

CANADIAN CHAMPIONSHIPS 2023

RHYTHMIC GYMNASTICS DIRECTIVES



MARKHAM PAN AM CENTRE
MARKHAM, ONTARIO

May 18-21, 2023

GYMCAN	<p>Gymnastics Canada RA Centre, 2451 Riverside Dr., Ottawa, ON, K1H 7X7 Tel: (613) 748-5637 Website: www.gymcan.org</p> <p>Robin Marsden – Manager, National Events events@gymcan.org</p> <p>Teresa Orr – National Team Director, Rhythmic Gymnastics torr@gymcan.org</p> <p>Patrick Desjardins – HP Program Coordinator pdesjardins@gymcan.org</p> <p>Mary DeGrasse – Executive Assistant mdegrasse@gymcan.org</p> <p>Daniela Arendasova – Judge Responsible Gail Whittemore – Judge Administrator Jennifer Hopkins – Event Assistant</p>
LOCAL ORGANIZING COMMITTEE	<p>Glimmer Athletic Club Toronto (647) 300 1071</p> <p>Organizing Committee: Meet Director: Kaupo Kallemaa – info@glimmerathletic.com</p>
LOCATION	Markham, ON



E: info@gymcan.org

RA Centre, 2451 promenade Riverside Drive, Ottawa, ON K1H 7X7

WWW.GYMCAN.ORG

DATES	May 18-21,2023
VENUE	<p>Markham Pan Am Centre 16 Main St Unionville, Markham, ON L3R 2E4 Website: http://www.markhampanamcentre.ca</p> <p>Parking at the Markham Pan Am Centre is free, however due to special events running, the weekend parking will be extremely busy. Additional parking is available at the Unionville GO station which is a 6-minute walk.</p>
APPARATUS SUPPLIER	<p>The official supplier for the event is Spieth America. One Sub-floor with one Competition carpet plus two warm up carpets One additional GymCan carpet</p> <p>Spare RG apparatus provided by Venturelli.</p> <p>Spare apparatus placement will follow the 2022-2024 FIG rules. All high-performance athletes must have apparatus that adhere to FIG requirements.</p> <p>Please refer to the FIG Apparatus Norms Chart. Novice apparatus norms can be found under Appendix H.</p>
INVITED MEMBERS	<p>All Provincial/Territorial Gymnastics Organization registered participants who meet the Gymnastics Canada eligibility requirements according to this document and the RG qualification process.</p> <p>RGI Step 1: 2023 Elite Canada AA (Competition A+ Competition B):</p> <ul style="list-style-type: none"> • Top 15 senior – high performance • Top 15 junior – high performance • Approved exemptions • Refer to the 2023 High Performance List from Feb. to May <p>Step 2: 2023 Eastern or Western Regional Championships AA (Competition A):</p> <ul style="list-style-type: none"> • Top 10 RGI novice + 2 per province • Top 10 RGI junior open + 2 per province • Top 10 RGI senior open + 2 per province <p>New Step 3: Unused +2 Step 4: Extra 1 or 2</p> <p>The official qualification list has been sent to the provinces.</p> <p>RGG Groups of 5: novice, open, junior development, junior FIG, senior development, and senior FIG.</p>
EVENT FORMAT	<p>RGI Competition Novice</p> <ul style="list-style-type: none"> • Competition A: all-around – 4 apparatus



	<p>Junior and Senior Events</p> <ul style="list-style-type: none"> • Competition A: RGI qualification: Open and HP athletes – 4 apparatus. • Competition B: top 15 from Competition A (combined Open and HP athletes). Eligible gymnasts who have placed in the top 8 in an apparatus will compete in the final for that apparatus only. <p>Purpose:</p> <ol style="list-style-type: none"> 1. To provide a national level competitive opportunity for developing RGI; 2. To rank participants at the national level and declare champion in: <ol style="list-style-type: none"> a) Novice, Junior HP, Senior HP All Around and Apparatus b) To rank Junior and Senior HP athletes c) To continue the ranking process for junior and senior RGI National team status; d) To identify and assign gymnasts to strategic international competitions and Sport Canada Athlete Assistance Program Carding (if applicable) e) To identify the qualifying RGI gymnasts for the subsequent Elite Canada. <p>RGG Competition</p> <ul style="list-style-type: none"> • Competition A: novice, open, junior, and senior development groups perform prescribed routine twice for AA (no finals) • Competition A: junior and senior FIG perform each of their prescribed routines one time. • Competition B: top 8 junior and senior FIG groups compete each of their prescribed routines one time. <p>Note: all gymnasts must compete in one of the two routines in both Competition A and Competition B if six gymnasts are registered as per FIG rules.</p> <p>Purpose:</p> <ol style="list-style-type: none"> 1. To provide a national level competitive opportunity for developing groups of five in the national stream; 2. To declare Canadian champions in the novice, junior FIG and senior FIG group categories; 3. To determine the ranking of RG groups across Canada; 4. To assist in identifying assignment to strategic international competitions based on selection criteria; 5. To provide opportunity for GymCan senior group to meet requirements of their training and competition plan, if applicable
ELIGIBILITY	All athletes, coaches, judges, team managers must be registered members of their PTO for the year in force.



