



Women's Artistic Gymnastics

TECHNICAL REGULATIONS – SECTION 2

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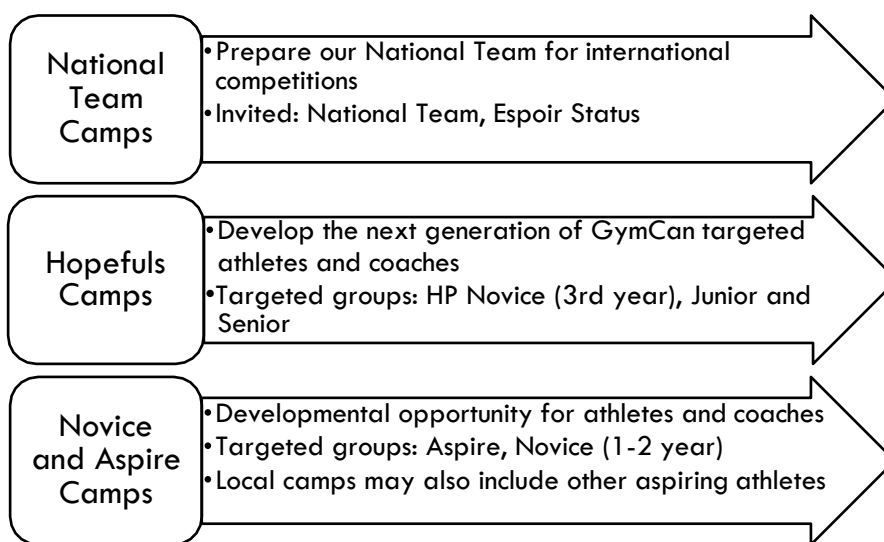
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STRUCTURE OF THE GYM CAN PROGRAM

COMPETITIVE PROGRAMS



CAMPS



1. ATHLETES ELIGIBILITY

Along with the general rules of athletes eligibility stated in section 1, the following rules specifically apply to the WAG Program:

- A foreign athlete may be permitted to take part in a WAG national level competition if approval is granted by the PM-WAG.
 - If the athlete already competed for the country, only an official request made to GymCan on behalf of the athlete by her National Federation will be considered.
 - The foreign athlete will be considered as an out-of-competition athlete.
 - The athlete could be allowed to take part in the Team, All-Around and/or Apparatus Finals competition(s) in addition to the Canadian athletes. She is eligible for All-Around and/or Apparatus Finals duplicate rankings and medals.



2. HIGH PERFORMANCE (HP) PROGRAM

2.1 1 PURPOSE

The Canadian High Performance Stream (HP) is the preferred pathway for athletes aspiring towards National Team. It is the pathway that may lead a gymnast towards the pursuit of excellence at the highest international level. Please see the HP manual for all details about this program.

2.2 2 HIGH PERFORMANCE STATUS

HP status is given to:

- Senior, Junior and Novice athletes and their coaches who have been identified according to the process and criteria in place;
- clubs of HP Senior, Junior and/or Novice athletes.

2.2.1 .1 IDENTIFICATION

- There are two means to enter the HP Senior, Junior or Novice Program:
 - Elite Canada;
 - Petition granted by the HP Program Petition Working Group
- Specific Age Eligibility is stated in the HP Manual updated every year

The HP petition working group is composed of:

- WAG Program Manager (chair, no vote)
- National Team Lead
- One member appointed by the WPC.

All members of the HP Petition Working Group must be neutral (no conflict of interest). In case of a vacancy in a staff position, the WPC will appoint a delegate.

2.2.2 .2 HP LISTS

2.2.2.1 MAXIMUM NUMBER OF ATHLETES AND TIEBREAKING RULE

- a) HP Senior, Junior and Novice Lists may include up to 32 athletes per category
- b) If the number of athletes is less than as stated, additional athletes may be selected by the HP Petition Working Group following the criteria identified below, up to the maximum permitted.
- c) The maximum number may be superior if a tie cannot be broken by the current tie-breaking rules and there are more tied athletes than the number of places available. In this case, all tied athletes will receive HP status.
 - a. In case of a tie in the point system to obtain HP status, the athlete(s) with the greater number of Apparatus Finals at Elite Canada among the tied athletes will be ranked higher. In case of a further tie, all tied athletes will be selected.

