

2023 ELITE CANADA MEN'S & WOMEN'S ARTISTIC GYMNASTICS January 18-22, 2023

BULLETIN #1



**SASKATOON
FIELDHOUSE**
2020 College Drive,
Saskatoon, SK



GYMNASTICS CANADA

Gymnastics Canada
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HOST

GYMNASTICS SASKATCHEWAN
300-1734 Elphinstone Street
Regina, Sask S4T 1K1
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Kristi Mandzuk –Event Chair
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Cheryl Walker – Vice Chair
Jaye Jorgensen/Michelle Mokuruk – Protocol
Debbie Buchan/Kylie Buchan – Delegate Services
Kelsey Berschied – Logistics
Medical: Alex Zaluski
Technical Chairs – Chris Baraniuk (WAG) & James Goulet (MAG)

WEBSITE LINK:	http://gymsask.com/2023elitecanada/
SOCIAL MEDIA:	Gym Can: Twitter, Facebook & Instagram @Gymcan1 Gym Sask: Facebook & Instagram @gymsask #AGELITE2023
EVENT INFORMATION	
COMPETITION DATES	JANUARY 18-22, 2023
VENUE	Saskatoon Fieldhouse 2020 College Drive Saskatoon, SK *Parking is free at the venue; attendees must register their license plates inside
INVITED MEMBERS	All Provincial/Territorial Gymnastics Organizations registered participants who meet the Gym Can eligibility requirement according to this document and the WAG & MAG program manuals are invited to participate.
EVENT FORMAT	<p>Men's Artistic Gymnastics The competition will follow the rules set out in the 2022-2024 FIG Code of Points and Canadian Elite Pathways Program.</p> <p>Purpose</p> <ol style="list-style-type: none"> To provide a national level competitive opportunity for developing athletes. To rank participants at the national level and declare champions in: <ol style="list-style-type: none"> Aspire, Junior and Senior All-Around and Apparatus Finals To rank HP athletes as part of the system to have access to <ol style="list-style-type: none"> Sport Canada Athlete Assistance Program – Carding National Team and Espoir Status International competitions (NT and Espoir) and Training camps. Provide a prestigious annual competitive opportunity for developing High Performance gymnasts, showcase top provincial talent, provide national rankings, and declare Canadian champions for each category of competition. Specific Programs Rules are available in their respective documents at gymcan.org <p>Format Day 1: All-Around Final and Apparatus Qualifications Day 2: Apparatus Finals</p> <p>Women's Artistic Gymnastics The competition will follow the rules set out in the 2022-2024 FIG Code of Points.</p> <p>Purpose The purpose is: To identify HP Senior, Junior and Novice athletes for the competitive year; To rank athletes as part of the system to have access to:</p> <ol style="list-style-type: none"> The Sport Canada Athlete Assistance Program - Carding; National Team and Espoir status. To be part of the selection process for international competitions. <p>Format of Novice, Junior & Senior Category: Day 1: Qualifications Day 2: All Around & Apparatus Finals – maximum of 32 athletes.</p>

ELIGIBILITY

ATHLETES

WAG: For information on the eligibility of athletes, please refer to section 2 of the WAG Technical Regulations, available on the GymCan website.

MAG: For information on eligibility, please view the MAG Canadian Elite Pathways Program & MAG Technical Regulations.

COACHES

All registered coaches must be certified NCCP Competition Development or have obtained an exemption in writing from the Women's Program Manager or Men's Program Manager. A coach who is employed on a full-time basis by an organization based outside Canada is exempted from this requirement.

For 2023, the exemption request fees are the following.

- \$25 if received by registration deadline
- \$100 if received after registration deadline

All coaches, support staff (head of delegation, chef de mission, team manager, and chaperone) and integrated support team (IST) who will participate in GymCan national competitions must have completed the following requirements. Failure to do so will result in a withholding of your accreditation and you will be denied access to the field of play, competition and training venues.

Proof of completion must be uploaded at the same time as registration.

Requirements	Comments
Completed Enhanced Background Check, Canada-wide and/or International Police Checks https://pages.sterlingbackcheck.ca/landing-pages/c/cac_ace/	Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual. Required for coaches, support staff, judges and IST.
Complete Respect in Sport online e-learning module package http://gymcan.org/resources/respect-in-sport	Cost is the responsibility of the individual. Check with your respective province/territory as some may cover the cost. Required for coaches, support staff, judges and IST
True Sport Clean101 UNTRACKED e-learning course https://cces.ca/truesportclean101untracked	Free module. Required for coaches and IST.
CAC Making Headway online learning module. https://coach.ca/concussion-awareness	Free module – will be included in coach NCCP records on the Locker. Required for coaches and IST.