All participating provincial/territorial organizations and their members commit themselves to respect the GymCan and RG Program Technical Rules and Regulations, particularly: the age and nationality of gymnasts and must not have any outstanding invoices owing to GymCan.

Gymnasts must be in possession of a valid Canadian passport to be eligible for selection to international assignments.

COACHES

According to the RG Technical Regulations, all RG coaches wishing to access the training, warm-up or competition floor must be NCCP level 3 certified (theory, technical and practical) or Comp 3 RG certification if coaching a national level athlete or group.

A coach without the required certification must request an exemption by completing the coach exemption request form by May 5, 2023.

Refer to Coach Exemption Form [Appendix C](#).

All coaches, support staff (head of delegation, chef de mission, team manager, and chaperone) and integrated support team (IST) who participate in GymCan national competitions must have completed the following requirements. Failure to do so will result in withholding of your accreditation and denied access to the field of play, competition and training venues.

Proof of competition **must be uploaded at the same time as registration.**

Requirements	Comments
<p>Completed Enhanced Background Check, Canada-wide and/or International Police Checks</p> <p>https://pages.sterlingbackcheck.ca/landing-pages/c/cac_ace/</p>	<p>Required for coaches, support staff, judges, and IST.</p> <p>Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual.</p> <p>NOTE: Volunteers that sign up for positions that require them to be on the field of play (FOP), must also complete the background check. This will be a free service through the province of Ontario for Volunteers. A link will provided to those that require this.</p>
<p>Complete <i>Respect In Sport</i> online e-learning module package</p> <p>http://gymcan.org/resources/respect-in-sport</p>	<p>Cost is the responsibility of the individual. Check with your respective province/territory as some may cover the cost.</p>



		Required for coaches, support staff, judges, and IST
True Sport Clean101 UNTRACKED e-learning course http://cces.ca/truesportclean101untracked	Free module.	Required for coaches and IST.
CAC Making Headway online learning module. www.coach.ca/concussion	Free module – will be included in coach NCCP records on the Locker.	Required for coaches and IST.
OSIC Confirmation Form	For all participants that have not already completed, including IST, coaches, judges, and athletes. (See Appendix F)	

REGISTRATION

Registration and form submission deadlines

Registration and payment deadline	May 5, 2023	KSIS +Glimmer
100% Registration Payment	May 5, 2023	
Itinerary form	May 5, 2023	KSIS
Music submission	May 5, 2023	KSIS
Gala form (time permitting pending competition schedule)	May 5, 2023	KSIS
PTO statutory declaration deadline	May 5, 2023	torr@gymcan.org
Coach exemption form	May 5, 2023	torr@gymcan.org
Refund Request Deadline	May 5, 2023	torr@gymcan.org
Admin fees will apply		

Registration Fees

Athletes: **\$190.00**

Coaches: **\$90.00**

Judges: **\$90.00**

GymCan will be using the KSIS registration system. The KSIS registration must be completed by May 5, 2023.

KSIS: http://rgform.eu/event.php?id_prop=4901

Waivers: Athletes should send completed waivers to their PTO. Each PTO must submit their Statutory Declaration, stating that all waivers and medical forms have been collected and will be in the possession of the designated team manager/chef de mission, to torr@gymcan.org by **May 5th, 2023**.

Statutory Declaration (see [Appendix G](#))



Definition of late provincial entry penalty

A PTO will be charged the late provincial entry penalty if the above mentioned are not submitted by the deadlines.

Definition of late individual entry penalty

A PTO will be charged the late individual entry penalty if a delegate is registered after the set registration deadline.

Refund Policy

No registration will be accepted after **May 12th, 2023** unless special dispensation is given by the National Team Director - RG. Any late registration will be charged a \$50 late fee.

(athletes and coaches).

