in a timely matter on site and available online at www.gymcan.org.
- Delegation members not competing will not have access to the competition floor. They will be required to take a seat in the audience.
- During competition, athletes and coaches are required to stay in the waiting areas when not competing.
- **Dress for Competitors:** As per the Competition Regulations, rule 6.9, at National Championships athletes must wear their provincial competition attire in Preliminaries. In Finals, athletes have the right to choose their competition attire, however it must not be a competition attire from another country. The right to wear the current or any past National Team competition attire is reserved only to athletes that are currently or have been member of a Canadian Team (Worlds, WAGC, International competitions).
- **Dress for National Team athletes:** During Finals, female athletes are required to wear a GK supplied National Team leotard. Male athletes are required to wear a Turn supplied uniform.
- **Team Finals:** athletes must wear their provincial competition attire. See Appendix A for additional technical information.

Equipment:

- 4 Eurotramp Trampoline (2 on competition floor and 2 in warm-up gym)
- 1 Eurotramp double-mini trampoline
- 1 Spieth Germany tumbling track

Orientation Meetings: Additional technical information will be provided during the orientation meeting:

- TRA, TRS and DMT: Thursday, July 21st at 15:15 in room MPR A at the competition venue.
- TUM: Friday, July 22nd at 12:15pm in room MPR A at the competition venue.

National Team & World Age Groups

Headshot Pictures & National Team Uniform Fitting

Who:

- All Junior, Development & Senior National Team members.
- All athletes who plan to submit their intention to attend the 2022 World Age Groups Championships.
- All coaches of Junior, Development & Senior National Team members and all coaches who plan to submit their intention to attend the 2022 World Age Groups Championships.
- All judges attending the 2022 World Championships or 2022 World Age Groups Championships (headshot pictures only).

When:

- Training Block #1: 10:00 – 11:00 (July 21st)
- Training Block #2 & 4*: 12:15 – 13:30 (July 21st)
- Training Block #3: 13:45 – 14:30 (July 21st)



- Training Block #4*: 15:15-16:00 (July 21st)

*Athletes and coaches in training block #4 will have the option to go either before their training or after their training depending if they compete later that day.

Where: Headshots and national team uniform fitting will take place just outside the competition/training gym.

Competition Suits

Who: All athletes who plan to submit their intention to attend World Age Groups Championships.

Where: Competition suit fitting will take place just outside the competition/training gym on the same schedule as the headshots and national team uniform fitting according to schedule above.

Medical

There will be an emergency medical response team on-site throughout training and the competitions. Physiotherapy will be on-site each day with a schedule provided the week of July 18. Physiotherapists will provide a taping service, but athletes are required to provide their own tape.

The provincial medical staff will be given space on the adjoining floor to use as treatment rooms, just outside the Athlete Entrance to the Gymnasium. Provincial medical staff will NOT be allowed on the competition floor.

Doping control may be conducted for senior athletes. For information on doping control procedures and banned substances, please go to www.cces.ca.

Water / Ice

Ice will be available at the venue. Please see the competition medical staff.

We ask that you help the organizing committee reduce the number of water bottles used during the event by bringing your own reusable bottle. Water filling stations are available at either end of the competition gym.

NOTE: While at the event, please do NOT Call 911, but instead alert the on-site medical staff and they will follow the correct procedure for contacting outside emergency services if required.



APPENDIX A

Team Finals

Team Finals are going to be run as a showcase event on Sunday, July 24th where all province members are invited to take part at the event by coming and cheering for their own province. We expect team members to treat this as a serious competition. We invite teams to present tasteful expressions of their provincial spirit.

After the conclusion of preliminaries, provinces will have to submit a minimum of 3 and a maximum of 4 members composing their team for each of the following events:

- Men's Trampoline
- Women's Trampoline
- Men's Double Mini-Trampoline
- Women's Double Mini-Trampoline
- Men's Tumbling
- Women's Tumbling

Teams must be made using athletes from the following categories:

- 1 Senior
- 1 Junior
- 1 L6 or L7 (any age group)
- 1 L5 (any age group)

If a province cannot fill its team using the categories above the remaining athlete(s) must be picked (one per category) using the order below, looping on this list until reaching the minimum of 3 or maximum of 4 athletes:

- Junior
- L6/L7 (any age group)
- L5 (any age group)

No Team is allowed to assign more than 1 Senior athlete. Athletes will perform the following pass/routine:

- Trampoline: 1 optional
- Tumbling: 1 free pass
- DMT: 1 free pass

The execution score is calculated the same way as usual, but the level of difficulty will be determined by using the DD Conversion Chart (separate Excel document with this handbook). Difficulty in each event will be allocated by converting the real DD value using the Team Final DD table.

Note for trampoline: time of flight will not be included in the score, horizontal displacement will be.

From these 4 athletes, the top 3 scores are added together to determine the Team score.

Order of competitors should be from the lower-level athlete to the highest level.



Atlantic (New Brunswick and Nova Scotia) and central (Manitoba and Saskatchewan) provinces are invited to collaborate with one another in submitting joint teams, respectfully within the groupings, to partake in the competition.

Submission of the Team Final list of competitors per team needs to be handed to Niki Lavoie at the GymCan desk before **Sunday, July 24th, 2022, at 9:00 AM.**

See Team Finals Conversion DD Chart sent as a separate Excel document with this handbook.



TEAM FINAL – FINALE PAR ÉQUIPE

Discipline : TUM TRA DMT

Province : _____

Provincial representative – Représentant provincial : _____

Phone number – Téléphone : _____

Athlete Order: Athletes must compete in the following order:

Ordre des athlètes : les athlètes doivent compétitionner dans l'ordre suivant :

- L5
- L6/L7
- Junior
- Senior

WOMEN - FEMMES

Order Ordre	Level - Niveau	Last Name – Nom de famille	First Name - Prénom
1			
2			
3			
4			

MEN - HOMMES

Order Ordre	Level - Niveau	Last Name – Nom de famille	First Name - Prénom
1			
2			
3			
4			



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