



# AAP Carding Process

MEN'S ARTISTIC GYMNASTICS

FOR THE PERIOD OF DECEMBER 1<sup>ST</sup>, 2022 – NOVEMBER 30<sup>TH</sup>, 2023

For cards awarded from December 1, 2023 to November 30, 2024.

December 2022



## 1.0 GENERAL INFORMATION

Gymnastics Canada (GymCan) participates in the national “Athlete Assistance Program (AAP)” managed through Sport Canada; as a recognized Olympic discipline, Men’s Artistic Gymnastics (MAG) can nominate athletes annually to Sport Canada for consideration of financial and material support based upon agreed performance criteria published in advance by GymCan. An athlete’s performance in the year, and in line with the published AAP performance criteria for that year, only makes the athlete eligible for nomination consideration for AAP support in the following year. **It is in no way a guarantee of AAP nomination or support for the following year.**

The goal of the AAP is to contribute toward improved Canadian performances at major international sporting events such as the Olympic Games and World Championships. To this end, the AAP identifies and provides funding directly to athletes who have met and/or continue to demonstrate the potential to meet the national and international performance criteria as determined by Sport Canada and GymCan. The AAP has three objectives:

1. To financially support Canadian athletes identified by National Sport Organisations (NSO) using criteria established by Sport Canada as performing at or having the greatest potential to achieve a top-12 team result or a top-8 individual result at Olympic/Paralympic Games and World Championships;
2. To assist Canada’s AAP carded athletes in preparing to engage in full or part-time career activities; and
3. To enable Canada’s AAP carded athletes to participate in year-round national training competition regimes to further their athletic goals.

Under the AAP, eligible athletes have access to the following benefits:

- Living and training allowance
- Tuition and deferred tuition support
- Supplemental support

The AAP has four levels of cards, which will provide a monthly living and training allowance as follows:

Card Type	Monthly Allowance	Annual Value (12 months)
Senior International Card (SR1/SR2)	\$1,765	\$21,180
Senior National Card (SR)	\$1,765	\$21,180
First Year Senior National Card (C1)	\$1,060	\$12,720
Developmental “D” Card (Junior)	\$1,060 (minimum 4 months)	Up to \$12,720

Sport Canada has allocated the equivalent of six (6) Senior (SR) cards to Men’s Artistic Gymnastics. Sport Canada may, at any time, adjust the carding quota. If they do so, GymCan reserves the right to amend the carding criteria so that it may be applied fairly and correctly. The carding cycle for Men’s Artistic Gymnastics is from December 1<sup>st</sup>, 2022 to November 30<sup>th</sup>, 2023. The nominations will be based on results obtained from January 1<sup>st</sup>, 2022, to November 30<sup>th</sup>, 2022.

GymCan utilizes the AAP as part of its support strategy for national team athletes aligned with the objectives outlined in the AAP documentation.

**For the 2021-2024 quadrennial, GymCan’s primary objectives for the MAG national team program are the following:**

- By 2023, achieve a top-10 team placing at the World Championships
- Qualify a team for the 2024 Olympic Games

GymCan's AAP priorities for MAG in the 2021-2024 quadrennial will be structured according to the primary objectives identified above. GymCan reserves the right to update or adjust criteria on an annual basis as circumstances require. The process to update criteria is as follows:

- 1.1 Annually, the MAG National Team Head Coach (NTHC) will review the AAP criteria for accuracy and consistency as it relates to the overall program objectives.
- 1.2 The MAG Program Committee (including national team athlete representative) will include an AAP criteria review as part of its annual meeting agenda. It is expected that the national team athlete representative will ensure that the AAP criteria are discussed at the annual national team athlete meeting and will provide input from athletes to the MAG Program Committee on a timely basis.
- 1.3 GymCan will publish any updates to the AAP criteria at least six months in advance of the next carding cycle. Should this timeline not be realistic due to unforeseen circumstances, GymCan will work with Sport Canada to ensure that there is an appropriate process in place to ensure that communication and consideration of unique circumstances are managed in a fair manner.
- 1.4 GymCan will operate an internal appeal process should any athlete wish to challenge a decision made in respect to AAP nomination (see Article 8.0 of this document).