Written request for refunds can be made to payments@glimmerathletic.com AND mdegrasse@gymcan.org until **May 12th, 2023**. After this date, there will be NO reimbursement of the registration fee. If a gymnast is declared unable to compete after this deadline, and ineligible for a refund, the club still has the obligation to inform GymCan of this as soon as possible. Please send notification to torr@gymcan.org.

Payments

In the interest of time, payments are being made directly to the host organization.

Payment options:

- Cheque – Please make payments out to:

GLIMMER ATHLETIC CLUB INC

Mail payment to:

11 Crimson Ridge Road, Barrie, Ontario, L4N 8P2

647-300-1071

- EFT/e-transfer: (Use email address below)

payments@glimmerathletic.com

Other documents – mandatory for registration

The following documents must also be submitted for a registration to be considered complete. Please submit all forms through the KSIS system http://rgform.eu/event.php?id_prop=4901
ITINERARY FORM – [Appendix B](#)
GALA FORM – [Appendix D](#)

All forms must be fully completed and submitted through the KSIS system. Missing or incomplete forms may jeopardize the eligibility of an athlete.

**PRELIMINARY
SCHEDULE**

See [Appendix A](#).



	Please note the final detailed schedule, as well as the draw, will be sent separately from GymCan after the registration deadline.
JUDGES	Judge Information to be provided separately.
PROTOCOL & AWARDS	<p>RGI: High-performance certificates will be presented to the top 15 junior and senior combined from Competition A.</p> <p>Novice, junior open, senior open:</p> <ul style="list-style-type: none"> •Top 8 AA from Competition A •Top 8 apparatus from Competition A <p>Junior and senior high-performance:</p> <ul style="list-style-type: none"> •Top 8 AA from Competition A+B •Top 8 apparatus finals from Competition B <p>RGG: Novice, open, and junior and senior development groups:</p> <ul style="list-style-type: none"> • Top 8 AA from Competition A (one routine performed twice) • Note: no Canadian Champion is declared for development groups <p>Junior and senior FIG groups:</p> <ul style="list-style-type: none"> • Top 8 AA from Competition A+B (total of 4 routines) • Top 8 apparatus finals from Competition B (2 routines performed twice) <p>Note: final awards will be presented for categories with 2 or more groups only.</p> <p>Special Awards:</p> <ul style="list-style-type: none"> • Junior athlete of the year • Senior athlete of the year • Miss Elegance • International judge recognition • Junior international medalists (athletes and coaches) • Senior international medalists (athletes and coaches) • Coach of the year • Provincial team champion (2 novice + 2 junior + 2 senior AA points) <p>Athlete dress code for award ceremonies: club or national team tracksuit, toe shoes</p>
TRAVEL	<p>Boulevard Travel is pleased to offer their exclusive “Sports Air Program” to all members.</p> <p>Sports Air Program with Air Canada and WestJet for Groups – Minimum 10 tickets to be eligible and must be booked at the same time.</p>



	<ol style="list-style-type: none"> 1. Air fare – We have exclusive air fares with both Air Canada and WestJet. These fares are negotiated to ensure the absolute best price with the best flexibility in the industry. 2. Free tickets – our programs both include 1 free ticket for every 15th paid (16th paying taxes only) 3. Name change – free and/or discounted name changes after ticketing 4. Payments – NO deposits, NO payments until ticketing 5-7 days prior to departures / merely a signed contract with commitment dates 5. Baggage – 1 free standard checked bag per person per direction 6. Advance seating – booked for all groups 7. Travel documents / Reporting – Boulevard Travel has developed a number of customized platforms to help with reporting and document delivery which makes travel extremely easy. <p>To secure the best available rate and to discuss booking details, please contact: Boulevard Travel (403) 237-6233</p> <ul style="list-style-type: none"> • Sharon Phelps, Senior Group & Sport Travel Consultant sharonp@boulevardtravel.com Direct: (403) 802-4270 • Corinne Palin – Group Account Manager corinep@boulevardtravel.com Direct: (403) 802-4284
<p>LOCAL TRANSPORTATION</p>	<p>Clubs are responsible for their own transportation.</p> <p>Local transportation will be arranged between the venue and the host hotel for the judges by the organizing committee. Information will be sent to the judges.</p> <p>Judges must book their return flight with a departure AFTER 7:00 PM on the final day of competition.</p>
<p>MEALS</p>	<p>Clubs are responsible for their own meals. The organizing committee will serve meals to judges during the competition. Light snacks and drinks will be available to the coaches during competition. Please bring your own water bottles to refill at the water stations in the venue.</p>
<p>ACCOMMODATIONS</p>	<p>Hilton Toronto/Markham Suites Conference Centre & Spa</p> <p>Address: 8500 Warden Ave., Markham, ON L6G 1A5 Reservation can be made by using the booking link: https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=YYZAPHF&groupCode=1CAC&arrivaldate=2023-05-17&departuredate=2023-05-21&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT</p>