APPARATUS SUPPLIED	<p>The official supplier of gymnastics equipment for the event is Spieth. The apparatus supplied is as follows:</p> <p>1 full set of women's artistic gymnastics equipment 1 additional beam for Thursday training 1 full set of men's artistic gymnastics equipment</p> <p>"Euro Spieth" Moscow Floor</p> <p>*Clubs are not authorized to bring their personal equipment</p>												
REGISTRATION PROCESS	<p>Registration is now open, register before December 9 to avoid late fees. December 10-30 all registrants must pay a \$50 late fee. FINAL day to register is December 30 online with Sportzsoft. No registrations will be accepted after December 30.</p> <p>Music will only be accepted through SportzSoft. MP3 will be the ONLY format accepted. Coaches should have on hand a copy of their athlete's music on an iPhone or USB for back up.</p> <p>WAG Link: https://www.sportzsoft.com/meet/meetWeb.dll/MeetLogin?Id=4270AE6A8204910856B9025500CA72BB</p> <p>MAG Link: https://www.sportzsoft.com/meet/meetWeb.dll/MeetLogin?Id=6BE6424622F00D49D5E11C551B107CA4</p>												
REGISTRATION FEES AND DEADLINES	<p>DEADLINES:</p> <table border="1" data-bbox="451 970 1276 1192"> <tr> <td>Judges Names</td><td>November 15, 2022</td></tr> <tr> <td>Early Registration & payment</td><td>December 9, 2022</td></tr> <tr> <td>Judges Flight Info</td><td>December 9, 2022</td></tr> <tr> <td>Final day to register & payment</td><td>December 30, 2022</td></tr> <tr> <td>Waivers & Medical Forms</td><td>January 3, 2023</td></tr> <tr> <td>Refund Request Deadline</td><td>January 4, 2023</td></tr> </table> <p>Registration Fees: Athletes: \$185.00 Coaches: \$185.00</p> <p>Late Fee: \$50</p> <p>Registration can be paid to Gymnastics Saskatchewan by the following methods:</p> <ul style="list-style-type: none"> • Visa or Mastercard – by calling the office and asking for Kristi or Dalena (306) 780-9229 • E-Transfer to info@gymsask.com (please write in the notes "Elite Can & Club Name") • Cheque – payable to Gymnastics Saskatchewan 300-1734 Elphinstone Street Regina, SK S4T 1K1 <p>Refunds, less a \$30 administrative fee will be given with a medical note up until January 4th, 2023. Please email refund requests & medical notes to kmandzuk@gymsask.com & djuarez@gymsask.com</p>	Judges Names	November 15, 2022	Early Registration & payment	December 9, 2022	Judges Flight Info	December 9, 2022	Final day to register & payment	December 30, 2022	Waivers & Medical Forms	January 3, 2023	Refund Request Deadline	January 4, 2023
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SCHEDULE	<p>You will find a draft schedule in appendix A as well as a draft meeting schedule. Please note the detailed final schedule as well as the draw will be sent separately from GymCan after the registration deadline.</p>												