## 2.0 ELIGIBILITY

To be considered for AAP carding nomination, an athlete must meet the following criteria:

- Be a Canadian citizen
- Be a current member of the Canadian MAG National Team
- Meet the Sport Canada AAP eligibility requirements as noted in the following link: <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance.html>
- Be a member in good standing with GymCan and their respective Provincial/Territorial organization and club.
- Participate in all national high performance competitions such as Canadian Championships, Elite Canada and high performance training camps that are programmed within the current AAP time period, or have advance written permission from the MAG National Team Head Coach to not participate\*.
- Be available to represent Canada at major International competitions, including the World Championships and Olympic Games.
- Submit their annual Carding Application and Commitment Form (Appendix 2) by the determined calendar deadline for that year.

\*Should an athlete receive written permission to not participate, they must also receive written permission from the National Team Head Coach to assign AAP carding points from another approved international competition

- To be eligible for nomination for a Senior AAP Card (SR/C1), an athlete must have achieved their AAP carding points during the current results cycle and be FIG Senior age-eligible for the upcoming carding period.
- To be eligible for nomination for a Development Card (D), an athlete must be Junior age-eligible according to the Canadian Pathways age categories and have competed in the Junior category during the current results cycle.

### 3.0 INELIGIBILITY

Athletes are **not** eligible for “carded athlete” status if they:

- a) are training with and competing for an American University, unless committed to training at least four (4) months in Canada under high performance preparation expectations as set out in the athlete agreement and agree to continue being monitored and submit training videos to NTC or designate; or
- b) have committed in writing to join an American University in the twelve-month period after July 1 of the year in question and will not be affiliated in Canada within a recognized high-performance supervised training program.

An athlete is **not eligible** to be nominated for AAP carding consideration if they do not meet any of the criteria outlined in 2.0 above.

### 4.0 APPLICATION AND DECISION-MAKING PROCESS

4.1 GymCan manages the application, review, nomination, and ongoing monitoring process for the MAG Athlete Assistance Program as follows:

1. The MAG National Team Head Coach is ultimately responsible for the management of all elements of the annual process, with administrative support provided by the MAG Program Manager.
2. The MAG National Team Head Coach will convene a meeting of the MAG Carding Working Group (CWG) in a timely manner at any period of the year to provide technical input into any aspect of the AAP process. The Working Group consists of the following:
  - MAG National Team Head Coach
  - MAG Program Manager or designate
  - Men’s Program Committee appointed coach and judge representatives (respecting personal conflicts of interest)
  - MAG Athlete Representative (or designate if there is a personal conflict of interest)
  - The GymCan CEO is a “de-facto” member of the Working Group and must be consulted prior to any final decisions being implemented.

Current National Team coaches with AAP eligible athletes cannot be part of the Working Group but can be consulted for input as required.

4.2 The CWG role is to provide appropriate high-performance technical input into the discussion regarding athlete nominations for AAP carding consideration. Ultimately, the responsibility for a final decision on AAP carding nomination rests with the MAG National Team Head Coach (with review and approval from the GymCan HPD and/or CEO). The MAG National Team Head Coach presents the athlete nominations to Sport Canada at the annual review meeting, with assistance from the MAG Program Manager or designate in preparing the Sport Canada nomination submission.

4.3 Throughout the year, the MAG National Team Head Coach with assistance from the MAG Program Manager or designate, is responsible for managing AAP supported athletes to ensure that they continue to meet the administrative and performance expectations inherent to their AAP support. Should there be a consideration for an athlete to be “de-carded” during the year, GymCan will follow the process as outlined in Article 7.0 of this document.