	<p>or call 1-800-593-9223---press 1---speak to central reservation associate Arrival date: May 17, Departure date: May 21--- GROUP CODE: 1CAC to make the reservation.</p> <p>Hotel information was previously sent. Blocked booking has now closed, however, you may still be able to reserve rooms at a non-preferred rate.</p>										
ACCREDITATIONS	<p>The GymCan accreditation procedures will apply. The system consists of colour coded categories and access zones. GymCan reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditations will be distributed upon arrival at the competition venue. The accreditation must be worn to access the venue and the competition area.</p>										
MEDICAL	<p>There will be a medical team on site throughout the competition.</p> <p>Doping control may be conducted for NT athletes. For information on doping control procedures and banned substances, please go to www.cces.ca.</p>										
MUSIC	<p>Music will be played from a computer set list created by the KSIS program. If back up is needed iPod/iPad, tablet or phone with proper AUX port will be accepted. Music must be submitted through KSIS by the music deadline date (May 12, 2023) to allow it to be checked.</p> <p>Only mp3 files are supported as other files may not be playable on all platforms of Windows and wav files are too large to work with when there are so many competitors. Please label music .mp3 files as per FIG Code of Points when uploading to KSIS.</p> <p>Coaches are responsible to ensure lyrics meet FIG requirements.</p> <p>Please email info@glimmerathletic.com if you have any problems uploading the music.</p>										
WEBCAST	<p>Webcasting is being co-ordinated. A live streaming link will be provided closer to the event. CHARGE: \$20 (One time fee to view the entire competition).</p>										
ADMISSIONS	<p>Pricing is for each day of competition. CASH only accepted.</p> <table border="1"> <thead> <tr> <th>ADMISSION</th> <th>DAILY</th> </tr> </thead> <tbody> <tr> <td>Adult</td> <td>\$20</td> </tr> <tr> <td>Senior</td> <td>\$10</td> </tr> <tr> <td>Student</td> <td>\$10</td> </tr> <tr> <td>Kids 5 and under</td> <td>FREE</td> </tr> </tbody> </table>	ADMISSION	DAILY	Adult	\$20	Senior	\$10	Student	\$10	Kids 5 and under	FREE
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APPENDICES	Appendix A : Draft schedule Appendix B : Itinerary form Appendix C : Coaches exemption form Appendix D : Gala form Appendix E : Payment Information Appendix F : OSIC form Appendix G : Statutory Declaration Appendix H : Apparatus Norms
SOCIAL MEDIA	Facebook: www.facebook.com/gymcan1 Twitter: @gymcan1 Instagram: @gymcan1 YouTube: www.youtube.com/user/gymcan1



APPENDIX A - DRAFT SCHEDULE

Version: April, 2023

Final schedule to be confirmed by May 12, 2023

NOTE: Meeting times/locations to be confirmed.

The schedule below is tentative.

The final schedule will be available May 10th.

WEDNESDAY MAY 17

All day Arrivals

THURSDAY MAY 18

08:00 Warm-up

08:30 – 16:00 Podium training for Juniors, Seniors and Groups
Official Welcome

Novice Competition: 2 RGI apparatus & 1 RGG Novice, Junior Open & Development

FRIDAY MAY 19 COMPETITION A

Novice Individual & Novice Group

Junior Open & HP

Junior Groups / Junior FIG

Awards: Novice Individual and Groups, Junior Open, Junior Dev't Groups

Senior Open & HP

Senior Groups

SATURDAY MAY 20 COMPETITION A

Junior Open & HP

Junior FIG Groups

Awards: Junior Open

Senior Open & HP

Senior FIG Groups

Awards: Senior Open

SUNDAY MAY 21 COMPETITION B

Junior HP

Senior HP

Junior FIG Group – x2

Senior FIG Group – x2

AWARDS



APPENDIX B - ITINERARY FORM

This is essential information to plan the podium training times efficiently.
Please indicate if there will be judges traveling with your group.

PROVINCE:	CLUB:
CONTACT NAME:	PHONE #:
FAX #:	EMAIL:

ARRIVAL INFORMATION

Arrival Date	Airline/Train/Car	Flight #	Arrival Time

DEPARTURE INFORMATION

Departure Date	Airline/Train/Car	Flight #	Departure Time

Please return to: info@glimmerathletic.com by **May 5, 2023**.
All requests received after this date will not be accommodated for podium training.