2.2.2.2 COMPOSITION OF HPLISTS

- a) The Senior list is composed in the following order of:
 1. Current carded/NT athletes (including Espoir) who compete in the Senior category at Elite Canada or who have received an exemption from NTHC or designate
 2. Athletes not selected in #1 who finish in the top 14 AA (combined scores Day 1 + Day 2) at Elite Canada.



- 3. Athletes not selected in #1 and #2 who finish in the top 3 on any apparatus (counting 1st Vault only) (combined scores Day 1 + Day 2) over 2 days of Elite Canada.
- 4. Petitioning athletes, up to a maximum of 32 total Senior HP athletes (Maximum 4 accepted petitions from NCAA).
- 5. To be added to the list, athletes selected in #2 must meet the minimum AA score on either day of competition at Elite Canada.

*refer to HP manual for definition of ages, reference to birth year.

b) The Junior list is composed in the following order of :

- 1. Current carded/NT athletes (including Espoir) who compete in the Junior category at Elite Canada or who have received an exemption from NTHC or designate.
- 2. Athletes not selected in #1 who finish in the top 18 AA (combined scores Day 1 + Day 2) at Elite Canada.
- 3. Athletes not selected in #1 and #2 who finish in the top 3 on any apparatus (counting 1st Vault only) (combined scores Day 1 + Day 2) over 2 days of Elite Canada..
- 4. Petitioning athletes, up to a maximum of 32 total Junior HP athletes.
- 5. To be added to the list, athletes selected in #2 must meet the minimum AA score on either day of competition at Elite Canada.

*refer to HP manual for definition of ages, reference to birth year.

c) The Novice list is composed in the following order of :

- 1. Top 18 (absolute) ranked All-Around Novices (combined scores Day 1 + Day 2).
- 2. Up to 14 athletes, whose petition has been accepted by the HP Petition Working Group.

2.2.2.3 MINIMUM ALL AROUND SCORES TO ACCESS THE HIGH PERFORMANCE STATUS

- a) To be added to the Junior or Senior HP list, the minimum All Around score, when required, must be attained at Elite Canada (current season).
- b) The minimum All Around score, when required, must be attained at least once, on either day of the competition.
- c) There is no minimum All Around score in the Novice category.

2022-2023 Minimum Scores

	First or Second Year Born in:	Minimum Score	Third Year Born in:	Minimum Score
SENIOR	2007, 2008	46.00	2005 and before	46.50
JUNIOR	2008, 2009	44.50	2007 and before	45.00

3. .2.2.3 ACCEPTANCE OF HP STATUS

- a) An athlete whose petition has been granted has full privileges attached to the HP Status.
- b) The coaches of the eligible athletes must confirm the participation of the athlete(s) in the HP Program with the online form that will be sent following Elite Canada.



2.3 PETITION PROCESS FOR THE HP LISTS

- a) [The COMPLETE PETITION](#), including form, rationale, relevant information and data, video of recent (3 months) performances if desired, must be RECEIVED by the WAG PM no later than five days after the completion of Elite Canada.
- b) A petition for reasons of illness or injury at the time of Elite Canada must be supported by a detailed medical (physician) report and an official medical (physician) certificate stating:
 - a. the exact date the illness started or the injury was incurred; this is very important if the injury occurred during Elite Canada
 - b. the nature of the illness or injury
 - c. that the illness or injury prevented the athlete from competing at Elite Canada or forced her to withdraw from Elite Canada
 - d. the recovery protocols
 - e. the expected dates at which partial and full training can be resumed.

Information provided by the coach or a therapist cannot be used to replace the medical certificate.

It is the responsibility of the coach making the petition to submit the relevant information. GymCan will not request additional information if the medical certificate is incomplete. The penalty in the paragraph below will apply automatically.