- 4.4 A Senior athlete is expected to meet the following performance and commitment objectives unless ill or injured;
- Meet the targets and verifications set out in their GymCan approved annual training and competition plan;
  - Demonstrate an ongoing commitment and dedication to the training and performance goals as outlined in the approved annual training and competition plan;
  - Maintain a physical condition in accordance with that required to meet the goals as outlined in the approved annual training and competition plan;
  - Maintain communication and engagement with GymCan throughout the year as part of the monitoring of the approved annual training and competition plan;
  - Strive to improve his performance and technical capacity compared to previous years based upon the approved annual training and competition plan;
  - Actively compete in at least two FIG international competitions in the annual carding period, and at least one per six-month period.
  - Remain a member in good standing with GymCan
- 4.5 Should any athlete disagree with decisions made by GymCan in respect to the AAP, they will be instructed to follow the procedures as outlined in Article 8.0 (Review of Decision and Appeal Procedure) of this document.
- 4.6 All AAP nominated athletes are required to submit the Sport Canada AAP Application Form to GymCan prior to nomination, and are required to complete the following online courses prior to them receiving funds from the AAP:
- “CCES True Sport Clean”
  - “Sport Canada – Athlete Assistance Program”
- Failure to complete these courses will result in the withholding of AAP funds until the courses are completed**

## 5.0 INJURY CARD

GymCan will consider AAP carding support for an athlete who is eligible and has met the conditions outlined below. If they have not been met, the athlete will no longer be eligible for nomination for carding. It is the responsibility of the athlete and his coach to meet the conditions under 5.1 listed below even if there is no reminder sent by GymCan.

### 5.1 Conditions for Injury Card Status

The athlete may be considered for carding nomination if all the following conditions have been met:

- a) Was previously carded at a SR1/SR2, SR, C1, or D level in the most recent carding cycle;
- b) The injury or illness is supported by a medical report and a physician’s documentation submitted to the Program Manager or designate. The documentation must state:
  - the date the injury occurred;
  - the nature of the injury, and whether or not this is an acute or chronic injury;
  - that the athlete could not compete at the event or finish the competition;
  - the rehabilitation protocol, the amount of training the athlete can do in the next 12 weeks, the expected date for a) full recovery and b) return to full training;
  - the date that the certificate was issued.
- c) The athlete has competed in at least one GymCan assigned competition, Canadian Championships, Elite Canada, Technical Trial, or HP Summer Challenge within the past two years.
- d) The most recent competition results for the athlete (within two years) should demonstrate the athlete was competing at a level consistent with athletes already nominated for a card in this period.
- e) The coach of the athlete has confirmed in writing to GymCan that the gymnast should be reviewed under the injury card criteria and has submitted to the NTHC the modified training program (content, skills, and load) that the athlete will do.

- f) On a quarterly basis, the coach of the athlete submits to the NTHC a report stating the progress made towards complete rehabilitation and indicating the training program that the athlete has followed since the previous report.
- g) The NTHC may require the athlete to take part in a test event four months after the injury to confirm that the athlete has returned to at least 60% of training (based on 21-28 hrs. per week as per NT Agreement)
- h) If the athlete has not been able to return to full training and competition within six (6) months of the start of the carding cycle, the NTHC, in consultation with the Program Manager or designate and CWG, will review the card with the possibility of extension or recommendation to withdraw the card being made to Sport Canada. Any withdrawal of AAP carding will follow the de-carding process as outlined in Article 7.0 of this document.

## 5.2 Extension of Verification Period

If an athlete has not met all the conditions above within the first three months of the carding year but has shown significant progress towards full recovery from the injury or illness within the first three months of the carding year, as assessed by the NTHC, he may be given a further three months to meet the conditions. The decision and condition attached to the extension of the deadline will be made by the NTHC.