APPENDIX C - COACHES EXEMPTION FORM

**TO BE COMPLETED AND SENT AT THE TIME OF REGISTRATION VIA EMAIL
TO:**

Teresa Orr (torr@gymcan.org)
Please provide payment by credit card.

All safe sport requirements must be received before an authorization can be approved.

A COPY OF THE AUTHORIZATION GIVEN WILL BE SENT TO THE ORGANIZING COMMITTEE WHO
WILL ISSUE ACCREDITATION ONLY ON RECEIPT OF THE DULY SIGNED AUTHORIZATION





TEMPORARY EXEMPTION REQUEST FOR NATIONAL LEVEL COMPETITIONS

Request submitted by _____
Print name of P/T Association or person submitting application

Discipline: MAG WAG TG RG ACRO

Exemption requested for:

Elite Canada
RG Regional Championships
Canadian Championships
Other: _____

Coach's name: _____ **Coach's NCCP #:** _____

Current level of NCCP certification: Theory: _____ Technical: _____ Practical: _____

Personal Address: _____

City: _____ Prov: _____ Postal Code: _____

Phone number: _____ Email Address: _____

Club name: _____

Club address: _____

Phone number: _____ Email Address: _____

Previous exemption granted to the coach (date granted and period of exemption)

Rationale for the request (club for Elite Canada, club for RG Regional Championships and PTO for Canadian Championships)



Application Fee:

An application must include the form, all documents, and the fee to be considered completed. An incomplete application will be returned to the sender.

The fee is determined by the date at which the application, fee, and all documents are received at the National Office. The fee is not refundable if the exemption is no longer needed, is not granted, or for any other reason.

If complete application received at the National Office by:

Before registration deadline for the event	\$25.00
After registration deadline for the event	\$100.00

The following is enclosed:

Completed application form

Payment by Credit Card

Full name of card holder – Nom sur la carte:	
Amount to pay – Montant à payer	
Type of card – Type de carte	<input type="checkbox"/> VISA <input type="checkbox"/> MASTERCARD
Card number – Numéro :	
Expiry date – Expiration :	
CVV (3 numbers behind the card – 3 chiffres derrière la carte)	
E-mail of card holder – Courriel du détenteur :	

Letter from Club supporting the request for the exemption which must include the following:

- Reasons why the required certification is not completed;
- Demonstrate that the process for Equivalency has been started if applicable;
- Plans for further certification/course work for the next twelve months;
- Signed by the head coach or club administrator.



APPENDIX D – GALA FORM

Please register a Show Piece Routine as follows:

Note: gala performance will depend on participant registration/competition schedule.

	Name & age of participants	Name of routine, music & composer	Length of time
1			
2			
3			
4			
5			
6			

Please submit on KSIS by May 5th, 2023.



APPENDIX E – PAYMENT INFORMATION

Payment options:

- Cheque – Please make payments out to:

GLIMMER ATHLETIC CLUB INC

Mail payment to:

11 Crimson Ridge Road, Barrie, Ontario, L4N 8P2

647-300-1071

- EFT/e-transfer: (Use email address below)

payments@glimmerathletic.com



APPENDIX F – OSIC FORM



Universal Code of Conduct to Prevent and Address Maltreatment in Sport Consent Form

(MINOR)

2023 Rhythmic Gymnastics Canadian Championships (May 18-21)

Required for all non-National Team athletes

I hereby consent to the following terms regarding the administration and enforcement of the [Universal Code of Conduct to Prevent and Address Maltreatment in Sport](#) (the "UCCMS"), and the collection, use and disclosure of my (my child, as applicable) personal information in relation to the administration and enforcement of the UCCMS as detailed herein.

The purpose of the UCCMS is to advance a respectful sport culture that delivers quality, inclusive, accessible, welcoming and safe sport experiences. Individuals should have the reasonable expectation when they participate in sport in Canada that it will be in an environment that is free from all forms of *Maltreatment* (as such term is defined in the UCCMS) and that treats every individual with dignity and respect.

The Sport Dispute Resolution Centre of Canada ("SDRCC") is created by the *Physical Activity and Sport Act* (Canada) (the "**Legislation**"). The Government of Canada has mandated the SDRCC to implement the administration and enforcement mechanism of the UCCMS at the national level.