AN ATHLETE WHOSE MEDICAL REPORT/CERTIFICATE DOES NOT STATE THE EXPECTED DATES AT WHICH PARTIAL AND FULL TRAINING CAN BE RESUMED MAY BE AT A DISADVANTAGE IF THERE ARE MORE PETITIONS CONSIDERED THAN PLACES AVAILABLE.

- c) If the athlete was registered at Elite Canada, there is no cost for the petition. If the athlete was not registered, a \$100 fee must accompany the complete petition.
- d) The petitions will be examined by the Working Group, which will work on a consensus basis. The Working Group is not obligated to accept the maximum number of petitions allowed by the Technical Regulations.
- e) Notification with regard to acceptance or non-acceptance of the petitions will be made to each club no later than 5 days following the publication of the official results of the current Elite Canada.
- f) Petition must be made on the form [available here](#) and incomplete applications will not be accepted.

2.3.1 CRITERIA FOR SELECTION OF NON NATIONAL TEAM MEMBERS

The following criteria will be considered when ranking each non National Team member who petitioned. This is not listed in any priority order.

Status

- 1. Status as a National Team member or Espoir athlete in the past three years
- 2. HP Status as Novice, Junior or Senior for the full year in the previous two calendar years
- 3. Athlete who has represented Canada at major international competitions, is now competing for an American university, has made a written commitment to represent Canada internationally in the next 12 months and to maintain the necessary level of difficulty for her vault(s) and/or routines.

Results

- 1. Results (E and D Scores) from day 1 and/or day 2 at Elite Canada (up to the point of withdrawing) – top 5 is an advantage
- 2. Ranking (AA and AF) at the immediately previous Canadian Championships – top 8 is an advantage
- 3. Results at International competition in the past 12 months

Other

- 1. Favorable assessment by NTHC or designate based on competitions, camps, and videos
- 2. Expected date to resume full training if more than two months without regular training

Forms

- 1. Forms / petition fully completed
- 2. Information provided on the medical certificate; type (not handwritten) by physician indicating the nature of the injury, the recovery protocol, the expected date to return to partial and full training



2.4 CHANGE IN STATUS AND/ OR TRANSFER TO A CATEGORY IN THE NATIONAL PROGRAM

- a) If an athlete wishes to relinquish her HP status and transfer to a category in the National Stream Program, the coach must submit a request in writing to the PM-WAG. Such a request must:
 - Include the signature of one parent or legal guardian, if the athlete is under 18 years old
 - Be received by email no later than April 1st
- b) No request will be considered if received after April 1st
- c) The request will not be granted for a Carded Athlete or a National Team member.
- d) Unless the request to change her status is granted by the WAG PC or the athlete retires, she will keep her HP status until December 31 of the year in consideration

3. WAG NATIONAL COMPETITIONS

3.1 WAG NATIONAL LEVEL COMPETITIONS

The following are the competitions for which Gymnastics Canada sets the regulations.

- Elite Canada
- Canadian Championships
- Trials, Selection activities or similar
- Canada Games

The regulations for Canada Games are outlined within the specific technical package for the Games as developed by GymCan with the PTOs every four years.

3.1.1 REGULATIONS IN EFFECT

HP follows FIG rules as well as HP document. Canadian Competitive Program (CCP) follows USAG Development Program and Canadian modifications included in the CCP manual.

32 2 REGISTRATION FOR ELITE CANADA AND CANADIAN CHAMPIONSHIPS

32.1 .1 REGISTRATION OF COACHES

- a) For the Level 9 and the Level 10 categories, a P/T may register two official team coaches in each category and no more than one coach per athlete registered.
- b) For Novice, a P/T or club may register one coach per individual athlete, with a maximum of two coaches per club.
- c) For the Junior and Senior categories, a P/T or club may register two personal coaches per athlete and a maximum of three coaches per club unless the club has six or more athletes, in which case the club may register four coaches.
- d) A coach wishing access to the training, warm-up or competition floor at a WAG national level competition must be certified NCCP Competition Development. A coach who is employed on a full time basis by an organization based outside Canada is exempted from this requirement.
- e) A coach residing permanently in Canada participating in a WAG national level competition must be:
 - Duly affiliated members of his/her PTO (based on the province of residence)



- Member in good standing (not currently being sanctioned) his/her PTO
- f) A coach wanting to participate in any GymCan event must meet all of GymCan's Safe Sport requirements prior to the event as well as their PTO requirements.