## 6.0 MAXIMUM NUMBER OF YEARS OF CARDING – SENIOR CARD

- 6.1 An athlete is expected to improve each year to maintain a Senior card based on national criteria and to eventually achieve the SR-1 international criteria. GymCan and Sport Canada have agreed to a maximum five-year period in which an athlete can be carded at the SR/C-1 level; after that period, an athlete must achieve the international SR-1 criteria. In exceptional situations, GymCan may consider nominating an SR athlete for up to three additional years of carding (beyond the five-year limit) at the SR/C-1 level if there is compelling evidence provided that shows the athlete's capacity to move to the SR-1 level and/or the athlete continues to be a contributing member of the team towards future Olympic qualification and target performance as outlined in Article 1.0 of this document.
- 6.2 For an athlete to be considered for continued AAP carding support at the SR level beyond the maximum 5 year period, they must meet the following:
  - Within the current competition review period for AAP carding consideration, the athlete must achieve at least one of the objectives in Priority Two as outlined in Article 9.0 of this document (Annual Performance Objectives);
  - The athlete must have competed in at least one FIG approved international competition and be ranked on the GymCan Senior Ranking List. All results will be tracked and evaluated.
  - In the opinion of the NTHC (in consultation with the CWG), the athlete has the capability to secure performances that contribute to the program performance objectives as outlined in Article 1.0 of this document.
- 6.3 The NTHC (in consultation with the CWG) has the responsibility to determine whether an athlete carded for five or more years will be submitted for consideration for additional AAP Carding support to Sport Canada.

For clarity, there cannot be a consideration for an athlete for AAP carding support at the SR/C-1 level for more than eight years.



## 7.0 DE-CARDING PROCEDURE

The NTHC has the authority to verify, at any time during the annual carding cycle, that the athlete remains committed to and/or meets the expectations laid out in their individual athlete verification plan and their signed NT Agreement. Verification plans will be created for each individual carded athlete with input from the NTHC, the athlete, the athlete's personal coach(es), and the IST Lead. Should an athlete not be able to meet the verification standards and targets laid out for them, they may be subject to de-carding consideration. The decision to de-card an athlete is the responsibility of the NTHC after consultation with the CWG and Sport Canada.

### 7.1 Conditions for the de-carding process

The NTHC (in consultation with the CWG) may initiate the de-carding procedures if an athlete is not meeting requirements as set out in either the athlete's approved annual training and competition plan or the GymCan National Team Agreement (or both). Specifically, the NTHC has documented the following as part of the de-carding process:

- 7.1.1 There is a lack of commitment of the athlete to the National Team training and competition program as indicated by, but not exclusively:
  - Failure of the athlete to meet the training and performance objectives within the approved annual training and competition plan;
  - Absence of the athlete from National Team activities without the submission of verifiable documents with regard to injury and rehabilitation protocols, including:
    - o required competitions
    - o training/monitoring activities (camps, joint training sessions, club visitations)
    - o selection activities
    - o inability to perform on their specified apparatus when expected;
  - Lack of availability of the athlete for verification of health and training status by the MAG Program staff or failure by the athlete to attend a technical verification on all specified apparatus when pre-arranged with the MAG Program staff;
  - Failure by the athlete to follow the mutually agreed upon rehabilitation protocol in case of an injury;
  - Failure by the athlete to take part in the development of his individual training plan with his coach and the MAG Program staff;
  - Engaging in risky activities that endanger the athlete's ability to train appropriately and remain in good health, including unplanned or un-agreed upon vacations or training breaks without notifying the NTHC.
- 7.1.2. As a preliminary step, the NTHC will meet with the athlete and their personal coach to inform them of the concerns and to work on corrective steps and timelines in an attempt to mitigate the concerns and return the athlete to full compliance as per the AAP regulations and the National Team Agreement.
- 7.1.3. Should the athlete fail to comply with the agreed to corrective steps and measures, the NTHC has the responsibility to inform Sport Canada of the matter and to initiate the de-carding process according to the process as outlined in the Sport Canada AAP regulations:
 

<https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance/policies-procedures.html#a12>

## 8.0 REQUEST FOR REVIEW AND APPEAL PROCEDURE

Any individual who is in disagreement with a decision made in the application of AAP procedures as outlined in this document, or in any decision made by GymCan representatives in respect to the AAP itself, may submit a “*request for reconsideration*” to the NTHC. The “*request for reconsideration*” must be made no more than five working days from the day of circulation of the decision in question, it must include the rationale supporting the request, the errors identified in the original decision and the outcome requested from a review. The NTHC will work with the GymCan CEO in determining the most appropriate manner in which GymCan will respond to the “*request for reconsideration*” and the response will be provided in written form to the individual within five (5) working days of receiving the request.