1. I am (my child is) subject to the terms of the UCCMS. I (my child) will be subject to the terms of the UCCMS for the duration of time that I (my child) participates in the 2023 Canadian Rhythmic Gymnastics Championships (the "Event").
2. I (on behalf of my child) acknowledge that Gymnastics Canada (the "NSO") has provided me (and my child) with a copy of the UCCMS (available at <https://sportintegritycommissioner.ca/uccms>), and that I (and my child) have had an opportunity to review the UCCMS.
3. I am (my child is) subject to the jurisdiction of the NSO, the SDRCC and their respective agents in the administration and/or enforcement of the UCCMS. I am (my child is) subject to such jurisdiction during the period that I (my child) participates in the Event, or for such longer period as required for purposes of administration and enforcement of the UCCMS in relation to my participation in the Event.
4. If a complaint is made under the UCCMS in relation to me (my child's) participation in the Event, the NSO, the SDRCC and their respective agents will receive, process and adjudicate



such complaint. For purposes of receiving, processing and adjudicating such complaint, the NSO, the SDRCC and their respective agents may collect, use and disclose information collected from me (my child), and/or about me (my child), including but not limited to the following:

- a. allegations, evidence or information provided by a complainant;
 - b. allegations, evidence or information from third parties or other available sources; and/or
 - c. any response, statement or evidence that I (my child) provide.
5. For purposes of processing and/or investigating a complaint under the UCCMS in relation to me (my child), the NSO, the SDRCC and their respective agents may disclose information relating to such complaint to individuals who are deemed relevant to the investigation.
6. If a complaint is made under the UCCMS in relation to another individual or a sports organization or enterprise, the NSO, the SDRCC and their respective agents may collect information from or about me (my child) as it relates to the receipt, processing and adjudication of such complaint.
7. In connection with a complaint against me (my child) under the UCCMS, the SDRCC may disclose the following information about me (my child) on a registry (the "**Registry**") for purposes of carrying out the objectives of the UCCMS and the Legislation, and the mandate of the SDRCC.
- a. my (my child's) full name;
 - b. organization(s) with which I am (my child is) or have been affiliated;
 - c. other sports organizations or enterprises with which I am (my child is) or have been affiliated;
 - d. any other relevant information necessary to identify me (my child);
 - e. nature of the allegations against me (my child) including the specific acts alleged to constitute a violation of the UCCMS;
 - f. relevant dates corresponding to the complaint;
 - g. findings against me (my child), if any;
 - h. disciplinary action taken against or in relation to me (my child) arising from such complaint, if any; and/or
 - i. the dismissal of any complaint made against me (my child).



8. Subject to applicable laws, the SDRCC may disclose the information on the Registry (i) to any person and (ii) for any such period of time, that is necessary to achieve the objectives of the UCCMS and the Legislation, and the mandate of the SDRCC.
9. The SDRCC may disclose information in relation to a complaint against me (my child) (as described herein) on the Registry prior to the adjudication of such complaint to the extent the SDRCC deems it necessary to do so in order to carry out the objectives of the UCCMS and the Legislation, and the mandate of the SDRCC. The SDRCC may also disclose the information about me (my child) (as described herein) on the Registry following an initial or final adjudication of a complaint against me (my child).
10. I (on my behalf and that of my child) cannot withdraw my consent provided herein to the collection, use and disclosure of my personal information as detailed herein. I (on my behalf and that of my child) understand and accept that to permit a withdrawal of consent would frustrate the performance of the SDRCC's legal obligations under the UCCMS and the Legislation, and pursuant to its mandate, and would frustrate the purpose of the UCCMS.
11. The SDRCC may publish decisions rendered following adjudication of a complaint under the UCCMS.
12. I (on my behalf and that of my child) cannot bring any proceeding or make any complaint against the SDRCC or their respective agents in connection with the collection, use or disclosure of my personal information as contemplated herein.
13. I (on my behalf and that of my child) further agree that no SDRCC director, staff member, professional, principal, assign, agent, representative, administrator, independent investigator, adjudicator, panel member, expert or dispute resolution professional is a compellable witness in any court or administrative proceeding, including other SDRCC proceedings, with respect to any the services provided by them in the administration and enforcement of the UCCMS, and none of the parties shall subpoena or demand the production of any notes, records or documents prepared by the SDRCC or the Office of the Sport Integrity Commissioner in the course of proceedings arising from the administration and enforcement of the UCCMS, regardless of their form or medium.



14. If I have any questions regarding the collection, use or disclosure of my information as described herein, I (my child) can contact the Office of the Sport Integrity Commissioner at info@osic-bcis.ca.