33 3 ACCESS TO COMPETITION, TRAINING, SEATING AND WAITING AREAS

33.1 .1 ACCESS TO THE TRAINING GYM

The number of registered coaches in the training gym is not limited. However, a coach must be accredited by the organizing committee and have the accreditation on him/herself.

33.2 .2 ACCESS TO THE COMPETITION FLOOR NEAR THE APPARATUS

- a) One coach is permitted with the athlete competing and one coach with the athlete who is on deck. A coach must have the accreditation on him/herself.
- b) On Uneven Bars, two coaches are allowed on the field of play to adjust the bars, set the mats and the board.
- c) Once the green light is on or when judge gives signal (when the athlete starts her routine):
 - On Vault, one coach is allowed by the table and one by the vault number.
 - On Uneven Bars, one coach is allowed near the apparatus to spot and remove the board. Permission may be granted by the D1 judge for a second person to be near the apparatus to remove the board if spotting is required for an element performed immediately after the mount.
 - On Floor, two coaches are allowed if mats have to be moved in different corners in a short period of time.
 - For all apparatus, only one coach may talk to the athlete when two coaches are allowed on the floor.
- d) In case of infraction, the coaches will be given a verbal warning by the Canadian Head Judge, the Competition Head Judge, the PM-WAG or the WAG Floor Manager. Should the warning be ignored, a deduction may be applied to the final score of the gymnast or team as per the appropriate code deductions for Violations and Unsportsmanlike Behaviour (CCP and FIG)

33.3 .3 WAITING, STRETCHING, SEATING AREAS, TECHNICAL DIRECTION TABLE, TRAINING

- a) There will be designated WAG **waiting areas** on the competition floor for the athletes/coaches on duty to ensure sufficient space for the athletes/coaches and to decrease the distance between the waiting area and the apparatus.
- b) This area must be kept tidy and coats and boots must be stored at another location.
- c) There is a maximum of 1 coach per athlete per province permitted in the waiting area for the CCP team competition on an apparatus;
- d) There is a maximum of two coaches per athlete as per registrations guidelines for the HP categories
- e) All HP categories for AA and AF: two coaches per athlete with a maximum of three coaches per club, maximum 2 on FOP and 1 in the waiting area

Note: There is a difference between registering (accrediting) coaches for the Canadian Championships and giving them access to the seating/waiting area. Coaches accredited for the Championships in a given category may have access to the seating/waiting area for another category provided that the rules regarding the maximum number of coaches are abided by.



- f) When applicable, replacement of coaches in the designated seating/waiting area (tagging) is authorized as long as the maximum number of coaches is abided by. Tagging will occur according to procedures set jointly by the PM-WAG and the Organizing Committee. In case of infraction, the coach(es) will be removed from the competition seating/waiting area and competition floor.
- g) For the Canadian Championships, the P/T medical personnel, P/T chef and one additional P/T staff (manager or chaperone) may have access to the seating/waiting area during the time necessary to conduct business. They do not have access to the field of play unless special circumstances warrant such access.

34 4 PTO AND CLUB RESPONSIBILITIES

- a) The P/T Associations and Clubs* are responsible for the safety and conduct of their athletes, coaches, judges and support personnel for the Canadian Championships and the Canada Games including abiding by:
 - The GymCan and WAG policies, regulations, directives and code of ethics
 - The Canada Games rules (for Canada Games)
 - P/T rules and code of conduct
 - The organizing committee directives

*please refer to P/T Association rules for responsibilities and management for individual events.