HOST HOTEL	<p>Holiday Inn Express & Suites Saskatoon Centre 315 Idylwyld Drive North Saskatoon, SK 1king with sofa bed & 2 queens \$140.00/night Includes breakfast & parking Booking link HERE</p> <p>Holiday Inn Saskatoon Downtown 101 Pacific Ave Saskatoon, SK 1 king with sofa & 2 queens \$150.00/night Includes parking, breakfast available at an additional cost Booking link HERE</p>						
MEALS	<p>A hospitality room will be provided for coaches and judges at the venue. <i>Light snacks will be available on Thursday for training.</i> Mealtimes will be based on the competition schedule. *If coaches or judges have dietary restrictions, please email Debbie.taiso@gmail.com by December 1, 2022.</p> <p>Please note breakfast will only be light as most hotels offer a hot breakfast. Clubs are responsible for their own meals.</p>						
EVENT TRANSPORTATION	<p>Teams will be flying into Saskatoon John G. Diefenbaker International Airport. All teams are responsible for their own transportation.</p> <p>Driving Distances:</p> <table data-bbox="451 1062 1170 1163"> <tr> <td>Saskatoon Airport to Holiday Inn Downtown</td><td>7.3 km</td></tr> <tr> <td>Saskatoon Airport to Holiday Inn Express Hotel</td><td>6.6km</td></tr> <tr> <td>Both hotels to Saskatoon Fieldhouse</td><td>4 km</td></tr> </table> <p>Judges who have submitted their travel itineraries by the deadline will be provided local transportation by the LOC to and from the airport to the host hotel.</p> <p>Westjet is pleased to offer a 5% discount off Econo and 10% discount off EconoFlex and Premium fares to Saskatoon. If you wish to use this discount, please visit www.westjet.com/conventions to make an online booking.</p> <p>You will need to enter the following codes:</p> <p>Coupon Code (guest web/travel agent web): 6D5X0XA</p> <p>Promo Code: Travel agent GDS only: WKK92</p>	Saskatoon Airport to Holiday Inn Downtown	7.3 km	Saskatoon Airport to Holiday Inn Express Hotel	6.6km	Both hotels to Saskatoon Fieldhouse	4 km
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MEDICAL	<p>The Saskatchewan Sport Science and Medicine Council will provide medical services on site during training and competition. Club managers and/or head coaches may be asked to produce digital or hard copy medical waivers to access medical care for minors on-site.</p>						
ACCREDITATION	<p>Gym Can reserves the right to take away any accreditation if the rules are not followed. Accreditation will be distributed upon arrival to the competition venue. The accreditation must be worn to access the venue and the competitive area.</p>						
PROTOCOL & AWARD CEREMONIES	<p>A land acknowledgment will be announced before every session. The Canadian National Anthem will be played before the first session of the competition.</p>						

	<p>Awards Ceremonies</p> <p>WAG:</p> <p>Novice – All Around and Apparatus finals combined scores from day 1 and day 2</p> <p>Junior - All Around and Apparatus finals combined scores from day 1 and day 2</p> <p>Senior - All Around and Apparatus finals combined scores from day 1 and day 2</p> <p>*Top 8 All Around for all categories</p> <p>*Top 8 apparatus finals for Novice</p> <p>*Top 3 apparatus finals for Junior & Senior</p> <p>Dress Code on the awards podium</p> <p>Athletes: Track suit</p> <p>MAG:</p> <p>Aspire – All Around and Apparatus Finals</p> <p>Junior 14-15 & Junior 16-18 - All Around and Apparatus Finals</p> <p>Next Gen Senior 18-20 & Senior 21+ - All Around and Apparatus Finals</p> <p>*Top 3 All Around individuals in all categories</p> <p>*Top 3 gymnasts in each apparatus for all categories. Junior categories are combined. Senior categories are combined.</p> <p>Dress Code on the awards podium</p> <p>Athletes: Tracksuit</p>
JUDGES	<p>GymCan will make double occupancy reservations for GymCan funded judges ONLY. The hotel will be within walking distance of the venue (300m), hotel includes breakfast.</p> <p>Self-funded judges are required to book their own accommodation at the judge hotel.</p> <p>Transportation for funded & self-funded judges will only be provided if they book and stay at judge hotel and if flight itineraries are provided by December 9, 2022.</p> <p>Note, the contact and booking link for self-funded judges will be provided in a separate judge memo.</p> <p>Meals will be provided at the venue for judges. Please note breakfast will be very light at the venue as the hotel offers a full hot breakfast buffet.</p>
PHOTOGRAPHER	<p>Piper Sports Photography will be onsite all weekend to capture action shots of all athletes. These pictures will only be available for purchase onsite.</p> <p>Please note they will not be posted online.</p>

Should you have any questions, please feel free to contact Kristi Mandzuk at kmandzuk@gymsask.com.

Gymnastics Saskatchewan, and our organizing committee, look forward to hosting you in Saskatoon.

APPENDIX A
ELITE CANADA 2023
WAG PROVISIONAL SCHEDULE – NOVEMBER 2022
(tentative until final registration numbers)