15. I (on my behalf and that of my child) understand and agree the terms set out herein and I (on my behalf and that of my child) have had the opportunity to seek independent legal advice before executing this agreement. I (on my behalf and that of my child).I freely consent to the terms set out herein.

Name of the Athlete: _____

Date: _____

Signature: _____

Name of parent/legal guardian (if applicable): _____

Date: _____

Signature: _____



Universal Code of Conduct to Prevent and Address Maltreatment in Sport Consent Form

(18+)

2023 Rhythmic Gymnastics Canadian Championships

I hereby consent to the following terms regarding the administration and enforcement of the [Universal Code of Conduct to Prevent and Address Maltreatment in Sport](#) (the "UCCMS"), and the collection, use and disclosure of my personal information in relation to the administration and enforcement of the UCCMS as detailed herein.

The purpose of the UCCMS is to advance a respectful sport culture that delivers quality, inclusive, accessible, welcoming and safe sport experiences. Individuals should have the reasonable expectation when they participate in sport in Canada that it will be in an environment that is free from all forms of *Maltreatment* (as such term is defined in the UCCMS) and that treats every individual with dignity and respect.

The Sport Dispute Resolution Centre of Canada ("SDRCC") is created by the *Physical Activity and Sport Act* (Canada) (the "**Legislation**"). The Government of Canada has mandated the SDRCC to implement the administration and enforcement mechanism of the UCCMS at the national level.

16. I am subject to the terms of the UCCMS. I will be subject to the terms of the UCCMS for the duration of time that I participate in the 2023 Canadian Rhythmic Gymnastics Championships (the "Event").
17. I acknowledge that Gymnastics Canada (the "NSO") has provided me with a copy of the UCCMS (available at <https://sportintegritycommissioner.ca/uccms>), and that I have had an opportunity to review the UCCMS.
18. I am subject to the jurisdiction of the NSO, the SDRCC and their respective agents in the administration and/or enforcement of the UCCMS. I am subject to such jurisdiction during the period that I participate in the Event, or for such longer period as required for purposes of administration and enforcement of the UCCMS in relation to my participation in the Event.
19. If a complaint is made under the UCCMS in relation to my participation in the Event, the NSO, the SDRCC and their respective agents will receive, process and adjudicate such complaint. For purposes of receiving, processing and adjudicating such complaint, the NSO, the SDRCC and their respective agents may collect, use and disclose information collected from me, and/or about me including but not limited to the following:
 - a. allegations, evidence or information provided by a complainant;
 - b. allegations, evidence or information from third parties or other available sources; and/or
 - c. any response, statement or evidence that I provide.
20. For purposes of processing and/or investigating a complaint under the UCCMS in relation to me, the NSO, the SDRCC and their respective agents may disclose information relating to such complaint to individuals who are deemed relevant to the investigation.

21. If a complaint is made under the UCCMS in relation to another individual or a sports organization or enterprise, the NSO, the SDRCC and their respective agents may collect information from or about me as it relates to the receipt, processing and adjudication of such complaint.
22. In connection with a complaint against me under the UCCMS, the SDRCC may disclose the following information about me on a registry (the "**Registry**") for purposes of carrying out the objectives of the UCCMS and the Legislation, and the mandate of the SDRCC.
 - a. my full name;
 - b. organization(s) with which I am or have been affiliated;
 - c. other sports organizations or enterprises with which I am or have been affiliated;
 - d. any other relevant information necessary to identify me;
 - e. nature of the allegations against me including the specific acts alleged to constitute a violation of the UCCMS;
 - f. relevant dates corresponding to the complaint;
 - g. findings against me, if any;
 - h. disciplinary action taken against or in relation to me arising from such complaint, if any; and/or
 - i. the dismissal of any complaint made against me .
23. Subject to applicable laws, the SDRCC may disclose the information on the Registry (i) to any person and (ii) for any such period of time, that is necessary to achieve the objectives of the UCCMS and the Legislation, and the mandate of the SDRCC.
24. The SDRCC may disclose information in relation to a complaint against me (as described herein) on the Registry prior to the adjudication of such complaint to the extent the SDRCC deems it necessary to do so in order to carry out the objectives of the UCCMS and the Legislation, and the mandate of the SDRCC. The SDRCC may also disclose the information about me (as described herein) on the Registry following an initial or final adjudication of a complaint against me.
25. I cannot withdraw my consent provided herein to the collection, use and disclosure of my personal information as detailed herein. I understand and accept that to permit a withdrawal of consent would frustrate the performance of the SDRCC's legal obligations under the UCCMS and the Legislation, and pursuant to its mandate, and would frustrate the purpose of the UCCMS.
26. The SDRCC may publish decisions rendered following adjudication of a complaint under the UCCMS.
27. I cannot bring any proceeding or make any complaint against the NSO, the SDRCC or their respective agents in connection with the collection, use or disclosure of my personal information as contemplated herein.