- b) The P/T Association is responsible for setting the policy for uniforms and competition attire for their delegations attending Canadian Championships so long as these conform with the regulations governing the sport of gymnastics as set by FIG or CCP. For Canadian Championships, P/T Associations require all delegates, including National team athletes and coaches, to wear the P/T uniforms and competition clothing. An exception is to be made for current National Team athletes and coaches who must wear National Team leotards (athletes) and track suits (coaches only) on Day 2 at Canadian Championships. At Elite Canada, NT members are required to wear NT track suit and athletes must wear NT leos for warm-up and competition.
- c) The club is responsible for the safety and conduct of their athletes, coaches and support personnel during Elite Canada, Trials and Selection Activities, including abiding by:
 - The GymCan and WAG policies, regulations, directives and code of ethics
 - The organizing committee directives

35 5 COMPETITION PROCEDURES

35.1 .1 GENERALITIES

Competition schedule

- a) A WAG competition warm-up may not begin prior to 08:00 **. The apparatus competition must be completed no later than 21:15 **. The award ceremony may start after 21:15.
** An exception may be made by the PM-WAG.
- b) When the FIG warm-up format is used, athletes may not be asked to line-up for more than 10 minutes between the end of the warm-up period and the beginning of the competition. A



special format may be used for the apparatus finals but must be designed as to ensure an optimal performance situation for the athletes.

- c) For all categories, athletes may not be asked to line-up more than five minutes before the beginning of the award ceremony.

Scratch – partial or total

- a) The coach of the athlete must report a scratch to the PM-WAG or the Canadian Head Judge as soon as the decision is made.
- b) An athlete who is scratched from the entire competition will not appear in the results.
- c) An athlete who is not competing on all apparatus but is not scratched from the entire competition does not need to touch the apparatus or present to the D1 judge. However, her coach must notify the D1 judge that the athlete will not compete at the time of line-up at the relevant apparatus. The athlete who does not compete on an apparatus will not receive a zero for her final score. There will be nothing recorded or --- will appear in the results.

36 6 ELITE CANADA**36.1 .1 PURPOSE**

The purpose is:

1. To identify HP Senior, Junior and Novice athletes for the competitive year
2. To provide a national level competitive opportunity for developing athletes
3. To rank athletes as part of the system to have access to
 - Sport Canada Athlete Assistance Program – Carding
 - National Team and Espoir Status
4. To be part of the selection process for international competitions

36.2 .2 ELIGIBILITY

- a) All athletes, provided that they have completed the registration process, can compete at Elite Canada.
- b) Coaches are encouraged to review results from 2021 HP competitions as well as [minimum carding standards](#) as a guideline when deciding to register their athletes for Elite Canada. Athletes who are registering should meet all minimum composition requirements.
- c) If coaches need additional guidance or if they have questions on whether or not to register for Elite Canada, they should contact the National Team Lead or designate.
- d) PTOs may choose to hold an optional competition, trial or camp prior to Elite Canada to help coaches and athletes with their decision.
- e) Clubs have the ability to register their athletes & coaches directly to Elite Canada.

36.3 .3 FORMAT

- a) The competition program is composed of two days of All-Around competition.
- b) For Novice, the top 32 ranked All-Around athletes after Day 1 advance to Day 2.
- c) For Junior, a maximum of 32 athletes are eligible for Day 2 (following results from Day 1);
 - i. The top 18 ranked All-Around athletes



- ii. Any top 3 athletes on apparatus after Day 1. They will be allowed to compete on every apparatus on Day 2.
 - iii. Should those maximums not be achieved following (i) and (ii). the next ranked AA athletes (19th, 20th, etc) will be selected until the maximum is reached.
- d) For Senior, up to 32 spots for Day 2 will be allocated in this priority order:
- i. Top 14 ranked athletes on Day 1 in All-Around
 - ii. Any current NT/Espoir athletes who were not able to compete or complete competition on Day 1 (injury, illness, NCAA commitments...) and provided written confirmation of attendance to day 2 to the PM a maximum of 1 hour following the end of the competition
 - iii. Athletes who placed in the top 8 on any apparatus (considering best Vault)
 - iv. Remaining spots up to 32 filled from remaining AA rankings from Day 1 (even if they didn't compete on all apparatus. Ties for the last spot can all participate.
 - v. If all 32 spots are not filled, remaining spots may go to registered athletes who were not able to compete (or finish the competition) on Day 1 (illness, injury...). If there is need for a tie breaker, the PM and NTHC will decide based on past performance. Coaches must notify PM a maximum of 1 hour by email after Day 1 if their athlete would like to be considered.
- e) The All-Around and apparatus ranking are determined according to the cumulative results of the two days of competition. Ranking on Vault is determined according to the HP Manual for each category.