	<u>ACTIVITY</u>		
Wed. 18	19:30	WPC Meeting	Meeting room #1
Thurs. 19	09:00 – 10:40	Training per Club- Group 1	FOP
	09:30 - 11:00	Judges Briefing Session	Meeting room #1
	10:45 – 12:25	Training per Club- Group 2	FOP
	12:30 – 13:15	Technical Meeting for all coaches	FOP Bleachers
	13:30 – 15:10	Training per Club- Group 3	FOP
	15:15 – 16:55	Training per Club – Group 4	FOP
	17:30 – 18:30	HPCC meeting – For all coaches registered at Elite Canada	Multi-Purpose Room
	18:30 – 19:30	NTCC meeting – For coaches of NT Athletes	Multi-Purpose Room
	19:00 – 23:00	Coaches/Judges/LOC Social – Hosted by Gym Sask	Louis Loft – U of S
Fri. 20	08:00-10:00	Open training Junior	FOP
	9:00 – 11:00	JDWG Meeting	Meeting room #1
	10:00 – 11:50	Warm-Up - Novice Day 1	FOP
	11:50 – 15:00	Competition - Novice Day 1	FOP
	15:15-15:30	Welcome Ceremony	FOP
	15:30 – 17:20	Warm-Up- Senior Day 1	FOP
	17:30 - 21:00	Competition Senior Day 1	FOP
Sat. 21	08:00-10:00	Open training Senior	FOP
	09:00-10:30	BJC Meeting	Meeting room #1
	10:00-11:45	Warm-up - Junior Day 1	FOP
	12:00-14:00	Competition – Junior Day 1	FOP
	14:30-15:30	Meeting of all NT & Espoir Athletes	Multi-Purpose Room
	14:15 – 15:45	Warm-up- Novice Day 2	FOP
	15:50 – 18:50	Competition - Novice Day 2	FOP
	19:00	Awards: Novice AA and Apparatus Finals	
Sun. 22	10:00-11:45	Warm-Up Junior Day 2	FOP
	11:50-13:50	Competition: Junior Day 2	FOP
	14:00	Awards: Junior AA and Apparatus Finals	
	14:30 – 15:45	Warm-up Senior Day 2	FOP
	15:45-17:45	Competition Senior Day 2	FOP
	17:55	Awards: Senior AA and Apparatus Finals	

FOP = Field of Play

Meeting Room #1 – 2nd floor at Fieldhouse

Meeting Room # 2 – 2nd floor at Fieldhouse

Multi-Purpose Room – 2nd floor at Fieldhouse

ELITE CANADA 2023
MAG PROVISIONAL SCHEDULE - NOVEMBER 2022

	<u>ACTIVITY</u>		
Wed. 18		MPC meeting	TBD
Thurs. 19	09:00 – 12:00	Aspire Training	FOP
	12:00 – 15:00	Junior Training	FOP
	15:00 – 18:00	Senior Training	FOP
	18:00	Technical Meeting for all coaches	FOP Bleachers
	19:00 – 23:00	Coaches/Judges/LOC Social – Hosted by Gym Sask	Louis Loft – U of S
Fri. 20	09:00 – 11:00	MAG Training	FOP
	09:00 – 10:30	JDWG Meeting	Meeting Room #2
	11:00 – 12:30	Warm-Up - Junior Day 1	FOP
	11:30 – 12:15	Judges meeting	Meeting Room #2
	12:30- 15:00	Competition - Junior Day 1	FOP
	15:15 – 15:30	Welcome Ceremony	FOP
	16:00 – 17:30	Warm-Up- Senior Day 1	FOP
	16:30 – 17:00	Judges meeting	Meeting Room #2
	17:30 – 20:30	Competition Senior Day 1	FOP
Sat. 21	08:00 – 09:45	Junior & Senior Training	FOP
	10:00 – 11:30	Warm-up - Aspire Day 1	FOP
	10:30 – 11:00	Judges meeting	Meeting Room #2
	11:30 – 14:00	Competition – Aspire Day 1	FOP
	14:30 – 15:30	Meeting of all NT & Espoir Athletes	Multi-Purpose Room
	15:45 – 17:45	Junior & Senior Training	FOP
	17:45 – 18:45	NTCC meeting – For coaches of NT Athletes	Multi-Purpose Room
Sun. 22	10:00-11:30	Warm-Up - Aspire & Junior Day 2	FOP
	10:30 – 11:00	Judges meeting	Meeting Room #2
	11:30-14:00	Competition - Aspire & Junior Day 2	FOP
	14:05	Awards: Aspire & Junior	
	14:15 – 15:45	Warm-up Senior Day 2	FOP
	15:00 – 15:30	Judges meeting	Meeting Room #2
	15:45 – 17:45	Competition Senior Day 2	FOP
	17:55	Awards: Senior	

FOP = Field of Play

Meeting Room #1 – 2nd floor at Fieldhouse

Meeting Room # 2 – 2nd floor at Fieldhouse

Multi-Purpose Room – 2nd floor at Fieldhouse