28. I further agree that no SDRCC director, staff member, professional, principal, assign, agent, representative, administrator, independent investigator, adjudicator, panel member, expert or dispute resolution professional is a compellable witness in any court or administrative proceeding, including other SDRCC proceedings, with respect to any the services provided by them in the administration and enforcement of the UCCMS, and none of the parties shall subpoena or demand the production of any notes, records or documents prepared by the SDRCC or the Office of the Sport Integrity Commissioner in the course of proceedings arising from the administration and enforcement of the UCCMS, regardless of their form or medium.
29. If I have any questions regarding the collection, use or disclosure of my information as described herein, I can contact the Office of the Sport Integrity Commissioner at info@osic-bcis.ca.
30. I understand and agree the terms set out herein and I have had the opportunity to seek independent legal advice before executing this agreement. I freely consent to the terms set out herein.

Name: _____

Date: _____

Signature: _____



APPENDIX G - STATUTORY DECLARATION



2023 Rhythmic Gymnastics Canadian Championships Statutory Declaration Medical Form & Risk Waiver Release

I, (enter name), _____ from (Federation name) _____, declare that the (enter name of Federation) _____ has collected and filed all signed Gymnastics Canada's (GymCan) Medical Form and Assumption of Risk waivers form for every gymnast registered and participating at the 2023 Rhythmic Gymnastics Canadian Championships.

Provinces are also responsible to have all the medical form & risk waiver forms available on site (hard copies or scanned copies).

Signature

Name:

Title:

Date:



APPENDIX H – APPARATUS NORM

Page inserted from technical document below.



APPENDIX D: APPARATUS NORMS

JUNIOR & SENIOR NATIONAL LEVELS AS PER FIG

2022-2024 FIG APPARATUS NORMS

NOVICE & DEVELOPMENT LEVELS APPARATUS NORMS

	General Description	Dev. Level 6	Dev. Level 5	Novice & Dev. Level 4	Dev. Levels 1-3
Rope	Material: hemp or similar suitable material Thickness: uniform or reinforced in the centre Shape: both rope-ends, with or without knots. Without wooden-handle. May be wrapped with a thin non-slip material in a length corresponding to the width of a hand. Colour: optional (bright colour preferred)	Length: optional	Length: optional	Length: optional	Length: optional
Hoop	Material: wood or synthetic Colour: optional (bright colour preferred). Can be wrapped.	Weight: 300g min. Inner diam: 800-900mm	Weight: 260g min. Inner diam: 700-900mm	Weight: 200g min. Inner diam: 700-900mm	Weight: 200g min. Inner diam: 700-900mm
Ball	Material: rubber or soft plastic, antistatic Colour: optional (bright colour preferred)	Weight: 400g min. Diam: 180-200mm	Weight: 400g min. Diam.: 180-200mm	Weight: 300g min. Diam.: 160-200mm	Weight: 270g min. Diam: 140-200mm
Clubs	Material: wood or synthetics Shape: bottle shape Diameter of head: 30mm max. Colour: optional (bright colour preferred). Can be wrapped. The head of the clubs must be fixed firmly to the neck of the apparatus, it shall not rotate.	Length: 400-500mm Weight: 150g min.	Length: 400-500mm Weight: 150g min.	Length: 360-500mm Weight: 100g min.	N/A
Ribbon	Material: satin or similar Length: Total length 6m (min.). The end at which the ribbon is attached to the cane is folded and doubled in a length of 1m +0.1m. Width: 40-60mm Colour: optional (bright colour preferred)	Length: 6m min. Weight (w/out cane): 35g min.	Length: 5m min. Weight (w/out cane): 30g min.	Length: 5m min. Weight (w/out cane): 30g min.	4 meters min.
Ribbon Stick	Stick/cane Material: wood, bamboo, fiberglass or synthetics Diameter: max. 10mm at the thickest point Shape: cylindrical or conic. The handle may be wrapped in a thin anti-slip material with a length of 100mm max. Colour: optional Fixture Material: cord, nylon-thread or similar item, or moveable ring resp. a swivel attached to the cane	Length: 500-600mm Length: 70mm max.	Length: 500-600mm Length: 70mm max.	Length: 500-600mm Length: 70mm max.	Length: 500mm Length: 70mm max.