364 .4 DRAW AND ALLOCATION TO A FLIGHT FOR DAY 1

- a) If there are 40 athletes or less, there will be 4 or 5 groups of maximum 8 athletes each. The draw will be carried as in 3.6.5.
- b) If the projected number of athletes at the time of the competition is more than 40 (5 groups of 8), there will be two flights. Flight #2 will include 24 athletes. Flight #1, earlier in the day, will include the remaining athletes.
Senior and Junior: carded athletes, Senior, Junior or Espoir National Team members will be placed in flight #2 in priority. The remaining Senior and Junior HP athletes will be placed in flight #2 by draw. All other athletes will be placed in flight #1. If a place becomes available in flight #2, the same rules will apply to determine which athlete will move from flight #1 to #2.
Novice: Current National Team members, including Espoir, and HP Novices will be placed in flight #2 in priority. The remaining athletes will be placed in flight #2 by draw. All other athletes will be placed in flight #1. If a place becomes available in flight #2, the same rules will apply to determine which athlete will move from flight #1 to #2.
- c) Once athletes have been allocated to a flight, they will be drawn to an apparatus prior to the competition by GymCan. Athletes from the same club will be drawn on a maximum of two apparatus per session provided that they do not compose 50% or more of any group. If they do, they will be drawn on a maximum of three apparatus. The draw number will determine the first apparatus.

365 .5 ROTATION ORDER FOR DAY 1 AND SEEDING FOR DAY 2

- a) If the largest group in the session has 7 or less athletes, the gymnast who was first on one apparatus will be placed at the end of the group for the next apparatus. If the largest group in the session has 8 or more athletes, the first two gymnasts on one apparatus will be placed at the end of the group for the next apparatus for all groups.



- b) Gymnasts may be moved to another group if there is a significant imbalance (± 2 gymnasts) in one (or more) group(s) occurring before the Qualification. A draw will determine which gymnast will be moved. In the case of a scratch within a group, the moved gymnast will assume the place of the gymnast scratched when possible.
- c) For Day 1 in all categories, the draw number will also determine the order of passage within a group for the first apparatus.
- d) For Day 2, athletes will be separated between the apparatuses according to the qualifying process based the on Day 1, and will be seeded according to the number of athletes in the session. The top athletes will start on Vault, the 2nd group will start on Bars, the 3rd group will start on Beam and the last group will start on Floor. A random draw will determine the order of passage within a group for the first apparatus.
- e) In case of a tie, the athlete with the highest sum of D Scores will be considered ranked higher. In case of a further tie, a draw will determine the athlete considered ranked higher.
- f) Two reserve gymnasts will be identified. The first reserve gymnast may warm-up with the group of athletes who will start warm-up on Vault.

3.66 . 6 AWARDS AND RECOGNITION

	All-Around	Apparatus Finals
Novice	Top 8	Top 8
Junior & Senior	Top 8	Top 3

- Combined scores (Day 1 + Day 2)
- There is no tie breaking. If there is a tie, the next position is skipped.
- Coaches of the medalists will be announced for the All-Around
- Coaches of the gold medalists will be announced for the Apparatus
- At the time of registration, each club must list up to three coaches to be announced for each athlete. The names of the coaches will only be announced if they were listed at the time of registration.