If said individual is not satisfied with the GymCan response to the “*request for reconsideration*”, the individual can then submit an appeal request to GymCan as outlined below.

### 8.1 Appeal

Appeals of GymCan’s AAP nomination/re-nomination decision or of a GymCan recommendation to withdraw carding may be pursued only through the GymCan appeal process, which can be found at: <http://gymcan.org/disciplines/mens-artistic-gymnastics/technical-information/technical-documents>

## 9.0 ATHLETE NOMINATION PROCESS

AAP carding nominations will be allocated in priority order as follows:

### Priority 1: Sport Canada Senior International Criteria (SR1/SR2)

These criteria can be met only in events on the Olympic program based on the results achieved at the Olympic Games (OG) or the World Championships (WC).

The following criteria must be obtained for consideration:

- Team: For athletes having competed on at least one apparatus during the Qualification (C-I) where the Team ranked in the Top 8 and top ½ of the field; or the Team Final (C-IV) with participation of 8 teams
- or;
- Individual All-Around: Athlete ranked in the top 8 and top ½ of the field in the All-Around Final (C-II)
- or;
- Individual Apparatus: Athlete ranked, on one apparatus, in the top-8 counting two entries per country after the qualification rounds (C-I) or; athlete competed in any apparatus final (participation of 8 athletes).

Athletes who qualify for carding under the Senior International criteria are eligible for two years of AAP support, with the card for the first year referred to as a SR1 card and the card for the second year referred to as a SR2 card\*. An athlete who meets the international criteria described above will be funded as a SR1 card even if it is the first time they are carded.

\*The second year of carding is contingent upon the athlete being re-nominated by GymCan. Athletes will be recommended for the SR2 card if they meet the Senior National criteria and maintain an approved training and competitive program recognized by GymCan and Sport Canada.



**Priority 2: Criteria Senior national (SR/C1)**

Senior athletes who are eligible for carding and have accumulated points set out in the Senior Points Charts will be ranked in the Athlete Ranking List by their cumulative points total. These athletes will be compared against the following targeted objectives that must be achieved at either Canadian Championships, Elite Canada, Technical Trial, World Championships Selection Camp, Level B or Level C international competitions beginning with the best-ranked athlete.

**Objective 1:** A maximum of six SR/C1 cards may be allocated to athletes who achieve an all-around score of 82.0 or higher throughout the results cycle.

**Objective 2:** A maximum of five SR/C1 cards may be allocated to athletes (excluding those who met Objective 1 who achieve a final score of 14.0 or greater on a minimum of three apparatus For vault, scores are compared with the first (team) vault only and must have a minimum 5.2 Start Value.

**Priority 3: Health Related Circumstances**

At the discretion of the NTHC, C1/SR or D cards may be allocated based on Health-Related Circumstances. Athletes who, at the end of the results cycle, have not achieved the standard required for renewal of carding status due to health-related reasons, may be considered for re-nomination by the NTHC and CWG for an injury card as set out in Article 5.0 of this document.

**Priority 4: Development Cards for Junior Athletes**

Development Cards are intended to support the developmental needs of younger athletes who **clearly** demonstrate the potential to achieve the Senior National card criteria. A maximum of two “D” cards **may** be allocated for the top-ranked eligible Junior athletes on the Junior Ranking List.