3.7 7 CANADIAN CHAMPIONSHIPS

3.7.1 . 1 PURPOSE

The purpose is to:

- 1. To provide a national level competitive opportunity for developing athletes
- 2. To rank participants at the national level and declare champions in:
 - a. Level 9 and Level 10: Team, All-Around, Apparatus
 - b. Novice, Junior, Senior: All-Around and Apparatus
- 3. To rank HP athletes as part of the system to have access to
 - a. Sport Canada Athlete Assistance Program – Carding
 - b. National Team and Espoir Status
 - a. International competitions (NT and Espoir) and Training camps

3.7.2 . 2 CATEGORIES

- a) Competitions will be held in the following categories:
 - Canadian Competitive Program:**
 - Level 9 (11-14 years old)*
 - Level 9 (15 years and over)*



- Level 10 (12-15 years old)*
- Level 10 (16 years and over)*

*see CCP manual for birth years

Canadian High Performance Program:

- Novice
- Junior
- Senior

b) An athlete may only compete in one category

3.73 .3 PARTICIPATION

3.7.3.1 TEAM FOR L9 AND L10

- A team consists of a minimum of 3 (three) athletes and a maximum of six (6) athletes in each category
- All athletes who are not designated as members of a PTO team compete as individual competitors
- It is up to each PTO to determine the order of passage within a team. The order must be submitted to the Competition Director on the form provided no later than 24 hours prior to the beginning of warm up time of the respective flight for that category. Otherwise, the Competition Director will determine the order.
- All athletes may compete on all apparatus and are eligible for All-Around and Apparatus ranking

3.74 .4 COMPETITION FORMAT FOR CANADIAN CHAMPIONSHIPS

	Day 1	Day 2	Awards	Special Award
CCP	- Team (6 athletes compete, top 3 scores on each apparatus count for Team total for each category) - Qualification for Day 2	- All-Around Final - Apparatus Final	- Top 3 Teams - Top 8 AA - Top 8 on each apparatus	Floor Choreography Award for each category
HP	All Around/Apparatus Day 1	All Around/Apparatus Day 2	- Top 8 AA - Top 8 on each apparatus for Novice - Top 3 on each apparatus for Junior and Senior	- Floor Choreography Award for each category - Junior/Senior Athlete of the year - Junior/Senior Coach of the year

- Coaches of the medalists will be announced for the All-Around
- Coaches of the gold medalists will be announced for the Apparatus
- At the time of registration, each club must list up to three coaches to be announced for each athlete. The names of the coaches will only be announced if they were listed at the time of registration.



3.7.4.1 CCP DRAW FOR DAY 1

- a) Competition groups will be formed based on the number of Provincial Teams and individuals competing. Teams of 4 or less will be combined with individuals from Provinces without teams or with similar sized teams of 4 or less.
- b) There will be a random draw to determine subdivision and apparatus start position for all teams and individuals.
- c) A PTO who started the general warm-up with three or more athletes is considered as having had a team even if less than three athletes completed the competition
- d) A mixed group of a Team and Individuals or two teams will drop by Province from one rotation to the next. The order for team athletes and individuals on each apparatus is set by the Province as per above.
- e) PTO must submit their order of passage (OOP) 24 hours before the competition.
- f) The CCP category will use the Capital Cup format (warm-up, compete). GymCan may use 8 apparatus, with 4 panels of judges if the location and equipment permit.

3.7.4.2 CCP DRAW FOR DAY 2

- a) The qualified athletes will be divided into four equal groups according to their ranking after the Team Final. The top athletes will start on Vault. The second group will start on Bars, the third group on Beam and the remaining athletes will start on Floor.
- b) The draw below will determine the order of passage within a group for the first apparatus.
- c) Draw for each age group for Day 2 will be as follows. If there are more than 24 athletes, they will be added at the bottom of the list, and the table below will be adjusted to keep rotations balanced.

VAULT		UNEVEN BARS		BEAM		FLOOR	
AA Rank	Order	AA Rank	Order	AA Rank	Order	AA Rank	Order
1	2	7	4	13	1	19	2
2	5	8	1	14	3	20	5
3	1	9	6	15	4	21	1
4	3	10	3	16	5	22	3
5	6	11	5	17	2	23	6
6	4	12	2	18	6	24	4

- a) In case of a tie for participation or seeding to a group, the gymnast with the highest overall start value on Day 1 will be considered ranked higher. In case of a further tie, a draw will determine the athlete considered ranked higher.
- b) The allocation to a competition group will be done by the PM-WAG for the additional athlete(s) who ranked in the top 3 absolute on an apparatus and for the highest PTO athletes.
- c) Reserve gymnasts have the right to warm up during the General Warm up. A replacement can be made due to injury or illness up until the end of the warm up session

3.7.4.3 CCP DAY 2 PARTICIPATION

- a) Participation eligibility criteria for all age groups in the L9 and L10 All Around and Apparatus Finals will be as follows based on the results from Day 1:
 - i. Top 24 of each category will qualify to the All-Around and Apparatus Final, and,
 - ii. Any athlete in their respective age group who ranked in the top 3 absolute on an apparatus can compete on Day 2 on that apparatus only, and,



- iii. The highest ranked athlete from a PTO that has not already qualified one athlete as above provided that she has obtained at least one score higher than zero during the Team Final.
 - iv. As a result of this process there may be more than 24 athletes qualified for Day 2.
- b) In case of injury, for each category:
 - i. If the highest ranked PTO athlete is injured, she is replaced by the next highest ranked PTO athlete
 - ii. If the 2nd or 3rd ranked PTO athlete is already in finals, her place is given to the next highest ranked athlete from the Team final
 - c) In case of a tie, all athletes tied for the final spot following the Team Final are eligible to compete in the All-Around and Apparatus Finals.
 - d) There is no carry-over score from the Team Final.

3.7.4.4 DRAW FOR HP

- a) Athletes will be drawn to an apparatus prior to the competition by GymCan. Athletes from the same club will be drawn on a maximum of two apparatus per session provided that they do not compose 50% or more of any group. If they do, they will be drawn on a maximum of three apparatus. The draw number will determine the first apparatus.

3.75 .5 ROTATION ORDER FOR DAY 1 AND SEEDING FOR DAY 2

- a) If the largest group in the session has 7 or less athletes, the gymnast who was first on one apparatus will be placed at the end of the group for the next apparatus. If the largest group in the session has 8 or more athletes, the first two gymnasts on one apparatus will be placed at the end of the group for the next apparatus for all groups.
- b) Gymnasts may be moved to another group if there is a significant imbalance (± 2 gymnasts) in one (or more) group(s) occurring before the Qualification. A draw will determine which gymnast will be moved. In the case of a scratch within a group, the moved gymnast will assume the place of the gymnast scratched when possible.
- c) For Day 1 in all categories, the draw number will also determine the order of passage within a group for the first apparatus.
- d) For Day 2, athletes will be separated between the events according to the AA results of the competition on Day 1 and will be divided according to the number of athletes in the session. The top athletes will start on Vault, the 2nd group will start on Bars, the 3rd group will start on Beam and the last group will start on Floor. A random draw will determine the order of passage within a group for the first apparatus.
- e) In case of a tie, the athlete with the highest sum of D Scores will be considered ranked higher. In case of a further tie, a draw will determine the athlete considered ranked higher.

4.0 UNIFORMS

All judges, coaches and athletes are to be attired appropriately on the competitive floor.

4.1 1 JUDGES AND COACHES

- Judges: as per FIG judge's regulations
- Coaches: Provincial or club team t-shirt, golf shirt, track suit pants (full length or 3/4) with or without track suit jacket. All coaches must wear sneakers.
- Penalties: Coaches – not allowed on the floor / Judges - not permitted to judge



4.2 2 ATHLETES

Proper competition attire must be worn during all competitions.

- Gymnasts must be attired according to the stipulations of the current FIG Code of Points unless otherwise specified below or in the respective program manual.
- In a team competition, all athletes from the same club/province must wear the same leotard
- During all GymCan competitions, gymnasts may wear shorts, capris or leggings as part of their uniform.
 - o must be skin-tight
 - o they can be either the same color as the leotard or black (should coordinate with the leotard)
 - o as per FIG guidelines a logo of 30 cm² may appear on the shorts/capris/leggings
- Gymnasts may make an individual choice to wear shorts/capris/leggings in either an individual or team competition.