Should funding become available for a “D” card it will be allocated in priority order beginning with the best-ranked athletes who have earned points from the Junior Points Charts and are ranked on the Athlete Ranking List. The decision-making process for a “D” card will be the responsibility of the NTHC in consultation with the CWG. **There is not a requirement to nominate additional athletes even if funds remain.**

**Priority 5: Allocation of remaining AAP funds in the cycle**

A minimum of four months of carding support must be available in order for GYM CAN to nominate an athlete. On the basis that carding funds remain for the cycle, or additional funding becomes available during the cycle, GymCan may consider the nomination of additional athletes to Sport Canada – there is not a requirement to nominate additional athletes even if funds remain. Nominations will be at the discretion of the NTHC and will be ranked as follows:

1. Additional funding to move a currently partially carded athlete to full card status.
2. Athletes ranked on the Senior National Athlete Ranking List who, in the opinion of the NTHC, have shown the capacity to progress to a higher international performance standard, or who have shown the potential to challenge for a World Championships or Olympic Games team position and, if successful, could contribute to an improved team result at said competitions.
3. Athletes ranked on the Next Gen and/or Junior National Athlete Ranking List who, in the opinion of the NTHC, have shown the capacity to progress to a higher senior national international performance or, in the case of a junior athlete, show significant technical skill and capacity that is aligned with the Athlete Development Model and Gold Medal Profile matrix towards achieving success when senior age eligible.

## 10.0 OBJECTIVE POINT SYSTEM FOR JUNIOR AND SENIOR RANKING LISTS

Article 1.0 of this document highlights the performance objectives of GymCan for the MAG program in the 2021-24 quadrennial - to encourage this focus throughout the program, the carding points have been simplified to recognize:

- Achieved results as determined by competition Final scores, obtained in domestic and/or FIG international competitions (with the exception of vault for individual apparatus specialists)

The cumulative points charts will be used to rank eligible athletes in the Junior and Senior categories. Its purpose is to show achieved performance results throughout the competition season. Points can be accumulated during each day of designated domestic competitions (Canadian Championships, Elite Canada, Technical Trials, World Championships Selection Camp) and FIG sanctioned international competitions designated by the NTHC.

### ACCUMULATION OF POINTS

Points are awarded only for the respective carding cycle. An athlete starts a carding cycle without points (no points carry-over from any previous cycle) and then accumulates points within the identified carding period and results cycle: **December 1, 2022 – November 30, 2023**

Senior Final Score points will be accumulated from the Schedule A - Senior Objective Point System. Junior Final Score points will be accumulated from the Schedule B - Junior Objective Point System

### PERFORMANCE POINTS

Senior/Junior athletes who participate in an Olympic Games or World Championships will receive carding points based on the following rankings from the qualifications list in the all-around, or on an apparatus:

Individual Apparatus/All-Around Ranking

1-8: 100 points

9-12: 75 points

13-24: 50 points

### TEAM CONTRIBUTION POINTS

Any member of a Canadian Team, including the travelling alternate, will receive points based on the level of the competition they attend:

Level A 75 points	Level B 50 points	Level C 25 points
<ul style="list-style-type: none"> <li>• Olympic Games</li> <li>• World Championships</li> </ul>	<ul style="list-style-type: none"> <li>• Pan Am Games</li> <li>• Commonwealth Games</li> <li>• Pan Am Championships</li> </ul>	<ul style="list-style-type: none"> <li>• Stuttgart Team Challenge</li> <li>• Pacific Rim</li> <li>• Other Team events as designated by the NTHC</li> </ul>

**SCHEDULE A - SENIOR OBJECTIVE POINT SYSTEM**

Floor		Pommels		Rings		Vault 1 – Day 1 Min D 5.2		P. Bars		H. Bar		All-Around	
Score	Pts	Score	Pts	Score	Pts	Score	Pts	Score	Pts	Score	Pts	Score	Pts
13.8	1	13.8	1	13.8	1	14.0	1	14.0	1	13.6	1	78.00-78.99	1
13.9	4	13.9	4	13.9	4	14.1	4	14.1	4	13.7	4	79.00-79.99	4
14.0	8	14.0	8	14.0	8	14.2	8	14.2	8	13.8	8	80.00-80.99	8
14.1	10	14.1	10	14.1	10	14.3	10	14.3	10	13.9	10	81.00-81.99	12
14.2	15	14.2	15	14.2	15	14.4	15	14.4	15	14.0	15	82.00-82.99	16
14.3	25	14.3	25	14.3	25	14.5	20	14.5	25	14.1	25	83.00-83.99	20
14.4	50	14.4	50	14.4	50	14.6	30	14.6	50	14.2	50	84.00-84.99	25
14.5	75	14.5	75	14.5	75	14.7	40	14.7	75	14.3	75	85.00-85.99	50
14.6	100	14.6	100	14.6	100	14.8	50	14.8	100	14.4	100	86.00+	100

Vault (Day 2)	
Must achieve a min. average D score of 5.2 for your two vaults	
Average Score	Points
14.3	15
14.4	20
14.5	25
14.6	50
14.7	75
14.8	100

**SCHEDULE B – JUNIOR OBJECTIVE POINT SYSTEM**

Floor		Pommels		Rings		Vault Min. D 4.8		P. Bars		H. Bar		All-Around	
Score	Pts	Score	Pts	Score	Pts	Score	Pts	Score	Pts	Score	Pts	Score	Pts
13.3	1	13.3	1	13.3	1	13.8	1	13.3	1	13.1	1	74.00-74.99	1
13.4	2	13.4	2	13.4	2	13.9	2	13.4	2	13.2	2	75.00-75.99	4
13.5	4	13.5	4	13.5	4	14.0	3	13.5	4	13.3	4	76.00-76.99	8
13.6	8	13.6	8	13.6	8	14.1	4	13.6	8	13.4	8	77.00-77.99	12
13.7	10	13.7	10	13.7	10	14.2	6	13.7	10	13.5	10	78.00-78.99	15
13.8	15	13.8	15	13.8	15	14.3	8	13.8	15	13.6	15	79.00-79.99	25
13.9	25	13.9	25	13.9	25	14.4	10	13.9	25	13.7	25	80.00-80.99	50
14.0+	50	14.0+	50	14.0+	50	14.5+	25	14.0+	50	13.8+	50	81.00+	100

**APPENDIX 1:****2023 CARDING APPLICATION AND COMMITMENT FORM - MAG**

Athlete Information		
Name:		
Date of birth:	Phone:	Email:
Current address:		
City:	Prov:	Postal Code:
Club Information		
Current Club:		
Club address:		Phone:
City:	Prov:	Postal Code:
Primary Coach:		Secondary Coach:
Phone:		Phone:
Email:		Email:
Parent Information		
Parent 1:		Parent 2:
Email:		Email:
Phone:		Phone:

I \_\_\_\_\_ declare that I:

Name of Athlete - Print

- will train and compete at the level expected of a carded athlete and will meet the expectations stated in the AAP Carding Process, from December 1, 2022 and November 30<sup>th</sup>, 2023
- will not attend an educational institute that would render me ineligible for carding within the next twelve (12) months;
- will not leave the National Team program in the next 12 months;
- will take part in the training, monitoring, and competition activities of the Junior or Senior National Team Program;
- will train for and compete at the next Canadian Championships, Elite Canada unless ill or injured; such illness or injury may be verified by a physician appointed by GYM CAN at my expense.

Signature of Athlete	Name in print	Date
Signature of Parent (if athlete is under 18 years old)	Name in print	Date

**The form must be emailed to the Program Manager or designate prior December 23, 2022.**

FOR OFFICE USE:

Received on:



**COACH CONFIRMATION OF COMMITMENT**

I \_\_\_\_\_, coach of \_\_\_\_\_  
*Name of Coach - Print* *Name of Club*

confirm the commitment made by \_\_\_\_\_, and will assist  
*Name of Athlete*  
him to the best of my ability to meet his obligations as a carded athlete.

By signing this document, I affirm that if my athlete, \_\_\_\_\_ is  
*Name of Athlete*  
nominated for AAP carding, I will submit an individual training and competition plan as required by Sport Canada.

\_\_\_\_\_  
Signature of Coach

\_\_\_\_\_  
Date

**The form must be emailed to the Program Manager or designate prior December 23, 2022.**

\_\_\_\_\_  
FOR OFFICE USE:

Received on: \_\_\_\_\_

